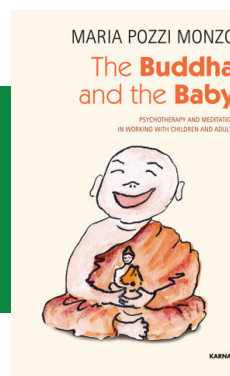
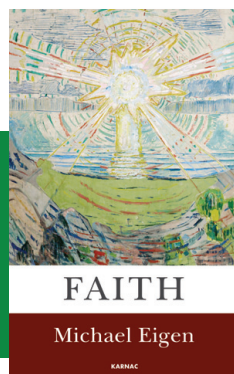
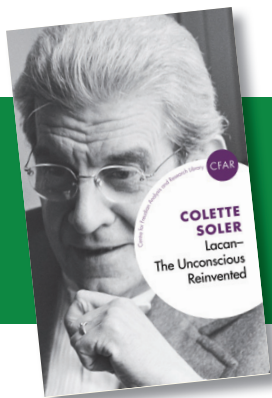


# KARNAC REVIEW

NEW BOOKS FOR AUTUMN 2014

<b>Coaching</b>	<b>4</b>
<b>Children and Adolescents</b>	<b>5</b>
<b>Groups and Organisations</b>	<b>10</b>
<b>Individual Psychotherapy</b>	<b>11</b>
<b>Neuroscience</b>	<b>15</b>
<b>Lacanian Psychoanalysis</b>	<b>16</b>
<b>Psychoanalysis</b>	<b>18</b>
<b>Journals</b>	<b>29</b>
<b>Karnac Library</b>	<b>30</b>



**KARNAC BOOKS Ltd**

118 Finchley Road  
LONDON NW3 5HT  
Tel 020 7431 1075  
Fax 020 7435 9076

**PUBLISHER AND  
MANAGING DIRECTOR**

*Oliver Rathbone*

**SALES DIRECTOR**

*Alex Massey*

**ACCOUNTS DIRECTOR**

*Rachel Rathbone*

**PUBLISHING**

*Kate Pearce*  
*Constance Govindin*  
*Rod Tweedy*

**TRADE & JOURNALS**

*Fernando Marques*

**CONFERENCES**

*Richard Szymczak*

**RETAIL & MAIL ORDER**

*Loreta Levenaite*  
*Siobhan Mulcahy*  
*Nikki O'Halloran*  
*Taneisha Smith*

**Customer Orders**

Visit our website at:

**[www.karnacbooks.com](http://www.karnacbooks.com)**

Call us on 020 7431 1075

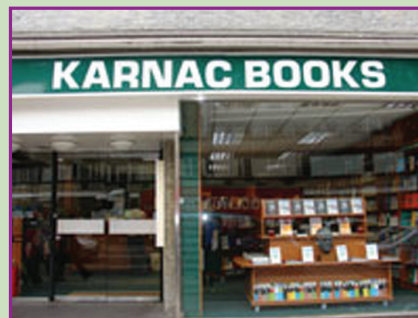
Fax us on 020 7435 9076

Email us at: **[shop@karnacbooks.com](mailto:shop@karnacbooks.com)**

Mail us at:

**Karnac Books,  
118 Finchley Road,  
LONDON NW3 5HT**

**FREE POSTAGE WORLDWIDE  
ON ALL ORDERS**



Visit us at the above address, we are open Monday to Saturday 9.30 a.m. to 6 p.m. and the shop is conveniently located opposite Finchley Road tube station on the Jubilee and Metropolitan Lines

All our titles on the website have a **GOOGLE PREVIEW** button which allows you to 'browse' up to 20% of the book before you purchase

**Trade Orders**

Marston Book Services, Trade Dept.,  
Unit 160, Milton Park, Abingdon, Oxon OX14 4SD  
Tel: + 44 (0)1235 465 500, Fax: + 44 (0)1235 465 555  
[trade.orders@marston.co.uk](mailto:trade.orders@marston.co.uk)

All queries on foreign rights for Karnac, HMT and IPA titles should be directed to Cathy Miller Foreign Rights, Unit 18, The Quadrangle, 49 Atalanta Street  
LONDON SW6 6TU



### **Publishing with Karnac**

Karnac is one of the few remaining independent English language mental health publishers. We began publishing in the 1970s and we continue to lead the way in diverse fields. We publish around 100 books a year in addition to our journals and see ourselves as an important component in the psychotherapeutic world through which new ideas and approaches can find their way to a wider readership

We have comprehensive sales and distribution in the UK, Europe, North America and Australia and New Zealand. In addition all new titles are also released as electronic books reaching whole new markets across the globe.

### **Submitting Manuscripts**

Karnac welcomes submissions from all sources and on all relevant topics. Please send us a curriculum vitae, a one page abstract of the work, an outline of the entire manuscript (table of contents) and one or two sample chapters. Please also outline what the primary market for your book would be; when you would be ready to submit the final manuscript; the approximate number of words in the book and, if there are any books available at the moment that yours could be compared to, expand on, or challenge.

Please send all submissions to:

Rod Tweedy, Karnac Books, 118 Finchley Road, London NW3 5HT, UK or email: r.tweedy@karnacbooks.com

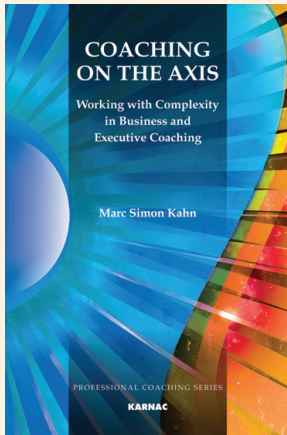
We try to respond to proposals submitted for consideration within one to two months.

**All titles are available as eBooks at [karnacbooks.com](http://karnacbooks.com) including exclusive discounts on eBook and paperback bundles**



Also available as ebooks from the following vendors





## Coaching on the Axis

### Working with Complexity in Business and Executive Coaching

*The Professional Coaching Series*

By **Marc Simon Kahn**, a Chartered Business Coach™ with the Worldwide Association of Business Coaches (WABC), a Clinical Psychologist with registrations in both South Africa and Australia, and a seasoned management and organisation development consultant. He is currently head of Human Resources & Organisation Development for Investec Ltd., a listed financial services corporation

This book offers an approach to business and executive coaching that properly aligns the practice in the culture of business through the use of a relational 'coaching axis' that helps to manage the complexity of the organisation and the individual as dual clients.

Business and executive coaching occurs within an organisational context with the goal of promoting success at all levels of the organisation by affecting the actions of those being coached (Worldwide Association of Business Coaches, 2007). This form of coaching is distinct from other types in two ways: firstly it is focused on achieving business outcomes, and secondly, both the individual being coached and the sponsoring organisation are simultaneously the client. The book explains how a coach manages the complexity of helping these two clients by acting as a narrative bridge between their stories. It offers a relational approach which resists remedial or curative notions born from coaching's human science roots and instead aligns to workplace realities.

'At last, a sophisticated and business-savvy account of business and executive coaching. Marc Kahn's book represents an important shift in how we understand the world of business coaching. His examination of complexity theory, psychology, and business challenges many of the hidden (and not-so-hidden) assumptions imported into business coaching from counselling. This is a welcome and important contribution in the field. It should be on every coach's bookshelf and inform every coach's practice.'

– **Dr Michael Cavanagh**, Deputy Director, Coaching Psychology Unit, Sydney University, Australia

'In this masterful contribution to business coaching. Marc Kahn has instigated a paradigm shift. Grappling with the indefatigable concerns of business, this work offers a new approach, aligning multiple and complex perspectives. This book is a must-have, not only for every coach's library, but also for every leader's.'

– **Dr Sunny Stout-Rostron**, Founding Fellow, Institute of Coaching at McLean Hospital, a Harvard Medical School Affiliate, South Africa

'This work will become essential reading for anyone in the field.'

– **Dr Jacqui Farrants**, Consultant Psychologist, City University, London, UK

'A must-read for those who are serious about being professional and ethical business coaches.'

– **Wendy Johnson**, President and CEO, Worldwide Association of Business Coaches WABC®, Vancouver, Canada

'Regardless of the modality you prefer as a coach, this text will add depth and understanding to your practice. An undeniable contribution.'

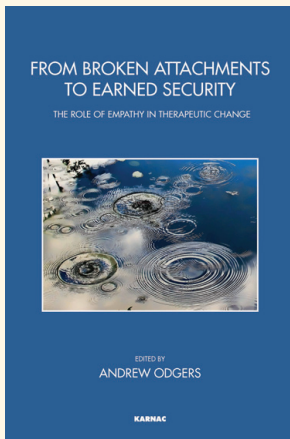
– **Craig Bloomstrand**, international coach and mentor, author of *Wise Men Look* and *Every Story Casts a Shadow*, Minneapolis, USA

'This is a fantastic read, providing a really good sense of the amazing benefits business coaching can bring to an executive when it is delivered properly – on the "axis".'

– **Brett Morris**, Group CEO, FCB South Africa

**Karnac Books, June 2014, 224 pp, Demy 9781780491363/£23.99**





## From Broken Attachments to Earned Security

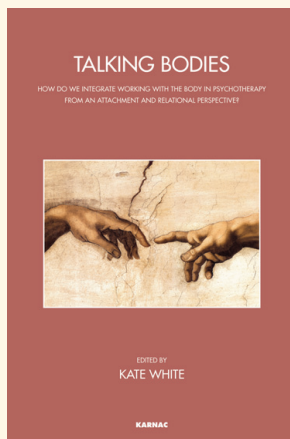
### The Role of Empathy in Therapeutic Change

*The John Bowlby Memorial Conference Monograph Series*

*Edited by **Andrew Odgers**, a UKCP registered attachment-based psychoanalytic psychotherapist who trained at the Institute for Self Analysis which grew into the Bowlby Centre of today. He has taught and facilitated professional development seminars at The Bowlby Centre*

The outstanding collection of papers in this volume make a significant contribution to the field of attachment and our understanding of how child rearing affects each aspect of our lives, from the interpersonal to the organisational and societal. Each paper moves beyond the academic and theoretical to provide answers to the many difficult questions raised at the beginning of the conference. The 2011 John Bowlby Memorial Conference, 'From Broken Attachments to Earned Security – The Role of Empathy in Therapeutic Change', focused on what needs to take place to facilitate empathy and attunement and ultimately the achievement of earned security. The challenge posed was how to re-establish a secure sense of self, mutuality, and the capacity for inter/intra-subjectivity when difficulties in empathy and attunement exist as a result of relational trauma. This can be between parent and child, within adult relationships, between client and therapist, or in organisational contexts. This publication is a valuable resource for students, seasoned practitioners, and health service professionals alike who want to enhance their understanding of empathy and attachment in this demanding field.

**Karnac Books, September 2014, 160 pp, Demy 9781782201052/£16.99**



## Talking Bodies

### How do we Integrate Working with the Body in Psychotherapy from an Attachment and Relational Perspective?

*The John Bowlby Memorial Conference Monograph Series*

*Edited by **Kate White**, a training therapist, supervisor and teacher at The Bowlby Centre. Formerly senior lecturer at South Bank University in the Department of Nursing and Community Health Studies, she has used her extensive experience in adult education to contribute to the innovative*

*psychotherapy curriculum developed at The Bowlby Centre. In addition to working as an individual psychotherapist, Kate runs workshops on the themes of attachment and trauma in clinical practice*

This monograph brings together the presentations from the nineteenth John Bowlby Memorial Conference in 2012, organised by The Bowlby Centre. The aim was to explore the growing role of the body in relational psychotherapy over the last decade, and to bring us up to date in thinking about the relationship between attachment, the body and trauma. Questions addressed included: How do we anchor the new understandings we are gaining within the framework of attachment? How might the integration of these ideas about the body change what we do in the consulting room? What impact might this have on the therapy relationship? There are contributions from leading clinicians including Orit Badouk Epstein, Roz Carroll, Mark Linington, Phil Mollon, Pat Ogden, Nick Totton and Kate White.

**Karnac Books, July 2014, 176 pp, Demy 9781782201069/£17.99**





## Young Children and their Parents Perspectives from Psychoanalytic Infant Observation

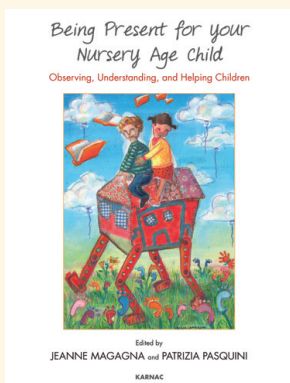
By **Gertraud Diem-Wille**, professor of psychoanalysis in education at the University of Klagenfurt and a training analyst for children, adolescents and adults of the Viennese Psychoanalytic Society and the International Psychoanalytical Association (IPA). She had pioneered and supported the training in psychoanalytic observational approaches to training in psychoanalysis and in educational fields and is the Organising and Scientific Tutor of the PG MA in Psychoanalytic Observational Studies at the University of Klagenfurt

The book describes, from a psychoanalytic perspective, the development of the parent–infant relationship in the first years of life. It follows the development of the child’s relationship to his or her parents from birth until the end of the third year. The psychoanalytic understanding of earlier patterns of experience is expertly presented to the reader. For readers looking for an introduction to the many different psychoanalytical theories about the early years, this book offers a comprehensive guide to the most important directions.

‘On the basis of many examples of the interaction between children and parents, the author demonstrates how the nature of the early relationship lays the foundation of the unique character of each individual’s experience of the world and him- or herself. Gertraud Diem-Wille’s approach to her subject is a novel and interesting one: starting with observations of three very different four year olds, she goes back to their births and to detailed observations of them in years one, two, and three to discover how they have come to develop into the personalities they are now. It is a book that will be of great value to parents, teachers, paediatricians, and all those concerned with furthering the understanding of children.’

– **Isca Salzberger-Wittenberg**, Consultant Psychotherapist, the Tavistock Clinic

**Karnac Books, May 2014, 368 pp, Demy 9781780491431/£29.99**



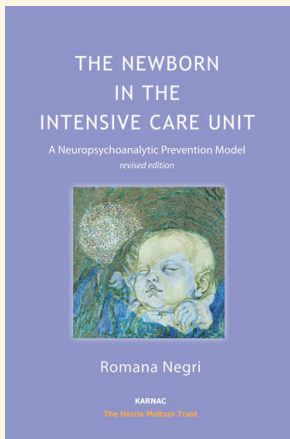
## Being Present for Your Nursery Age Child Observing, Understanding, and Helping Children

Edited by **Jeanne Magagna**, vice-president and joint coordinator of training for the Centro Studi Martha Harris Tavistock model trainings in Florence and Venice and **Patrizia Pasquini**, a member of the Tavistock Society of Psychotherapists who completed training in the Centro Studi Martha Harris

*Florence Tavistock Model of Psychotherapy Child and Adolescent Psychotherapy*

This book represents an innovative project in which parents, teachers and other professionals work collaboratively to observe children, understand them at a deep emotional level through their play and interaction with others, and facilitate their relationships with themselves as individuals and with others. The work described has been particularly important in nurturing children’s creativity and fostering effective relationships between teachers, parents and children. The innovative nursery described has been an important preventative facility in promoting the wellbeing of young children. The Italian government has supported this highly esteemed project.

**Karnac Books, September 2014, 336 pp, Crown Quarto 9781782201410/£37.50**



## The Newborn in the Intensive Care Unit

### A Neuropsychanalytic Prevention Model: Revised Edition

*The Harris Meltzer Trust Series*

By **Romana Negri**, who graduated in medicine and trained as a child neuropsychiatrist at the University of Milan. From 1970 onwards she attended the seminars of Martha Harris and Donald Meltzer and commenced work projects inspired and influenced by their teaching. She teaches in the paediatric

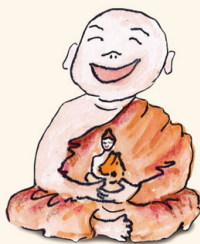
department of the School of Medicine and the School of Psychiatry and Psychology and is responsible for early pathology consultation at the Sacco Hospital in Milan

'The babies that Dr Romana Negri has worked with and here describes have indeed been born into this world "half made up". This book explores the emotional experience of the baby in this predicament, who has not had enough of one type of life to be able to transfer its emotional allegiances to the new one. The approach to this problem, as it is illustrated here, involves a philosophy that goes far beyond the humane attitude of alleviating suffering that operates in hospital medicine. Through her work in mother-baby observation under Esther Bick and Martha Harris, supplemented by observational research in foetal behaviour by means of ultrasound, Dr Negri has become deeply engaged in this philosophy of the essential individuality of the human being by virtue of its capacity to have experiences that shape the evolving structure of its person and personality.'

– Donald Meltzer, from the Foreword

**Harris Meltzer Trust, August 2014, 400 pp, Demy 9781782201168/£32.50**

MARIA POZZI MONZO  
The **Buddha**  
and the **Baby**  
PSYCHOTHERAPY AND MEDITATION  
IN WORKING WITH CHILDREN AND ADULTS



## The Buddha and the Baby

### Psychotherapy and Meditation in Working with Children and Adults

By **Maria Pozzi Monzo**, who trained as a child and adolescent psychotherapist at the Tavistock Clinic, and as an adult psychotherapist at the British Association of Psychotherapists. She has special interests in treating children with autism, Asperger's Syndrome, and mental handicap

These dialogues with child, adolescent and adult psychotherapists and child psychiatrists focus on their personal as well as professional experiences. All the contributors have a long-standing practice of Buddhism or other forms of meditation. The relevance of this to their clinical work

with infants, children, adolescents, families and adults is described. Buddhist principles such as suffering, impermanence, non-attachment, no-self and the Four Noble Truths influence the contributors' practice of psychotherapy with children and with the child in the adult.

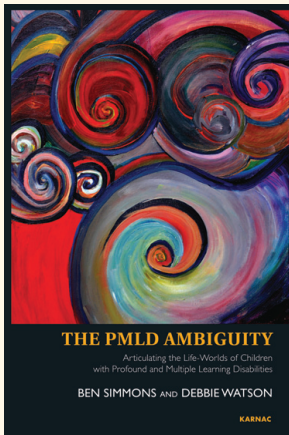
Similarities and differences between the two traditions of Buddhism and psychotherapy are highlighted in these dialogues, which are embedded in deep, personal and transforming experiences that are shared by the authors.

'This is a remarkable book in a number of ways. We are indebted to Maria Pozzi Monzo for the patient dedication and subtle sensitivity she has brought to her task of interviewing her colleagues. She and they show us the care that is needed in preparing themselves in full measure to embark on the psychoanalytic therapeutic encounter with the patients they treat.'

– Mary Twyman, from the Foreword

**Karnac Books, August 2014, 336 pp, Demy 9781780490816/£26.99**





## The PMLD Ambiguity Articulating the Life-Worlds of Children with Profound and Multiple Learning Disabilities

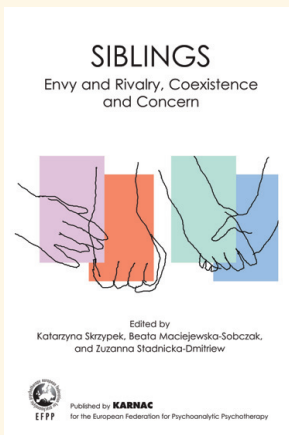
By **Ben Simmons**, a British Academy Postdoctoral Fellow at the Graduate School of Education, University of Bristol whose long-standing research interests involve developing understandings about the agency, lived experiences, and inclusion of children with PMLD, and **Debbie Watson**, Senior Lecturer in Childhood Studies in the School for Policy Studies at the University of Bristol. She is a qualified secondary school teacher and has a PhD in Education

This book challenges the ways we experience, think about, and interact with children described as having profound and multiple learning disabilities (PMLD). Contrary to received wisdom, the book starts from the premise that traditional psychological approaches operating in the 'PMLD field' are overly reductive and constrain our abilities to listen to and learn from children with PMLD. This in turn runs the risk of maintaining exclusionary practices such as segregated education, where such practices are predicated upon the notion that some children are too disabled to participate in mainstream life.

'In this affirmative text, Ben Simmons and Debbie Watson seek to critique and oppose traditional psychologising explanations of disability and childhood and, in their place, open up phenomenological alternatives. In short, their work extends our understanding of what it means to be human in educational and social contexts: re-siting disability as an opportunity for rethinking how educators understand the human subjects of their interventions.'

– **Professor Dan Goodley**, School of Education, University of Sheffield

**Karnac Books, June 2014, 272 pp, Demy 9781780490342/£23.99**



## Siblings Envy and Rivalry, Coexistence and Concern

*The EFPP Monograph Series*

Edited by **Katarzyna Skrzypek**, psychologist and a graduate of Warsaw University, **Beata Maciejewska**, Training Psychoanalytic Psychotherapist and Supervisor of the Polish Society for Psychoanalytic Psychotherapy and **Zuzanna Stadnicka-Dmitriew**, psychologist and psychoanalytical psychotherapist working in private practice near Warsaw

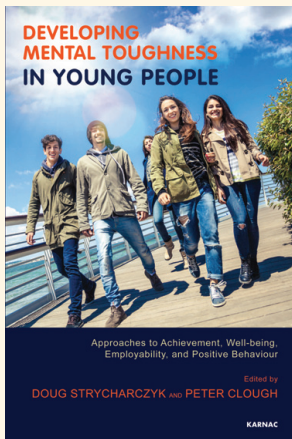
This book consists of selected texts presented at the EFPP Conference in Cracow, Poland, in October 2011. It is an attempt at finding the place of sibling relationships in psychoanalytic theory and practice. Like the Conference, it is in dialogue with the emerging interest in the role of siblings in the formation of the self – marked by the works of Juliet Mitchell, Prophecy Coles and others.

The texts show not only the theory but also the practice of dealing with sibling-related problems, and their impact on psychoanalytic institutions. Practitioners share their experience of working with siblings of disabled children, cancer in the family, coping with the loss of a sibling, helping families to adapt to a new baby, dealing with fantasy and reality of murderousness towards siblings, and transgenerational transmission of trauma.

**Karnac Books, May 2014, 320 pp, Demy 9781780491813/£24.99**

See also: *Sibling Matters* edited by Debbie Hindle and Susan Sherwin-White on page 22





## Developing Mental Toughness in Young People

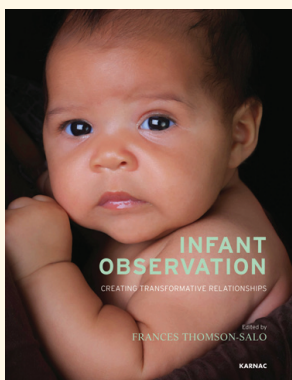
### Approaches to Achievement, Well-being, Employability, and Positive Behaviour

*Edited by **Doug Strycharczyk**, who is recognised as a leading authority on the application of mental toughness into many different areas of society and the economy, he is the CEO for AQR international, an innovative test publisher whose focus is on improving performance, well-being and*

*positive behaviours and **Peter Clough**, a Chartered Sport and Exercise psychologist and a Chartered Occupational psychologist who is a senior lecturer at the University of Hull researching performance in high pressure environments*

One of the greatest challenges facing society today is that of developing young people who are the future generators of wealth so that they can play a full and productive part in the economic and social development of the world they inhabit and will inhabit. The need for this is particularly acute in the West where the old order is fast disappearing. The purpose of education and youth work is not only to ensure that young people are skilled and qualified. It must also prepare young people with the attributes and qualities that enable them to apply what they have learned in a challenging, changing and often stressful world. The goal of this book is to describe the concept of 'Mental Toughness' in such a way that the reader understands the concept and understands how it relates to the development of young people of all ages, whether they are in education or engage in extra-curricular activity. Such understanding is particularly important in the context of change and the challenge of preparing to live and work in a fast moving and fast changing world.

**Karnac Books, August 2014, 304 pp, Demy 9781782200055/£25.99**



## Infant Observation

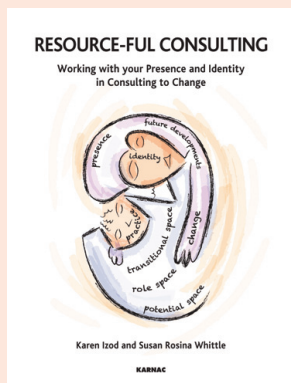
### Creating Transformative Relationships

*Edited by **Frances Thomson-Salo**, who trained with the British Society as a child and adult psychoanalyst and is a Training analyst and past President of the Australian Psychoanalytical Society and Chair of the IPA Committee of Women in Psychoanalysis*

In this book, seminal and representative papers have been chosen to illustrate the vital importance of infant observation in psychoanalytic training, tracing influences on the practice of infant observation and contemporary developments. The book outlines the thinking that has evolved since Esther Bick's introduction of this innovative component in Tavistock child psychotherapy and British Psychoanalytical Society training. With a newly written substantial general introduction, and Esther Bick's central paper on infant observation, other authors include Jeanne Magagna, Anthony Cantle, Maggie Cohen, Juliet Hopkins, Didier Houzel and Helga Coulter. More contemporary contributions include Aiveen Bharucha, Jane Blatt, Dimitra Bekos, Sally Moskowitz and Graham Music.

**Karnac Books, June 2014, 320 pp, Crown Quarto 9781782200758/£37.50**





## Resource-ful Consulting Working with your Presence and Identity in Consulting to Change

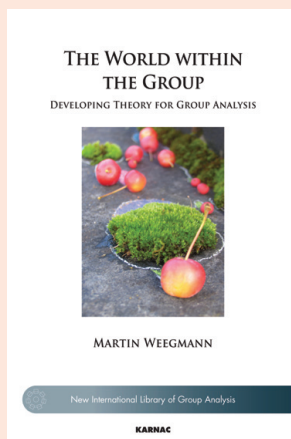
By **Karen Izod**, who is a visiting lecturer on a number of Doctoral and Master's Degree programmes and has designed programmes with and for the Tavistock Institute and the Tavistock and Portman NHS Foundation Trust, as well as as bespoke courses for specific organisations, and **Susan Rosina Whittle**, who has published in many academic and practitioner journals and books, including *Mind-ful Consulting and Changing Organizations from Within* and has taught programmes in *Organisation Development, Quality Management, and Research Methods* at Masters level in a number of universities

Consultants and practitioners working with change can feel at a loss as to how to help their clients move forward. Organisations get stuck in routine ways even when they have innovations in mind. Consultants get stuck in familiar interventions which no longer prove stimulating or effective. Such challenges to practice can preoccupy and reinforce these stuck positions.

'Managing consultants' and clients' anxiety is a critical factor in effective consulting. Clients' confidence in the consultation process and opening of potential space for change is derived from the implicit confidence of consultants and their self-consciousness in the present moment. This book is a practical guide to the application of a framework constructed upon the foundation of self and other awareness, and the associated management of mutual anxiety.'

– **Michael A. Diamond**, PhD, Professor of Organisational Analysis and Change; Director, Center for the Study of Organisational Change, Harry S. Truman School of Public Affairs, University of Missouri

**Karnac Books, July 2014, 176 pp, Crown Quarto 9781782200413/£22.99**



## The World within the Group Developing Theory for Group Analysis *The New International Library of Group Analysis*

By **Martin Weegmann**, a Consultant Clinical Psychologist and Group Analyst, with thirty years NHS experience. He is a well-known trainer, delivering workshops and lectures throughout the UK to a variety of psychology and psychotherapy organisations

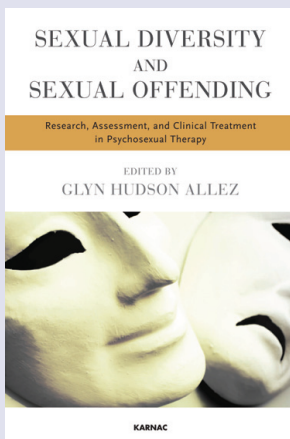
*The World within the Group* is an original and ambitious endeavour to connect group analysis to philosophy, history, and modern social theory. The book argues that group analysis needs theoretical renewal to remain relevant, and that philosophy is a valuable resource for such thinking.

In particular, the work of three philosophers is examined: Nietzsche, Dewey, and Gadamer, each being associated with 'pragmatic-perspective' inquiry. The author demonstrates that group analysis is compatible with such inquiry, and that we understand and intervene from within the horizon of specific traditions of training and theory. Group analysis typifies an unremitting relational stance, valuing openness of dialogue, and moving in and out of the perspectival worlds of the participants.

'A beautifully crafted, theoretically sophisticated book tracing both cultural and more personal elements of psychopathology. This volume expands our overall knowledge of the relationships we and our patients find helpful and problematic.'

– **Walter Stone**, MD, Professor Emeritus, University of Cincinnati; Distinguished Fellow of the American Group Psychotherapy Association

**Karnac Books, June 2014, 224 pp, Demy 9781780491981/£24.99**



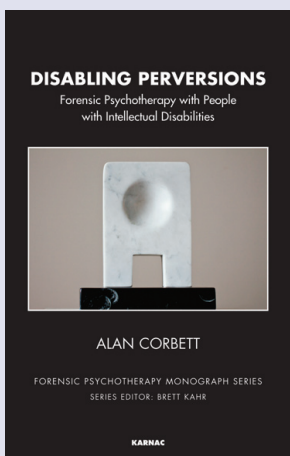
## Sexual Diversity and Sexual Offending Research, Assessment, and Clinical Treatment in Psychosexual Therapy

*Edited by Glyn Hudson Allez, a retired UKCP Registered Forensic Psychosexual Therapist. She worked as a therapist for nearly thirty years, eight of which were in primary health care, and latterly specialised in working with sexual offenders using a unique integrative style. Glyn is a fellow of the Association of Counsellors and Psychotherapists in Primary Care (CPC) and of the College of Sexual and Relationship*

*Therapists (COSRT)*

This exciting and innovative book assists health practitioners in understanding the sexual diversity that now occurs in therapeutic consultations. The Internet with its anonymity and easy accessibility to all forms of sexuality and sexual behaviour, including cybersex, has enabled individuals to be more open and explorative in their sexual repertoire than ever before. Therefore, therapists can find themselves working with clients presenting issues of sexual diversity and sexual offending, with the latter mistakenly being confused as synonymous with the former. With this book, researchers and clinicians have the opportunity to explore aspects of diverse sexual practice with which they may be unfamiliar. This allows them to have confidence in understanding the issues being addressed in the consulting room, and to know when the client may be crossing a line into illegal sexual behaviour. In this way, the method of therapy offered can be both more appropriate and more beneficial for the diverse lifestyles encountered in contemporary society.

**Karnac Books, June 2014, 320 pp, Demy 9781782200116/£24.99**



## Disabling Perversions Forensic Psychotherapy with People with Intellectual Disabilities

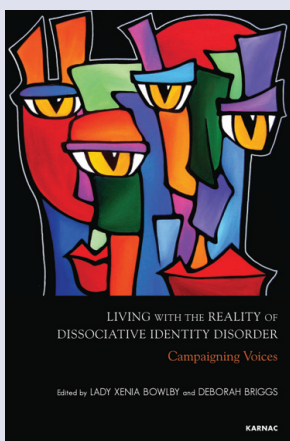
*The Forensic Psychotherapy Monograph Series*

*By Alan Corbett, Chair of the Training Committee of the Institute of Psychotherapy and Disability, and a member of the Training Committee of the Guild of Psychotherapists*

The book offers an overview of how to work with some of the most damaged members of society – children and adults with intellectual disabilities who abuse others. Drawing on insight from two decades of clinical work, the author examines how to assess risk and danger in the forensic disability patient, ways of working therapeutically with patients at all ends of the disability spectrum, and how to support members of the patient's network. Combining psychoanalytic, creative, forensic and systemic thinking, the book provides a template for assessing, managing, containing and treating those who present with multiple diagnoses, including cognitive and physical disabilities, mutism, psychiatric disorders and autism. Both group and individual approaches are examined.

As our awareness of the incidence of forensic patients who also have disabilities increases, this work is a timely placing of the forensic disability patient onto the clinical agenda, and has a wide application, being of use to clinicians in the private consulting room, the community, the secure setting and the prison. Particular attention is paid to the notion of disability as a powerful trauma that impacts upon both the patient and those treating him.

**Karnac Books, September 2014, 208 pp, Demy 9781782201632/£23.99**



## Living with the Reality of Dissociative Identity Disorder Campaigning Voices

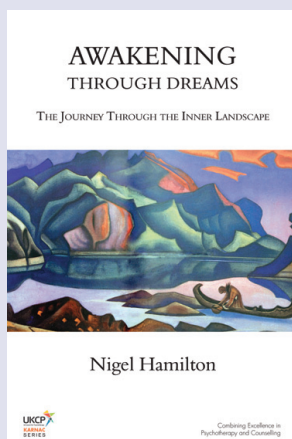
*Edited by Lady Xenia Bowlby, the daughter-in-law of John Bowlby, whose research has contributed so much to the understanding of complex personalities and who has been active in continuing the work and in the development of the Paracelsus Trust and Deborah Briggs, Chairperson of the Paracelsus Trust who has worked as a therapist for a decade and specialises in trauma and sexual abuse. Her training is integrative, including relational, sensorimotor and psychodynamic psychotherapy*

This book is the product of a Campaign Day organised by the Paracelsus Trust to raise awareness of Dissociative Identity Disorder (DID). The Campaign Day brought people together, enabling individuals to tell their story, and allowed all of those involved to recognise the progress that has been made in recognition of the condition, which has long been either ignored or misunderstood, and the possibilities for the future. As this was a profoundly moving experience, it was decided to put the presentations into a book, which recounts some painful personal experiences and some ideas for ways forward, always recognising the pain of the condition and the abuse that precedes it.

'There is an increasing body of evidence suggesting that Dissociative Identity Disorder (DID) is one of the legacies of extensive and repeated child sexual abuse. In this book, we can see a number of vivid snapshots of its victims struggling to cope with their terrible abusive histories and the fractured personalities that result. These are very brave people and their stories tell of events in middle-class England. We must not look away.'

– **Professor John Morton**, OBE, FRS, Cognitive Psychologist at the Institute of Cognitive Neuroscience, University College, London

**Karnac Books, September 2014, 160 pp, Demy 9781782201342/£16.99**



## Awakening Through Dreams The Journey Through the Inner Landscape *The United Kingdom Council for Psychotherapy Series*

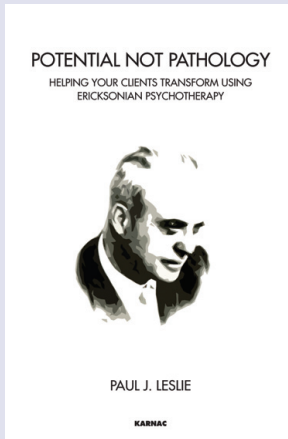
*By Nigel Hamilton, founder and director of the Centre for Counselling and Psychotherapy Education, London, a psychotherapy training centre and clinic. He is a psychotherapist, lecturer, and teacher and a professional member of the UKCP and the BACP*

Most Western approaches to dreams are limited to a psychological paradigm. Building on Jung's work, which was heavily influenced by the transformative model of alchemy, a new multidimensional approach to the process of human transformation through dreams has been developed which recognises the interrelationship of the psychological and the spiritual, and works with the mirroring body in service of both.

'In this wonderful book, decades of experience and insight are distilled into a readable, practical, and delightful guide. Nigel Hamilton shows how you can walk the path of dreaming's transformational potential for personal growth and spiritual development. Highly recommended.'

– **Robert Waggoner**, author of *Lucid Dreaming: Gateway to the Inner Self*

**Karnac Books, June 2014, 272 pp, Demy 9781782200505/£24.99**



## Potential Not Pathology Helping Your Clients Transform Using Ericksonian Psychotherapy

By **Paul J. Leslie**, an author and psychotherapist in Aiken, South Carolina who specialises in creative, resource-directed approaches to working with individuals and families

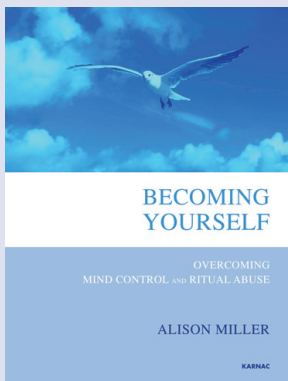
This book is designed to assist counsellors who would like to use and understand the psychotherapeutic strategies of Milton Erickson but often find it confusing, intimidating or unrealistic. Using colourful case studies and stories told in everyday language, this work will educate and help professionals in being able to understand how to adapt and apply creative and resourceful therapy interventions based on the concepts of

Ericksonian psychotherapy. It will also assist clinicians and therapists in easily implementing the concepts of Ericksonian psychotherapy into their work in order to energise and revitalise their therapy sessions. Subjects explored include client resistance and client potential, the role of imagination and playfulness in the therapeutic work, and the healing possibilities hidden within stories and metaphors.

'Paul J. Leslie has written a delightful introduction to some of the core concepts of an Ericksonian approach to therapy. Well-illustrated with cases stories from both Milton Erickson and the author's own extensive experience as a psychotherapist, Leslie makes Erickson's approach accessible to a broad spectrum of practitioners. We celebrate Leslie's inspiring and down-to-earth contribution to fostering a resource-focused, Ericksonian approach to helping people transform.'

– **Hillary Keeney**, PhD, and **Bradford Keeney**, PhD, authors of *Circular Therapeutics: Giving Therapy a Healing Heart* and *Creative Therapeutic Technique: Skills for the Art of Bringing Forth Change*

**Karnac Books, September 2014, 152 pp, Demy 9781782201403/£18.99**



## Becoming Yourself Overcoming Mind Control and Ritual Abuse

By **Alison Miller**, who since 1991 has been treating and learning from persons with dissociative disorders, in particular survivors of ritual abuse and mind control, and has developed a protocol for effective treatment. She is a clinical psychologist in private practice in Victoria, British Columbia, Canada and worked for many years in child and

youth mental health services, treating children and families

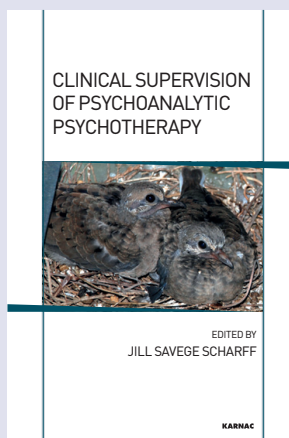
In contrast to the author's previous book, *Healing the Unimaginable: Treating Ritual Abuse and Mind Control*, which was for therapists, this book is designed for survivors of these abuses. It takes the survivor systematically through understanding the abuses and how his or her symptoms may be consequences of these abuses, and gives practical advice regarding how a survivor can achieve stability and manage the life issues with which he or she may have difficulty. The book also teaches the survivor how to work with his or her complex personality system and with the traumatic memories, to heal the wounds created by the abuse.

A unique feature of this book is that it addresses the reader as if he or she is dissociative, and directs some information and exercises towards the internal leaders of the personality system, teaching them how to build a cooperative and healing inner community within which information is shared, each part's needs are met, and traumatic memories can be worked through successfully.

**Karnac Books, June 2014, 408 pp, Crown Quarto 9781782200765/£45.00**

See also: *The Enslaved Queen* by Wendy Hoffman on page 31



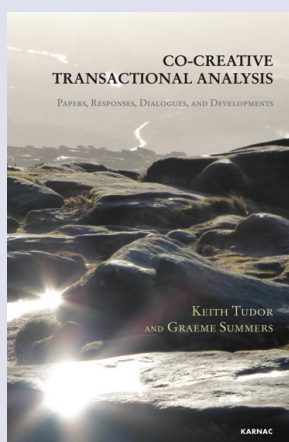


## Clinical Supervision of Psychoanalytic Psychotherapy

*Edited by Jill Savege Scharff, Co-founder and Board Member of the International Psychotherapy Institute; Supervising Analyst at the International Institute for Psychoanalytic Training; Clinical Professor of Psychiatry at Georgetown University; psychoanalyst and psychotherapist with individuals, couples and families in Chevy Chase, Maryland*

In *Clinical Supervision of Psychoanalytic Psychotherapy*, psychotherapy supervisors from the fields of psychology, psychiatry, social work, and dance movement therapy deal with the ambiguity and complexity of the supervisory role. They attend to the need to establish open, respectful verbal and non-verbal communication, a trusting relationship, a shared language, and a commitment to examining unconscious conflict in the supervisory encounter as well as the patient-therapist dynamics. The contributors show how the supervisor makes room for the supervisee to express her anxieties without becoming her therapist, thereby providing a model for empathic listening but within appropriate boundaries. They also describe the many ways in which the therapist's issues reflect or are triggered by those of the patient, are further reflected in the dynamics of the supervisory pair, and in the institution where supervisee and supervisor work.

**Karnac Books, October 2014, 208 pp, Demy 9781782201830/£23.99**



## Co-Creative Transactional Analysis Papers, Responses, Dialogues, and Developments

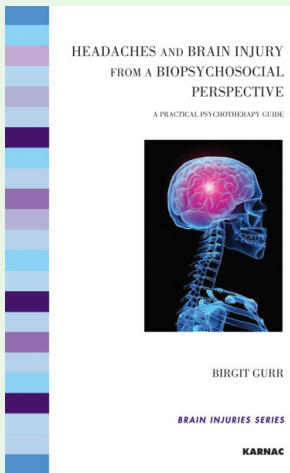
*By Keith Tudor, who has a private practice in West Auckland and is an Associate Professor at AUT University, Auckland, where he is also the Head of the Department of Psychotherapy and Counselling and Graeme Summers, a freelance Executive Coach and Trainer based in the UK who coaches senior executives working in many different sectors from all over the globe and has worked in Europe, Asia, the Middle East and Africa. He is a member of the Steering Group of the International Association of Relational Transactional Analysis*

Developed by the authors over some fifteen years, the co-creative approach has found a resonance not only amongst psychotherapists, but also educationalists, consultants and coaches.

The book itself represents and reflects the co-creative approach in that it is based on a critical dialogue between the authors themselves about their collaborative and independent work, as well as between invited contributors and the authors.

It is anticipated that the book will further the constructivist approach to therapy and coaching whereby meaning constantly evolves through dialogue, discourse creates systems and the co-creation of new or novel experiences and narratives provide new relational possibilities or ways of being with each other.

**Karnac Books, August 2014, 352 pp, Demy 9781782201571/£27.99**



## Headaches and Brain Injury from a Biopsychosocial Perspective

### A Practical Psychotherapy Guide

*The Brain Injuries Series*

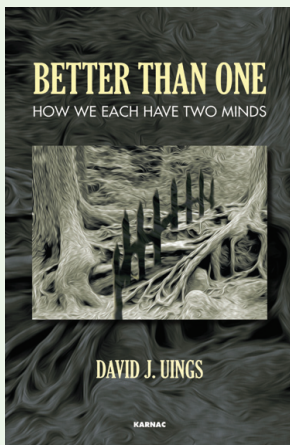
By **Birgit Gurr**, clinical neuropsychologist in Poole, Dorset, UK, where she is employed by Dorset HealthCare University Foundation Trust, runs a small private practice and lectures at Bournemouth University. The focus of her clinical work are patients with complex neurological disorders including brain injury, stroke, dementia, Multiple Sclerosis, epilepsy,

addiction and other problems. Apart from trying to help her patients to understand their condition through the use of neuropsychological assessments, she is also developing specific treatment programmes to guide their adjustment and recovery

Post-traumatic headache is the most common symptom after mild/moderate brain injury. Similar to the characteristics of naturally occurring headaches, it is multi-faceted in nature and includes neuro-physiological, psychological and social aspects. Consequently, headache has an enormous impact on the quality of life of the sufferer. Effective headache treatment has a focus on all aspects of the pain and the needs of the individual.

This book describes a cognitive-behavioural programme which was developed as part of a research project in a brain injury service. It is based, firstly, on the evidence provided by the outcomes of this research project. The interested reader may study the literature associated with this research for which the references can be found at the back of this volume. Secondly, this headache therapy guide is the result of clinical experience and the application of cognitive behavioural therapy to patients who experience complex difficulties following a brain injury.

**Karnac Books, October 2014, 368 pp, Demy 9781782201014/£29.99**



## Better Than One

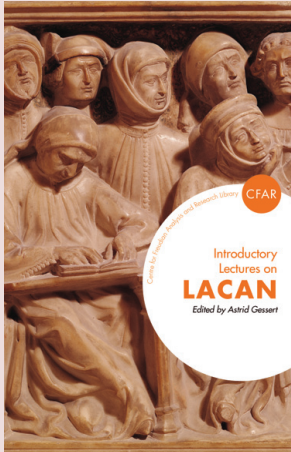
### How We Each Have Two Minds

By **David J Uings**, who has had a varied career including work for the Foreign Office Research Department, teaching and education administration, and designing and writing software. He has a BA in English and Philosophy and a Masters degrees in Philosophy of Language and Philosophy of Mind

Starting with research by Nobel laureate Roger Sperry into split-brain patients, this book sets out the evidence that there is a conscious mind in each hemisphere of the human brain. Two forms of consciousness are distinguished, and the difference in the consciousness of each mind revealed. The two different pathways within the human visual system and their effect on human behaviour are described, as well as differences in the memories formed by each mind. Evidence for two minds in the intact human brain is analysed, including psychological experiments and everyday experiences such as sleep-walking and driving on 'automatic pilot'. Reasons are suggested to explain why the evidence from split-brain patients has been largely ignored, and the views of six authors who have addressed the issue are considered.

**Karnac Books, August 2014, 208 pp, Demy 9781782201731/£23.99**





## Introductory Lectures on Lacan

### The Centre for Freudian Analysis and Research Library

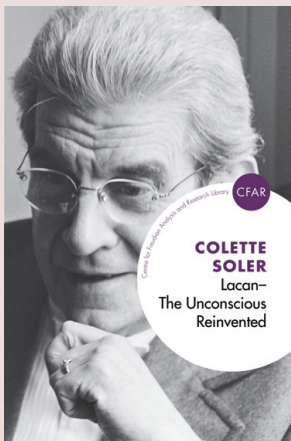
*Edited by Astrid Gessert, a practising psychoanalyst and a member of the Centre for Freudian Analysis and Research (CFAR) and of The College of Psychoanalysts – UK (CP-UK). She is a regular contributor to the CFAR public lecture and training programme and lectures and facilitates seminars at other psychoanalytic organisations*

Lacan developed his theory and practice of psychoanalysis on the basis of Freud's original work. In his 'return to Freud' he not only elaborated and revised some of Freud's innovative ideas, but also turned to important questions and problems in Freud's theory that had remained obscure and unresolved, and provided a new way of articulating these issues and their implication for psychoanalytic theory and practice.

This book offers a selection of chapters about some of the fundamental concepts of psychoanalysis. The authors aim to explore the trajectory of the development of these concepts from their original basis in Freud's work to their elaboration by Lacan.

The book will be of interest to readers from different backgrounds, including the clinical and academic field, social and cultural studies and the arts, for whom psychoanalytic ideas may be a relatively new field to explore, or who are looking for new perspectives to develop their ideas about psychoanalysis.

**Karnac Books, September 2014, 128 pp, 9781782201083/£16.99**



## Lacan—The Unconscious Reinvented

### The Centre for Freudian Analysis and Research Library

*By Colette Soler, holder of the University Agrégation and a psychoanalyst trained by Jacques Lacan who currently practises and teaches psychoanalysis in Paris*

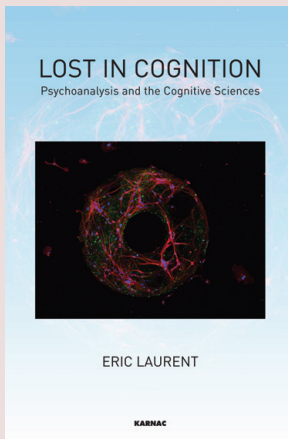
Has Jacques Lacan's impact on psychoanalysis really been assessed? His formulation that the Freudian unconscious is 'structured like a language' is well-known, but this was only the beginning. There was then the radically new thesis of the 'real unconscious'. Why this step?

Searching for the Ariadne's thread that runs throughout Lacan's ever-evolving teaching, this book illuminates the questions implicit in each step, and sheds new light on his revisions and renewals of psychoanalytic concepts. In tracing these, Colette Soler brings out their consequences for the clinic, and in particular, for the subject, for symptoms, for affects, and for the aims of treatment itself. The last section of the book examines the political import of these developments.

If many analysts since Freud have dreamt of reinventing psychoanalysis, Colette Soler shows the ways in which Lacan succeeded in this reinvention.

**Karnac Books, June 2014, 246 pp, Demy 9781780490991/£24.99**





## Lost in Cognition Psychoanalysis and the Cognitive Sciences

By **Eric Laurent**, the former president of the World Association of Psychoanalysis and author of many books and articles which are regularly translated into English in the Psychoanalytical Notebooks of the London Society, Lacanian Ink and Hurly-Burly. *Translated by Adrian Price*

This book examines the pretensions of the new paradigm in psychology that has put itself forward as the model for the future of the clinical disciplines, thereby seeking to put paid to psychoanalysis. What is this para-

digim shift? It goes by the name of cognitive-behaviourism. Where does it come from? Until the 1960s, behavioural psychology had enjoyed a certain prestige in the US. It was later disqualified by the objections from the linguist Noam Chomsky who held that no learning procedure could ever account for linguistic ability. This ability was surely innate, Chomsky argued, and so he set about hunting out the organ of language. Behaviour had to be complemented by a *machine for taking cognisance*, a machine that was innate and which conformed to the post-Chomskyan model. It took the discipline some thirty years to deck itself out in new clothes. The advances in biology, in neurology, and in the nebula that resulted from them under the 'neuroscience' label, oversaw this change. Under the name of behavioural-cognitivism, a new reduction of human experience to learning has emerged.

Based on the psychoanalysis of Lacanian orientation, this book upholds an opposing thesis. The unconscious does not fall into the 'learning' category. It is what is *missing from* or *surplus to* any possible learning process. It is a mode of thought that is free from both learning and consciousness, and this is what is at once odd and scandalous about it.

'*Lost in Cognition* offers a complete and utter reversal: rather than it being science that gives an account of spoken languages, it is spoken language that allows for the emergence of science. This book shows that the unease generated by the discovery of the unconscious is such that, since the start of the twentieth century, memory has continued to obsess researchers. Likewise, the perspective of "localisation" has been driving the brain scientists. Éric Laurent clearly affirms that the unconscious cannot be localised, and that there is nothing to be expected from these attempts to confirm psychoanalysis through neuroscience.'

– **Dr Guy Briole**, professor of psychiatry at Val-de-Grâce Hospital, Paris

'From the confrontation between psychoanalysis, which is untranslatable, and the Babel of the so-called cognitive sciences in their translation into neuroscience, Éric Laurent extracts the subject, the central theme of this book. This is an excellent way to bring the subject, which is precisely what is lost in this translation, before us.'

– **Miquel Bassols**, President of the World Association of Psychoanalysis

'Cognitive behaviourism seeks to reduce the human subject to a system of learning processes, turning it into an anonymous entity within uniform, impersonal categories of classification. Éric Laurent demonstrates that this model fails to grasp the complexity of human existence, positing the Freudian unconscious as an alternative that bears the singular truth of the subject, a truth that lies beyond any learning process.'

– **Avi Rybnicki**, psychoanalyst, department of psychoanalytic psychotherapy, Bar-Ilan University, Tel Aviv District

'This is the opportunity to remind ourselves just how far psychoanalysis is from both science and religion. The traditional opposition between mind and brain that is endorsed by the likes of Jean-Pierre Changeux obscures what is really at stake, above all in political terms, and it is not by chance that Éric Laurent opens the first section of his book with a dialogue with Chomsky on the question of the inscription of the subject.'

– **Nathalie Charraud**, author of *The Real in Mathematics*

**Karnac Books, September 2014, 192 pp, Demy 9781782200888/£20.99**





## Sources of Suffering Fear, Greed, Guilt, Deception, Betrayal, and Revenge

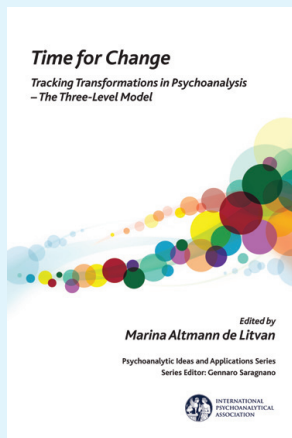
By **Salman Akhtar**, *Professor of Psychiatry at Jefferson Medical College and a training and supervising analyst at the Psychoanalytic Center of Philadelphia*

This concise and well-written book deals with six important roots of human anguish. It divides the six areas into those primarily affecting the individual and those primarily affecting others around him. Among the former are fear, greed, and guilt. Among the latter are deception, betrayal, and revenge. The book deals with each realm from descriptive, psychodynamic, sociocultural, and clinical perspectives. It provides ample literary examples and vignettes from psychotherapy and psychoanalysis. The aim is to help the readers enhance their empathy with these complex human experiences and to become more adept in helping their patients renounce or reduce their suffering.

'In this original and comprehensive analysis of six basic human emotions, Salman Akhtar has achieved a unique integration of the phenomenological, sociocultural, and psychopathological aspects of these sources of human suffering. Fear, greed, guilt, deception, betrayal, and revenge are clarified as essential human challenges, and the psychoanalyst's struggle in unmasking and resolving their destructive aims is masterfully illustrated with clinical case material. An extensive and carefully selected bibliography complements what might become an essential text for the experienced clinician as well as a wonderful overview for the entire spectrum of psychodynamic psychotherapists.'

– **Otto Kernberg**, New York

**Karnac Books, June 2014, 208 pp, Demy 9781782200697/£22.99**

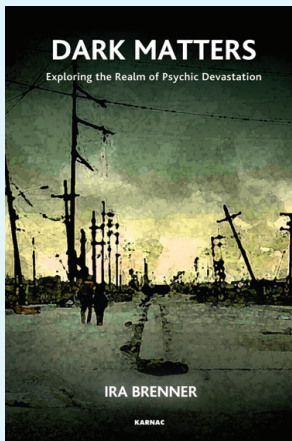


## Time for Change Tracking Transformations in Psychoanalysis—The Three-Level Model *The International Psychoanalytical Association Psychoanalytic Ideas and Applications Series* Edited by **Marina Altmann de Litvan**, *a child and adolescent psychoanalyst, a full member and training analyst of the Uruguayan Psychoanalytic Association, and a member of the Clinical Research Subcommittee of the IPA*

This book focuses on the question of how to observe changes in psychoanalysis. It presents the model and the outcome of having worked with the 3-LM tool, which has been applied to adult patients, adolescents and children, as well as in analytic training.

The 3-LM goes from clinic to theory, from implicit to explicit theory, from unquestioned hypotheses to reviewed hypotheses enriched by the work on the clinical material after its discussion by several participants with different perspectives. Firstly, the 3-LM seeks to make a careful characterization of the patient and his/her problems and capacities when (s)he enters analysis. Then, it observes later moments of his/her treatment and the positive or negative changes that have occurred during treatment, what has not changed, the relevance of changes, and how changes are explained. Reports are elaborated in each group which state the convergences and divergences that emerged during the group discussion. Approximately 700 analysts from different parts of the world have participated in these clinical observation groups. They have found that this tool has proved useful and friendly for analysts, for it rescues and re-values the richness of the clinical experience between analyst and patient.

**Karnac Books, September 2014, 400 pp, Demy 9781782201816/£30.99**



## Dark Matters

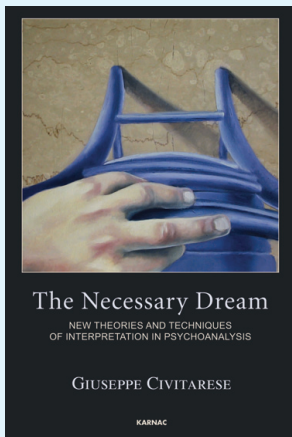
### Exploring the Realm of Psychic Devastation

By **Ira Brenner**, *Clinical Professor of Psychiatry at Jefferson Medical College in Philadelphia and Training and Supervising Analyst at the Psychoanalytic Center of Philadelphia, where is he also Director Emeritus of the Adult Psychotherapy Training Program. He has developed a special interest in the area of psychological trauma*

This book takes a deeper look into the darker side of the human condition by examining the psyches of those who have been victims or survivors of heinous acts perpetrated by others. From the 'personal Holocaust' of sexual abuse in the family, to the genocidal persecution during 'the' Holocaust, and from the shared national horror of September 11 to the Palestinian/Israeli situation, a special model of the traumatized mind is evolved to further our understanding of such 'dark matters'.

The traditional models of the mind fall short when dealing with extraordinary people under ordinary conditions as well as with ordinary people under extraordinary conditions. This metapsychology is organized around the defensive operations of repression or splitting. In the model proposed here, defensive altered states of consciousness, or dissociation seems more helpful. A historical perspective is offered, from Freud and Breuer, with their *Studies on Hysteria*, to current thinking about dissociative disorders. A developmental line of dissociation is also explored. Extensive case material is presented to illustrate the theoretical as well as technical challenges of working with the lapses of memory, unbearable affects, and countertransference demands upon the clinician.

**Karnac Books, September 2014, 288 pp, Demy 9781780491639/£24.99**



## The Necessary Dream

### New Theories and Techniques of Interpretation in Psychoanalysis

By **Giuseppe Civitarese**, *psychiatrist and training and supervising analyst of the Italian Psychoanalytic Society (SPI) and a member of the of the American Psychoanalytic Association*

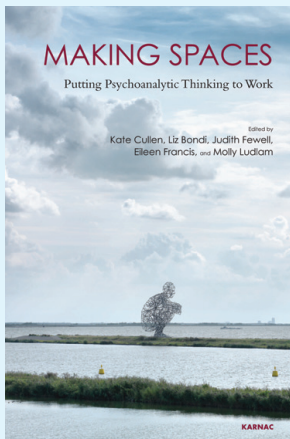
After a hundred years of psychoanalysis, what has the psychoanalytic interpretation of dreams now become? Are what Simic calls 'the films of our lives' still the royal road to the unconscious or do we now have a different concept both of dreams and of the unconscious? What is the meaning of dreams in the analytic dialogue? Do they still have a key role to play in clinical practice or not? These are just some of the questions that

this book seeks to answer.

Nowadays psychoanalysts and psychotherapists do not work so much on dreams as with dreams, preferring to emphasise their function of transformation and symbolic creation, rather than decipher their obscure messages. Dreaming is the way in which we give personal meaning to experience and expand our unconscious. As such, it is a necessary activity which, as Bion says, takes place both in sleep and in waking. But the space of the dream is an inaccessible sanctuary, which can make this task quite frustrating. For this reason the author weaves the dream discourse with that of cinema – according to a famous definition, a 'dream factory' – and cites a number of films to evoke the magic of their images. In this way he explores a new way of approaching the vibrant, exciting, intriguing or distressing material of dreams.

**Karnac Books, October 2014, 240 pp, Demy 9781782200659/£24.99**



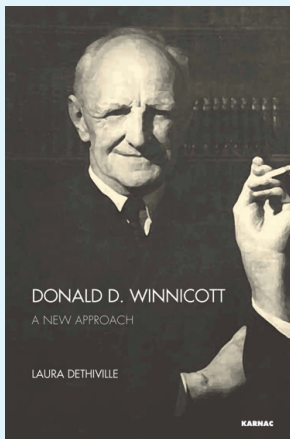


## Making Spaces Putting Psychoanalytic Thinking to Work

*Edited by* **Kate Cullen**, a psychoanalytic psychotherapist in private practice, **Liz Bondi**, a COSCA-accredited counsellor who maintains a small practice in the voluntary sector, **Judith Fewell**, a psychoanalytic psychotherapist in private practice in Edinburgh, **Eileen Francis**, who worked as a speech and language therapist in health and education settings before becoming a lecturer in the Speech Unit at Moray House Institute of Education, Edinburgh and **Molly Ludlam**, psychoanalytic psychotherapist with couples, individuals, and parents in private practice

This book argues for the value and application of psychoanalytic thinking beyond, as well as within, the consulting room. Inspired by a Scottish psychoanalytic tradition that owes much to W. R. D. Fairbairn and J. D. Sutherland, the Scottish Institute of Human Relations has provided a valuable reference point for the work described in the book. It illustrates how the coming together of human beings into a shared space fosters opportunities to create loving, collaborative relationships in which to work and from which to grow. The book's first section explores how psychoanalytic thinking developed in Scotland, while the second section focuses on work with children, families and couples, showing how psychoanalytic perspectives can be used to strengthen capacities for loving relationships. The chapters in section three show how psychoanalysis can be applied in such varied settings as psycho-social research, education, institutional development and organisational consultancy. The fourth section pursues this theme further, considering the potential of psychoanalytic concepts to enhance work in religious ministry, in medical and psychiatric services, and in understanding the processes of ageing. The book shows how psychoanalytic thinking can be put to work in a variety of professional contexts to create spaces in which we learn to love, work and grow.

**Karnac Books, July 2014, 320 pp, Demy 9781780491653/£24.99**



## Donald W. Winnicott A New Approach

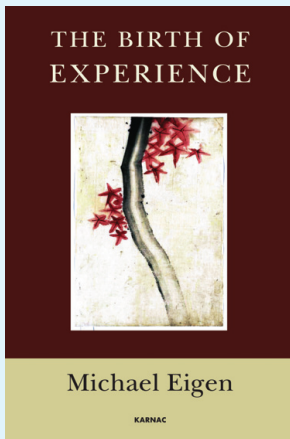
*By* **Laura Dethville**, psychoanalyst and a full member and vice-president of the Société de Psychanalyse Freudienne who has been running a seminar on Winnicott for over fifteen years

Winnicott was continually innovating, inventing, and proposing unexpected solutions in his analytical work whenever he noticed that clinical experience 'didn't stick to the theory'. This approach can make his work seem rather diffuse, with concepts that are sometimes confusing and needing to be clarified. Laura Dethville has taken on the task of re-evaluating and explaining the principal rudiments of his theories, such as the transitional object, the self, the false self, the importance of environment, and

dissociation. She also reveals how Winnicott showed himself to be a forerunner in the care of symptomatic illness in our society, including his innovative treatment of loss of identity, anorexia or bulimia, delinquency, psychosomatic illness, and school disorders.

In this book the author has succeeded in avoiding psychoanalytic jargon and, although initially aimed at psychoanalysts, it is also accessible for educators, child carers, paediatricians, and to all those interested in early childhood, the constitution of the psyche, and the constitution of the interpersonal link. It is also of course aimed at new parents, who will find in the book pointers on how to communicate with their newborn baby.

**Karnac Books, October 2014, 160 pp, Demy 9781782201656/£21.99**



## The Birth of Experience

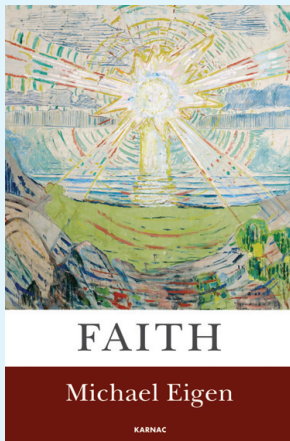
By **Michael Eigen**, *psychologist and psychoanalyst*. He is also Associate Clinical Professor of Psychology in the Postdoctoral Program in Psychotherapy and Psychoanalysis at New York University, and a Senior Member of the National Psychological Association for Psychoanalysis

The birth of experience goes on all life long. Giving birth to oneself involves many processes. The first chapter of this book expands on Eigen's final talk on 'Psychoanalysis and Kabbalah' for the New York University Postdoctoral Contemplative Studies Project, and focuses in particular on an intertwining of beauty and destruction. Beauty is the heart of the Kabbalistic Tree of Life, intricately linked both to other capacities and to catastrophic devastation. Interestingly, Bion also links

faith and catastrophe, and writes of psychoanalytic 'beauty', thereby creating a rich dance of psychoanalysis with Kabbalah. Winnicott adds his own special touch, associating the fate of a vital spark with trauma as the personality begins to form, and with the work of spontaneous recovery that is a profound part both of living and of therapy sessions.

The second part of the book is new and focuses on birth processes at different ages and situations, exploring in detail how psychoanalysis interweaves with themes from life, clinical work, and Kabbalah. Failed birth processes are part of living but so is the need to 'midwife' existence. Eigen suggests that there may be some kind of 'organ' that permeates, scans, and tastes shifting centers of experience, taking note of their fate and partnering their development – a kind of inner tuning sense in search of cultivation, spanning what we call conscious and unconscious life, mind and body, and testing the weather for favorable birth conditions. Often we do not know exactly what is happening or how, but sense something germinating. Domains open that are not confineable or restricted by the tools at hand – which is perhaps one reason why analysts are called toolmakers, as experience and the tools used to understand it become part of further birth processes. In this way, Eigen shows how the intimate fusion of psychological and spiritual currents generate new tastes of living.

**Karnac Books, July 2014, 160 pp, Demy 9781782201533/£20.99**



## Faith

By **Michael Eigen**, *psychologist and psychoanalyst*. He is also Associate Clinical Professor of Psychology in the Postdoctoral Program in Psychotherapy and Psychoanalysis at New York University, and a Senior Member of the National Psychological Association for Psychoanalysis

This book explores psychoanalytic faith and, more generally, the role of faith in the therapeutic process. In his earlier work, Eigen distinguished faith from beliefs used to organize it, the latter at once bringing people together and creating violent oppositions – belief as a defense against faith. In this new work, Eigen dives into faith experience itself and shares what he finds.

Faith spans many dimensions. The opening chapters focus on variations of faith, beginning with nature, sleep, beauty, goodness, the opening-closing of the human face, and the paradox of the growth of faith through pain and shattering. Accounts of faith in the author's life lead to creative readings of Winnicott followed by meditations on evil. A chapter is devoted to teaching and learning Bion, who called faith the psychoanalytic attitude (or called the psychoanalytic attitude Faith). Another chapter discusses variants of everyday mystical participation and a climactic moment in the Zohar, a principal part of the Kabbalah. The book ends with interviews involving the author's development as a psychotherapist-psychoanalyst, his views on mental health and society today, followed by a note on faith-work.

**Karnac Books, September 2014, 160 pp, Demy 9781782201540/£18.99**



What Shakespeare Teaches Us About Psychoanalysis

A LOCAL HABITATION AND A NAME



DOROTHY T. GRUNES AND JEROME M. GRUNES

KARNAC

## What Shakespeare Teaches Us About Psychoanalysis

### A Local Habitation and a Name

By **Dorothy T. Grunes**, a faculty member at the Chicago Institute for Psychoanalysis, and a guest member of the British Psychoanalytic Association and **Jerome M. Grunes**, a pioneer in the field of gerontology and using psychoanalysis in the treatment of older adults

Using Shakespeare's work to expand our understanding of what it is to be human, this book of applied psychoanalysis furthers the study of Shakespeare, literary theory, dramatic arts, and psychoanalytic theory.

It is also accessible to readers, theatre-goers and those who have an interest in the human condition. With intellectual rigour, and close textual analysis, it values the insights of many creative writers such as T. S. Eliot, James Joyce, W. H. Auden, Samuel Taylor Coleridge, as well as Sigmund Freud, Heinz Kohut and D. W. Winnicott. For the clinician, this book introduces new theories in psychoanalysis based upon the text and clinical experience.

As a bringing together of both literature and psychoanalysis this book is unique in that it includes that which is available to both canons. In this way, the authors hope to encourage readers to take part in the drama and in the analytic process.

'If, like me, you have a passion for Shakespeare and his plays, then you should read this book. It is full of fascinating facts and information. The writers have a true understanding of "The Bard".'

– **Dame Judi Dench**, award-winning stage, film, and television actress

**Karnac Books, July 2014, 208 pp, Demy 9781782201366/£23.99**

See also: *Hamlet in Analysis* by Meg Harris Williams on page 28

SIBLING MATTERS

A PSYCHOANALYTIC, DEVELOPMENTAL,  
AND SYSTEMIC APPROACH



EDITED BY  
DEBBIE HINDLE AND SUSAN SHERWIN-WHITE

## Sibling Matters

### A Psychoanalytic, Developmental, and Systemic Approach

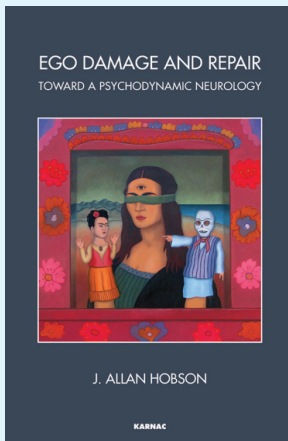
#### The Tavistock Clinic Series

Edited by **Debbie Hindle**, Consultant Child and Adolescent Psychotherapist and **Susan Sherwin-White**, Consultant Child and Adolescent Psychotherapist

This original book gives a timely exploration of the importance of sibling relationships from a multi-disciplinary perspective. It presents for the first time an account of the work on brothers and sisters by Sigmund Freud, Melanie Klein and Anna Freud, whose pioneering and vital work on sibling issues has not been systematically examined before. It also explores the important contributions to our understanding of siblings from developmental research, systemic therapy and attachment theory. Through infant observation and clinical work with children and young people, the book reveals the ways in which sibling relationships can be illuminated by these different perspectives. The book aims to stress the importance of multi-disciplinary thinking and to encourage further an interface between psychoanalytic thinking and other disciplines. It is a must for clinicians and other professionals working with children and families and of interest as well to the general reader.

**Karnac Books, May 2014, 352 pp, Demy 9781782200635/£29.99**

See also: *Siblings* edited by Katarzyna Skrzypek et al on page 8



## Ego Damage and Repair Toward a Psychodynamic Neurology

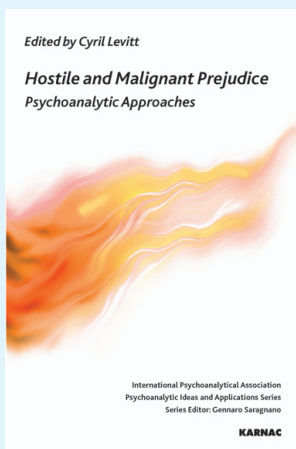
By **J. Allan Hobson**, *Professor of Psychiatry Emeritus at Harvard Medical School, Boston, Massachusetts. His major research interests are the neurophysiological basis of the mind and behaviour; sleep and dreaming; and the history of neurology and psychiatry*

As a psychiatric trainee at Harvard in the early 1960s, Dr Allan Hobson was taught commitment to psychoanalytic theory that was already suspect and is now almost entirely obsolete. Via a series of clinical case reports, the author first apologizes for the arrogant ignorance that he adopted from his teachers and then replaces Freudian doctrine with a sci-

entific alternative called Psychodynamic Neurology. The new approach is solidly grounded in sleep and dream science and restores hypnosis to its rightful place in the therapeutic armamentarium.

A central precept of *Ego Damage and Repair* is that the self and its subjective experience (including symptoms) are natural accompaniments of spontaneous and prenatal brain activation that persists throughout life as REM sleep dreaming. Far from being the nonsense theory that psychoanalytic opponents mock, Psychodynamic Neurology views the unconscious as a hyper-meaningful set of predictions about the world that constitutes a virtual reality model which is continuously updated by personal experience. To showcase the changes in psychotherapeutic practice that are recommended, the self treatment of Dr Glen Just is described in detail. The book is designed to appeal to all who are dedicated to improving the quality of human life, including their own.

**Karnac Books, September 2014, 224 pp, Demy 9781782201700/£24.99**



## Hostile and Malignant Prejudice Psychoanalytic Approaches

*The International Psychoanalytical Association  
Psychoanalytic Ideas and Applications Series*

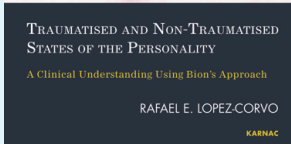
*Edited by Cyril Levitt, Director of the Lawrence Krader Research Project at McMaster University and a psychoanalyst in private practice*

This book represents the leading edge of work in the field by members of the International Psychoanalytical Association's Committee on Prejudice (Including Anti-Semitism), psychoanalysts who hail from

Belgium, Brazil, Canada, Germany, Peru, Sweden, the United States, and Uruguay. It pursues the issues surrounding hostile and malignant prejudice as defined in the first chapter by Henri Parens, whose path-breaking work over four generations with children and their mothers uncovered the sources of aggression and prejudice on a scale from jocular slurs to murderous genocide. One chapter examines the effects of Latin America's colonial past on the psychic development of a 'mixed race' young man whose analysis implicates a major racial and social divide in the heart of his society. In another chapter we learn of the identity conflicts of children who were separated from their parents during the Holocaust and hidden or 'hidden in plain sight' by adopting a Christian persona. Other chapters examine the philosophical implications of the psychoanalytic approaches to hostile and malignant prejudice in human history, and the application of psychoanalysis to international relations. The various chapters and approaches of the book take psychoanalysis to the borderline areas of anthropology, philosophy, politics, and sociology to illuminate and offer ways to understand and treat in a practical way one of the greatest scourges in human history.

**Karnac Books, October 2014, 240 pp, Demy 9781782201113/£24.99**





## Traumatised and Non-Traumatised States of the Personality

### A Clinical Understanding Using Bion's Approach

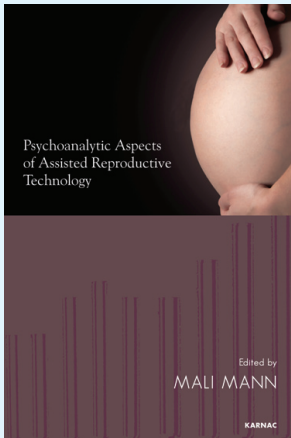
By **Rafael E. Lopez-Corvo**, training and supervising psychoanalyst of the Venezuelan and Canadian Psychoanalytic Societies

This book offers an original conception of trauma and of the working mind that has not been previously presented. It is mostly based on essentials taken from Bion's contributions.

All human beings are fatalistically marked by the presence and eventual disappearance of primary part-objects. Many of these 'presence-absences' are temporary events, but others will overcome Freud's 'protective shield' and become permanent, amounting to an enduring distress or 'pre-conceptual trauma'. Like the Mad Hatter's teatime in *Alice's Adventures in Wonderland*, pre-conceptual traumas become an eternal 'now' that are continuously projected everywhere. They structure the specific idiosyncrasy of every human and split the mind in two opposite states, the traumatized and the non-traumatized.

Tentatively, the spirit and fundamental nature of the absolute ubiquity and meaning of pre-conceptual traumas could be formulated as being diachronically structured in terms of a narrative of conjoined presences of absences, ones which stand for highly toxic and emotionally organised 'parasites' that inhabit the unconscious mind from very early, and which feed on time and space, inhibit processes of symbolization, are projected everywhere, and reproduce themselves incessantly. They thereby determine not only all forms of psychopathology, but also the idiosyncrasy of every existing individual.

**Karnac Books, July 2014, 368 pp, Demy 9781782201373/£29.99**



## Psychoanalytic Aspects of Assisted Reproductive Technology

Edited by **Mali Mann**, clinical Professor, Adjunct at the Department of Psychiatry and Behavioral Sciences, Stanford University, and member of the Pegasus Physicians writing group

This book contributes in an important way to the psychoanalytic understanding and impact of Assisted Reproductive Technology on a majority of patients who have difficulties starting new families. Recent advances in reproductive technology and the increased use of techniques based upon it have created a need for psychoanalytic thinking and understanding of the psychological implications of Assisted reproductive procedures, in-vitro fertilization and other similar procedures.

The recent and rapid advances in medical technologies confront us with a mandate in our clinical work to understand their complex impact on women, men, and children. However, attention to the intra psychic conflicts and traumatic experience of the use of such techniques has not been addressed in psychoanalytic literature. The developmental trauma and intra psychic conflicts of individuals using reproductive technologies are ubiquitous, yet it has been neglected as a topic of special interest in our clinical work.

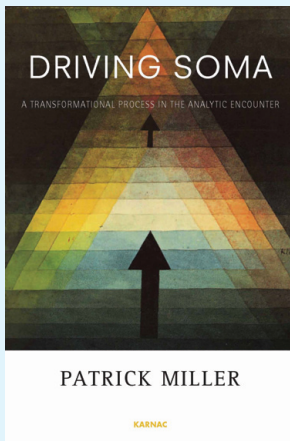
The centerpiece of these collective chapters deal with psychic trauma of infertility, the compulsion to repeat through persistent repeated use of assisted reproductive technology, anxiety about motherhood, and finally the lives of children who are born and do not know from where they came.

These poignant topics deal with family complexes and the Oedipal circle, repetition compulsion, trials and failures, anxiety related to motherhood, egg and sperm donors, parental identity formation, infertility, trauma, and discussion of a contemporary film depicting the challenging and newly defined family structure.

**Karnac Books, June 2014, 144 pp, Demy 9781780491967/£17.99**







## Driving Soma A Transformational Process in the Analytic Encounter

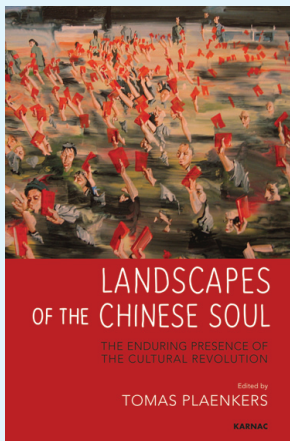
By **Patrick Miller**, *psychiatrist and psychoanalyst based in Paris as an IPA training and supervising analyst*

Plunged into the experience of an analytic session, analysand and analyst can come closer to what Freud terms the 'primary processes'. A clear-cut distinction between body and mind tends to become blurred while the bodily-egos of both protagonists are more effectively presented to each other. How deeply can they affect each other, and can the transformational working through of the drives give access to potential transformations not only within the dimension of the erogeneous body but also of the soma?

This book explores these complex issues from a number of different perspectives: the clinical approach of patients with somatic diseases; the metapsychology of the analyst at work, including different aspects and functions of formal regression; the function of figurability of certain bodily enactments; the specific use the analyst can make of his own subjectivity (relationship between subjectivity and neutrality) and how this leads to a specific way of thinking about intersubjectivity in psychoanalysis; and the way in which some works of art can enrich how we confront the body-mind-soma issue in our analytic experiences with our patients.

An attempt to erase the body from our field of investigation, not only the erogeneous body of infantile sexuality but also the body of soma, is active in every psychoanalytic culture. The author, who was trained in France, draws on Lacan and examines the way in which he progressively tried to disembodify the theory and practice of psychoanalysis. He also argues that psychoanalysts could have a mutually enriching dialogue with neuro-biologists, not denying their differences of approach, but rather stemming out of them.

**Karnac Books, September 2014, 320 pp, Demy 9781782200017/£26.99**



## Landscapes of the Chinese Soul The Enduring Presence of the Cultural Revolution

Edited by **Tomas Plaenkers**, *a member of the Sigmund Freud Institute in Frankfurt, working in private practice and as a training analyst member of the Frankfurt Psychoanalytic Institute*

In 1981 the Communist Party of China declared: "The "Cultural Revolution", which lasted from May 1966 to October 1976, was responsible for the heaviest losses suffered by the Party, the state and the people since the founding of the People's Republic". The civilizational crisis called the Great Proletarian Cultural Revolution still eludes our historical, political, and psychological understanding.

This book helps to fill the gap. It features twelve extended, psychoanalytically-oriented interviews, six with witnesses to the revolution and six more with sons and daughters. Team analysis of the transcripts is buttressed by sinological, historical, and social-psychological essays. The authors explore Chinese ways of processing the experience of violence, both individually and in collective memory, and identify psycho-traumatic consequences for witnesses and for the following generation.

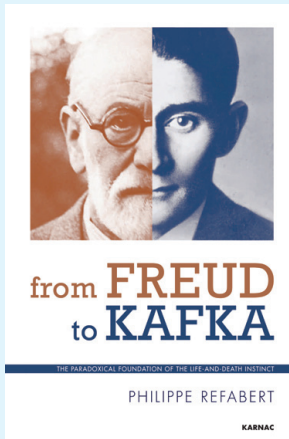
"Tomas Plaenkers is one of the very few psychoanalysts who has a deep and long relationship with the development of psychoanalytic thinking in China. This is an important and timely book that should be read both by those who have a specific interest in the development of psychoanalysis in China and also more broadly, as it provides a fascinating example of how psychoanalytic understanding can be used to investigate intergenerational trauma and its consequences for a culture in transition."

– **Dr David Bell**, training analyst, British Psychoanalytical Society

**Karnac Books, June 2014, 224 pp, Demy 9781780490939/£23.99**

See also: *Psychoanalysis in China* edited by Scharff and Varvin on page 27





## From Freud To Kafka The Paradoxical Foundation of the Life-and-Death Instinct

By **Philippe Refabert**, *psychoanalyst in private practice, who is currently leading a workshop on the theme of 'Giving Time', drawing on his clinical experience in exploring the use of light and shadow found in the works of poets*

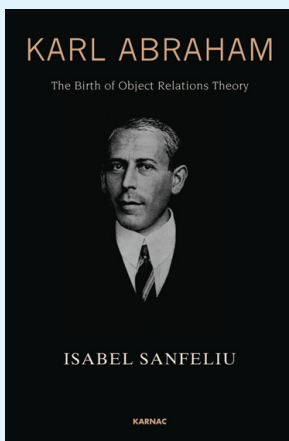
This book takes the reader on a captivating journey leading from an erroneous founding assumption inherited from Freud, to the proposal of a principle better suited to allowing the psychoanalyst to accompany the patient out of his impasse. The founding assumption of the book, already questioned by many analysts among whom Sandor Ferenczi figures as a brilliant

forerunner, was the author's starting point in re-examining the basic precepts of psychoanalysis.

Reading Kafka made the author conclude that this masterful storyteller describes borderline situations, so familiar to him, better than anyone. An avid reader of Freud, Kafka suggests that the human capacity to bear a paradoxical position between life and death is not given to the child naturally, at birth. Kafka seems to say that giving life is easy, but that giving it the necessary support in the form of the trace of death is more problematic. Moreover, when the child is deprived of this trace, he faces the void and, in a panic, must use emergency measures to construct a substitute for the necessary trace of death; and he can only do so by sacrificing his sexuality, his ability to feel, his initiative or his judgment. When the conditions necessary for primal repression are not provided to the child by others, he creates them himself at great cost. What he gives himself is not life, but life-death, and he pays the price for doing so. When primal repression is destroyed – something which can happen at any age – we speak of 'soul murder'. At the very instant when it occurs, a new Subject comes into existence, a Subject who pushes back the threat of destruction. The new Subject constructs otherness out of an object or out of a part of himself, a part he sacrifices in order to recover the primal repression destroyed by the trauma.

The book will interest not only psychotherapists, psychoanalysts, philosophers and students of literature, but also a wide range of readers with a passion for the complexities of the human soul.

**Karnac Books, June 2014, 144 pp, 9781782201298/£14.99**



## Karl Abraham The Birth of Object Relations Theory

By **Isabel Sanfeliu**, *psychologist, psychoanalyst, a member of Espace Analytique (Paris) and President of SEGPA*

Together with Ferenczi, Karl Abraham was perhaps Freud's most creative and devoted disciple. In this book, after outlining the socio-cultural context of the day, Isabel Sanfeliu examines Abraham's life as a student, his family environment and his first steps as a physician and psychoanalyst.

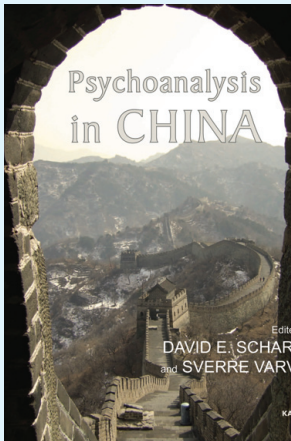
As a clinical doctor Abraham was calm and detached, and a good example of a stable and objective analyst. Despite his strong personality, his loyalty towards Freud never wavered. At the pioneering Psychoanalytic Institute which he founded and directed in Berlin, he established a series of professional standards which are still observed today. The present

book is organised around an examination of Abraham's psychoanalytic work, according to his different fields of interest, before going on to consider his rigorously conducted clinical research.

Abraham's findings regarding the positive role of aggression in the development of the baby constitutes one of his original theories, as does the establishment of boundaries with the onset of object love. Abraham was undoubtedly influenced by his experiences with psychotic and highly dysfunctional patients. Not only did he observe the discharge function of the mother, but also her structuring dimension. It is in this sense that Abraham can be regarded as the pioneer of object relations theory, much before this psychoanalytic concept was given its name.

**Karnac Books, May 2014, 368 pp, Demy 9781782200871/£29.99**





## Psychoanalysis in China

Edited by **David E. Scharff**, chair and former director of the *International Psychotherapy Institute, Washington DC* and **Sverre Varvin**, training and supervising analyst, and a past President of the *Norwegian Psychoanalytic Society*

The introduction of psychoanalysis to China over the last twenty years brings a clash between Eastern and Western philosophical backgrounds. Chinese patients, therapists and trainees struggle with assumptions inherent in an analytic attitude steeped in Western ideas of individualism that are often at odds with a Chinese Confucian ethic of respect for the family and the work group. The situation is further complicated by the rapid evolution of Chinese culture itself, emerging from years of trauma, new economics, and the one child policy of the last generation that has introduced a new Chinese brand of individualism and new

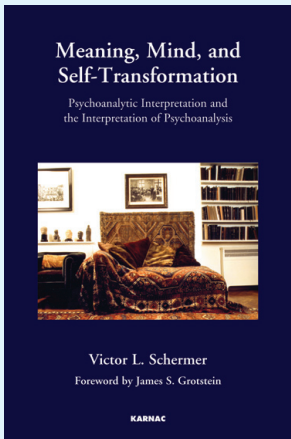
family structure that are not equivalent to those of the West. This volume breaks new ground in exploring these issues and challenges to the introduction of analytic therapies into China, from the viewpoint of Western teachers, and Chinese teachers, clinicians, anthropologists and observers.

'It is a challenge to describe how remarkable this book is. In the first place it provides a near comprehensive and inclusive review of psychoanalysis in contemporary China. Although many authors focus on particular issues, the sum of individual interests comprises a fascinating collective voice that reflects modern China. Unlike so many works by oriental and occidental writers interested in psychoanalysis, this new work does not promote an occidental agenda. The editors are to be congratulated for their remarkable skill in facilitating chapters that integrate oriental and occidental thinking. In that respect, this is a book that should become required reading for psychoanalysts in the East and the West for generations to come.'

– **Christopher Bollas**, author and psychoanalyst

**Karnac Books, September 2014, 352 pp, Crown Quarto 9781780490830/£39.99**

See also: *Landscapes of the Chinese Soul* edited by **Tomas Plaenkers** on page 25



## Meaning, Mind, and Self-Transformation

### Psychoanalytic Interpretation and the Interpretation of Psychoanalysis

By **Victor L. Schermer**, psychoanalytic psychotherapist in Philadelphia, PA, in the practice of individual, group, and family psychotherapy

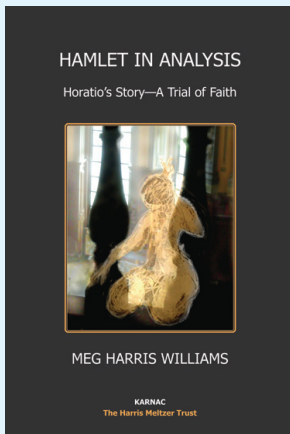
Interpretation is the primary intervention of psychoanalysis. Until now it has been discussed almost exclusively from a technical standpoint, rather than its relationship to the mind, human life, and how it affects the personality. This book explores the intrinsic nature of interpretation

in psychoanalysis. For that purpose, two streams of thought are brought into dialogue with one another: Anglo-American psychoanalysis and Continental European philosophical hermeneutics, the study of meaning and interpretation.

This book celebrates and makes explicit the value of interchanges between the paradigm of science and philosophical hermeneutics. It is divided into three sections, preceded by a discussion of the relationship between psychoanalysis, hermeneutics, and the sciences, with psychoanalysis at a crossroads seeking a new path. Part I starts with a consideration of Freud's methodology in *The Interpretation of Dreams*, moving to a review of ancient, romantic, and modern theories of interpretation as they relate to psychoanalysis. Part II, largely intended for clinicians, provides a hermeneutical view of the psychoanalytic situation, Part III, which may be read as a series of independent essays, offers reflections on selected Anglo-American schools of psychoanalysis from the standpoint of philosophical hermeneutics. Included are examinations of the work of Melanie Klein, Donald Winnicott, and W. R. Bion, as well as explorations of relational psychoanalysis, intersubjectivity, and neuroscience.

**Karnac Books, June 2014, 336 pp, Demy 9781780491127/£26.99**





## Hamlet in Analysis

### Horatio's Story—A Trial of Faith

*The Harris Meltzer Trust Series*

By **Meg Harris Williams**, writer and artist, studied English at the Universities of Cambridge and Oxford and art at the Accademia di Belle Arti in Florence, and has had a lifelong psychoanalytic education

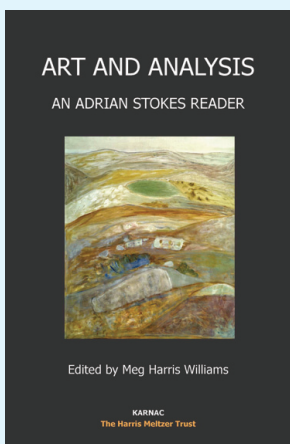
“Bravo! Bravo!” I felt like saying after finishing this wonderful performance, an amazing tour de force in which we are led through a modern-day Hamlet’s psychoanalysis (Kleinian via Meltzer with Bion part of the

brew) with Horatio as the psychoanalyst. What is at stake is further birth and growth of psychoanalysis, creativity, and personality, marked by necessary failure, which, at times, fuels glimpses of more possibilities. Meg Harris Williams draws on rich cultural associations as she shines her light on aesthetic dimensions of psychoanalysis and psychoanalytic dimensions in the heart of art. A book that not only crosses disciplines but also alchemically mixes them and brings us closer to our own experience.’

– **Michael Eigen**, PhD, author, *Contact with the Depths* and *The Birth of Experience*

**Harris Meltzer Trust, June 2014, 224 pp, Demy 9781782201151/£23.99**

See also: *What Shakespeare Teaches Us About Psychoanalysis* by Dorothy T. Grunes and Jerome M. Grunes on page 22



## Art and Analysis

### An Adrian Stokes Reader

*The Harris Meltzer Trust Series*

Edited by **Meg Harris Williams**, writer and artist, studied English at the Universities of Cambridge and Oxford and art at the Accademia di Belle Arti in Florence, and has had a lifelong psychoanalytic education

This edition is an introductory selection from the writings of Adrian Stokes (1902–1972), the Kleinian aesthete who created a unique vision of the relation between psychoanalysis, art, and aesthetic experience in general. His approach was founded initially on his travels in Italy which then acquired a more formal theoretical foundation during his analysis with Melanie Klein. Stokes was a close friend of leading figures in both psychoanalytic and artistic-literary circles, including Richard Wollheim who organised a previous edition of extracts, *The Image in Form*. The present edition concentrates specifically on the writing that demonstrates the parallels between art and psychoanalysis.

‘Adrian Stokes built a bridge between art and psychoanalysis that will stand for generations ... When he embraced psychoanalysis, and the developments of Melanie Klein’s thinking, in particular, he did so because the theories seemed to him to throw an unparalleled light on the phenomenology of art as what Wittgenstein has called “a form of life” ... He sought the mysterious powers of art in its basic references to bodily experience and object relations, to visual configurations, tactile sensations, to the geography of life space, and to the haunting quality of repetition of patterns, the “incantatory” element, as he called it.’

– **Donald Meltzer**, psychoanalyst

**Harris Meltzer Trust, September 2014, 208 pp, Demy 9781782201182/£22.99**





## Attachment

### New Directions in Psychotherapy and Relational Psychoanalysis

*Edited by* **Kate White**

A leading journal for clinicians working relationally with their clients; it is a professional journal, not an academic journal, featuring cultural articles, politics, reviews and poetry relevant to attachment and relational issues; an inclusive journal welcoming contributions from clinicians of all orientations seeking to make a contribution to attachment approaches to clinical work.

**Standard subscription rate: £45.00**

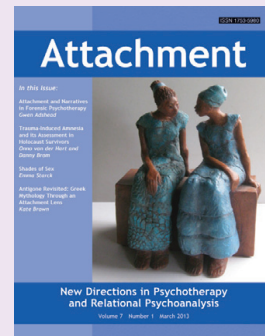
**Institute subscription rate - Online: £150.00**

**Institute subscription rate - Print: £175.00**

**Institute subscription rate - Online & Print: £200.00**

**Concession subscription rate: £35.00**

**Karnac Books, three issues per annum, Pb ISSN 1753-5980**



## Couple and Family Psychoanalysis

*Edited by* **Molly Ludlum**

Aims to promote the theory and practice of working with couple and family relationships from a psychoanalytic perspective. It seeks to provide a forum for disseminating current ideas and research, and for developing clinical practice.

Sponsored by the British Society of Couple Psychotherapists and Counsellors, the Professional Association of the Tavistock Centre for Couple Relationships.

**Standard subscription rate: £40.00**

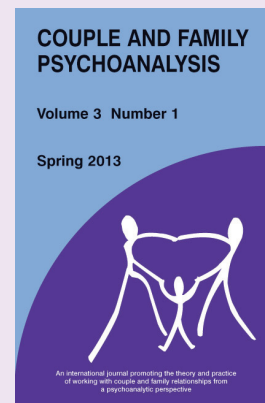
**Institute subscription rate - Online: £150.00**

**Institute subscription rate - Print: £175.00**

**Institute subscription rate - Online & Print: £200.00**

**Concession subscription rate: £25.00**

**Karnac Books, two issues per annum, Pb ISSN 2044-4133**



## Neuro-Disability and Psychotherapy

### A Forum for the Practice and Development of Psychological Therapies for Neurological Conditions

*Edited by* **Giles Yeates and Gavin Farrell**

This journal aims to publish articles reporting on psychological therapies of differing orientations, with developmental, acquired and progressive neurological conditions. Innovations and adaptations to existing psychotherapy practice in response to neuro-disability are particularly welcome.

**Standard subscription rate: £45.00**

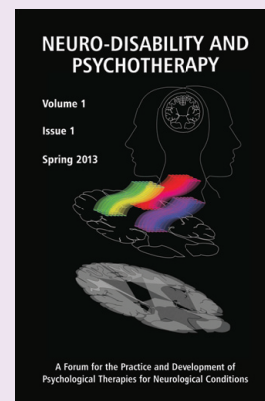
**Institute subscription rate - Online: £150.00**

**Institute subscription rate - Print: £175.00**

**Institute subscription rate - Online & Print: £200.00**

**Concession subscription rate: £35.00**

**Karnac Books, two issues per annum, Pb ISSN 2052-1782**



## Organisational and Social Dynamics

### An International Journal for the Integration of Psychoanalytic, Systemic and Group Relations Perspectives

*Edited by* **Anne-Marie Cummins and Michael Moskowitz**

The aim of the International Journal *Organisational & Social Dynamics* is to contribute to the development of a deeper understanding of Organisational and social processes and their effect on the individual. It provides an innovative forum in which writers from psychoanalytic and systemic perspectives can address emerging issues in societies and their institutions. Papers range from case studies, features and reviews of contemporary social and political events, to personal polemics or reflections.

**Standard subscription rate: £40.00**

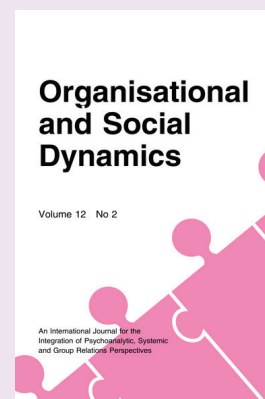
**Institute subscription rate - Online: £150.00**

**Institute subscription rate - Print: £175.00**

**Institute subscription rate - Online & Print: £200.00**

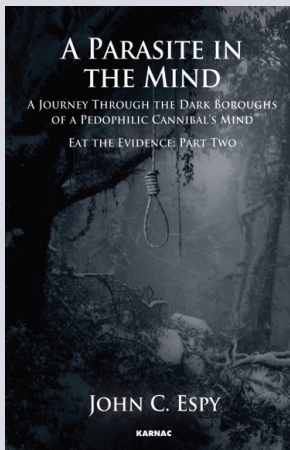
**Concession subscription rate: £25.00**

**Karnac Books, two issues per annum, Pb ISSN 1474-2780**



JOURNALS





## A Parasite in the Mind **TRUE CRIME**

A Journey Through The Dark Boroughs Of A Pedophilic Cannibal's Mind, Eat the Evidence: Part Two

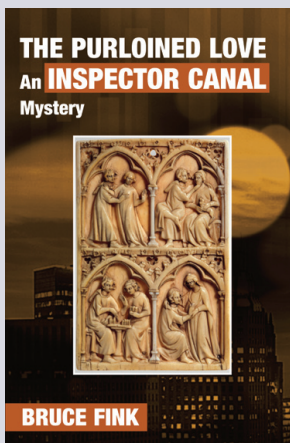
*The Karnac Library*

By **John C. Espy**, who has been practicing psychotherapy and psychoanalysis for the past thirty-five years. His current practice primarily focuses on clinical and forensic consultation and long term treatment

*A Parasite in the Mind* is the second volume in the acclaimed *Eat the Evidence* trilogy by John C. Espy, which follows the story of a violent serial pedophile and murderer, Nathaneal Bar Jonah, from birth to death on a torrent of pedophilic and homicidal mayhem. It does not attempt to take the reader inside the mind of a serial killer, rather it attempts to take the serial perpetrator into the psyche of the reader. This allows the reader to experience a portion of the psychic primitiveness that a serial perpetrator uses to ensnare his victims. The books were compiled from hundreds of hours of interviews and more than a hundred thousand pages of court documents.

Karnac Books, September 2014, 220 pp, B Format 9781782200925/£9.99

KARNAC LIBRARY



## The Purloined Love **THRILLER!**

An Inspector Canal Mystery

*The Karnac Library*

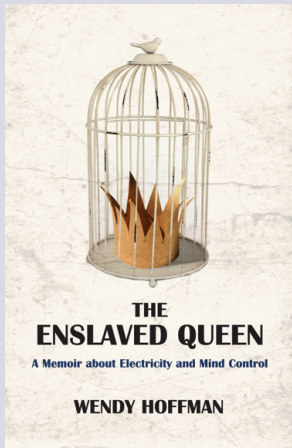
By **Bruce Fink**, a practising Lacanian psychoanalyst and analytic supervisor who trained in France with the psychoanalytic institute that Jacques Lacan created shortly before his death, the *École de la Cause Freudienne* in Paris

The inimitable Inspector Canal grapples with love in its myriad forms – newfound love, impossible love, and even medieval love – in the latest mystery by Bruce Fink. Enchantment and romance are at the crux of this tale of discovery, delight, and passion. From New York (with love?) to Paris and the south of France, Canal – loosely based on the brilliant and inscrutable Frenchman Jacques Lacan – attempts to shed light on thousand-year-old as well as modern crimes of the heart.

In this story, where promise more often than not veils envy and inconstancy, the backdrop is Puilaurens, the legendary Cathar Castle perched atop a precipice in the Pyrenees. One misadventure after another occurs to two modern-day lovers as people and objects alike are shunted about, hidden in plain view, mesmerized, and pilfered right and left – in repetitions reminiscent of those in Edgar Allan Poe's celebrated story, 'The Purloined Letter.' Using methods of his own devising, the intrepid inspector strives to untangle the threads of love's labors.

Karnac Books, September 2014, 256 pp, B Format 9781782200857/£9.99





## The Enslaved Queen

### A Memoir about Electricity and Mind Control

**TRUE STORY**

*The Karnac Library*

By **Wendy Hoffman**, a survivor of criminal abuse who has been a psychotherapist for over two decades working in general practice and the field of recovering dissociated memories

Written by a survivor of mind control and ritual abuse who is also a therapist, this memoir exposes the existence and practices of organized criminal groups who abuse children, helps survivors of those abuses, and provides important information for professionals about the dissociative brain. The author's poetic prose contrasts with the horror of the subject matter.

The adult journeys back to give voice to infant and child parts of her, describing her handlers' early interventions to destroy bonding and create dissociation, the foundation of reverse-Kabbalah suicide and pathway programming, and the installation of mind control. Scenes from ordinary life are interspersed throughout the memoir. Nazi post-war recruitment of American subjects during the 1940s and 50s (including the infamous Dr Mengele), children used for prostitution, pornography and the drug trade along with the workings of the Illuminati leadership and their international Feast of the Beast rituals are all included.

The memoir also covers attempts at recovery, experiences with cult therapists in disguise and finally the author's work with an honest, competent therapist, which led to healing and her brain melding together. The ending acknowledges spiritual experiences, the power of love, the memory process, and thoughts on living and surviving a life such as hers.

**Karnac Books, September 2014, 312 pp, B Format 9781782201489/£9.99**

See also: *Becoming Yourself* by Alison Miller on page 13



## Good Shrink/Bad Shrink

*The Karnac Library*

**THRILLER!**

By **Richard P. Kluft**, a Clinical Professor of Psychiatry at Temple University School of Medicine, who also teaches at the Philadelphia Center of Psychoanalysis. He practices psychiatry, psychoanalysis, and medical hypnosis

*Good Shrink/Bad Shrink* is a medical mystery / thriller that explores the dark but enthralling world of mind control and abusive psychiatric research.

Psychiatric resident Eve Gilchrist encounters a puzzling patient whose flashbacks suggest that the life he thought he remembered was an artefact of brainwashing. Consultant Ben Jordan, experienced with both psychoanalysis and hypnosis, discovers that the man is still being trained and monitored by the Project, a shadowy group that applies officially-condemned mind control technologies for profit in the private sector.

'Drawing on his life-long expertise in hypnotherapy, Richard Kluft cleverly fashions a clandestine misuse of hypnosis into a racy novel. A sardonic campus scenario swiftly morphs into a page-turning action-thriller, so engaging that even Tarantino might be hooked. Surely Hollywood beckons! The mind-bending conceits place *Clockwork Orange* firmly in the shade. This is a long, impossible-to-put-down read.'

– **John Gruzelier**, Emeritus Professor of Psychology, Goldsmiths, University of London

**Karnac Books, September 2014, 448 pp, B Format 9781782201755/£12.99**





# www.karnacbooks.com

[Home](#)[New Titles](#)[Forthcoming](#)[Top 10](#)[Karnac Titles](#)[Series](#)[Karnac Review](#)[Events](#)[Resources](#)[Trade](#)**book search**[click for advanced search](#)**Visit our shop**

Shop on-line with our secure e-commerce system.

**Ask Malcolm**

E-mail us questions and queries for our "resident expert" to answer.

**New Titles**

Check out the latest titles in twenty different categories.

**Journal Subscriptions**

Subscribe to all our journals .

look inside  
Karnac Titles with

Search inside books or read the first few chapters using Google Preview.

**Bargain Books**save £££s  
on great titles...

Find discounted and bargain titles as much as 60% off.



Keep up to date with the latest news and views by visiting to our new sister site

## NOTICE TO LIBRARIANS ALL TITLES AVAILABLE ON-LINE

