THE KARNAC REVIEW

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Spring 2011

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TOP 10 TITLES OF 2010

Margot Waddell Inside Lives: Psychoanalysis and the Growth of the Personality This is the second edition of the remarkable Inside Lives, expanded with a chapter on the last years of the life cycle. It provides a perspective on the relationship between psychoanalytic theory and the nature of human development which has not been available before in written form. 288 pages. 2002 Pb 9781855759374/£20.99

Donald W. Winnicott The Maturational Processes and the Facilitating Environment: Studies in the Theory of Emotional Development Dr Winnicott explores the idea that mental health disorders relate to failures of development in infancy. Develops the theory that schizophrenic illness shows up as the negative of processes that can be traced in detail as the positive processes of maturation in infancy and early childhood. 296 pages. 1990 Pb 9780946439843/£31.99

Caroline Garland The Groups Book: Psychoanalytic Group Therapy: Principles and Practice This excellent book provides impressive depth, and refreshing clarity of expression and thinking about psychoanalytic group psychotherapy, as well as insights about group life more broadly. 440 pages. 2010 Pb 9781855758506/£29.99

John Marzillier The Gossamer Thread: My Life as a Psychotherapist This book is a memoir of the author’s professional life as a psychologist and psychotherapist. It shows his progression from a hard-nosed behaviour therapist with a strong commitment to science to a psychodynamic therapist with an interest in narrative. 282 pages. 2010 Pb 9781855758025/£12.99

Chris Rose The Personal Development Group: The Student’s Guide The complex relationship between group and individual is explored in the wider context of culture and society. Through examples and exercises, readers can learn about themselves as they learn about the group processes that they are experiencing. 164 pages. 2005 Pb 9781855755352/£15.99


Edited by Glenda Fredman & Eleanor Anderson Being with Older People: A Systemic Approach This book is practice led and contains a wealth of examples that will be familiar both to practitioners working with older people and to older people themselves and their families. 300 pages. 2010 Pb 9781855755826/£21.99

Jean Laplanche & Jean-Bertrand Pontalis The Language of Psychoanalysis Gives an authentic account of the evolution of each psychoanalytic concept with pertinent supporting texts from Freud’s own writing (in the Standard Edition translation), and thus is an instrument for work and research which is characterized by its thoroughness, exactitude and lack of prejudice towards dogma. 536 pages. 1988 Pb 9780946439492/£37.00

Dorothy heard, Una McCluskey & Brian Lake Attachment Therapy with Adolescents and Adults: Theory and Practice Post-Bowlby This book is written primarily for psychotherapists and other practitioners; it describes a new and effective form of dynamic therapy designed for working with adults and with adolescents. 270 pages. 2008 Pb 9781855755221/£21.99

Edited by Eileen McGinley & Arturo Varchevker Enduring Loss: Mourning, Depression and Narcissism Throughout the Life Cycle Revisits two of Freud’s key papers, “On Narcissism” and “Mourning and Melancholia”, and asks a number of psychoanalysts and psychotherapists of varying orientation to consider them in relation to the life cycle, from childhood to old age, and culturally. 270 pages. 2010 Pb 9781855756932/£22.99
Salman Akhtar
Matters of Life and Death: Psychoanalytic Reflections
The author’s focus in this book is upon the intrapsychic vicissitudes of what it means to be truly alive and how death accompanies us at each step of our life’s journey. He attempts to show that, psychologically-speaking, death is always present in life and in life and in death. He discovers what is emotionally central to being alive and how death and awareness of death - conscious or unconscious - silently color our subjective experience. The fundamental thrust of these socio-clinical meditations is to enhance appreciation of aspects of life that have been inoptimally addressed in psychoanalytic literature and to expand the view of death in ways that might be personally and technically enriching.
240 pages. FEB 2011 Pb 9781855758018/£20.99

Salman Akhtar
Comprehensive Dictionary of Psychoanalysis
This book provides easy to read, concise, and clinically useful explanations of over 1800 terms and concepts from the field of psychoanalysis.
420 pages 2009 Pb 9781855758605/£31.99

Salman Akhtar
Turning Points in Dynamic Psychotherapy: Initial Assessment, Boundaries, Money, Disruptions and Suicidal Crises
A work of art from a master therapist, as well as an excellent practical introduction to several factors that affect the outcome of dynamic psychotherapy.
176 pages 2009 Pb 9781855756816/£19.99

Edited by Jean Arundale & Debbie Bandler Bellman
Transference and Countertransference: A Unifying Focus of Psychoanalysis
Since Freud’s initial papers on transference and countertransference, these vast and inexhaustible subjects have occupied psychoanalysts. Transference and countertransference, the essence of the patient/analyst relationship, are concepts so central to psychoanalysis that, to our minds, they transcend theoretical orientation and, thus, can be seen as the unifying focus of psychoanalysis. However differently theoretical traditions conceptualize the transference, or disagree as to when and how to interpret it in our everyday analytic work, we all embrace the phenomena as vital to psychic change.
The ten contributors to this book describe work involving the transference and countertransference, with links frequently made between such work and psychic change. These are accounts of the analyst at work, detailed clinical accounts of what can be considered to be the bread and salt of psychoanalysis, set within a theoretical framework. The theoretical viewpoints put forth are varied, encompassing Kleinian, Independent, and Contemporary Freudian theoretical orientations, and, as such, represent the varied orientations of the members of the British Psychoanalytic Association. The psychoanalytic relationship is examined, in its positive and negative aspects. This includes fine-grained observations and interpretations as well as broader views of the emotional relationship with the analyst, with many clinical illustrations. The psychoanalytic practitioner, as well as the specialist reader, will find the studies of transference work in this book helpful in understanding the factors leading toward psychic change and the working-through of unconscious emotional dilemmas.
420 pages. FEB 2011 Pb 9781855757880/£24.99

Hans Reijzer, translated by Jeanette K. Ringold
A Dangerous Legacy: Judaism and the Psychoanalytic Movement
From its beginning, psychoanalysis has been seen as a Jewish affair, and psychoanalysts have always been afraid of ending up in the position of the Jew - that of the outsider. In A Dangerous Legacy:
Judaism and the Psychoanalytic Movement: Hans Reijzer examines how psychoanalysts have managed that fear; in the recent past and in the present. During his research, which led him to Vienna, Paris, Amsterdam, London, Jerusalem, Hamburg, and Durban, Reijzer encountered malicious as well as enlightening statements, situations, and incidents. A Dangerous Legacy is a striking study of an interesting area of research. Reijzer's conclusion is surprising: stereotypes about Jews are a factor not only in the everyday world but also in the psychoanalytic world as soon as Jews take part in it.

320 pages. APR 2011 Pb 9781855758582/£24.99

Jacqueline Schaeffer, translated by David Alcorn
The Universal Refusal: A Psychoanalytic Exploration of the Feminine Sphere and its Repudiation
Freud spoke of the “repudiation of femininity” as being an “underlying bedrock”, part of the “enigma” of sexuality. The enigma is not so much the refusal of the feminine dimension as such; it has more to do with rejecting its erotic and genital aspects, as well as its creation through sexual ecstatic pleasure. Equality between the sexes is a legitimate demand in the political, social and economic spheres, but forming a masculine-feminine relationship as a couple is a creation of the mind, exalting the acknowledgement of the otherness which is part of the difference between the sexes. There is a conflict - and the feminine dimension itself is rooted in it - between sexuality that demands “defeat” and an ego that abhors this. It is the man’s masculine dimension - the antagonist of the phallic one - which creates the feminine dimension in women, by tearing away their defences and generating sexual ecstasy. The quality of the sexual, emotional and social relationship that is set up between a man and a woman bears witness to the “work of civilization” [Kulturarbeit].

285 pages. MAY 2011 Pb 9781855758438/£22.99

Barbara Fletchman Smith
Transcending the Legacies of Slavery: A Psychoanalytic View
This book puts psychological trauma at its centre. Using psychoanalysis, it assesses what was lost, how it was lost and how the loss is compulsively repeated over generations. There is a conceptualization of this trauma as circular. Such a situation makes it stubbornly persistent. It is suggested that central to the system of slavery was the separating out of procreation from maternity and paternity. This was achieved through the particular cruelties of separating couples at the first sign of loving interest in each other; and separating infants from their mothers. Cruelty disturbed the natural flow of events in the mind and disturbed the approach to and the resolution of the Oedipus Complex conflict. This is traced through the way a new kind of family developed in the Caribbean and elsewhere where slavery remained for hundreds of years.


Barbara Fletchman Smith
Mental Slavery: Psychoanalytic Studies of Caribbean People
This volume examines the complex effects of the experience of slavery and its impact on generations of Caribbean peoples.

2000 Pb 9781855759084 £23.99

Psychoanalytic Ideas
A series which bring together the best and most accessible writings by analysts of the British Psychoanalytical Society

Edited by James Rose
Mapping Psychic Reality: Triangulation, Communication, and Insight
This book is about how we can deepen our understanding of subjectivity through the use of the concept of triangulation. Fundamentally, this book seeks to address the question of how we can be objective about subjectivity. If psychology, as a scientific discipline, is concerned with the study of human experience, which is essentially subjective; then we are faced with the problem of how apply the scientific method, as it is commonly understood. If experience is essentially unique to the experiencer; then there seems to be a basic incompatibility with the scientific method. As currently practised, this method searches for psychic phenomena, which can be validly measured e.g. intelligence; showing a range of individual differences. But this does not enable us to examine individual experience. An individual’s experience seems to become impenetrable because generalisation across different individuals’ experience entails the loss of individuality in the generalisation. Thus, in using the scientific method as it usually understood, we lose the very matter we are trying to study. This leaves us with the question of how we are going to advance our inquiry?

294 pages. MAR 2011 Pb 9781855758148/£22.99

ALSO IN THE SERIES

Edited by Paul Williams
The Psychoanalytic Therapy of Severe Disturbance
The aim of this book is to offer a state of the art communication of the key psychoanalytic thinking and approaches to the conceptualisation and treatment of severe disturbance.

268 pages. 2010 Pb 9781855756403/£19.99

Edited by Ronald Doctor
The Organic and the Inner World
Rather than see ‘organic’ psychiatry on one side and ‘dynamic’ psychiatry on the other; the British Psychoanalytical Society now wishes to try to foster closer links between psychoanalysis and psychiatry.

138 pages. 2009 Pb 9781855756519/£17.99

Edited by Kate Barrows
Autism in Childhood and Autistic Features in Adults: A Psychoanalytic Perspective
This is the first collection of papers published in this country which spans work with autistic children and autistic features in adults.

320 pages. 2008 Pb 9781855754249/£20.99

Rosine J. Perelberg
Time and Memory
The various chapters of this book explore how the psychoanalytic notions of time can find expression in clinical practice, and shed light on historical events or literary creations.

178 pages. 2002 Pb 9781855754348/£15.99

Phil Mollon
Shame and Jealousy: The Hidden Turmoils
In this groundbreaking book, shame and jealousy are examined as hidden turmoils as basic human feelings found in everyone but often suppressed and neglected.

176 pages. 2002 Pb 9781855759183/£13.99

Rosine J. Perelberg
Dreaming and Thinking
Including papers on the dream space and countertransference, the dream space, the analytic situation and eating disorders, dreams of borderline patients and the ‘oracle’ in dreams: the past and the future in the present.

144 pages. 2000 Pb 9781855759787/£16.99
Neuroscience & Psychoanalysis

Ralf-Peter Behrendt

**Neuroanatomy of Social Behaviour: An Evolutionary and Psychoanalytic Perspective**

'Behrendt has tackled a formidable challenge head-on here, namely the dream of finding a fully deterministic account of human social behaviour. He has provided this, not in general terms, but at the detailed level of neural networks and neurotransmitter systems. His readers will be eternally grateful for the highly impressive compendium of relevant neuroscience findings, integrated with psychoanalytic theory. This is a monumental, masterful achievement by an extremely able scientific mind.' - Mark Solms

Behrendt's impressive scholarship takes us through a vast neuroanatomically anchored description of animal actions that behavioral neuroscience has accumulated across the past half century of intensive investigations of animal and human brains and behaviours. This is not for the faint of heart. This encyclopaedic text demands much of readers, and offers them something for every current line of neuroscientific research and everyday therapy, between out-patient and in-patient treatment. This book will stimulate those who have been looking into the effectiveness of psychoanalytic interventions. It is therefore vital for understanding historic causation past and present.

230 pages. OCT 2010 Pb 9781855758803/£20.99

W.M. Bernstein

**A Basic Theory of Neuropsychoanalysis**

This book introduces a theoretical framework for studying the mind. Specifically, an attempt is made to frame ideas from psychoanalysis and cognitive-social psychology so that they can be taken readily into a realm of neurobiolgy. Psychoanalytic Theory still represents a very comprehensive theory of the human mind. It includes cognitive, emotional and behavioral variables, plus the idea of unconscious mental operations. The 'pleasure principle' and 'repulsion compulsion' were Freud's most general concepts of mental functioning. These concepts are renovated to get them "on the same page" with ideas from social cognition and neurobiology.

304 pages. Pb 9781855758094/£24.99

European Federation for Psychoanalytic Psychotherapy

Edited by Andres Gautier & Anna Sabatini Scalmati

**Bearing Witness: Psychoanalytic Work with People Traumatised by Torture and State Violence**

In their discussion of torture, the contributors to this book write of what its victims cannot put into words and the work that has to be done with them to that end. Working with a victim’s account of a traumatic experience goes much further than any debriefing technique would have us believe - above all, victims need someone to listen carefully to what they have to say; that person will be the first to offer a refuge for the pain of those who have no internal "shelter" of their own. The authors go on to discuss the kind of mental processing that can free victims from their unspeakable trauma, a trauma that has no framework in time nor words with which to express it. Under the skilful editorship of Andres Gautier and Anna Sabatini, this book asks of both psychoanalysts and politicians a question that goes right to the heart of their "impossible professions.

200 pages. NOV 2010 Pb 9781855757967/£20.99

Recent Titles in the Series

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**Assessing Change in Psychoanalytic Psychotherapy of Children and Adolescents: Today's Challenge**

This book draws together work from across Europe by leading clinical researchers who have been looking into the effectiveness of psychoanalytic interventions.


Edited by Anne-Marie Schloesser & Alf Gerlach

**Crossing Borders - Integrating Differences: Psychoanalytic Psychotherapy in Transition**

This book will stimulate readers to cross borders: between theory and practice, between research and everyday therapy, between out-patient and in-patient psychotherapy, between the view of one own, the known and the culturally foreign.


Edited by Karen Vibeke Mortensen & Liselette Grunbaum

**Play and Power**

This book provides fresh insights into psychosexuality, heterosexuality, bisexuality, homosexuality, and gender identity disorder.


Culture & Psychoanalysis

Leo Abse

**Old Testament Stories with a Freudian Twist**

This collection of Leo Abse's last essays are writings that he was working on from 2006 up to and during his final illness. They take as their starting point stories from the Old Testament. For Abse, the Bible provided a great inspiration for analysis, reflection, and speculation. His own distinctive voice is evident in every essay. Chapters include: 'Jubal: A discursive meditation on music and its origins'; 'Jacob's wrestling match'; 'The judgment of Solomon'; 'Abishag: The lure of incest'; and 'The nakedness of Noah'.

230 pages. OCT 2010 Pb 9781855758803/£20.99

Rudolph Binion

**Traumatic Reliving in History, Literature and Film**

Explores an intriguing facet of human behavior never yet examined in its own right - an individual or a group may contrive, unawares, to repeat a half-forgotten traumatic experience in disguise. Such reliving has shaped major careers and large-scale events throughout history. Insight into it is therefore vital for understanding historic causation past and present. Traumatic Reliving has also proliferated in literature since antiquity and lately in film as well, indicating its tacit acceptance as a piece of life by the reading and movie-going public. This book examines the evidence of history, literature, and film on how this irrational behavioral mechanism works.

164 pages. NOV 2010 Pb 9781855757431/£20.99
In our current professional climate, with calls for ‘evidenced-based treatment’, and in light of the prestige accorded to this emblem, we can ask: for what purpose do we seek evidence? For our students? For the public at large? For an inner sense of feeling supported by science? Most disciplines are concerned with cumulative knowledge, aimed toward self-affirmation and self-definition, that is, establishing a sense of legitimacy.

The three parts of this volume are directed toward the goal of affirming a public and private sense of the legitimacy of psychoanalysis, thereby shaping professional identity. In each contribution we adhere to the precepts of ‘scientific inquiry’, with a commitment to affirming or disconfirming clinical propositions, utilizing consensually agreed upon methods of observation, and arriving at inferences that are persuasive and have the potential to move the field forward. Beyond this, each part of this book describes distinct methodologies that generate evidence pertaining to public health policy, the persuasiveness and integrity of our psychoanalytic concepts, and phenomena encountered in daily clinical practice.

358 pages. APR 2011 Pb 9781855758070/£22.99

- Ricardo Bernardi, IJP Latin American Editor
Rene Roussillon

**Primitive Agony and its Symbolization**

The fundamental outlook of this book is clinical. It attempts to establish a unitary theory of the processes at work in different forms of narcissistic pathology, and to offer a model that is both an alternative to, and complementary to, Freud’s model of what are usually considered to be neurotic problems. The aim is to extract a sequence of mental processes that could be seen as typical of narcissistic disturbances of the sense of identity, with their several forms and clinical variations. The book describes how these are structured, together with their intrapsychic and intersubjective functions, based on the hypothesis of a defensive pattern that is set up to counter the effect of a split-off primary trauma and the threat that hangs over the mind and subjectivity.

**264 pages JAN 2011 Pb 9781855758568/£24.99**

Edited by Marilia Aisenstein & Elsa Rapponde Aisenberg

**Psychosomatics Today: A Psychoanalytical Perspective**

Psychosomatics have classically been of peripheral importance within our well-known theoretical models, despite the fact that they do have a history in the field of psychoanalysis. This might be owing to the fact that Freud did not explicitly approach psychosomatics and, in consequence, did not put forward any hypotheses within his theoretical body. However, the Freudian concepts of “actual neuroses” and “mixed neuroses” are a basis in order to understand psychosomatic phenomena. The same could be said about the connections established with subsequent Freudian theoretical models, such as the introduction of narcissism, unresolved mourning processes, early trauma and the action of Thanatos.

**230 pages JUL 2010 Pb 9781855757861/£22.99**

Edited by Thierry Bokanowski & Sergio Lewkowicz

**On Freud’s “Splitting of the Ego in the Process of Defence”**

Starting with the history of the concept, the book covers recent theorizations on the theme. It presents the relationship between the “splitting” and complex clinical cases such as borderline, pervasive and psychosomatic conditions.

**220 pages. 2009 Pb 9781855757554/£23.99**

Edited by Leticia Glocer Fiorini & Graciela Abelin-Sas Rose

**On Freud’s “Femininity”**

In this book a group of contemporary psychoanalytic authors dedicated to studies on women and the feminine have been assembled with the objective of displaying points of concordance and discordance in relation to Freudian proposals. Discourse on women has changed greatly since Freud’s time. It coincides with deep changes experienced by women and the feminine position, at least in most of the Western world. It is common knowledge that contraceptives, assisted fertilization, ideas developed in previous texts which state his concepts of “actual neuroses” and “mixed neuroses” are a basis in order to understand psychosomatic phenomena. The same could be said about the connections established with subsequent Freudian theoretical models, such as the introduction of narcissism, unresolved mourning processes, early trauma and the action of Thanatos.

**220 pages. 2009 Pb 9781855757554/£23.99**

Edited by Mary Kay O’Neil & Salman Akhtar

**On Freud’s “The Future of an Illusion”**

This volume considers Freudian ideas on religion and their implications today, while focusing on the contradictions and gaps in Freud’s proposals.

**208 pages 2009 Pb 9781855756274/£25.99**

Edited by Madeleine Baranger & Willy Baranger

**The Work of Confluence: Listening and Interpreting in the Psychoanalytic**

These contributions represent a pioneering work of great interest to the field of psychoanalysis.


Jean-Luc Donnet

**The Analyzing Situation**

In this book Jean-Luc Donnet explores the particularities of the status of the method in psychoanalysis, linked to the specificity of unconscious psychic processes.

**208 pages 2009 ISBN 9781855757660/£22.99**

Psychoanalytic Ideas and Applications
History of Psychoanalysis Series

The series seeks to publish outstanding books that illuminate the history of psychoanalysis from Freud to the present as well as to reintroduce classic works in the field to contemporary readers.

Peter L. Rudnytsky

Rescuing Psychoanalysis from Freud and Other Essays in Re-Vision

Peter Rudnytsky takes a fresh look at the history of psychoanalysis and psychoanalytical ideas. Beginning with Freud, this book contains a series of essays that follow chart a roughly chronological progression through Ferenczi and Stekel, then to Winnicott, and to Winnicott’s younger colleagues in the Independent group, Coltart and Little. Written by a distinguished professor and psychoanalyst this book will be found to reflect the author’s deep understanding of this subject.

Why has psychoanalysis, beginning with Freud, so often betrayed its own ideals? Who has represented the best in psychoanalysis by refusing to place undue deference to authority - or loyalty to a movement - above the search for truth and concern for the welfare of patients? What are the connections between an analyst’s life and work? How can a reconciliation of its claims to be both an art and a science help to ensure the future of psychoanalysis? These are the questions that inspire Gradiva Award winner Peter L. Rudnytsky’s latest groundbreaking book. At once spellbinding case histories and meticulously crafted gems of scholarship, Rudnytsky’s essays are re-visions in that each sheds fresh light on its subject, but they are also avowedly revisionist in their skepticism toward all forms of psychoanalytic orthodoxy. The result is a synthesis that brilliantly illuminates the history - and essence - of psychoanalysis from a resolutely independent perspective.

212 pages. APR 2011 Pb 9781855758735/£22.99

Edited by Peter L. Rudnytsky & Gillian Preston

Her Hour Come Round at Last: A Garland for Nina Coltart

This title is a celebration of the life of Nina Coltart, who had a career in medicine and psychoanalysis and was author of bestselling titles in psychotherapy The Baby and the Bathwater and How to Survive as a Psychotherapist. The book contains a large number of contributions by specialists in the field including Michael Eigen, Estela Welldon and Christopher Bollas. The book offers a long-overdue tribute to Nina Coltart (1927-1997), who was a leading figure in the Independent Group of the British Psychoanalytical Society and, indeed, one of the greatest psychoanalysts of the twentieth century. In addition to providing a comprehensive assessment of Coltart’s life and work by patients, supervisees, friends, family members, and readers, the editors have compiled all of her hitherto unpublished or uncollected writings, making this book a capstone of her legacy to psychoanalysis.

Nina Coltart was a courageous analyst who insisted on speaking with a voice that was distinctively her own. Her Hour Come Round at Last comprises a number of essays not included in her three books, and previously unpublished writings, along with tributes paid to her by friends, patients, colleagues, and others. Taken together, these pieces manage to convey a sense of who Nina Coltart was in all her full and complex humanity.

Thomas H. Ogden, MD

398 pages. MAR 2011 Pb 9781855758780/£29.99

CFAR Library

The Centre for Freudian Analysis and Research (CFAR) was founded in 1985 with the aim of developing Freudian and Lacanian psychoanalysis in the UK. The CFAR Library aims to make classic Lacanian texts available in English for the first time, as well as publishing original research in the Lacanian field.

Genevieve Morel

Sexual Ambiguities

How does one become a man or a woman? Psychoanalysis shows that this is never an easy task and that each of us tackles it in our own, unique way. In this important and original study, Genevieve Morel focuses on what analytic work with psychotic subjects can teach us about the different solutions human beings can construct to the question of sexual identity.

Through a careful exposition of Lacanian theory, Morel argues that classical gender theory is misguided in its notion of ‘gender identity’ and that Lacan’s concept of ‘sexuation’ is more precise. Clinical case studies illustrate how sexualization occurs and the ambiguities that may surround it. In psychosis, these ambiguities are often central, and Morel explores how they may or may not be resolved thanks to the individual’s own constructions. This book is not only a major contribution to gender studies but also an invaluable aid to the clinician dealing with questions of sexual identity.

280 pages. APR 2011 Pb 9781855755840/£20.99

Annie Tardits

The Trainings of the Psychoanalyst

If psychoanalysis, for Freud, was an impossible profession, what consequences would this have for psychoanalytic training? And if one’s own personal analysis lay at the heart of psychoanalytic training, how could what one had learnt from this be transmitted, let alone taught?

In this groundbreaking book, Annie Tardits explores the many attempts that analysts have made to think through the problems of psychoanalytic training. Moving from Freud and his first students through to Lacan and his invention of the ‘pass’, Tardits charts the changing conceptions of psychoanalytic training. With clarity and elegance, she shows how different ideas of what psychoanalysis is will have effects on how training is understood. If psychoanalysis involves each person’s unique unravelling of the unconscious and of sexuality, what kind of training would be appropriate, or even possible?

176 pages. APR 2010 Pb 9781855756434/£20.99

Markos Zafiropoulos

Lacan and Levi-Strauss or The Return to Freud (1951-1957)

Lacan and Levi-Strauss are often mentioned together in reviews of French structuralist thought, but what really links their distinct projects? In this important study, Markos Zafiropoulos shows how Lacan’s famous ‘return to Freud’ was only made possible through Lacan’s reading of Levi-Strauss. Via a careful and illuminating comparison of the work of the psychoanalyst and that of the anthropologist, Zafiropoulos shows how Lacan’s theories of the symbolic function, of the power of language, of the role of the father and of the unconscious itself owe a major debt to Levi-Strauss. The 1950s.

242 pages. APR 2010 Pb 9781855757264/£21.99
Christian Dunker

The Constitution of the Psychoanalytic Clinic: A History of its Structure and Power

This book provides a detailed examination of the historical roots of psychoanalysis from ancient Greece to the late nineteenth century, focusing on social practices that were related to the founders of psychoanalytic theory and maintained within contemporary treatment. Alongside the reconstruction of an evolutionary accumulation of healing practices, the book includes linked discussions of current issues pertaining to psychoanalytic treatment and its working structure as elaborated by Freud and Lacan. There are vital political consequences for psychoanalytic practice - here articulated with an acknowledgement of these practical derivations of early pre-psychoanalytic treatments of the soul. The book demonstrates that these are neither mere techniques nor concepts of the world and the human subject, but they concern the way the problem of power is articulated. The historical establishment of psychoanalytical practice becomes legible through analysis of the traces of the elements of a political ontology, an account of the roots of those traces and the elaboration of the conceptual structure of psychoanalysis as theory and treatment, a praxis which maintains its own distinctive identity.

436 pages. DEC10 Pb 9781855757943/£29.99

Exploring Psycho-Social Studies

A series of publications which demonstrate the breadth and innovation of the new paradigm of psycho-social studies.

Sue Jervis
Relocation, Gender and Emotion: A Psycho-Social Perspective on the Experiences of Military Wives

This book has two main aims: firstly, to provide a rare, detailed description of the use of a psychoanalytically informed, reflexive research method to achieve an in-depth understanding of social phenomena; and secondly, to throw some much needed light onto the complex, intrapsychic and interpersonal influences that impact upon "military wives" who accompany members of the British Armed Forces to postings overseas. These arguments are particularly relevant at a time when the military is over-stretched, given that unhappy wives can adversely affect the retention of service personnel. This is an important contribution to the on-going development of psycho-social studies. The book describes the personal losses that the wives of service personnel commonly sustain each time they relocate, which inevitably evoke mourning, depressive anxiety and related defences. In addition, wives' unwitting collusion with the patriarchial military institution, which fails to recognize them as individuals, further undermines their identities. These largely unconscious emotional upheavals have potentially profound consequences, both for servicemen's wives and for the military itself. The book recommends various policy changes that would result in wives' losses becoming better recognized, enabling them to be 'worked through' more quickly.

288 pages. JAN 2011 Pb 9781855757936/£20.99

ALSO IN THE SERIES

Edited by Simon Clarke and Paul Hoggett
Beneath the Surface: Psycho-Social Research Methods in Practice

This book offers an overview of the rapidly expanding field of Psycho-Social research. Drawing on aspects of discourse psychology, continental philosophy and anthropological and neuro-scientific understandings of the emotions, psycho-social studies has emerged as an embryonic new paradigm in the human sciences.


Mark Bracher
Social Symptoms of Identity Needs: Why We Have Failed to Solve Our Social Problems and What to do About It

Explains how our major social problems, including crime, violence, terrorism, war, substance abuse, and prejudice, are the result of efforts by their perpetrators to maintain a secure identity, or sense of self.


Edited by David Gadd & Bill Dixon
Losing the Race: Thinking Psychosocially about Racially Motivated Crime

Based on a two-year research project funded by the Economic and Social Research Council (ESRC), this book explores why many of those involved in racially motivated crime seem to be struggling to cope with economic, cultural and emotional losses in their own lives. Drawing on in-depth biographical interviews with perpetrators of racist crimes and focus group discussions with ordinary people living in the same communities, the book explores why it is that some people, and not others, feel inclined to attack immigrants and minority ethnic groups. The relationships between ordinary racism, racial harassment and the politics of the British National Party are also explored, as are the enduring impacts of deindustrialisation, economic failure and immigration on white working class communities. The book assesses the legacy of New Labour policy on community cohesion, hate crime and respect in terms of its impact on racist attitudes and racist incidents, and explores how it is that racist attacks, including racist murders, continue to happen. The book concludes by using psychoanalytically informed psychosocial concepts to explore examples of how and why race-thinking can be put aside and what it is that needs to happen to get perpetrators to loosen or shed their emotional investments in hatred and violence.

242 pages. FEB 2011 Pb 9781855757097/£24.99

Edited by Simon Clarke, Paul Hoggett and Herbert Hahn
Object Relations and Social Relations: The Implications of the Relational Turn in Psychoanalysis

In this book Jean-Luc Donnet explores the particularities of the status of the method in psychoanalysis, linked to the specificity of unconscious psychic processes.

The Early Years of Life: Psychoanalytical Development Theory According to Freud, Klein, and Bion

This book provides a powerfully argued and beautifully constructed account of the early development of the child in the family context from a psychoanalytic perspective. It draws particularly on the theoretical trajectory from Freud to Klein and Bion. It is written in a clear, accessible and jargon-free style and it is evident that the author wishes to reach and interest a wide audience of parents and others involved in the upbringing of children in the broadest sense. The growth of the child’s mind is the story she wants to tell. The wealth of detailed examples drawn from the systematic observation of babies and young children, from more everyday observation of children’s behaviour in family and social contexts and from a range of clinical interventions draws the reader into a vivid understanding of the author’s conceptual framework and provides many memorable vignettes of children’s lives. The method of presentation, in which the descriptive material is followed by an interpretation of its psychological and developmental significance, offers the opportunity to immerse oneself in an account of the detailed play and interactions of a child with parents or therapist or other children and then to draw back and think about the complex processes one has been privileged to observe.

300 pages. JAN 2011 Pb 9781855757103/£22.99

Peter Blake
Child and Adolescent Psychotherapy

In this book, Peter Blake articulates his clinical practice of child and adolescent psychotherapy. A clear conceptual framework and historical context is provided for the work. The book is then structured to follow the therapeutic process, from assessment (referral and initial interview, individual assessment, developmental considerations, assessment for therapy, working with parents) to therapy (physical and mental settings, interpretation, the role and challenges of play, transference and countertransference, termination). Drawing on the Winnicottian tradition, in which fun and humour have a place in child and adolescent work, Blake demonstrates how a therapist can be playful and less directly interpretative. How psychodynamic thinking can be applied in an effective yet time-limited manner is also demonstrated. The text is enlivened by many case studies and clinical anecdotes. For therapists who are new to child and adolescent psychotherapy, and who wish to take a psychodynamic approach, the book will provide a valuable introduction. For professionals who refer to or work with child and adolescent therapists, the book will provide insight into the field, dissipating much of the mystique and misunderstanding that surrounds this work. Experienced child and adolescent therapists will find of interest how Blake integrates a Kleinian, Object-Relations approach with more Interpersonal (now, Relational) thinking.

344 pages. MAR 2011 Pb 9781855758988/£27.99

Systemic Thinking and Practice Series

Kirsten Seidenfaden, Piet Draiby, Translated by James Bulman-May
The Vibrant Relationship: A Handbook for Couples and Therapists

Creating and sustaining a vibrant relationship is one of the most difficult challenges we come across in our lives. But when we do succeed, it is the source of a truly deep and lasting happiness.

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418 pages. 2010 Pb 9781855756007/£29.99
The Injured Self: The Psychopathology and Psychotherapy of Developmental Deviations

The book examines the clinical implications of innate developmental individuality. The authors present a model of what they call "developmentally informed" therapy, based on the assumption that biologically determined (or co-determined) maladjusted behaviours and deficiencies of ego functions cannot be resolved by interpretation of an unconscious conflict, but need to be "validated", analysed, and integrated with the personality. Several clinical case histories illustrate the authors' approach. The case presentations are followed by a discussion of counselling parents of children with developmental deviations. The authors also discuss the theoretical issues that arise from this and the role of cognition, especially learning, in the therapeutic relationship and the therapeutic process. Finally, the authors present some recent advances in neuro-behavioural sciences which appear relevant to the issues discussed in the book and close with a concluding discussion.


Fostering Independence: Helping and Caring in Psychodynamic Therapies

In a series of papers, the author addresses the needs of students, patients, and practitioners of psychodynamic therapies. The work of these professionals with children and with adults is discussed from a pragmatic point of view, stressing the importance of recognizing the needs and capacities of each individual patient. At the same time, the author focuses on the professional's role in the clinical interaction, emphasizing the need to identify and respect what leads him to the consulting room, and what he expects to obtain from this strenuous and demanding type of work.

The evolution of psychodynamic theories has led to its neuro-behavioural sciences which appear relevant to the issues addressed in relationships.

While trying to give simple answers to sometimes very difficult questions, it is written at a level of sophistication that may make it of interest even to experienced practitioners.

102 pages. FEB 2011 Pb 9781855758872/£9.99

The Impossibility of Knowing: Dilemmas of a Psychotherapist

This is a book that assembles and integrates Jackie Gerrard's clinical work and thinking over the many years of her working life. Part I focuses on patients with specific types of psychopathology and explores particular difficulties in technique and thinking. Part II addresses the issues of love, hate, and the erotic. In Part III, specific challenges to the psychotherapeutic frame are demonstrated in chapters on enactments and on work with an absent patient. Richly illustrated throughout with clinical vignettes, above all, Gerrard stresses the importance of the enquiring mind and the struggle not to "know" but to be ever ready to "not know" and to explore. The book should be of interest to qualified practitioners, to those who are training in psychodynamic or psychoanalytic work, and to anyone who has an interest in psychoanalysis and the "impossibility of knowing".

226 pages. DEC 2010 Pb 9781855757172/£20.99

The How-To Book for Students of Psychoanalysis and Psychotherapy

This is a book that grew out of the many practical "how-to" questions that the author's psychotherapy students have asked him over the years. It is neither an evidence-based compendium nor an attempt to summarize general practice or the viewpoints of others, but rather a handbook of practical answers to many of the questions that may puzzle students of psychotherapy and psychoanalysis. Some of the short chapters include:

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While trying to give simple answers to sometimes very difficult questions, it is written at a level of sophistication that may make it of interest even to experienced practitioners.


The Mirror Crack'd: When Good Enough Therapy Goes Wrong and Other Cautionary Tales for the Humanistic Practitioner

Revised edition. This title is as a wake-up call to take seriously the climate in which mental health professionals practice in which complaints and civil actions against psychotherapists and counsellors are on the increase and to sharpen assessment skills accordingly. It is also designed to help professionals to think about the "therapeutic frame" and what can happen to both the practitioner and the client when it is broken and finally to give voice to some colleagues who have been involved in the area of complaints in the hope that you and the organisations under whose codes of ethics you practice will take more of an interest in making those codes and frameworks more relevant to the intricacies of the therapeutic relationship. The message is simple: injuries that happen in relationships need to be addressed in relationships.

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Estela Welldon brings together a generous selection derived from her many literary gems, in which she illustrates her groundbreaking—and sometimes explosive—studies of female sexuality and perversions, perverse transference, malignant bonding, perverse motherhood, and the impact upon children of viewing domestic violence. Along with these are vivid descriptions of group analytic psychotherapy with forensic patients and, uniquely of the joint group treatment of incest survivors and perpetrators. She also outlines the development of forensic psychotherapy as a new field of clinical and academic endeavour and her involvement in this. In a series of interviews with Brett Kahr she describes her professional journey, from being trained by Horacio Etchegoyen in her native Argentina, followed by an eye-opening period at the Menninger Clinic, then eventually to London and a distinguished career at the Portman Clinic.

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Colum Kenny

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