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Autistic Transformations
Bion’s Theory and Autistic Phenomena

By Celia Fix Korbivcher, a Training and Supervising Analyst, Child Analyst, and a member of the Brazilian Psychoanalytic Society of São Paulo

This book is a collection of articles written between 1992 and 2005 which attempts to bring two universes together – Bion’s referential and autistic phenomena. The field of clinical work which the author uses is that of “learning from the emotional experience” (Bion, 1962) and the theory of Transformations (Bion, 1965), a method of observing mental phenomena within this field, which also encompasses the areas of neurosis and psychosis. The author suggests adding an autistic area to the theory of Transformations, proposing a new type of transformation beyond those suggested by Bion: the autistic transformations. In the final chapters, the author examines the functioning of the analyst’s mind when faced with autistic transformations in the analytic session and the implications of including this concept in Bion’s referential.


The Late Teenage Years
From Seventeen to Adulthood

The Karnac Developmental Psychology Series

By Luis Rodriguez De La Sierra, a Training and Supervisor Adult and Child and Adolescent Psychoanalyst of the British Psychoanalytical Society & Joan Schachter, a Training and Supervising Analyst of the British Psychoanalytical Society

The problems which the individual has to deal with in adolescence are qualitatively different from those of childhood; they are related in particular to the adolescent’s reaction/responses to the physical development of his/her sexual body, and the changing relationship to the parents and to the world in which he/she lives. The adolescent finds himself in the very difficult position of having to make all these readjustments whilst he has to deal with the subsequent conflicts and anxieties. The step from adolescence to adulthood is complex and involves not only the individual’s emotional experience, but also the continuous input, reactions from the world in which he/she lives. It is these interactions that are described and discussed in this book.

The Transformational Self
Attachment and the End of the Adolescent Phase

By Harold K. Bendicsen, LCSW, BCD, a clinical social worker who maintains a private practice in Elmhurst, Illinois

This book is an attempt to add to the theoretical discussion regarding the nature of the intrapsychic and interpersonal transformational changes associated with the transition from adolescence to young adulthood. The author introduces the concept of the ‘Transformational Self’, a phase-specific dimension of the neural self, and demonstrates the enhanced explanatory power that it offers in attempting to examine the sometimes dramatic shifting self-states accompanying the metamorphosis from adolescence into young adulthood. A necessary precondition for the emergence of the Transformational Self is the maturation of the pre-frontal cortex and its enhanced neural connectivity. With this biological achievement, executive functioning, a strengthened ego can arrive at a mature level of external stabilization and internal, intrapsychic structuralization.


The Educational Role of the Family
A Psychoanalytical Model

The Harris Meltzer Trust Series

By Donald Meltzer, a widely known psychoanalyst and teacher throughout Europe and South America & Martha Harris, who read psychology at Oxford and trained as a Psychologist at Guy’s Hospital and Edited by Meg Harris Williams, who has had lifelong psychoanalytic education and now teaches at the Tavistock Centre

This tract was commissioned from Donald Meltzer and Martha Harris in 1976 by the Organisation for Economic and Cultural Development as part of a project to develop policies and programmes that would support families in their educational task. It is a unique work owing to its integration of a psychoanalytical theory of learning with an ecological conception of how the various systems involved in the educational process are interconnected, and as such is still of great present-day relevance, both to clinical and educational practitioners and to policy-makers.

Living on the Border
Psychotic Processes in the Individual, the Couple and the Group
The Tavistock Clinic Series

Edited by David Bell, Training and Supervising analyst at the British Psychoanalytical Society and consultant medical psychotherapist at the Tavistock Clinic & Aleksandra Novakovic, a group analyst, a couple psychoanalytic psychotherapist, and consultant clinical psychologist

This book centres on the problem of psychosis, understood from a psychoanalytic perspective, as it manifests itself in different contexts and different levels of organisation: from the individual psychoanalytic session, through work with couples, groups and institutions and wider levels of social organisation. Beginning with a discussion of the psychoanalytic approach to psychosis centering on the work of Freud, Klein and the Post-Kleinians, it goes on to cover individual, couple and group therapy with psychotic patients. This work is aimed at different professionals working within the psychodynamic frame of reference. As well as this it will be a useful resource to nurses, doctors and social workers who work with very disturbed patients and wish to learn about psychotic processes.


Not the Future We Ordered
Peak Oil, Psychology, and the Myth of Progress

By John Michael Greer, is an expert on peak oil and the future of industrial society

For well over half a century, since the first credible warnings of petroleum depletion were raised in the 1950s, contemporary industrial civilization has been caught in a remarkable paradox: a culture more focused on problem solving than any other has repeatedly failed to deal with, or even consider, the problem most likely to bring its own history to a full stop. The coming of peak oil – the peaking and irreversible decline of world petroleum production – poses an existential threat to societies in which every sector of the economy depends on petroleum-based transport, and no known energy source can scale up extensively or quickly enough to replace dwindling oil supplies.

Addictive States of Mind
The Tavistock Clinic Series

Edited by Marion Bower, a consultant social worker in the Learning and Complex Disability service at the Tavistock Clinic, Robert Hale, a psychiatrist and psychoanalyst who has worked at the Portman Clinic and the Tavistock Clinic & Heather Wood, a consultant adult psychotherapist and clinical psychologist at the Portman Clinic, Tavistock and Portman NHS Foundation Trust

Perversion is taken to mean different things within psychoanalytic discourse. In this book the authors view perversions, not in terms of specific behaviours, but as a type of blueprint for object relations. While perversions may involve a quest for excitement through sex, drugs or gambling, for example, the focus here is on the underlying incapacity – or indeed at times refusal – to relate to the other as separate from the self and not as a narcissistic appendage. Psychoanalytic thinking can help multidisciplinary teams to stand back and respond to the addictive state of mind in humane and containing ways that are not collusive. This book thus provides rich food for thought not only for the individual practitioner but also for those responsible for shaping services for addicted individuals.

“Ground-breaking” is a much over-used and abused cliché perhaps, yet it does seem the right term to describe this volume. The three editors are also significant contributors to an excellent collection of papers on some of the most recalcitrant and disturbing pathologies so often manifest in addictive states of mind. Much has been, and is being, written about the aetiology and treatment of addiction, but there is little from the coherent and enlightening perspective offered by this book. Here we have set out for the reader a comprehensive, scholarly and moving exploration of a wide spectrum of different addictive behaviours and of some of the settings in which they are clinically, that is psychotherapeutically addressed. The book also, unusually, includes work across the life-span, with chapters on infancy, young childhood and adolescence as well as adult addictive states.’
– Margot Waddell, Series Editor

‘Psychoanalytic thinking can help multidisciplinary teams to stand back and respond to the addictive state of mind in humane and containing ways that are not collusive. This book thus provides rich food for thought not only for the individual practitioner but also for those responsible for shaping services for addicted individuals.’
– Alessandra Lemma, Author and Psychoanalyst

Transforming Clinical Practice Using the MindBody Approach
A Radical Integration

*Edited by Brian Broom,* leads the post-graduate programme in MindBody Healthcare in the department of psychotherapy at the Auckland University of Technology, Auckland, New Zealand

This book assumes that it is no longer tenable to work in healthcare without considering the person as a whole being constituted by a rich weaving of mind, body, culture, family, spirit and ecology. The MindBody approach embraces this ‘whole.’ This book collects together the experiences from a diverse range of clinical practitioners who have deliberately chosen to integrate a MindBody philosophy and skill set in their clinical practices. From these stories the reader can see vividly the ways in which conventional healthcare can break out of its current restrictive paradigm creating new satisfaction for the clinicians and much wider treatment outcomes for patients and clients.

*Karnac Books, 2013, 320pp, Demy PB 9781780490618/£24.99*

Consultations in Psychoanalytic Psychotherapy
*The Tavistock Clinic Series*

*Edited by Peter Hobson,* Tavistock Professor of Developmental Psychopathology in the University of London, who holds a clinical position at the Tavistock Clinic, London

‘Hobson and colleagues bring a novel approach to a familiar conundrum: how to identify those who can benefit from psychoanalytic psychotherapy, while remaining true to the idiographic nature of our discipline. Combining vivid and moving clinical examples with the wisdom of a world-class researcher, Hobson leads us through the ‘minute particulars’ of the initial therapeutic encounter, the eliciting and interpretation of transference, to ‘the crunch’ – the exhilarating and painful moment of choice at which a psychoanalytic journey begins. This remarkable volume is a must for all psychoanalytically minded clinicians, student or experienced, in public or private settings.’

– Professor Jeremy Holmes MD FRCPsych, University of Exeter, UK

*Karnac Books, 2013, 256pp, Demy PB 9781855757905/£25.99*
Beckett and Bion
The (Im)Patient Voice in Psychotherapy and Literature

By Ian Miller, who holds a Ph.D. in Clinical Psychology from the University of Temple, and Contributions by Kay Souter, a literary critic and educator and Associate Dean Academic at La Trobe University

This book focuses on Samuel Beckett’s psychoanalytic psychotherapy with W. R. Bion as a central aspect both of Beckett’s and Bion’s radical transformations of literature and psychoanalysis. Following from the course of this psychotherapy, Miller and Souter trace the development of Beckett’s radical use of clinical psychoanalytic method in his writing, suggesting the development within his characters of a literary-analytic working through of transference to an idealized auditor known by various names, apparently based on Bion. Miller and Souter link this pursuit to Beckett’s breakthrough from prose to drama, as the psychology of projective identification is transformed to physical enactment.


Enduring Trauma Through the Life Cycle

Edited by Eileen McGinley, a Member of the British Psychoanalytical Society, who works as a psychoanalyst in private practice in London & Arturo Varchevker, a Fellow of the British Psychoanalytical Society where he developed and chairs the Psychoanalytic Forum

This is a multi-authored book on the complex subject of psychic trauma as encountered at different stages of the life-cycle, and describes some of the clinical challenges, technical issues and differing theoretical approaches that arise when working with the traumatized individual. The authors, all highly respected authorities in their fields, give insights into what we mean by psychic trauma, what constitutes a traumatic event, and the psychopathological sequelae to trauma at different stages of life.

‘This important book is at the cutting edge of current psychoanalytic thinking about trauma and its effects on the mind. I found it moving to read. The humanity of the authors shines through, as does the sophistication of their thinking about this complex subject. Rich in clinical detail, the book illuminates differences in technique and theory in a very useful way.’

– Sally Weintrobe, Fellow of the Institute of Psychoanalysis in London

Love Sex
An Integrative Model for Sexual Education
The United Kingdom Council for Psychotherapy Series

By Cabby Laffy, Director of the Centre for Psychosexual health

This book looks at how our brains, minds, bodies, and emotions interact to create our experience of sexuality, and how we can create a sense of sexual self-esteem and a nutritious sexual diet for ourselves. This book challenges the cultural commodification of sex and sexuality, and encourages the reader to experience “being sexual” rather than “doing sex” or “looking sexy”. This is crucial to our development of sexual self-esteem, particularly in an era of ubiquitous online pornography. It offers help recovering from sexual shame and the sexual abuse and violence that are so pervasive in our society, and it does all this in an affirming, accessible yet psychologically sophisticated way, making it suitable for lay readers and therapists alike.

‘This book is well researched, full of non-intimidating source material and backed up by unique insights drawn from the most recent advances in neuroscience. It is scholarly but accessible. The writing style is understandable and non-threatening. Somewhere between the over-sexualisation of images to sell goods and services and the moral panic about pornography and sexual license stands this excellent book—an important understanding that human sexuality is a cause for rejoicing and celebration.’
– Dr Thaddeus Birchard, Clinical Director, Marylebone Centre for Psychological Therapies

‘In writing this book Cabby Laffy makes an important contribution to the field of psychosexual therapy by focussing on creating vibrant self-awareness and choice in sexuality, thereby modelling healthy expansiveness in sexual development rather than the avoidance of dysfunction. Her book is easy for anyone to understand yet sophisticated enough that even experienced therapists will have much to learn. The diagrams and illustrations are particularly helpful.’
– Dr Scilla Elworthy, author of Power and Sex

‘An exciting new way of considering sexuality: as a source of energy, a topic of our time. Incorporating the individual, the social and the spiritual, the reader is invited and challenged to explore and empower themselves.’
– Aleine Ridge, transpersonal psychotherapist and Interfaith Minister

Elements of Self-Destruction

By Brent Potter, LMHC, CMHS, MMHS, a psychotherapist with nineteen years of direct clinical service. He is the Director for the Society for Laingian Studies and the R.D. Laing Institute

Why are humans, who are motivated by self-preservation, also motivated to engage in behaviors that threaten and even extinguish their existence? The present work has given thought to this question and examined the phenomenon of self-destruction through the perspectives of empirical psychology, psychoanalysis, analytical psychology, as well as existential-phenomenological psychology. The themes included in this book are: the emerging understanding of self-destructiveness in culture, religion, philosophy, and psychology; Bion’s investigation into the self-destructive capacity of the mind; Heidegger’s ontology of Being and the Enframing of technology; and identifying and delineating the ‘who’ who most experiences the impact of human-to-human destructiveness in our contemporary culture.


Practical Neuropsychological Rehabilitation in Acquired Brain Injury

A Guide for Working Clinicians

The Brain Injuries Series

Edited by Gavin Newby, a clinical neuropsychologist in the UK, Rudi Coetzer, a full-time consultant neuropsychologist, Audrey Daisley, a consultant clinical neuropsychologist at the Oxford Centre for Enablement & Stephen Weatherhead, a clinical psychologist specialising in brain injury

The book aims to acknowledge the complexity of working with clients who have an acquired brain injury but also seeks to give the interested reader practical and useable guides to develop their practice. Throughout the text, case studies and practical suggestions are forwarded to facilitate do-able practice. It is hoped that the book will become a gold standard in this particular area and is aimed at a range of professionals in training (for those responsible providing training in psychopathology, neuropsychology and psychotherapy), and those who have an interest in working with the issues commonly seen post-acute brain injury rehabilitation settings.

The Interpersonal Neurobiology of Group Psychotherapy and Group Process

Edited by Susan Gantt Ph.D., ABPP, CGP, a psychologist and Assistant Professor in Psychiatry at Emory University School of Medicine & Bonnie Badenoch Ph.D., LMFT, a marriage and family therapist, supervisor, teacher, and author who is integrating the discoveries of relational neuroscience into the art of therapy

Might it be possible that neuroscience, in particular interpersonal neurobiology, can illuminate the unique ways that group processes collaborate with and enhance the brain’s natural developmental and repairing processes? This book brings together the work of twelve contemporary group therapists and practitioners who are exploring this possibility through applying the principles of interpersonal neurobiology (IPNB) to a variety of approaches to group therapy and experiential learning groups. IPNB’s focus on how human beings shape one another’s brains makes it a natural fit for those of us who are involved in bringing people together so that they may better understand and transform their own deeper mind and relational patterns.


Presence of Mind in Neurophysiological Processes

By Lawrence Goldie, a consultant psychiatrist and psychoanalytic psychotherapist who worked in the National Health Service at three postgraduate Institutes of London University & Jane Desmarais, Deputy Head of English in the Department of English & Comparative Literature at Goldsmiths, University of London

This book is a study of the simultaneous physiological recordings and psychoanalytic observations when emotional/psychological responses to external stimuli occur pari passu with observed physiological changes. It is based on the simple premise that physiological measurements cannot describe the mind and the mind cannot describe physiological processes. The complex relationship between mind and body offers vital clues to the individual’s condition, and only by considering patients both physically and mentally can doctors and psychoanalysts make precise and competent judgments.

The God of the Left Hemisphere
Blake, Bolte Taylor and the Myth of Creation

By Roderick Tweedy Ph.D., who completed his education at Oxford University in 1997, researching the poet Shelley’s interest in contemporary science and natural philosophy

Explores the remarkable connections between the activities and functions of the human brain that writer William Blake termed ‘Urizen’ and the powerful complex of rationalising and ordering processes which modern neuroscience identifies as ‘left hemisphere’ brain activity. The book argues that Blake’s profound understanding of the human brain is finding surprising corroboration in recent neuroscientific discoveries, such as those of the influential Harvard neuro-anatomist Jill Bolte Taylor, and it explores Blake’s provocative supposition that the emergence of these rationalising, law-making, and ‘limiting’ activities within the human brain has been recorded in the earliest Creation texts, such as the Hebrew Bible, Plato’s Timaeus, and the Norse sagas. Blake’s prescient insight into the nature and origins of this dominant force within the brain allows him to radically reinterpret the psychological basis of the entity usually referred to in these texts as ‘God’.

‘Blake’s thought cries out to be understood in the light of cerebral asymmetry. This is a highly original and stimulating book, the best I have read on one of the greatest of English poets.’
– Iain McGilchrist, author of The Master and His Emissary: The Divided Brain and the Making of the Western World

‘Roderick Tweedy’s book makes salutary reading and shows why Blake’s work is not solely a matter of historical interest but also has an important contribution to make to our contemporary intellectual life as well as our pedagogy.’
– Professor Christopher Rowland, Dean Ireland’s Professor of the Exegesis of Holy Scripture at the University of Oxford, and author of Blake and the Bible

‘A fascinating book, which unearths amazing parallels between the poetry of William Blake and modern neuroscience. This book shows that Blake’s poetry was even more insightful and prophetic than previously thought. At the same time, the book is a very enlightening examination of the pathology of the human psyche, and the pathological culture it has given rise to, offering urgent suggestions on how a new self – and a new world – may come into being.’
– Steve Taylor, author of The Fall: The Insanity of the Ego in Human History and the Dawning of a New Era and Back to Sanity: Healing the Madness of our Minds

The Couch in the Marketplace
Psychoanalysis and Social Reality

By Shmuel Erlich, a practicing psychoanalyst as well as a Group Relations Consultant

The book aims at bridging the conceptual and practical gap between a psychoanalytic focus on the internal world and the dynamics of external reality by examining an array of junctures in which the two perspectives combine to enrich each other. Starting from the inherent bias of the psychoanalytic immersion in working with the internal world, the book deals with a wide array of phenomena in which a binocular perspective is potentially contributing. The importance of this book is its uncompromising adherence to both sides of the divide: a psychoanalytic depth of fathoming the inner world of drives and experience, coupled with a systemic view of the external social conditions in which the psychoanalytic enterprise unfolds and the lives of individuals, institutions and organizations transpires.


Socioanalytic Methods
Discovering the Hidden in Organisations and Social Systems

Edited by Susan Long, Professor of Creative and Sustainable Organisation at RMIT University in Melbourne, Australia

This book examines several of the methodologies used in socioanalytic work. Even though the beginnings of socioanalytic investigation lay in the mid-twentieth century, a broad look across several methodologies has not been done before despite separate publications dealing with particular methods. In addition, several new methods have been developed in recent years, which the present work incorporates. Connecting all these methods is their aim of ‘tapping into’ the dynamic operation of what the author calls ‘the associative unconscious’ within and between social systems. The associative unconscious is the unconscious at a systemic level. Each of the methods discussed in this book accesses the associative unconscious in different ways. And, because the methods explore social systems, they can contribute to new collaborative endeavours for thinking the future.

Humanness in Organisations
A Psychodynamic Contribution

Edited by Leopold Vansina Ph.D., Professor Emeritus at the Catholic University of Leuven and Université de Louvain-la-Neuve, Belgium

The authors argue that working life can only become more humane when we change the conditions that consciously or unconsciously steer people away from consideration, friendship and integrity. The aim of this book is twofold: first, to take a closer look at the current practices of managers, academics, and consultants, and how they affect organizational conditions, work and the well-being of people. The critical studies presented here explore and develop the likely consequences of these practices for the future. Second, the authors wish to familiarize readers with ‘actionable knowledge’ in order to create alternative practices and conditions that enable the whole person to engage in healthier interactions both in and with his organization.


Forensic Group Psychotherapy
The Portman Clinic Approach

The Portman Papers Series & New International Library of Group Analysis

Edited by John Woods, a psychotherapist at the Portman Clinic & Andrew Williams

Forensic Group Psychotherapy: The Portman Clinic Approach stands as a comprehensive account of theoretical and practical approaches to the group treatment of patients who present with problematic sexual behaviour, criminality, and violence. The first section of the book focuses upon key aspects of group analytic theory as applied to clinical work with forensic patients and describes how to provide a setting in which treatment can proceed. This is followed by a series of chapters with a clinical emphasis, providing a rich and evocative account of the challenges of working with forensic patients in groups. This book is a must for any clinician working with forensic patients in groups.

The Grail, Arthur and his Knights
A Jungian Symbolic Reading

By Maria Zelia de Alvarenga, a medical psychiatrist and Jungian analyst, and author of many articles and works on mythology

This book presents a broad and deep symbolic reading of the characters involved in the mythical Holy Grail. The author makes several correlations between symbolic readings of the text and the subjective nature of the mythic psyche and personality development today. The Grail, Arthur and his Knights is a mythic-symbolic reading and Jungian analysis of the Grail, with its various forms, origins and manifestations. It is also about Arthur and his loyal and faithful knights of the Round Table and its dangerous chair. The Great Wounded Goddess, the Wasted Land, the Old Wise Merlin and his visions of the future are also re-examined. The book describes the archetypal themes of search, freedom, and the dreaming return of Golden Age. The symbolic reading of these themes according to the Analytical Psychology reveals a wealth of ancient wisdom, transforming the myth, in itself deeply fascinating, into a powerful metaphor for how the search of the individuation process works.


Perversion
A Jungian Approach

By Fiona Ross, a Jungian analyst, Professional Member of the Society of Analytical Psychology, and Chartered Psychologist

Theoretical understanding of perversion is neglected in analytical psychology, and narrowly developed in psychoanalysis, where it traditionally refers to sexual perversion. The aim of the author is to revise the psychoanalytic model through the introduction of Jungian concepts that extend the understanding of perversion beyond the bounds of sexuality to a more general relational context. By describing the development of psychoanalytic thinking on perversion in detail, the author is able to highlight the central differences between the Freudian and Jungian interpretive traditions and to explain why Jungian ideas on perversion have remained underdeveloped, leading to the absence of a unique or available Jungian contribution to the theory of perversion.

On Freud’s ‘The Unconscious’

IPA - The Contemporary Freud: Turning Points and Critical Issues Series

Edited by Salman Akhtar, Professor of Psychiatry at Jefferson Medical College, and training and supervising analyst at the Psychoanalytic Center of Philadelphia & Mary Kay O’Neil, a Supervising and Training Analyst of the Canadian Institute of Psychoanalysis

This paper delineates the topographic model of the mind and spells out the concepts of primary and secondary process thinking, thing and word presentations, timelessness of the unconscious, condensation and symbolism, unconscious problem solving, and the relationship between the system Ucs and repression. Examining these proposals in the light of contemporary psychoanalytic theory as well as from the perspective of current neurophysiology and ethology, nine distinguished analysts take Freud’s ideas further in ways that have implications for both psychoanalytic theory and practice.


On Freud’s “Inhibitions, Symptoms and Anxiety”

IPA - The Contemporary Freud: Turning Points and Critical Issues Series

Edited by Samuel Arbiser MD, a full member of the Buenos Aires Psychoanalytic Association, author and lecturer & Jorge Schneider MD, a training and supervisory analyst at the Institute for Psychoanalysis

Besides constituting a fundamental milestone in contemporary Western thought, Sigmund Freud’s monumental corpus of work laid the theoretical-technical foundations on which psychoanalysts based the construction and development of the comprehensive edifice in which they abide today. One of the characteristics of the Freudian opus highlighted in this context is the fact that when we are able to study it in perspective, it is possible to glimpse a path of incessant improvement, where ideas and concepts are constantly reformulated and become more complex as clinical facts and methodological and epistemological resources call for it. Inhibitions, Symptoms and Anxiety is the irrefutable proof of this affirmation.

The Unconscious in Shakespeare’s Plays

By Martin S. Bergmann, the recipient of the Sigourney Award for outstanding contributions to psychoanalysis and the Distinguished Psychoanalytic Educator Award

Just as concerts emerge from the interaction of many instruments, so our understanding of Shakespeare is enriched by different approaches to him. Psychoanalysis assumes that creative writers have the need to both reveal and conceal their own inner conflicts in their works. They leave residues in their works that, if we pay attention, can become building blocks that reveal aspects of the unconscious. It is my hope that readers may find that the questions raised add to the pleasure of reading Shakespeare and that they deepen their understanding of his plays. Topics covered include the pivotal position of Hamlet, the poet and his calling, the Oedipus complex, intrapsychic conflict, the battle against paranoia and the homosexual compromise.


Freudian Passions

Psychoanalysis, Form and Literature

By Jan Campbell, a Reader in Literature and Psychoanalysis from the University of Birmingham

This book returns to the repressed theory of passions in Freud’s own thinking, arguing that the repression, fixation and rhythmic movement of affects make up the roots and branches of psychoanalytic thinking. We can think of Freud’s unconscious affects as a tree, with the most passionate and primitive affects that make up the core of our psychic life, moving and branching out into more elaborated emotions and representations. Contrary to many current theories of affect within sociology or psychology, psychoanalysis makes us understand that there is no such thing as affects without form. Or if there were such passions, we could know nothing about them. This is where this book starts, with the premise that affects are always in search of forms, but so often our affects are a return to earlier forms, to the first ones that dressed our passions.

**Death and Identity**

**Being and the Psycho-Sexual Drama**

*IPA - The Psychoanalytic Ideas and Applications Series*

*By Michel de M’Uzan, a neuropsychiatrist and psychoanalyst*

Michel de M’Uzan has derived several innovative notions from his clinical experience that are relevant not only for the psychoanalyst’s status of identity, but also for the artist who is deeply destabilized by his act of creation, as well as for the caring person who lets him/herself be caught in the nets, as it were, of someone who is dying. Through this invigorating recognition of the unconscious with the emergence, at the heart of analysis, of ‘paradoxical thoughts’, the experience of ‘blurred frontiers’ characteristic of a vacillating sense of identity, the perception of an ‘every man’s land’ in which the analytic treatment unfolds, and the elaboration of an ‘original grammar’ specific to the formulation of the intervention/interpretation of the analyst during the session, Michel de M’Uzan leads us along a path that is in keeping with the purist tradition of Freudian thought, that of ‘the uncanny’ and its creative powers. And in so doing, he opens the way to a ‘permanent sense of disquiet’: ‘Where ego/I is, there id/it shall be’.


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**Reshaping the Self**

**Reflections on Renewal Through Therapy**

*By Michael Eigen, a psychologist and psychoanalyst and Associate Clinical Professor of Psychology in the Postdoctoral Program in Psychotherapy and Psychoanalysis at New York University*

This volume centres around the therapies of two individuals. Lynn and Les came of age in the 1960s, and their inner beings were stamped with the turmoil and personalist sensibility of that era. As the ensuing years swept them on into careers, marriage and family, they felt a nagging sense that something was lacking. Their lives were full but disappointing. The story of their therapy is, in part, the story of how the unconscious sense of self-other and mind-body expands to allow a fuller, more open self to emerge. Without this help, they were in danger of losing what was most precious to them: their very sense of self was being corroded by destructive forces they could not cope with.

Art in Psychoanalysis
A Contemporary Approach to Creativity and Analytic Practice
IPA - The Psychoanalytic Ideas and Applications Series

Edited by Gabriela Goldstein, a practicing psychoanalyst, a full member and training analyst of the Argentine Psychoanalytic Association and representative on the Board, and a past member of the Publications Committee

The authors surprise the reader with an immense array of fresh and stimulating hypotheses, which reflect the originality of their own creative process that has overturned ideas including the ‘application of psychoanalysis’ to art and the entity of the object of art. Clinical advances and implications for analytic theory, creativity and the ‘function of art’ may be anticipated, since constant reference to clinical work communicates the creative spirit of analysts at work today.


What Do Our Terms Mean?
Explorations using Psychoanalytic Theories and Concepts
IPA - The Controversies in Psychoanalysis Series

By Anne Hayman MD, a Foundation Member and Fellow of the Royal College of Psychiatrists

Theoretical and clinical progress in psychoanalysis continues to develop new concepts and to reconsider old ones, often in contradiction with each other. By confronting and opening these debates, we might find points of convergence but also divergences that cannot be reconciled; the ensuing tension among these should be sustained in a pluralistic dialogue.

Unrepresented States and the Construction of Meaning
Clinical and Theoretical Contributions
IPA - The Psychoanalytic Ideas and Applications Series

Edited by Howard Levine, a member of the faculty and a supervising analyst at the Massachusetts Institute for Psychoanalysis, Gail S. Reed Ph.D., who practices psychoanalysis and psychoanalytic psychotherapy in New York City & Dominique Scarfone MD, a full professor at the Department of Psychology of the Université de Montréal

In the last several decades, the analytic field has widened considerably in scope. The therapeutic task is now seen by an increasing number of analysts to require that patient and analyst work together to strengthen a psychic structure that was previously weak. The contrast which this book calls attention to is that which exists roughly between formulations of psychic structure and functioning that were once assumed to have been sufficiently well explained by the hypotheses of Freud’s topographic theory, and those that were not.


Deadly Desires
A Psychoanalytic Study of Female Sexual Perversion and Widowhood in Fin-de-Siècle Women’s Writing

By Julie Lokis-Adkins, who completed her clinical degree in Psychodynamic Psychotherapy at the Tavistock Centre where she specialised in working with individuals and couples

This book examines the emergence of hysterical discourse and its influence on women’s writing, specifically focusing on the presentation of female sexuality in three different narratives. Julie Lokis-Adkins offers a unique perspective on female sexual desire, hysteria and the state of widowhood in the context of fin-de-siècle women’s writing. In this book, the author argues that Rachilde uses widowhood as an interpretative riddle in her literature to convey certain socio-critical elements which she could not otherwise express. As a result, widowhood acts as a facilitator in the exploration of female desire.

Century of Insight
The Twentieth Century Enlightenment of the Mind

By Derry MacDiarmid, an NHS psychiatrist and consultant psychotherapist at Guys Hospital, and Edited by Sue MacDiarmid, who worked at the York Clinic, Guy's Hospital, and the Social Services department of the Royal Borough of Kensington & Chelsea

This is the story of the discovery of the unconscious mind, based on the author’s teaching of psychotherapy throughout his career. Beginning with the ideas of Freud and Jung, it is a journey that describes, through case histories, explanation and humour, how successive ideas have created a body of knowledge that the author calls the “Psychodynamic Enlightenment” of the 20th century. Whilst essentially it is a story of the 20th century, it includes a backdrop from tribal societies, and also ideas from 19th century Europe, including existentialism.

The ideas of Freud, Jung, and Adler are explained, their points of difference, and then how they disagreed so violently that they had to break with each other. Their individual theories and their personal conflict are understood from the story of their personalities and background. Why could Freud not tolerate the expansive Jung, and why did Jung clash so badly with his ‘father’? The unfolding story continues with other major theorists of the 20th century: Anna Freud, Klein, Winnicott, and others. Links are made between ideas, and concepts are explained using case history from the author’s professional practice as a psychiatrist and Jungian psychotherapist.

Subsequently, the author leaves the world of therapy, and invites us to engage head-on with how anxiety can rule us, the value of hate, why we become depressed and how we can use dreams to understand ourselves. Finally, we learn that the Psychodynamic Enlightenment is our personal quest to find our own capacity to love. The author offers some directions about how to love well, (‘love is insatiably greedy’) which gives the meaning to life.

A startling conclusion offers insights as to how we can live well, and discover our own meaning for life. Prepare to laugh and to be shocked.

‘Thoughtful and profound. An intellectual pleasure to read.’
— Prof. Sir Bernard Crick

How to Laugh Your Way Through Life
A Psychoanalyst’s Advice

By Paul Marcus Ph.D., a supervising and training analyst at the National Psychological Association for Psychoanalysis

In chapters on love, work, suffering, death, and psychoanalysis, the author shows how the ‘nuts and bolts’ of tragicomic attunement and intervention can be cultivated and used to help people better manage the harshness, if not outrageousness, of life, as well as more deeply engage its beauty and nobility. Unlike most books on the psychology and philosophy of humour, and following Ludwig Wittgenstein’s wonderful advice “A serious and good philosophical work could be written consisting entirely of jokes”, this book is replete with jokes, humourous stories, and amusing maxims and quotes making it a lively reading experience that aims to help people fashion the “good life” – a life of deep and expansive love, and creative and productive work, that is aesthetically pleasing and in accordance with reason and ethics.

As tragicomic master Mel Brooks noted, “Life literally abounds in comedy if you just look around you”, and becoming more attuned to its dynamics and applications in everyday life is the aim of this thoughtful and engaging book.


The Triumphant Victim
A Psychoanalytical Perspective on Sadomasochism and Perverse Thinking

By J.F Miller, who read Psychology and Philosophy at St. Catherine’s College, Oxford

This book examines the unrecognised prevalence of sadomasochism and perverse thinking in personal relationships as well as the public domain, and discusses the way it contributes to the culture of the victim. The first part traces the origins of perverse pathology and how it operates in obstructing emotional development and producing dysfunctional relationships. The second half of the book examines current modes of thinking and belief systems with particular emphasis on tribal, basic-assumption mentality. The author examines the legacy of Cartesian dualism and the Enlightenment in contributing to the marginalization of feminine values in favour of negative, masculine control.

Modern society has introduced many new relationships and family forms and the pluralisation of sexual lifestyles in the hundred years since Freud. This book provides a systematic account of the current state of theory, developing a gender-wide model of human sexuality and outlining the implications of this for psychotherapy practice. The author argues that the development of human sexuality follows no innate biological programs, but takes place in an interpersonal relationship, often established in the early parent-child relationship. Whereas the current psychoanalytic discourse emanates from a rather rigid division of gender relations emphasizing the differences between men and women, Ilka Quindeau develops a gender-wide model of human sexuality in which the ‘masculine’ and ‘feminine’ are integrated and contribute to the full diversity of gender identities and sexual varieties.

‘Seduction and Desire’ is an outstanding, ground-breaking contribution to the scientific literature on sexuality. It presents an up to date review and critique of the psychoanalytic studies and formulations regarding the psychological origins, development and clinical manifestations of normal and pathological sexual experience and behavior. Dr Quindeau proposes a fundamental review of our understanding of the Freudian concept of drive, and, inspired by Laplanche’s theoretical formulations, points to the crucial consequences of the earliest, conscious and unconscious interactions of infant and mother in the activation of the psychological functions of sexual desire. The vicissitudes of unconscious desire lead to a world of bisexual dispositions, fantasies and identifications that structure the manifest character of masculinity and femininity, heterosexual and homosexual orientations, and reveal a remarkable combination of basic unity and yet differentiated multiplicity of sexual identities. While progress in the study of the neurobiological predisposition to sexual behavior has advanced rapidly in recent times, with efforts to link various findings in an integrative model, recent psychoanalytic and psychosocial studies of human sexuality, in contrast, have lacked an overall, integrative conceptualization. This volume is a major effort in that latter direction, an original integrative psychoanalytic model that bridges American and European contributions, and should be of great interest to all clinicians and researchers interested in the complex world of human sexuality.”

– Otto F. Kernberg, MD

The Female Body
Inside and Outside
IPA - The Psychoanalytic Ideas and Applications Series

Edited by Ingrid Moeslein-Teising, a psychoanalyst of the German Psychoanalytical Association (DPV/IPA) & Frances Thomson-Salo, an Honorary Principal Fellow of the Department of Psychiatry, University of Melbourne, and a Member of the British Psychoanalytical Society and immediate past President of the Australian Psychoanalytical Association

This book gathers together a number of cutting edge contributions about the female body, inside and out, from a large group of psychoanalysts who are at the forefront of new thinking about issues of femininity, the female body, sex and gender. As a result this book covers aspects of female creativity in its many aspects, both productive and generative and where there are difficulties or impediments. The psychoanalysts writing for this book have made an enormous contribution in the past and this book therefore aims to stimulate, challenge and provoke further discussion and new advances in this field.


Fanaticism in Psychoanalysis
Upheavals in the Institutions

By Manuela Utrilla Robles, who has a doctorate in medicine and psychiatry from the Universities of Geneva and Madrid, having been a Professor at both universities

This is a scholarly study in which the author explores a difficult subject matter that has been a tabooed topic in psychoanalysis. In a very lucid and systematic manner, Dr Utrilla Robles examines how a discipline, in this case psychoanalysis, can be manipulated to its detriment. She explains the disquieting processes that take place, which impede the development of psychoanalysis. These influences insidiously infiltrate the organisational ranks as a kind of arguing which should ostensibly enrich psychoanalysis but instead deprives it of its creativity. This type of attitude stands in stark contrast to the kind of thinking that excludes and establishes norms to demonstrate how one is right in leaving no room for other ideas and creates research projects, which cannot be refuted. The author’s intention in this book is to study and shed light on these phenomena that have been considered a taboo because of the secrecy surrounding them.

Psychoanalysis Online
Mental Health, Teletherapy, and Training
The Technology and Mental Health Series

Edited by Jill Savege Scharff MD, Co-founder of the International Psychotherapy Institute, Board Member of the International Psychotherapy Institute; Supervising Analyst at the International Institute for Psychoanalytic Training; Clinical Professor of Psychiatry at Georgetown University; and psychoanalyst and psychotherapist

This book is an international collaboration by psychotherapists and psychoanalysts who consider the impact of virtual reality on our society and the uses of communications technology for analytic treatment and professional training. Having examined the impact of communications technology on mental health and relationships, the authors explore its use in analytical treatment conducted on the telephone and over the internet, and review its problems and possibilities. They provide a multi-faceted view of it, an ethical stance in relation to it, and evidence from which to judge its effectiveness. Looking into the future they imagine a time when technology-supported analytic treatment may be not only convenient as a supplement to in-person treatment but also preferable for some patients and therapists in various circumstances. Psychoanalysis Online: Mental Health, Teletherapy and Training invigorates the debate about technology and its responsible use in psychotherapy and psychoanalysis and in distance learning programs for mental health professionals.

‘Psychoanalysis Online arrives on time and will certainly become the most important book of its era on the many dimensions of tele-analysis. It is comprehensive, responsible, inclusive, and far reaching. It addresses the many irrational objections to this form of psychoanalysis from those who, not practicing it, have the sort of experience of it in mind that one would expect of the uninformed. Yet it also addresses, again and again, the issues that highly experienced people in this field encounter as they move forward with the times and within culture. This book will no doubt be read by every clinician who is working on the phone or by skype and will renew not only a debate on how psychoanalysis is to be conducted but on the oddity of psychoanalysis itself: the analyst sitting behind the couch, patient out of sight, all so the analyst could listen with the third ear.’
– Christopher Bollas

‘This is not some new gimmick but the opposite. Like all true innovations it has illuminated aspects of psychoanalysis which we had not known before. It also shows that communication between persons is what constitutes psychoanalysis and not impersonal blind instinct theory. This is an extremely important book and touches an arena that is deeper than the technical innovation itself.’
– Neville Symington

A Clinical Application of Bion’s Concepts
Volume 3: Verbal and Visual Approaches to Reality

By Paulo Cesar Sandler MD, MSc, MhFAB, a Training Analyst at the Sociedade Brasileira de Psicanálise de São Paulo, Psychiatrist at the Institute of Physical Medicine and Rehabilitation (IMREA) at the Hospital das Clinicas, Faculdade de Medicina da Universidade de São Paulo

The final book in the three-volume series is divided in four parts. Part I proposes four expanded variations of Bion’s epistemological tool, The Grid. Part II is a study of the most elemental bearings of the psycho-analytic clinic – free associations and free floating attention. In Part III Sandler shows how the pursuit of truth can be seen as one of the purposes of the psycho-analytic investigation in the clinic. Part IV presents Sandler’s proposals for expanding the observational power of existing Bion’s theories; in this part another basic assumption, based on the original three proposed by Bion, is described, in connection with his contributions to the study of hallucinosis.


If You Can’t Trust Your Mother, Who Can You Trust?
Soul Murder, Psychoanalysis, and Creativity

By Leonard Shengold, a training analyst and former Director of the Institute for Psychoanalytic Education and is currently in private practice as a psychiatrist in New York City

The main theme of this book concerns the continuing psychic centrality of parents for their children. Several chapters examine an author and his works, outlining that author’s relationships with parents, good-and-bad, and making descriptive comments about these based both on information gleaned from the author’s life and writings as well as from observations found in autobiographies, biographies and critical works.

The central mental and emotional importance of the parents in earliest development of the child’s body and mind is generally accepted. The continuing lifelong centrality of parental actual and (predominantly unconscious) psychic presences that can motivate emotions, thoughts, and actions, and persist for the rest of a person’s life, is frequently not recognized, acknowledged, nor denied.

Forgiveness in Intimate Relationships
A Psychoanalytic Perspective

By Shahrzad Siassi Ph.D., a psychologist-psychoanalyst with a practice in California

The centrepiece of this book is forgiveness in intimate relationships and recovery from trauma as viewed psychodynamically in the clinical situation. Traumas inflicted by intimates, especially by parents, differ from traumas in the form of transgressions and betrayals in the context of less rooted relationships. The author focuses on the analytic situation as the rightful arena for true forgiveness, one in which the analytic cure through an ongoing process of translating experience into words and creating narrative and meaning allows for the unfolding of a wish (as opposed to the will). This is a significant point in forgiving of traumatizing parents in that for individuals to be able to freely and fully engage their world presently, they have to transcend the past without erasing it. This is what is meant simply by forgiveness, a formidable challenge for psychoanalytic work.


Psychoanalysis and Severe Handicap
The Hand in the Cap

By Angelo Villa Ph.D., a psychoanalyst and member of both the Lacanian School of Psychoanalysis and the European School of Psychoanalysis

The book introduces an original look at handicap, a look aiming at capturing the subjectivity, no matter how weak or uncertain it may be, of the ill Other. In this light the work of operators can become an invaluable support to the creation of the self, a crucial help to self-narration, and a valid contribution to making one’s way through the entangled intricacies of language. Focusing on the difficulties implied by the recognition of the ill Other and the acceptance of the otherness, Villa attacks those cultural policies which set autonomy and integration as absolute objectives to be achieved in the work on handicap. Instead, the author highlights the need of a path aiming at the structuring of the individuality of the disabled and at the moulding of their subjectivity, starting from the subject’s peculiarities.

Laughing Star
A Story of Tough Love
The Karnac Library

By Jo Nisbet, who runs a successful private counselling and coaching practice and frequently works with ADHD children and their families

The story begins on the night that two security guards arrive at a house in Los Angeles, USA, to take the author’s fourteen-year-old daughter Emily away to a ‘Brat Camp’ in Utah. Emily had become so out of control that this was a last resort in trying to help her lead a better life. The narrative then backtracks to the events that led up to this night: the difficulties with Emily as a baby; the family’s move to Washington, DC; Emily’s first expulsion from school at the age of six and her diagnosis with Attention Deficit Hyperactive Disorder (ADHD). The author had a breakdown and her marriage came apart as her husband took his frustrations out on the family. After watching a programme on Channel 4, ‘Brat Camp’, the family felt that this resort was the only thing left that they could do to help her turn her life around.


Night Journey
The Karnac Library

By Roderick Mackenzie, who has a Master’s degree in Jungian and Post Jungian studies from the University of Essex and now practices as a dream analyst

Set in South Africa during the 60s and 70s, Night Journey is a novel about a young soldier who deserts the army and, when he is recaptured by the military, refuses to return to military service on religious grounds. For his insubordination he is placed in an extreme regime of solitary confinement for a long period, wherein he experiences the eponymous “night journey” of dreams, visions and memories, which lead him to find himself. It is an erratic and chaotic life with a hopeless father and the wild and wayward mother who often live on the shady side of the law; all this is set against a brooding and violent background of South Africa at war with its neighbours and itself.

**Attachment**

**New Directions in Psychotherapy and Relational Psychoanalysis**

*Edited by Kate White, a member of the Centre for Attachment-based Psychoanalytic Psychotherapy, formerly senior lecturer at South Bank University where, in the Department of Nursing and Community Health Studies, she has used her extensive experience in adult education to contribute to the innovative psychotherapy curriculum developed at CAPP.*

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*Edited by Molly Ludlum, a psychoanalytic psychotherapist with couples, individuals, and parents in private practice and with clinical teams at the Scottish Institute of Human Relations.*

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A Forum for the Practice and Development of Psychological Therapies for Neurological Conditions

Edited by Giles Yeates, principal clinical neuropsychologist and also a couples psychotherapist at the Community Head Injury Service, Aylesbury and Gavin Farrell Consultant Clinical Neuropsychologist with the Coventry Community Neurorehabilitation.

This journal aims to publish articles reporting on psychological therapies of differing orientations, with developmental, acquired and progressive neurological conditions. Innovations and adaptations to existing psychotherapy practice in response to neuro-disability are particularly welcome.

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Organisational and Social Dynamics
An International Journal for the Integration of Psychoanalytic, Systemic and Group Relations Perspectives

Edited by Anne-Marie Cummins, a Senior Lecturer in Sociology and a Fellow of the Centre for Psycho-Social Studies at the University of the West of England and, Michael Moskowitz, a psychoanalyst and organizational consultant in New York City and an adjunct associate professor in the School of Silver School of Social Work, New York University.

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