

ROUTLEDGE

Karnac Psychoanalysis & Psychotherapy Promotion



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Confer is a company that has established itself as a key provider of talks, conferences and seminars on psychotherapy, psychoanalysis and neuroscience over the last twenty years, via real-world events and online videos.

Confer has acquired the Karnac Books.com business, the leading provider of specialist books in Psychoanalysis, Psychotherapy and Counselling. Routledge is a global publisher of academic books, journals and online resources in the Humanities and Social Sciences and has a comprehensive portfolio of books on Mental Health that includes Psychoanalysis, Psychotherapy and Counselling.

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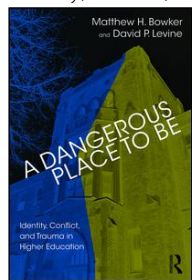
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A Dangerous Place to Be

Identity, Conflict, and Trauma in Higher Education



Matthew H. Bowker and David P. Levine

A Dangerous Place to Be examines identity-based conflict in colleges and universities, analyzing the actions of students, teachers, administrators, and educational organizations as efforts to manage dilemmas and disturbances arising in the process of identity formation.

Routledge

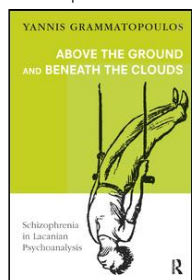
Market: Psychoanalysis

March 2018: 234x156: 118pp

Pb: 978-1-782-20499-2: £21.99 Special price: £17.60

Above the Ground and Beneath the Clouds

Schizophrenia in Lacanian Psychoanalysis



Yannis Grammatopoulos

Above the Ground and Beneath the Clouds examines the history, conceptualisation, and treatment of the psychotic sub-type of schizophrenia, as this is advocated by psychoanalysis of Lacanian orientation, which is contrasted to modern psychiatry. The book's main focus is the status of the schizophrenic body and language. The ways in which these concepts can be of theoretical and clinical use in contemporary clinical settings are examined throughout. The book consists of three parts. The first part comprises the theoretical investigation of schizophrenia in early 20th century psychiatry and in the theory and teaching of Freud, Lacan, and other influential psychoanalysts.

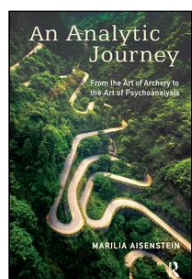
Routledge

May 2017: 229 x 152: 276pp

Pb: 978-1-782-20516-6: £31.99 Special price: £25.60

An Analytic Journey

From the Art of Archery to the Art of Psychoanalysis



Marilia Aisenstein and Andrew Weller

This book is a journey through almost forty years of practice. Each chapter is independent of the others and develops around a specific theme: psychoanalysis in France, the transference, fathers today, psychic bisexuality, the sick body, human destructivity, and so on. The underlying thread is none the less the question of knowing how the drive operates between the biological body and mental functioning consisting of representations and affects, and, especially, how it gives rise to thinking. If thinking is an "act of the flesh", as the author asserts, how can we refine our understanding of the vicissitudes of the "mysterious leap from the mind to the body"?

Routledge

July 2017: 229 x 152: 250pp

Pb: 978-1-782-20533-3: £29.99 Special price: £24.00

Analysing Patients with Traumas

Separation, Illness, Violence

Franziska Henningsen

The focus of this book is on detailed case histories of patients with severe traumas. The author takes us through the successive stages of analysis and gives us a graphic impression of the progress of her diagnostic and therapeutic insights into traumatic processes and their treatment. Her main interest is in the development of the transference/countertransference relationship. Traumatic experience has to be actualised within that relationship if it is to be treated successfully, only in this way can therapeutic change become a feasible proposition.

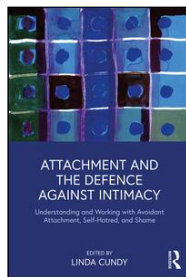
Routledge

February 2018: 234x156: 316pp

Pb: 978-1-782-20335-3: £33.99 Special price: £27.20

Attachment and the Defence Against Intimacy

Understanding and Working with Avoidant Attachment, Self-Hatred, and Shame



Linda Cundy

This book combines attachment theory and research with clinical experience to provide practitioners with tools for engaging with individuals who are indifferent, avoidant, highly defensive, and who struggle to make and maintain intimate connections with others. Composed of four papers presented at a Wimbledon Guild conference in 2017, this text examines the origins of avoidant attachment patterns in early life, describes research tools that offer a more refined understanding of this insecure attachment pattern, explores the internal object worlds of "dismissing" adults, and considers the impact on couple relationships when one or both partners avoid intimacy or dependency.

Routledge

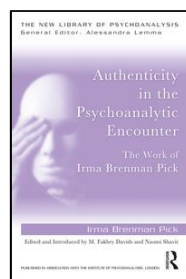
Market: Psychotherapy

August 2018: 234x156: 114pp

Pb: 978-1-138-33045-0: £25.99 Special price: £20.80

Authenticity in the Psychoanalytic Encounter

The Work of Irma Brenman Pick



Irma Brenman Pick, Distinguished Fellow and Senior Training and Supervising Analyst, British Psychoanalytic Society, M. Fakhry Davids, Fellow and Training and Supervising Analyst, British Psychoanalytical Society and Naomi Shavit, Fellow and Training and Supervising Analyst, British Psychoanalytical Society

Series: *The New Library of Psychoanalysis*

Authenticity in The Psychoanalytic Encounter brings together Irma Brenman Pick's original contributions to psychoanalytic technique. Working within the Kleinian tradition, she produces vivid clinical narratives that succeed in shedding a humane light on the struggles that patients – and, indeed, all of us – face in recognizing, in an authentic way, our need for, and the contribution of, others in our lives.

Routledge

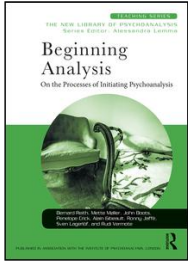
Market: Psychoanalysis

February 2018: 234x156: 234pp

Pb: 978-0-815-38546-2: £32.99 Special price: £26.40

Beginning Analysis

On the Processes of Initiating Psychoanalysis



Bernard Reith, in private practice, Geneva, Switzerland, **Mette Møller**, Danish Psychoanalytic Society, Denmark, **John Boots**, **Penelope Crick**, London Clinic of Psychoanalysis, UK, **Alain Gibeault**, Training and Supervising Psychoanalyst, Paris Psychoanalytical Society, France, **Ronny Jaffé**, **Sven Lagerlöf** and **Rudi Vermote**

Series: New Library of Psychoanalysis Teaching Series

This unique contribution to the surprisingly sparse literature on this most essential aspect of the psychoanalytical practitioner's work, is the clinical companion to *Initiating Psychoanalysis: Perspectives*, also part of the 'Teaching' Series of the New Library

of Psychoanalysis. Replete with clinical illustrations, this book is based on the findings of an ambitious research project on first interviews carried out from 2004 to 2016 by an international group of psychoanalysts, the Working Party on Initiating Psychoanalysis (WPIP) of the European Psychoanalytic Federation.

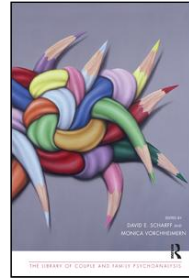
Routledge

Market: Psychoanalysis/Psychotherapy

February 2018: 246x174: 208pp

Pb: 978-1-138-57928-6: **£32.99** **Special price: £26.40**

Clinical Dialogues on Psychoanalysis with Families and Couples



Edited by **David E. Scharff** and **Dr Monica Vorchheimer**

Series: The Library of Couple and Family Psychoanalysis

This book widens the scope of clinical and theoretical contributions on Couple and Family Psychoanalysis by collecting case presentations and discussions by analysts from Europe, North America, Latin America, China and Australia. The rich cross-fertilization across countries and analytic orientations stimulates cross-cultural thinking and deepens clinical exploration. In English language psychoanalysis, focus on object relations theory emphasizes internalization of early family figures in construction of the psyche, and their projective influence on others through continuing family interaction.

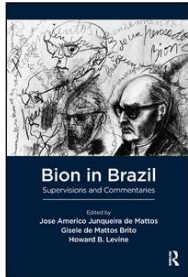
Routledge

June 2017: 229 x 152: 254pp

Pb: 978-1-782-20441-1: **£30.99** **Special price: £24.80**

Bion in Brazil

Supervisions and Commentaries



Edited by **Jose America Junqueira de Mattos**, **Gisele de Mattos Brito** and **Levine B. Howard**

The discovery, translation into English, and publication of these previously unpublished recordings of Bion's clinical supervisions in Sao Paulo, Brazil, with commentaries by leading Brazilian psychoanalysts, gives readers the opportunity to experience for themselves his clinical and theoretical thought as it emerges and evolves through a series of fascinating case discussions.

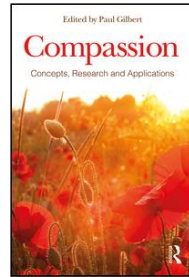
Routledge

July 2017: 229 x 152: 300pp

Pb: 978-1-782-20320-9: **£32.99** **Special price: £26.40**

Compassion

Concepts, Research and Applications



Edited by **Paul Gilbert**

Paul Gilbert brings together an international line-up of leading scholars and researchers in the field to provide a state-of-the-art exploration of key areas in compassion research and applications. Compassion can be seen as a core element of prosocial behaviour, and explorations of the concepts and value of compassion have been extended into different aspects of life including physical and psychological therapies, schools, leadership and business. This book will be essential reading for professionals, researchers and scholars interested in compassion and its applications in psychology and psychotherapy.

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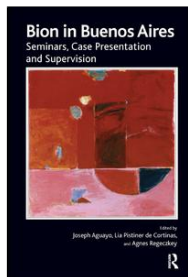
Market: Psychology / Psychotherapy

May 2017: 234x156: 298pp

Pb: 978-1-138-95719-0: **£33.99** **Special price: £27.20**

Bion in Buenos Aires

Seminars, Case Presentation and Supervision



Wilfred R. Bion

These newly discovered clinical seminars of Wilfred Bion, which include supervisions, personal case presentations, and lectures on psychoanalytic theory, represent his initial foray into many years of work that have inspired South American analysts for nearly a half a century. The clinical and theoretical work of Bion arguably ranks rather high in the current psychoanalytic firmament-as national and international conferences convene regularly to continue discussing the contemporary relevance of his work.

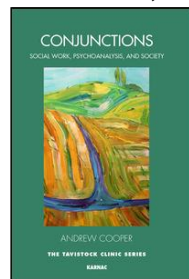
Routledge

December 2017: 229 x 152: 204pp

Pb: 978-1-782-20520-3: **£35.99** **Special price: £28.80**

Conjunctions

Social Work, Psychoanalysis, and Society



Andrew Cooper

Series: Tavistock Clinic Series

Conjunctions engages separately and connectively with therapeutic social work practice, psychoanalytically informed research methods and philosophy, as well as contemporary human service organisational cultures and predicaments, and the societal dynamics affecting social work and psychoanalysis. The chapters are gathered into several thematic sections: Practice, Organisations, Politics Policy and Culture, Research and a final chapter on death, dying and social work.

Routledge

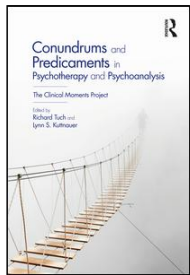
Market: Psychoanalysis

May 2018: 229x152: 300pp

Pb: 978-1-782-20330-8: **£31.99** **Special price: £25.60**

Conundrums and Predicaments in Psychotherapy and Psychoanalysis

The Clinical Moments Project



Edited by **Richard Tuch**, Dean at The New Center for Psychoanalysis, California and Clinical Professor of Psychiatry at the UCLA Geffen School of Medicine and **Lynn S. Kuttner**, Training and Supervising Analyst at the New Center for Psychoanalysis

Conundrums and Predicaments in Psychotherapy and Psychoanalysis: The Clinical Moments Project comprises twelve distinct clinical moments during which the treating/presenting analyst feels him- or herself in just such a quandary. The presented moment comes to a head at a point where the therapist feels uncertain what his or her next and best "move" might be—one that balances the protection of the therapeutic

alliance with the need to address a clinical development head on. Space is then left for 25 well-known analysts ("commentators") of varying theoretical persuasions to weigh in, sharing what they think about the situation and how they imagine they might have proceeded.

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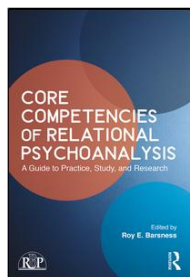
Market: Psychoanalysis/Psychotherapy

March 2018: 234x156: 292pp

Pb: 978-1-138-07985-4: **£35.99** **Special price: £28.80**

Core Competencies of Relational Psychoanalysis

A Guide to Practice, Study and Research



Edited by **Roy E. Barsness**, Seattle School of Theology and Psychology, the Brookhaven Institute for Psychoanalysis and Christian Theology and the Relational Psychoanalysis and Psychotherapy Group, Seattle

Series: Relational Perspectives Book Series

Core Competencies of Relational Psychoanalysis provides a concise and clearly presented handbook for those who wish to study, practice and teach the core competencies of relational psychoanalysis, offering primary skills in a straightforward and useable format. Roy E. Barsness offers his own research on technique and grounds these methods with superb contributions from several master clinicians, expanding the

seven primary competencies.

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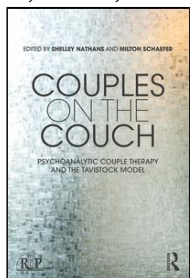
Market: Psychoanalysis

July 2017: 234x156: 370pp

Pb: 978-1-138-21839-0: **£37.99** **Special price: £30.40**

Couples on the Couch

Psychoanalytic Couple Psychotherapy and the Tavistock Model



Edited by **Shelley Nathans**, Faculty, California Pacific Medical Center, Psychoanalytic Couple Psychotherapy Group, USA and **Milton Schaefer**, Faculty, San Francisco Center for Psychoanalysis and Psychoanalytic Couples Psychotherapy Group and private practice, San Francisco, USA

Series: Relational Perspectives Book Series

Couples on the Couch provides a clear guide to applying the Tavistock model of couple psychotherapy in clinical psychoanalytic practice, offering a compelling sampling of ideas about couple relationships and couple psychotherapy from a broadly relational psychoanalytic perspective. The chapters and their accompanying discussion also offer a fertile resource of

material for readers who have not previously had exposure to the theory and technique of psychoanalytic psychotherapy, as well as offering an expanded and more rigorous approach to those who are already familiar with the Tavistock model.

Routledge

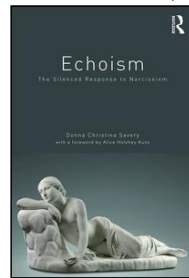
Market: Psychoanalysis/Psychotherapy

June 2017: 234x156: 262pp

Pb: 978-1-138-24226-5: **£33.99** **Special price: £27.20**

Echoism

The Silenced Response to Narcissism



Routledge

Market: Psychoanalysis

May 2018: 234x156: 180pp

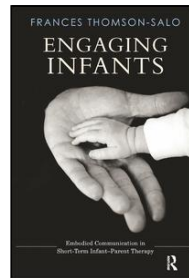
Pb: 978-1-782-20483-1: **£28.99** **Special price: £23.20**

Donna Christina Savery

This book introduces the importance of *Echoism* as both a clinical entity and a theoretical concept. In Ovid's version of the myth of Echo and Narcissus, the character Echo receives equal attention to her counterpart, Narcissus, yet she has been completely marginalised in the pervasive psychoanalytic literatures on narcissism.

Engaging Infants

Embodied Communication in Short-Term Infant-Parent Therapy



Routledge

November 2017: 229 x 152: 252pp

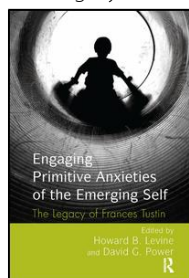
Pb: 978-1-782-20591-3: **£29.99** **Special price: £24.00**

Frances Thomson-Salo

The book begins by describing, within a psychodynamic approach, some traits an infant may bring to an intervention, followed by descriptions of interventions in several specialised perinatal settings. Several chapters focus on parent-infant families who have experienced considerable anxiety and depression, and those who have experienced trauma and lived borderline experiences or of mental illness. An innovative intervention which successfully engaged young parents and their infants so that most of them felt they could understand and relate to their newborn infant is next outlined.

Engaging Primitive Anxieties of the Emerging Self

The Legacy of Frances Tustin



Routledge

May 2017: 229 x 152: 300pp

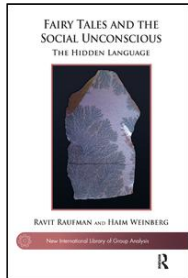
Pb: 978-1-782-20297-4: **£32.99** **Special price: £26.40**

Edited by **Howard B. Levine** and **David G. Power**

Frances Tustin was a pioneering child psychotherapist who broke new ground in working with autistic children in the latter half of the twentieth century. This book amplifies and extends contributions by Tustin to the study and treatment of autism, autistic spectrum disorders and autistic defences and enclaves in non-autistic patients. It offers readers a contribution to the understanding and treatment of primitive mental states and primitive character disorders.

Fairy Tales and the Social Unconscious

The Hidden Language



Ravit Raufman and Haim Weinberg

Series: *The New International Library of Group Analysis*

The book combines two main perspectives: the study of the social unconscious and the study of fairy tales. Examining different versions of fairy tales told by different ethnic communities teaches us about the relations between universal and local/cultural aspects of the social unconscious. Exploring the unique status of fairy tales as located on the border line between concrete/somatic and abstract/linguistic realms sheds light on different levels of the human mind. The book focuses on a specific phenomenon common in fairy tales: a realization of idiomatic expressions - a phenomenon in which an abstract/mental idea is hidden behind a concrete event

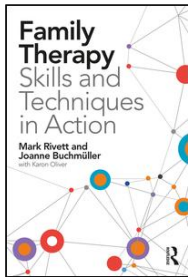
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Routledge

August 2017: 229 x 152: 192pp

Pb: 978-1-782-20268-4: £28.99 **Special price: £23.20**

Family Therapy Skills and Techniques in Action



Mark Rivett, Director of Family and Systemic Psychotherapy training, University of Exeter and family therapist, South Wales and Joanne Buchmüller, Specialist Family & Systemic Psychotherapist, adolescent inpatient unit, South Wales, UK and visiting lecturer, systemic family therapy, Universities of Bristol and Exeter

Learning how to be a family therapist involves incorporating theory with practice. *Family Therapy: Skills and techniques in action* brings the theory and skills used by family therapists to life, providing a clear and concise introduction to different schools of family therapy and the contemporary development of the theory. Readers will also be able to see how the techniques

look in a therapeutic setting through the use of a number of short video clips, available online. Aimed at both students of family therapy and those studying family therapy as part of their professional training, this is an indispensable, accessible text and a welcome addition to the field.

Routledge

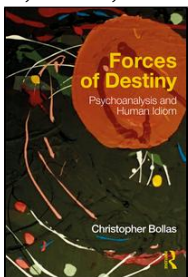
Market: Family Therapy

October 2017: 234x156: 218pp

Pb: 978-1-138-83143-8: £27.99 **Special price: £22.40**

Forces of Destiny

Psychoanalysis and Human Idiom



Christopher Bollas, Member, British Psychoanalytical Society and Los Angeles Institute and Society for Psychoanalytical Research

Christopher Bollas examines one of the most fundamental questions - what is it that makes us unique as individuals, and how does this manifest in our personalities, lives and in the psychoanalytic process? Drawing on classic notions of fate and destiny, and Winnicott's idea of the true self, he develops the concept of the 'human idiom' to explore how we work out, creatively and analytically, the 'idiom of difference'. In particular, he reflects on how patients may use part of the analyst's personality to express their own idiom and destiny drive.

Republished with a new extensive introduction from Christopher

Bollas, this book remains a classic of psychoanalytic literature.

Routledge

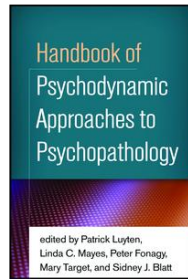
Market: Psychoanalysis

August 2018: 234x156: 170pp

Pb: 978-1-138-69200-8: £20.99 **Special price: £16.80**

NEW IN PAPERBACK

Handbook of Psychodynamic Approaches to Psychopathology



Edited by Patrick Luyten, Patrick Luyten, PhD, Department of Psychology and Educational Sciences, University of Leuven, Belgium; Research Department of Clinical, Educational and Health Psychology, University College London, UK, Linda C. Mayes, Linda C. Mayes, MD, Yale Child Study Center, Yale University School of Medicine, CT, Peter Fonagy, Division of Psychology and Language Sciences, University College London, UK; Chief Executive, Anna Freud Centre, Mary Target, Mary Target, PhD, Research Department of Clinical, Educational and Health Psychology, University College London, UK and Sidney J. Blatt

Authoritative and comprehensive, this volume provides a contemporary psychodynamic perspective on frequently encountered psychological disorders in adults, children, and adolescents. Leading international authorities review the growing evidence base for psychoanalytic theories and therapeutic models. Chapters on each disorder examine its etiology and psychological mechanisms, discuss diagnostic issues, and thoroughly describe effective treatment strategies. Highly accessible, the book is richly illustrated with clinical case material. It demonstrates ways in which psychodynamic theory and therapy are enhanced by integrating ideas and findings from other fields.

Guilford Press

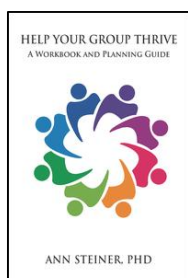
Market: Psychoanalysis

May 2017: 254 x 178: 578pp

Pb: 978-1-462-53142-4: £37.99 **Special price: £30.40**

Help Your Group Thrive

A Workbook and Planning Guide



Ann Steiner, Ph.D.

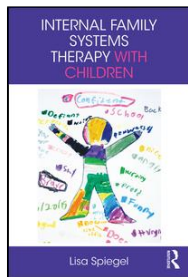
This easy-to-use manual is recommended for leaders of all types of groups - discussion groups, peer support, organizations, and workplace teams. You'll find discussion of the different types of groups, leadership styles and roles. Worksheets help you figure out your preferred leadership style, along with facilitation tools, sample group agreements, online netiquette information, and numerous modifiable written forms for starting and maintaining effective groups. Practical advice and worksheets help you design your group, select potential members, and understand common group challenges. These valuable tools will take you from defining your group's mission to helping your group thrive.

Routledge

April 2018: 234x156: 250pp

Pb: 978-1-782-20561-6: £27.99 **Special price: £22.40**

Internal Family Systems Therapy with Children



Lisa Spiegel, Private practice, New York, NY, USA

Internal Family Systems Therapy with Children details the application of IFS in child psychotherapy. The weaving together of theory, step-by-step instruction, and case material gives child therapists a clear roadmap for understanding and utilizing the healing power of this modality. In addition, any IFS therapist will more deeply understand the theory and practice of Internal Family Systems by reading how it is practiced with children. This book also covers the use of IFS in parent guidance, an important aspect of any therapeutic work with families. The poignant and humorous vignettes of children's therapy along with their artwork make it an enjoyable and informative read.

Routledge

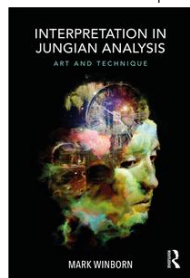
Market: Family Therapy

March 2017: 229 x 152: 122pp

Pb: 978-1-138-68211-5: £22.99 **Special price: £18.40**

Interpretation in Jungian Analysis

Art and Technique



Mark Winborn

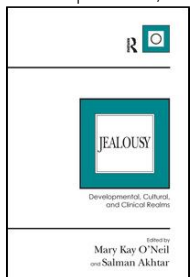
This volume will provide those studying analytical psychology with the necessary knowledge and tools to incorporate the technique of interpretation. More specifically, readers will learn to: 1. Differentiate between an interpretation and other non-interpretive interventions in therapy/analysis; 2. Explore the origins of the interpretive process within the psychoanalytic world; 3. Differentiate various levels of interpretation, and 4. Examine particular uses of language in interpretation. Clinical examples will be provided throughout the book to illustrate the material being presented.

Routledge

Market: Analytical Psychology
August 2018: 234x156: 208pp
Pb: 978-1-138-05811-8: **£29.99** Special price: **£24.00**

Jealousy

Developmental, Cultural, and Clinical Realms



Edited by Mary Kay O'Neil and Salman Akhtar

This book begins with an extensive overview of the nature, developmental origins and poignant cultural (especially poetic) allusions to jealousy, emphasizing that it is through artistic expression that a true understanding of this frequently deeply disturbing feeling is achieved. It closes with a thoughtful summary, synthesis and critique of the chapters by 12 distinguished analysts. These contributors, addressing the developmental, cultural and clinical aspects, add to the understanding of both normal and pathological jealousy and to the clarification of its confusion with envy.

Routledge

Market: Psychoanalysis
February 2018: 229x152: 278pp
Pb: 978-1-782-20644-6: **£31.99** Special price: **£25.60**

Lacanian Treatment

Psychoanalysis for Clinicians

Yehuda Israely

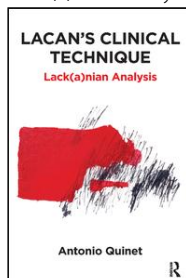
Secret wishes, forbidden pleasures, and painful memories hide below the false bottom of consciousness. How do we decipher the desire and pleasure located between the words spoken in psychotherapeutic treatment, and how can we identify and interpret them? This book, following the author's previous work which focused mainly on Lacanian theory, is dedicated to the practice of psychological treatment. Given its general clarity, the book can also be useful to those who are not deeply versed in Lacanian thinking.

Routledge

Market: Psychoanalysis
March 2018: 229x152: 104pp
Pb: 978-1-782-20618-7: **£21.99** Special price: **£17.60**

Lacan's Clinical Technique

Lack(a)nian Analysis



Antonio Quinet

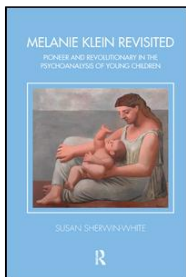
In this book, Antonio Quinet introduces the essentials of Lacanian clinical technique effortlessly and with great humour. Conceptual issues are linked directly to the clinic, and the rationale of the Lacanian approach is explained with clarity and ease.—Darian Leader, psychoanalyst, author and founder of the Centre for Freudian Analysis and Research in London; from the Preface.

Routledge

September 2017: 229 x 152: 196pp
Pb: 978-1-782-20550-0: **£28.99** Special price: **£23.20**

Melanie Klein Revisited

Pioneer and Revolutionary in the Psychoanalysis of Young Children



Susan Sherwin-White

Series: *Tavistock Clinic Series*

Little attention now seems to be paid to the revolutionary character of her work from the start (in the early 1920s) with this age group and its challenges, still relevant today, or to her recognition of the importance of mother-infant relations in the period long before World War II brought investigation into and understanding of problems of attachment, separation and loss. This book addresses these issues and re-explores Klein's work in these (and other) areas. This book is concerned primarily with Klein's work with pre-latency children and aims to give these small children more of the voice today that Melanie Klein herself discovered.

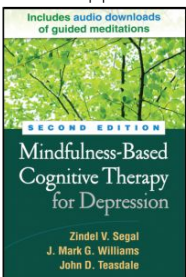
Routledge

June 2017: 229x152: 284pp
Pb: 978-1-782-20333-9: **£33.99** Special price: **£27.20**

2nd Edition

Mindfulness-Based Cognitive Therapy for Depression, Second Edition

A New Approach to Preventing Relapse



Zindel V. Segal, University of Toronto-Scarborough, Canada, J. Mark G. Williams, University of Oxford, UK and John D. Teasdale, Retired, Formerly Brain Sciences Unit, Cambridge, UK

This bestselling work, now in a new edition, has introduced tens of thousands of clinicians to mindfulness-based cognitive therapy (MBCT) for depression, an 8-week program with proven effectiveness. Step by step, the authors explain the "whys" and "how-tos" of conducting mindfulness practices and cognitive interventions that have been shown to bolster recovery from depression and prevent relapse. Clinicians are also guided to practice mindfulness themselves, an essential prerequisite to teaching others. More than 40 reproducible handouts are

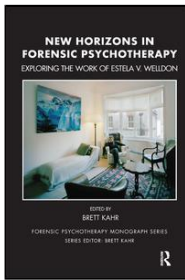
included.

Guilford Press

Market: Psychotherapy and Counselling
July 2018: 229 x 152: 471pp
Pb: 978-1-462-53703-7: **£25.99** Special price: **£20.80**

New Horizons in Forensic Psychotherapy

Exploring the Work of Estela V. Welldon



Brett Kahr

Series: The Forensic Psychotherapy Monograph Series

New Horizons in Forensic Psychotherapy: Exploring the Work of Estela V. Welldon, edited by the author, contains many rich contributions by some of Welldon's most distinguished former students and proteges. The book consists of important chapters on the creative ways in which colleagues have utilised and expanded upon Welldon's work in the field of forensic psychotherapy in a variety of settings, including in hospitals, prisons, community mental health clinics, and, also, in private practice.

Routledge

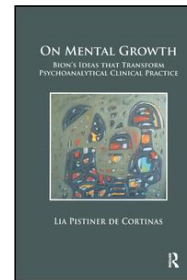
Market: Forensic Psychotherapy

November 2017: 229 x 152: 302pp

Pb: 978-1-782-20505-0: **£31.99** **Special price: £25.60**

On Mental Growth

Bion's Ideas that Transform Psychoanalytical Clinical Practice



Lia Pistiner de Cortinas

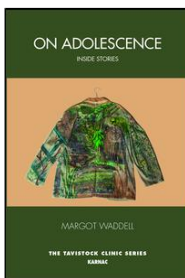
This book represents some of Wilfred Bion's basic concepts, which are reconsidered from the perspective of mental growth. It elucidates Bion's significant legacy of the differentiation between the psychotic and non-psychotic parts of the personality and its evolution in his writings.

Routledge

June 2017: 229 x 152: 228pp

Pb: 978-1-782-20380-3: **£27.99** **Special price: £22.40**

On Adolescence



Margot Waddell

Series: Tavistock Clinic Series

The heart of the book lies in the exploration of the inner lives of these young people, whether or not they find their way to clinical services. It sets out to illuminate the sorts of things that go wrong, and how we can help to address them – the crises of identity, gender, loss, self-harm, bullying, depression, anger, suicidal impulses, anxiety, and so much more. *On Adolescence: Inside Stories* is intended for all those concerned with adolescence, and adolescent states of mind at whatever age or stage.

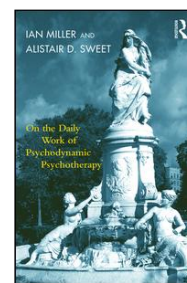
Routledge

Market: Psychoanalysis

June 2018: 229x152: 282pp

Pb: 978-1-782-20526-5: **£34.99** **Special price: £28.00**

On the Daily Work of Psychodynamic Psychotherapy



Ian Miller and Alistair D. Sweet

On the Daily Work of Psychodynamic Psychotherapy is an operating manual for the challenging, often lonely and confusing work of doing therapy. It locates clinical method in a historical tradition of many contributory workers including Freud, Breuer, Klein, Segal, Ferenczi, Waelder, Katan, Tausk, Sullivan, Lacan, Bion, and Ogden.

Routledge

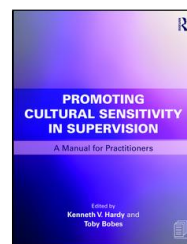
Market: Psychotherapy

March 2018: 229x152: 228pp

Pb: 978-1-782-20564-7: **£29.99** **Special price: £24.00**

Promoting Cultural Sensitivity in Supervision

A Manual for Practitioners



Edited by **Kenneth V. Hardy**, Drexel University, USA and **Toby Bobes**, Pacifica Graduate Institute, California, USA

This book provides a roadmap for supervisors on how to promote and integrate cultural sensitivity into the core of their work. It is organized into four interrelated sections: The Conceptual section provides an overview of the theory that underpins a multicultural relational perspective, and the Structural section provides the reader with two specific strategies for concretizing the conceptual framework. The Strategies and Techniques section provides supervisors with hands-on tools for navigating difficult diversity related conversations in

supervision. The Evaluation Tools section provides sample instruments for evaluating the entire supervisory process.

Routledge

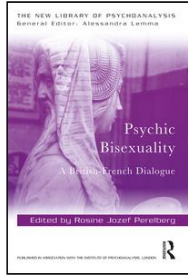
Market: Supervision and Training

May 2017: 279 x 216: 168pp

Pb: 978-0-415-78768-0: **£21.99** **Special price: £17.60**

Psychic Bisexuality

A British-French Dialogue



Edited by **Rosine Jozef Perelberg**, Fellow, British Psychoanalytic Society; Visiting Professor, Psychoanalysis Unit, University College London; Corresponding Member, Paris Psychoanalytical Society

Series: *The New Library of Psychoanalysis*

Psychic Bisexuality: A British-French Dialogue clarifies and develops the Freudian conception according to which sexual identity is not reduced to the anatomical difference between the sexes, but is constructed as a psychic bisexuality that is inherent to all human beings.

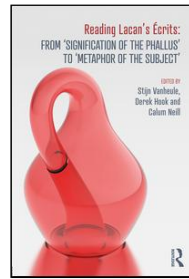
Routledge

Market: Psychoanalysis/Psychotherapy/Gender

February 2018: 234x156: 322pp

Pb: 978-1-138-57903-3: **£32.99** Special price: **£26.40**

Reading Lacan's Écrits: From 'Signification of the Phallus' to 'Metaphor of the Subject'



Edited by **Stijn Vanheule**, Ghent University and private practice, Belgium, **Derek Hook**, Associate Professor in Psychology, Duquesne University, USA and Extraordinary Professor in Psychology, University of Pretoria, SA and **Calum Neill**, Edinburgh Napier University, UK

The *Écrits* was Jacques Lacan's single most important text, a landmark in psychoanalysis which epitomized his aim of returning to Freud via structural linguistics, philosophy and literature. *Reading Lacan's Écrits* is the first extensive set of commentaries on the complete edition of Lacan's *Écrits* to be published in English. It provides an incisive and accessible companion for psychoanalysts and psychoanalytic

psychotherapists in training and in practice, as well as philosophers, cultural theorists and literary, social science and humanities researchers who wish to draw upon Lacan's pivotal work.

Routledge

Market: Psychoanalysis

August 2018: 234x156: 328pp

Pb: 978-0-415-70802-9: **£34.99** Special price: **£28.00**

Psychodynamic Child and Adolescent Psychotherapy

Theories and Methods

Liselotte Grünbaum and Karen Vibeke Mortensen

This book is both a textbook and book of reference for all child and adolescent psychotherapists. It addresses both novices, who need to learn the theories and methods of the work, and also experienced psychotherapists, who want to expand their knowledge. It offers a clear, methodologically precise and updated introduction to the theories, methods and practice of the field, demonstrating through practical examples what psychodynamic child and adolescent psychotherapy is, how psychotherapy can be planned and carried out, and expounding the necessary preconditions, settings and methods.

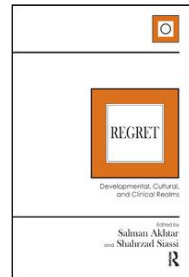
Routledge

March 2018: 234x156: 320pp

Pb: 978-1-782-20522-7: **£32.99** Special price: **£26.40**

Regret

Developmental, Cultural, and Clinical Realms



Edited by **Salman Akhtar** and **Shahrzad Siassi**

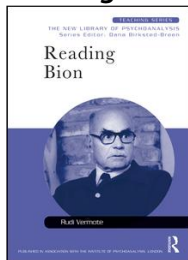
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Routledge

July 2017: 229 x 152: 258pp

Pb: 978-1-782-20589-0: **£31.99** Special price: **£25.60**

Reading Bion



Rudi Vermote

Series: *New Library of Psychoanalysis Teaching Series*

Wilfred R. Bion is considered as a ground breaking psychoanalyst. His thinking is rooted in Freud and Klein from where it takes an original flight. *Reading Bion* shows the evolution of his seminal insights in psychic functioning and puts them in a wider context. Rudi Vermote integrates a chronological close reading and discussion of Bion's texts, with a comprehensive approach of his major concepts.

Routledge

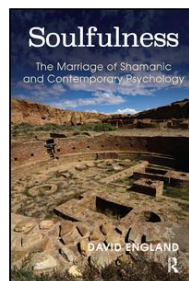
Market: Psychoanalysis

July 2018: 246x174: 274pp

Pb: 978-0-415-41333-6: **£31.99** Special price: **£25.60**

Soulfulness

The Marriage of Shamanic And Contemporary Psychology



David England

'Soulfulness' has two historic shamanic roots: Mayan and Native American psychology - a psychology of Self - as expressed in the many aspects of the Medicine Wheel, the wheel of health and wholeness; and the Shamanic Journey and Soul Retrieval, as practiced in traditional societies throughout the world, notably the Tungus tribes of Siberia. This book presents the ancient wisdom of shamanic theory and practice in a form which is fit for use within the mainstream of twenty-first century psychotherapeutic endeavour, including an extensive explanation of Shamanic Psychology and a practical description of the ceremonies of the Shamanic Journey and Soul Retrieval.

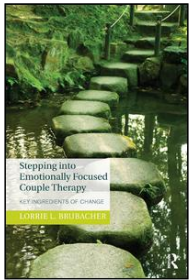
Routledge

October 2017: 229 x 152: 282pp

Pb: 978-1-782-20475-6: **£31.99** Special price: **£25.60**

Stepping into Emotionally Focused Couple Therapy

Key Ingredients of Change



Lorrie L. Brubacher

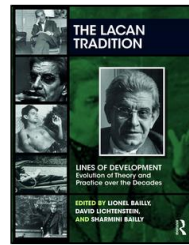
In *Stepping into Emotionally Focused Couple Therapy: Key Ingredients of Change*, each step and stage of EFT is laid out in a practical and theoretically simple manner that extends beyond what therapists need to do, to helping therapists grasp what experiential therapy is, providing moment-by-moment examples of how to engage clients emotionally, and how to foster emotional engagement between partners.

Routledge

October 2017: 229 x 152: 340pp

Pb: 978-1-782-20325-4: £34.99 **Special price: £28.00**

The Lacan Tradition



Edited by Lionel Bailly, David Lichtenstein and Sharmini Bailly

Series: *The Lines of Development*

The Lacanian Tradition is unique among psychoanalytic schools in its influence upon academic fields such as literature, philosophy, cultural and critical studies. This book aims to make Lacan's ideas accessible and relevant also to mainstream psychoanalysts, and to showcase developments in Lacanian thinking since his death in 1981.

Routledge

Market: Psychoanalysis

March 2018: 246 x 189: 244pp

Pb: 978-1-780-49151-6: £38.99 **Special price: £31.20**

The Art of Making Children

The New World of Assisted Reproductive Technology



François Ansermet

This book explores the issues that surround medically assisted reproduction by addressing them from the perspective of four key areas: the mystery of procreation and the enigma of origin and where we come from; the question of difference and alterity in procreation (be it the breaking down of the notion that one comes from two in heterologous procreation to the aspirations for same-sex procreation, or the blurring of chronology and generations through cryoconservation); the place of destiny, including how to think about individual destinies in an age of increasingly accessible gene sequencing paired with a growing link between procreation and prediction.

Routledge

August 2017: 229 x 152: 208pp

Pb: 978-1-782-20474-9: £28.99 **Special price: £23.20**

The New Analyst's Guide to the Galaxy

Questions about Contemporary Psychoanalysis



Antonino Ferro

This book consists of a dialogue between a young psychoanalyst, and a renowned teaching analyst. It touches upon many of the key areas of contemporary psychoanalysis: setting, technique, theory, as well as post-Bionian models and the 'BFT' - the famous Bionian Field Theory devised by the author. Using a friendly informal style, the authors challenge the certainties of orthodoxy, leading the discourse toward the unknown and the as yet undiscovered.

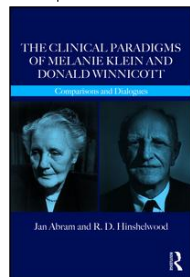
Routledge

April 2017: 176pp

Pb: 978-1-782-20542-5: £21.99 **Special price: £17.60**

The Clinical Paradigms of Melanie Klein and Donald Winnicott

Comparisons and Dialogues



Jan Abram and R.D. Hinshelwood

The Clinical Paradigms of Melanie Klein and Donald Winnicott seeks to introduce the distinctive psychoanalytic basic principles of both Klein and Winnicott, to compare and contrast the way in which their concepts evolved, and to show how their different approaches contribute to distinctive psychoanalytic paradigms. The aim is twofold – to introduce and to prompt research.

Routledge

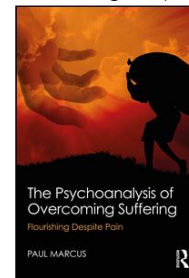
Market: Psychoanalysis

February 2018: 230pp

Pb: 978-1-782-20310-0: £29.99 **Special price: £24.00**

The Psychoanalysis of Overcoming Suffering

Flourishing Despite Pain



Paul Marcus, National Psychological Association for Psychoanalysis, New York City

This book offers a guide to understanding and working with a range of everyday causes of suffering from a broadly psychoanalytic perspective. It covers a variety of major focuses for our everyday difficulties; love, work, faith, anxiety and depression, and aging, and also looks specifically at causes of suffering for the psychoanalyst as well as the patient. Written in a rich but accessible style, this book should provide a useful guide to psychoanalysts and psychotherapists working with the major problems they see in their daily work, and also appeal to anyone interest in understanding why and how we suffer, and what we can do about it.

Routledge

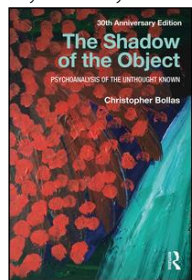
Market: Psychoanalysis/Psychotherapy

July 2018: 234x156: 274pp

Pb: 978-1-138-48216-6: £31.99 **Special price: £25.60**

The Shadow of the Object

Psychoanalysis of the Unthought Known



Christopher Bollas, Member, British Psychoanalytical Society and Los Angeles Institute and Society for Psychoanalytical Research

In *The Shadow of the Object*, Christopher Bollas integrates aspects of Freud's theory of unconscious thinking with elements from the British Object Relations School. In doing so, he offers radical new visions of the scope of psychoanalysis and expands our understanding of the creativity of the unconscious mind and the aesthetics of human character. Published here with a new preface by Bollas, *The Shadow of the Object* remains a classic of the psychoanalytic literature, written by a truly original thinker.

Routledge

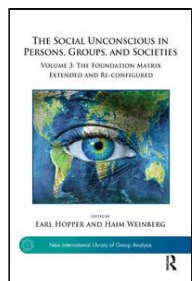
Market: Psychoanalysis

July 2017: 234x156: 204pp

Pb: 978-1-138-21844-4: **£21.99** Special price: **£17.60**

The Social Unconscious in Persons, Groups, and Societies

Volume 3: The Foundation Matrix Extended and Re-configured



Edited by **Earl Hopper** and **Haim Weinberg**

Series: The New International Library of Group Analysis

In this book the authors develop the theory of the tripartite matrix, consider music as a form of non-verbal communication as a sub-dimension of the matrix, and to present empirical studies of the matrices of peoples in three societies in the Middle-East. The first volume of this series addressed the group analytic theory of the social unconscious, attempting to clarify the definition of the concept itself, indicating some of its main elements, and comparing it to the Jungian collective unconscious, the Morenoian co-unconscious, and to the study of the link and the bond by Pichon-Riviere.

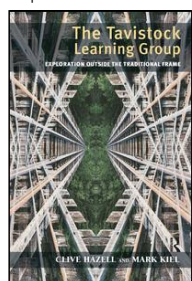
Routledge

August 2017: 229 x 152: 298pp

Pb: 978-1-782-20355-1: **£31.99** Special price: **£25.60**

The Tavistock Learning Group

Exploration Outside the Traditional Frame



Clive Hazell

In *The Tavistock Learning Group: Exploration Outside the Traditional Frame*, the authors attempt to expand the heuristic, theoretical, and applied dimensions of Group Relations paradigms by pairing classical Group Relations concepts with typically non-Tavistock psychology paradigms and social sciences concepts. Under the broad domain of psychologically-informed constructs, Lacanian psychoanalysis, existential philosophy and bioenergetics are applied.

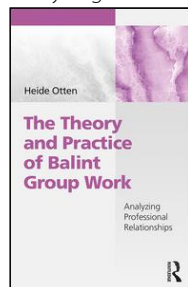
Routledge

June 2017: 229 x 152: 286pp

Pb: 978-1-782-20415-2: **£30.99** Special price: **£24.80**

The Theory and Practice of Balint Group Work

Analyzing Professional Relationships



Routledge

Market: Psychoanalysis

December 2017: 216x138: 132pp

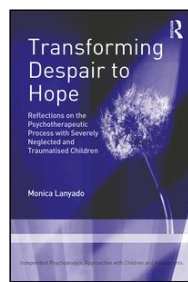
Pb: 978-1-138-50701-2: **£32.99** Special price: **£26.40**

Heide Otten, Psychotherapist in private practice in Germany.

Otten presents a practical guide to Balint groups and their relevance to clinicians in the modern world of internet diagnoses, distant patients and teams of specialists. The book includes a history of Balint's work and explores the historical influence of the therapeutic relationship and the importance of the group dynamic for learning. From an overview of how an individual session works through to applying group work in different settings and requirements for qualifying as a group leader, this is an essential guide for any clinician coming to group work for the first time or utilising Balint's ideas in their day-to-day practice.

Transforming Despair to Hope

Reflections on the Psychotherapeutic Process with Severely Neglected and Traumatized Children



Monica Lanyado, formerly Scottish Institute of Human Relations (now Human Development Scotland). Retired from clinical practice, she is training supervisor (at IPCAPA and privately), teaches and writes

Series: Independent Psychoanalytic Approaches with Children and Adolescents

Transforming Despair to Hope offers a thorough overview of the problems as well as the rewards of trying to help severely neglected and traumatised children. Drawing on her lengthy clinical experience, Monica Lanyado provides an historical perspective, helpful theoretical frameworks and thoughtful support for those who work with these children. She includes

many clinical examples of the therapeutic complexity of trying to help these children and those who care for them in foster or adoptive families, and in residential settings.

Routledge

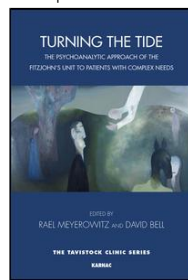
Market: Psychotherapy

November 2017: 234x156: 174pp

Pb: 978-1-138-06472-0: **£29.99** Special price: **£24.00**

Turning the Tide

The Psychoanalytic Approach of the Fitzjohn's Unit to Patients with Complex Needs



Edited by **Rael Meyerowitz** and **David Bell**

Series: Tavistock Clinic Series

Since it was founded in 1920, the Tavistock Clinic has developed a wide range of developmental approaches to mental health which have been strongly influenced by the ideas of psychoanalysis. It has also adopted systemic family therapy as a theoretical model and a clinical approach to family problems. The Clinic is now the largest training institution in Britain for mental health, providing postgraduate and qualifying courses in social work, psychology, psychiatry, and child, adolescent, and adult psychotherapy, as well as in nursing and primary care. It trains about 1,700 students each year in over 60 courses.

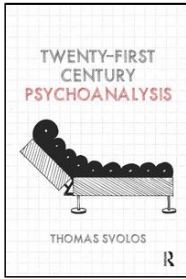
Routledge

Market: Psychoanalysis

May 2018: 229x152: 162pp

Pb: 978-1-782-20332-2: **£22.99** Special price: **£18.40**

Twenty-First Century Psychoanalysis



Thomas Svolos

This book articulates a possible future for Lacan and psychoanalysis, through an exploration of the historical trajectory of psychoanalysis and a survey of the ways Lacanian psychoanalysis offers a unique response to the pressing clinical demands of our time. Much of the book stages this through explications of specific ways Lacanian concepts have developed as a reading of the clinical - as well as the broader psychic and social - phenomena of our moment in history.

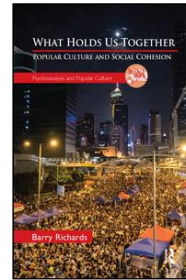
Routledge

April 2017: 229 x 152: 294pp

Pb: 978-1-782-20503-6: **£32.99** Special price: **£26.40**

What Holds Us Together

Popular Culture and Social Cohesion



Barry Richards

Series: *The Psychoanalysis and Popular Culture Series*

In this unusual book of political psychology, based on the idea that we hold ourselves together through a combination of restraint and release, the author draws on psychoanalysis and its creative interpretations of everyday experience to consider the current malaise of politics in relation to the huge vitality of popular culture. In a wide-ranging analysis, that links topics as diverse as our experience of public utilities, the rise of counselling, and the weakened impact of sexual scandal, he concludes with the proposal that a reconstruction of nationalism could make an important contribution to the renewal of democratic politics.

Routledge

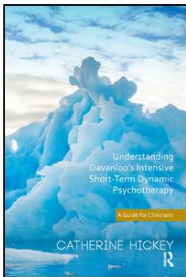
Market: Psychoanalysis

November 2017: 229 x 152: 132pp

Pb: 978-1-782-20123-6: **£19.99** Special price: **£16.00**

Understanding Davanloo's Intensive Short-Term Dynamic Psychotherapy

A Guide for Clinicians



Catherine Hickey

The objective of this book is to update dynamic psychotherapists on the latest findings in Davanloo's Intensive Short-term Dynamic Psychotherapy (IS-TDP). Previous authors have sometimes presented a simplistic, reductionist version of the technique to the public, and the current book is important because it offers the broadest and most up-to-date treatment of the subject, written by a psychiatrist who has attended Davanloo's closed circuit training program for the past eight years. Clear and well-organized prose introduces important technical concepts that had not been previously discussed.

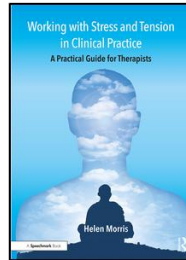
Routledge

April 2017: 229 x 152: 294pp

Pb: 978-1-782-20401-5: **£32.99** Special price: **£26.40**

Working with Stress and Tension in Clinical Practice

A Practical Guide for Therapists



Helen Morris, Speech and Language Therapist

Working with Stress and Tension in Clinical Practice is a practical toolkit that sets out a wide range of approaches for reducing stress and anxiety in clients so that they are mentally prepared for more effective therapy sessions. Combining research, real-life examples and practical advice, the book discusses the potential psychological barriers to therapy that can stand in the way of helping clients and offers concrete solutions to overcome these issues. This toolkit clearly outlines a range of approaches such as mindfulness and meditation techniques that can help clients focus on their therapy and overcome stress and anxiety.

Routledge

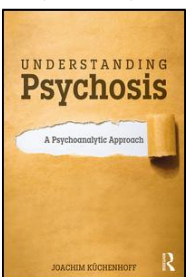
Market: Education

November 2017: 297x210: 180pp

Pb: 978-1-911-18627-4: **£37.99** Special price: **£30.40**

Understanding Psychosis

A Psychoanalytic Approach



Joachim Küchenhoff

Küchenhoff presents a model which allows clinicians to systematically assess relevant psychodynamic dimensions in the diagnosis and treatment of psychotic disorders, with clinical vignettes throughout. Part 1 explains the benefits of a psychodynamic approach to treating psychosis. Part 2 provides an overview of psychoanalysis in relation to the treatment of psychosis, including the theories of Freud, Klein, Bion and Lacan. Part 3 presents an integrative model which demonstrates a multi-dimensional approach to psychotic experience. Finally, part 4 presents key points to consider when treating psychotic symptoms with a psychodynamic approach.

Routledge

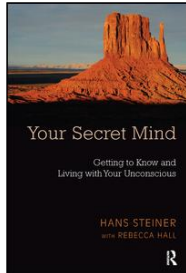
Market: Psychiatry

August 2018: 234x156: 134pp

Pb: 978-1-138-49467-1: **£31.99** Special price: **£25.60**

Your Secret Mind

Getting to Know and Living with Your Unconscious



Rebecca Hall and Hans Steiner

This book will help the reader get to know their unconscious mind through a series of exercises. Results will serve all curious readers well, especially psychotherapists, writers, artists, actors and others working in the world of creativity. It is important for all of us to achieve a deeper understanding of who we are, with the satisfaction that commonly comes with that. Readers will be able to set free their hidden selves to direct their lives in new and satisfying directions. Humans have a complex unconscious mind, containing vital information about who we are, who we were and where we are going. Sigmund Freud deserves the most credit for pointing systematically to channels of access.

Routledge

Market: Psychoanalysis

October 2017: 229 x 152: 250pp

Pb: 978-1-782-20495-4: **£30.99** Special price: **£24.80**

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