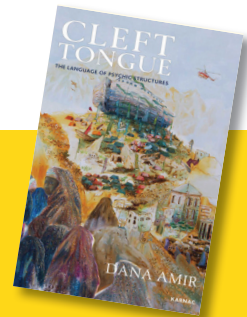
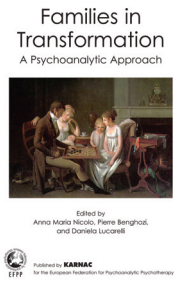
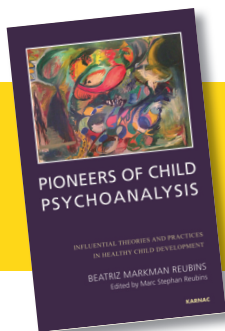


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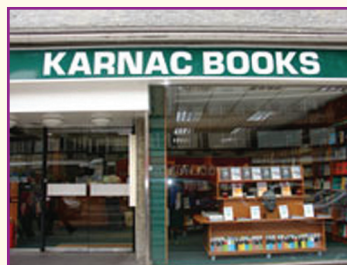
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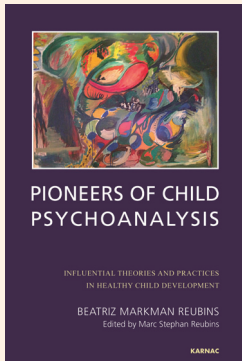
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Pioneers of Child Psychoanalysis Influential Theories and Practices in Healthy Child Development

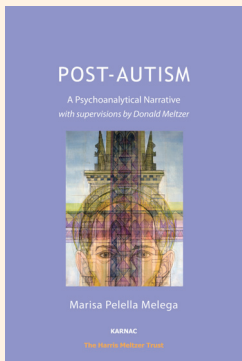
By **Beatriz Markman Reubins**, currently an Associate Attending at Long Island Jewish Hospital (North Shore University Hospital) where she teaches psychoanalysis and supervises psychiatric residents at the Zucker-Hillside Hospital

In *Pioneers of Child Psychoanalysis*, Beatriz Markman Reubins presents the lives and theories of the early innovators of psychoanalytic theory as it is applied to child development – Sigmund Freud, Anna Freud, Melanie Klein, D. W. Winnicott, Margaret Mahler and John Bowlby. The creative

thinking Markman Reubins shows lies in her unique weaving of personal history and theoretical application. This insightful elaboration of the thoughts of influential thinkers flows seamlessly from the early twentieth century to the present time.

The author's unique approach of preceding theory with the personal history of the analytic thinkers amplifies and gives texture to the unfolding of their understanding of psychological development and its analytic implications for child development. She describes difficult concepts with a balanced and thoughtful approach, which sheds light and understanding for both the student and experienced clinician.

Karnac Books, February 2014, 288 pp, Demy PB 9781780491707/£23.99



Post-Autism A Psychoanalytical Narrative, with Supervisions by Donald Meltzer *The Harris Meltzer Trust Series*

By **Marisa Pelella Melega**, a psychiatrist and psychoanalyst in private practice, and a Training Analyst and Supervisor at the Brazilian Psychoanalytic Society of São Paulo

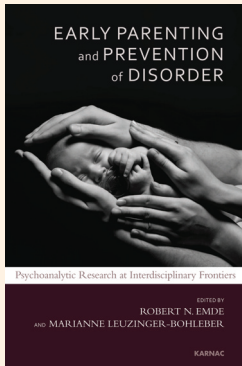
The book is of interest from several viewpoints: as a detailed record of autistic features and their manifestations in a teenage child; as an example of the potentialities of distance supervision (for communication was mainly by post, though there were some meetings); historically, as a basis

for comparison with our current understanding of the condition and the efficacy of psychoanalytic treatment; and perhaps above all, as an intimate record of the making of a psychoanalyst, by means of a particularly difficult yet highly emotionally stressful relationship with a patient.

'This book describes the journey of a therapist tirelessly struggling to maintain an intimate dialogue with a pubertal boy who presented as a case of untreated infantile autism. At each step Marisa Pelella Mélega questions the efficacy of different approaches and even her conviction about the appropriateness of a psychoanalytic approach. The therapist's desire is to make contact with the deeply human in the child, breaking through the defensive layer of hardness she runs into time and again. Donald Meltzer supports this adventure and finds in this work inspiration for innovative, interesting ideas. The reader can easily empathize and identify with the therapist in her struggle, and the book gives rise to new ideas and leads to the conviction that a psychoanalytic approach to treating patients who are within the autistic spectrum is not only possible but also highly desirable.'

– **Lucy Bermann and Dolores Cid**, Members of the Grupo Psicoanalítico de Barcelona (Psychoanalytic Group of Barcelona)

Harris Meltzer Trust, April 2014, 144 pp, Demy PB 9781780491394/£16.99



Early Parenting and Prevention of Disorder

Psychoanalytic Research at Interdisciplinary Frontiers

The Developments in Psychoanalysis Series

Edited by **Robert N. Emde**, Emeritus Professor of Psychiatry, University of Colorado School of Medicine, who currently consults at the Centers for American Indian and Native Alaskan Health at the Colorado School of Public Health; and **Marianne Leuzinger-Bohleber**, a training analyst in the German Psychoanalytical

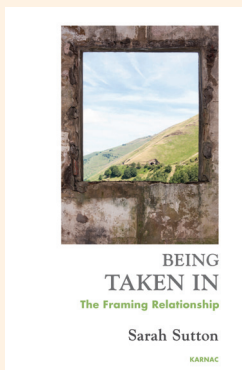
Association, former Chair of the Research Subcommittees for Conceptual Research, and a member of the Swiss Psychoanalytical Society

This book provides insight and findings from leading psychoanalysts who are involved in early prevention research and clinical work. Advances in the sciences of early development have brought a heightened awareness to the crucial importance of early experiences for health and development as well as building strong foundations for education and preventing disorder. New approaches are applied in home visitation, working with immigrant families, and those stressed by trauma, conflicts and economic disadvantage. Examples of clinical application and the implementation of promising programs in 'outreach psychoanalysis' are also provided.

'Early Parenting Research and Prevention of Disorder will become a classic of prevention science. It is a science with great promise, which has yet to deliver the kind of results that we know it has the potential to. Psychoanalytic understanding of infancy and early childhood has led the way to creating understanding of the human brain as necessarily developing in the context of important social relationships. These relationships – the ones between the child and the parent, as well as the ones between children – provide the material for the emergence of the human mind, which the brain has the potential to create. It is obvious, then, that influencing these relationships can serve either to optimise the achievement of this potential, or to undermine it in critical ways, leading to suboptimal outcomes. It is the aim of this book to orient us towards how we can work more effectively to minimise risk and maximise wellbeing, and the book succeeds wonderfully in achieving its aim.'

– **Peter Fonagy**, from the Foreword

Karnac Books, March 2014, 400 pp, Demy PB 9781782200345/£29.99



Being Taken In The Framing Relationship

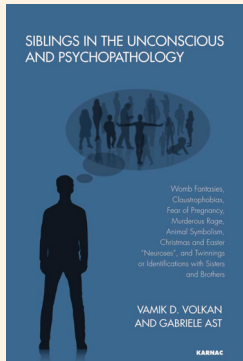
By **Sarah Sutton**, who has an independent practice as a Child and Adolescent Psychotherapist, teaches on Tavistock psychoanalytic studies and infant mental health programmes, and is a director of the Learning Studio

Why is love not enough for children whose early lives have been disturbing? What makes it so hard for such children to make the most of new relationships? How can we help children whose minds are adapted to adversity take in new experience? In the new era of brain research, neuroscience shows the way ahead.

'A unique synthesis of neuroscience, psychoanalysis, and developmental research as applied in clinical practice with disturbed children. Sarah Sutton describes the psychic damage of early trauma on a young boy and how an emotionally attuned, psychoanalytic play-based therapy can facilitate the recovery of hope, playfulness, and trust.'

– **Dr Graham Music**, Consultant Child and Adolescent Psychotherapist, Portman Clinic, London

Karnac Books, April 2014, 160 pp, Demy PB 9781782200710/£18.99



Siblings in the Unconscious and Psychopathology

Womb Fantasies, Claustrophobias, Fear of Pregnancy, Murderous Rage, Animal Symbolism, Christmas and Easter “Neuroses”, and Twinings or Identifications with Sisters and Brothers

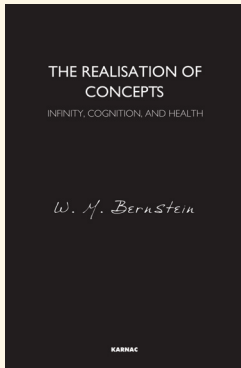
By **Vamik D. Volkan**, Emeritus Professor of Psychiatry at the University of Virginia, Charlottesville, Virginia; the Senior Erik Erikson Scholar at the Erikson Institute for Education and Research of the Austen Riggs Center, Stockbridge, Massachusetts; and Emeritus Training and Supervising Analyst at the Washington Psychoanalytic Institute, Washington, DC; and **Gabriele Ast** who is a psychoanalyst and family practice physician in private practice in Munich, Germany

This book examines adults’ identifications and internal relationships with their siblings’ mental representations. The authors believe that the best way to illustrate clinical formulations and psychoanalytic theoretical concepts is to provide detailed clinical data. The influence of childhood sibling experiences and associated unconscious fantasies, in their own right, in adults’ personality characteristics, behaviour patterns, and symptoms are presented from seventeen case reports. Clinicians who have patients with fear of pregnancy, claustrophobia, incestuous fantasies, extreme dependency on or murderous rage against siblings, guilt due to the death of a sister or brother in childhood, replacement child syndrome, history of adoption, certain types of animal phobias and related issues will find this volume most helpful. The authors have made a rare, but needed, psychoanalytic contribution that examines mental representations of sisters and brothers in our daily lives.

‘The authors of *Siblings in the Unconscious and Psychopathology* ask themselves, “How does the adult’s mental representation of a sibling evolve from that which he or she formed in childhood?” and in a groundbreaking work proceed to explore this question. Drawing on their own extensive clinical experience and that of colleagues, they have cast a penetrating light on the powerful effects siblings have on each other through the development of dynamic unconscious fantasies. It is these fantasies that epigenetically influence the formation of the adult, whether it be towards greater adaptability or towards some degree of psychopathology. Throughout, Dr Volkan and Dr Ast provide the reader with richly detailed clinical observations that are striking in their clarity and the compassion for the subjects. These patients are not mere cases, but are vibrant human beings towards whom we cannot remain indifferent. The authors demonstrate not only a profound grasp of ego psychology and object relations concepts, but they present these ideas in a straightforward and unassuming manner that makes this book a delight to read. Although psychoanalysts have always been aware of the impact of siblings on development, I believe that *Siblings in the Unconscious and Psychopathology* will, as no previous work has, bring these issues into sharper focus, in a comprehensive and accessible work. Accordingly, I enthusiastically recommend this outstanding book to all clinicians.’

– **David S. Werman**, MD, Professor Emeritus, Duke Psychiatry and Behavioral Sciences, Duke University School of Medicine, USA

Karnac Books, February 2014, 208 pp, Demy PB 9781782201618/£23.99



The Realisation of Concepts Infinity, Cognition, and Health

By **W. M. Bernstein**, a *Diplomate of the American Board of Medical Psychology*; and one of the first psychologists in the US authorized to prescribe psychotropic medicines

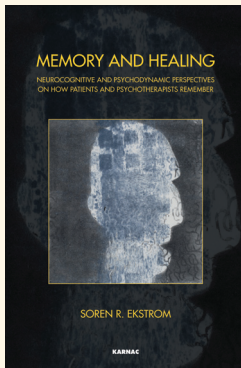
There has recently been a flurry of theoretical activity in affective neuroscience and neuropsychanalysis. This book argues that the ability to integrate biological and psychological levels of understanding is inhibited by the assumption made by most theorists that physical and mental phenomena are essentially different ('the Hard Problem') and by the ambiguity of the widely used 'Affect Concept'.

Ideas about the autonomic nervous system are integrated with those from the author's previous text *A Basic Theory of Neuropsychanalysis*.

'Dr Bernstein continues to develop his unique, timely, and important view of how subjective experiences are both causes and effects of biological processes. In this book he further elaborates how complex information and conflict at both psychological and physiological levels may find resolution in valid semantic concepts, thereby increasing mental control and advancing human evolution. *The Realisation of Concepts* provides a much-needed conceptual container to help make sense of the momentous paradigm shifts occurring in medicine and psychology.'

– **Jeffrey D. Cole**, PhD, clinical and medical psychologist, Director, Board of Directors, American Board of Medical Psychology

Karnac Books, April 2014, 250 pp, Demy PB 9781782200703/£23.99



Memory and Healing Neurocognitive and Psychodynamic Perspectives on How Patients and Psychotherapists Remember

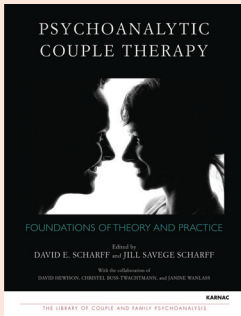
By **Soren R. Ekstrom**, a *clinical psychologist and psychoanalyst in private practice in the Boston area who for many years has been active in training future clinicians*

This book addresses the current demand to apply findings in neuroscience to a broad spectrum of psychotherapy practices. It offers clear formulations for what has long been missing in how psychotherapists present their work: research-based descriptions of specific memory func-

tions and attention to the role that synaptic plasticity and neural integration play in making lasting psychological change possible. The book provides a detailed perspective on how patients integrate into their own narratives what transpires in their treatment and how the clinician's memory guides the different phases of the process of healing.

Long-neglected in psychotherapeutic formulations, findings about memory – in particular, episodic and autobiographical memory – have a direct bearing on what happens in treatments. Whether the information is about the recent past, such as what happened between sessions, or about traumatic childhood experiences, the patient's disclosures are in the service of a more complete narrative about self. At the same time, the therapist's ways of remembering what occurs in each therapeutic relationship will guide much of the healing process for the patient. Training certain memory functions is therefore critical to how therapists perform – far more significant than procedural techniques and paradigmatic formulations.

Karnac Books, April 2014, 304 pp, Demy PB 9781782200321/£24.99



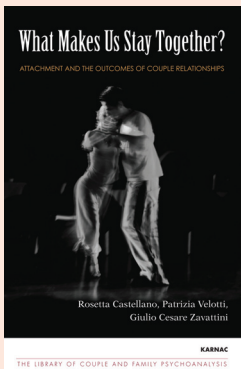
Psychoanalytic Couple Therapy Foundations of Theory and Practice

The Library of Couple and Family Psychoanalysis

Edited by **David E Scharff**, chair and former director, the International Psychotherapy Institute, Washington DC; member and chair, Work Group on Family and Couple Psychoanalysis of the International Psychoanalytical Association; and **Jill Savege Scharff**, Co-founder and Board Member of the International Psychotherapy Institute; Supervising Analyst at the International Institute for Psychoanalytic Training; Clinical Professor of Psychiatry at Georgetown University; and psychoanalyst and psychotherapist with individuals, couples and families in Chevy Chase, Maryland

In this time of vulnerable marriages and partnerships, many couples seek help for their relationships. Psychoanalytic couple therapy is a growing application of psychoanalysis for which training is not usually offered in most psychoanalytic and analytic psychotherapy programs. This book is both an advanced text for therapists and a primer for new students of couple psychoanalytic psychotherapy. This book is both an advanced text for therapists and a primer for new students of couple psychoanalytic psychotherapy. Its twenty-eight chapters cover the major ideas underlying the application of psychoanalysis to couple therapy, many clinical illustrations of cases and problems in various dimensions of the work. The international group of authors comes from the International Psychotherapy Institute based in Washington, DC, and the Tavistock Centre for Couple Relationships (TCCR) in London. The result is a richly international perspective that nonetheless has theoretical and clinical coherence because of the shared vision of the authors.

Karnac Books, February 2014, 368 pp, Crown Quarto PB 9781782200123/£39.99



What Makes Us Stay Together? Attachment and the Outcomes of Couple Relationships

The Library of Couple and Family Psychoanalysis

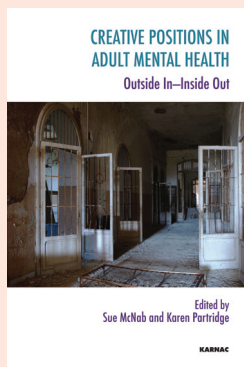
By **Rosetta Castellano**, currently in private practice in Avellino and Naples (Italy), specializing in adult psychoanalysis and mother-infant treatment, **Patrizia Velotti**, an assistant professor in the Department of Educational Sciences at University of Genoa, where she teaches Adult Psychopathology and **Giulio Cesare Zavattini**, full professor in couple assessment and clinical intervention and lecturer in psychoanalytic psychotherapy

This book underlines the role of attachment as a central motivational system in couple relationships, and focuses on the relationship between past and present experiences in determining choices, perceptions, and feelings in couple relationships.

'This is a masterful, comprehensive, wonderfully clear, and theoretically sophisticated clinical journey around couple relationships. Attachment theory is rarely made as relevant to clinical understanding as in this volume.'

– **Peter Fonagy**, Professor and Head of the Research Department of Clinical, Educational and Health Psychology, University College London

Karnac Books, February 2014, 176 pp, Demy PB 9781782200581/£22.99



Creative Positions in Adult Mental Health

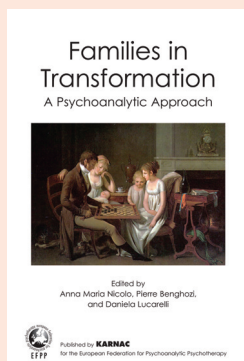
Outside In-Inside Out

The Systemic Thinking and Practice Series

Edited by **Sue McNab** who has worked as a Systemic Psychotherapist in CAMHS in London before moving to Adult Mental Health services in Oxford Health NHS Trust ten years ago; and **Karen Partridge** who is a Consultant Clinical Psychologist and Systemic Psychotherapist currently working at the Tavistock and Portman NHS Trust and in private practice

This book presents cutting edge developments in Adult Mental Health through the presentation of creative and innovative applications of systemic theory to practice. The first section deconstructs the medical model with some of the current beliefs and practices shaping services whilst placing adult mental health in a wider social and political context. The second half of the book showcases good practice from the field. At either end of the volume 'bookends' invite current clients and staff to write about their experiences with the aim of bringing a powerful personal context into the work.

Karnac Books, April 2014, 336 pp, Demy PB 9781780491929/£27.99



Families in Transformation

A Psychoanalytic Approach

The EFPP Monograph Series

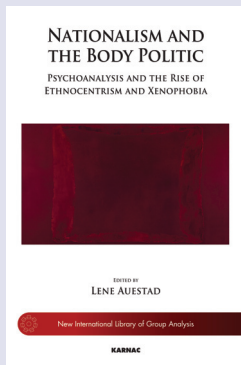
Edited by **Anna Maria Nicolo**, a member of the board of the Representatives of the International Psychoanalytical Association (IPA) and chair of the forum for adolescence of the European Psychoanalytical Federation (FEP); **Pierre Benghozi**, psychiatrist, child psychiatrist, psychoanalyst, psychoanalytical therapist for group, couple and family, training analyst and supervisor; and **Daniela Lucarelli**, psychologist, psychoanalyst, full member of the Italian Psychoanalytic Society

(SPI), and an expert in psychoanalysis with children and adolescents

Families in Transformation is a collection of essays by eminent scholars on the psychoanalysis of couples and families and provides a wide-ranging and articulated picture of the current situation in Europe. The reader will find various psychoanalytical models applied in it: from object relations theory to group analysis to the theory of links, encountering the lively and rich French, Italian, and British schools at work in different settings.

Themes range from myths to secrets, to incest and the brotherly dimension of families; from adoptive families to the conflicts over separation, in addition to papers discussing perverse and violent couples. The book shows how it is possible to put together an understanding of the individual's internal world with the interpersonal dynamics of families, their bonds and relations, expressed in somatic and active terms at the inter- and trans-generational level.

Karnac Books, April 2014, 352 pp, Demy PB 9781780491110/£26.99



Nationalism and the Body Politic Psychoanalysis and the Rise of Ethnocentrism and Xenophobia

The New International Library of Group Analysis

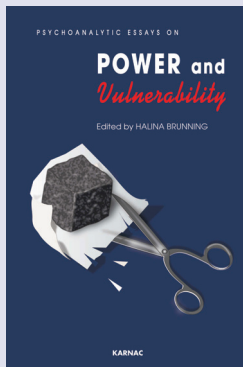
Edited by **Lene Auestad**, Research Fellow in Philosophy at the University of Oslo, and affiliated with the Centre for Studies of the Holocaust and Religious Minorities, Oslo. She moved to the UK to pursue long-standing interests in British psychoanalysis

This volume aims to question the recent revival of neo-nationalist policies in the light of what unconscious fantasies are involved in these developments. It examines both recent movements of right-wing extremism and the way in which rearticulated neo-ethnic ideas have been adopted by mainstream politicians and in mainstream public discourse. Politicians from other than the right-wing populist parties have tended to resist specific ways of talking that are considered too extremist, rather than their underlying frame of interpretation.

'This book is an eye-opener for all of us. It addresses dramatic changes in the political and socio-economic climate of our time and calls for simultaneous testing of external and psychic reality. If we fail to grasp how external reality, history, and trauma shape our experience of the world, we miss a fundamental momentum in the process of understanding and elaboration.'

– **Judit Szekacs-Weisz**, psychoanalyst and co-editor of *Sandor Ferenczi – Ernest Jones: Letters 1911–1933*

Karnac Books, January 2014, 304 pp, Demy PB 9781780491028/£24.99



Psychoanalytic Essays on Power and Vulnerability

Edited by **Halina Brunning**, Chartered Clinical Psychologist, Organizational Consultant and Executive Coach who has worked in the British and Polish National Health Services as a psychologist, therapist, manager and consultant

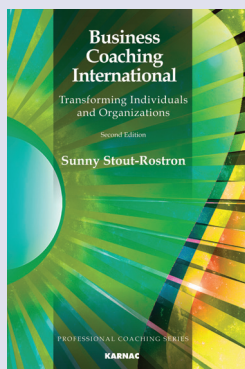
'This book is the last in a trilogy on psychoanalytic reflections exploring power and vulnerability in three related areas: Leadership and Organizations, the Political Arena, and Global Finances. The thirteen essays link psychoanalytic concepts with system psychodynamics in a powerful way by analysing and understanding how the inner world of the individual is mobilised in relation to the group, the organisation, society

and globally, from the perspective of the close interconnection between power and vulnerability. The papers in this volume describe how power and vulnerability are closely interlinked with infantile omnipotence and helplessness.

'At a time when psychoanalysis itself may be seen both as increasingly vulnerable yet residually powerful, this important book breathes new life into the social project of the discipline. We see how power and vulnerability can be fixed polar opposites, how they can swap around, how an external variant of the one may counterpose an internal variant of the other. An inspiring work, above all compassionate and humane in its attitude to the unfixability of these problems.'

– **Professor Andrew Samuels**, Professor of Analytical Psychology at the University of Essex, and author of *Politics on the Couch*

Karnac Books, December 2013, 304 pp, Demy PB 9781780490847/£24.99



Business Coaching International Transforming Individuals and Organizations: Second Edition *The Professional Coaching Series*

By **Sunny Stout-Rostron**, director of the Manthano Institute of Learning (Pty) Ltd and a founding faculty member of The Coaching Centre (TCC) in Cape Town. She is also founding chair of the Working Group on a Research Agenda for Development of the Field within the Global Convention on Coaching, research advisor to the Institute of Coaching at Harvard and Founding President of the professional association Coaches and Mentors of South Africa (COMENSA)

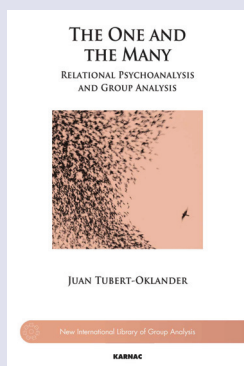
'You simply must read this book if you are serious about being a top-notch business coach. It is an excellent guide to best practices based on clear theory, experience and business wisdom.'

– **Carol Kauffman**, co-founder and Director of the Coaching and Positive Psychology Initiative at Harvard Medical School, and Co-Editor-in-Chief of *Coaching: An International Journal of Theory Research and Practice*

'This is an extraordinarily thorough book. It covers a great range of practical guidance on matters that will concern the new coach [and] addresses a wide range of approaches to coaching while remaining firmly embedded in an experiential learning tradition.'

– **David Megginson**, Professor of Human Resource Development, Sheffield Hallam University, UK

Karnac Books, March 2014, 416 pp, Demy PB 9781782200970/£34.99



The One and the Many Relational Psychoanalysis and Group Analysis

The New International Library of Group Analysis

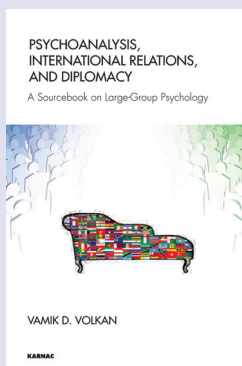
By **Juan Tubert-Oklander**, an Argentine-born Mexican psychoanalyst and group analyst. He is a member of the Mexican Psychoanalytic Association, the Argentine Psychoanalytic Association, the Group-Analytic Society International, and Training and Supervising Analyst in the Institute of the Mexican Psychoanalytic Association. He is author and contributor of numerous books, articles and book chapters

This book is a selection of papers written between 2002 and 2012 on the subject of group analysis and relational psychoanalysis. From the author's point of view, these two disciplines are really the two sides of the same coin, since both explore and use therapeutically what happens in the interphase between individual and collective ways of existence. It is divided into three parts. The first deals with the construction of a theory that articulates individual, relational, and collective mental processes; the second, with the problems of interpretation from the hermeneutic, psychoanalytic, and group-analytic points of view; the third, with the clinic and applications of relational analysis and group analysis.

'A clinically and theoretically sophisticated book that extends psychoanalysis across the individual, dyadic, social, cultural, and political realms. It draws on an international array of thinkers and practitioners and it will be used to advance the integration of the psychotherapies.'

– **Lewis Aron**, Director of the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis

Karnac Books, March 2014, 320 pp, Demy PB 9781780491660/£26.99



Psychoanalysis, International Relations, and Diplomacy

A Sourcebook on Large-Group Psychology

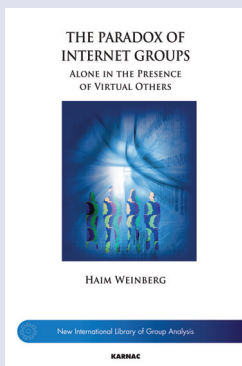
By **Vamik D. Volkan**, *Emeritus Professor of Psychiatry at the University of Virginia, Charlottesville, Virginia*

The author has three goals in writing this book. The first is to explore large-group identity such as ethnic identity, diplomacy, political propaganda, terrorism and the role of leaders in international affairs. The second goal is to describe societal and political responses to trauma at the hands of the Other, large-group mourning, and the appearance of the history of ancestors and its consequences. The third goal is to expand theories of large-group psychology in its own right and define concepts illustrating what happens when tens of thousands or millions of people share similar psychological journeys.

Vamik D. Volkan is a psychoanalyst who has been involved in unofficial diplomacy for thirty-five years. His interdisciplinary team has brought 'enemy' representatives, such as Israelis and Arabs, Russians and Estonians, Georgians and South Ossetians, together for dialogue. He has spent time in refugee camps and met many world leaders. In 2008 he initiated the International Dialogue Initiative (IDI), and is one of the IDI leaders who brings together unofficial representatives, including psychoanalysts, psychoanalytic group therapists and former diplomats, from Lebanon, Germany, Iran, Israel, Russia, Turkey, UK, and USA to discuss world affairs from different points of view and evaluate psychological issues that contaminate them.

As far-reaching developments in communication technology and modern globalization are occurring and changing human civilization, the author's work finds a crucial place for psychodynamic thinking in world affairs.

Karnac Books, April 2014, 176 pp, Demy PB 9781782201250/£17.99



The Paradox of Internet Groups

Alone in the Presence of Virtual Others

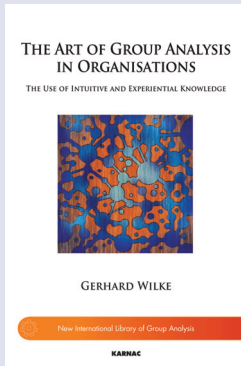
The New International Library of Group Analysis

By **Haim Weinberg**, *a psychologist, group analyst and certified group therapist in private practice. He teaches at the Wright Institute, Berkeley, and the Alliant International University Sacramento, as well as leading a group psychotherapy Doctoral Program at the professional School of psychology, Sacramento*

The new virtual era is already here. We use the internet every day, to retrieve information, to purchase merchandise, and to connect with others. But do we really understand the psychology of the internet and how it affects our lives?

In this book, Dr Haim Weinberg looks at cyberspace from a group analytic perspective, conceptualizing internet forums as large groups with the illusion of being small groups, and using his expertise as a group therapist to shed new light on internet connections. He explores issues of attachment, relationships, inter-subjectivity, and neuroscience, and shows their relevance to the virtual world. He discusses the question of intimacy and develops a new concept of E-ntimacy that better suits internet bonding. He also examines the multicultural issues found in internet forums, and the leadership qualities needed to manage these issues. Finally, he claims that there is a link which connects us through the world wide web: the internet unconscious.

Karnac Books, March 2014, 224 pp, Demy PB 9781855758933/£22.99



The Art of Group Analysis in Organisations

The Use of Intuitive and Experiential Knowledge

The New International Library of Group Analysis

By **Gerhard Wilke**, an Associate of Ashridge Business School and an independent organisational consultant. His consultancy work with client organisations is rooted in practical anthropological inquiry and in group analysis. He is a member of the Institute of Group Analysis, London; Group Analytic Society International

and a Fellow of the International Association for Group Psychotherapy

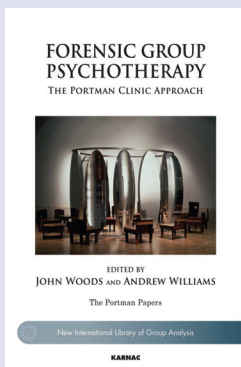
'Our NHS is in constant flux as politicians from all ends of the spectrum use it as their plaything in their belief that only they can make it work. This inspiring book helps us understand what it does to us, and through us, the patients we serve. It should be a "must-read" not only for all of us who work within the health service, but also for those policy makers who expose us to the constant turmoil of change.'

– **Dr Clare Gerada**, CEO, Royal College of General Practitioners, London

'The book explains why it is time to move beyond quantification and objectified research results as a guide to action in the real and subjective world.'

– **Professor Alfred Jacoby**, Director, Dessau Institute of Architecture, Germany

Karnac Books, April 2014, 256 pp, Demy PB 9781780491530/£23.99



Forensic Group Psychotherapy

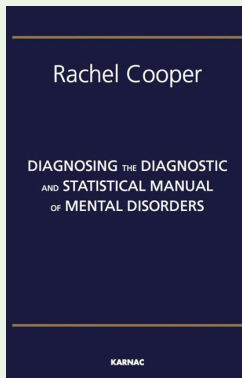
The Portman Clinic Approach

The Portman Papers Series and The New International Library of Group Analysis

Edited by **John Woods**, Member of the British Psychotherapy Foundation and the Institute of Group Analysis, a Consultant Psychotherapist at the Portman Clinic, who works with adults and children who have shown harmful sexual behaviour; and **Andrew Williams**, Consultant Psychiatrist in Forensic Psychotherapy at the Portman Clinic, previously at the Maudsley Hospital, Broadmoor Hospital and the Bracton Centre Medium Secure Unit

A comprehensive account of theoretical and practical approaches to the group treatment of patients who present with problematic sexual behaviour, criminality, and violence. The first section of the book focuses upon key aspects of group analytic theory as applied to clinical work with forensic patients and describes how to provide a setting in which treatment can proceed. This is followed by a series of chapters with a clinical emphasis, providing a rich and evocative account of the challenges of working with forensic patients in groups. The guiding principle is the need to understand and work with the victim within the perpetrator. This book is a must for any clinician working with forensic patients in groups. Though based on the work of an outpatient clinic, there are ideas and techniques that can be applied to many other settings, including prison, probation, and inpatient.

Karnac Books, March 2014, 240 pp, Demy PB 9781780490496/£23.99



Diagnosing the Diagnostic and Statistical Manual of Mental Disorders

By **Rachel Cooper**, a Senior Lecturer in Philosophy at Lancaster University, U.K. who works mainly on conceptual problems around the classification of mental disorders

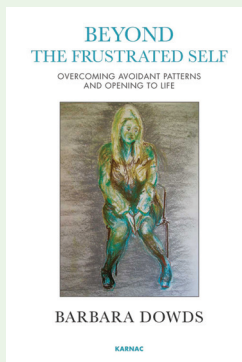
The *Diagnostic and Statistical Manual of Mental Disorders*, more commonly known as the DSM, is published by the American Psychiatric Association and aims to list and describe all mental disorders. The publication of DSM-V in 2013 brought many changes. *Diagnosing the Diagnostic and Statistical Manual of Mental Disorders* is written for all those who wonder whether the DSM-V now classifies the right people in the right way. It is aimed at patients, mental health professionals, and academics with an interest in mental health.

A number of issues are addressed in the book including the main changes that have been made to the classification, how diagnoses are added to the DSM, how the DSM is affected by financial links with the pharmaceutical industry, and how important the DSM will be in the future.

'This is a fascinating and rich exploration of the DSM-5, a text with profound theoretical and practical impact on the world of mental health. The book is written with impressive clarity, focusing on the important issues stemming from the DSM and explaining them simply, clearly, and intelligently. Using her philosophical acumen, as well as her extensive research in the history of psychiatry, Cooper has fashioned a unique book, which I am certain will become a classic in the field.'

– **Havi Carel**, University of Bristol and author

Karnac Books, May 2014, 96 pp, B Format PB 9781855758254/£13.99



Beyond the Frustrated Self Overcoming Avoidant Patterns and Opening to Life

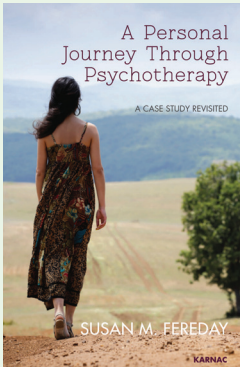
By **Barbara Dowds**, a humanistic and integrative psychotherapist in the Dublin area. She teaches on the BSc in counselling and psychotherapy and is director of the MA in integrative psychotherapy in the Personal Counselling Institute (PCI College). For seven years she was on the editorial board of the Irish psychotherapy journal, *Eisteach*. She was a senior lecturer in molecular genetics at the National University of Ireland, Maynooth, until 2002 when she changed careers and began practising as a psychotherapist

This book foregrounds the life struggles of an individual, Brenda, in such a way that argument and theoretical exploration arise organically out of experience. The 'frustration' of the title is traced to avoidant attachment – pretending not to need others. In Brenda this is associated with a body-energy pattern that is both over-charged and over-contained, generating a self-frustrating process. Such a repressive defence works against her, so that she experiences her life as dry, soulless, and uncreative. A variety of existential difficulties are traced to how such core developmental issues interact with our socio-cultural environment. A way forward is outlined: play and finding meaning are identified as transformational hubs that bring wellbeing into Brenda's life and restore her capacity for experiencing.

'Barbara Dowds' profound and readable meditation on therapeutic movement from anomie to a meaning-infused life is an integrative triumph, drawing on attachment theory, psychodynamics, body therapies, literature, neuroscience, and psychodrama.'

– **Professor Jeremy Holmes**, University of Exeter, UK

Karnac Books, March 2014, 304 pp, Demy PB 9781782200529/£26.99



A Personal Journey Through Psychotherapy A Case Study Revisited

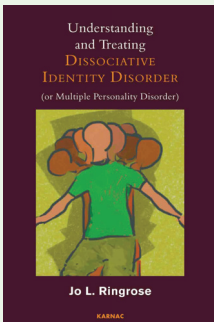
By **Susan M. Fereday**, initially worked as a laboratory technician before changing to a career in social work, and for eighteen years worked with children, young people with physical disabilities, and people with mental health issues and learning difficulties

This book is a personal account of the enduring value of an appropriate psychotherapeutic intervention, and is set within the author's lifespan to date. It is also a unique view of how it feels to be the subject of a published case study.

Following a long period of resistance to the therapeutic process, a direct channel to the author's unconscious is established via the art of the written word. It is a first person, chronological account of the psychological signposts that relentlessly point the author toward an unavoidable therapeutic encounter, one that will ultimately have the strength to contain her frightening experience of mental disturbance. The reader is afforded the opportunity to watch the story unfold, and to draw their own academic conclusions.

Some of the psychological processes are presented in 'real' time, and will help to illustrate the link between experience, theory and practice in psychotherapy.

Karnac Books, April 2014, 128 pp, Demy PB 9781780491974/£9.99



Understanding and Treating Dissociative Identity Disorder (or Multiple Personality Disorder)

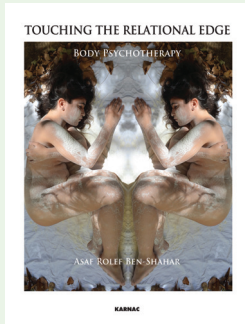
By **Jo L. Ringrose**, a UKCP registered psychotherapist and director of The Karuna Centre for Psychotherapy and Counselling, Harrogate, UK. She won an award for her research at Leeds University in 2001, has published articles, and regularly runs seminars and workshops in the field of trauma and dissociation

This book provides all of the information a practitioner needs in order to begin work with clients with Dissociative Identity Disorder (DID). Drawing on experiences from her own practice and extensive research conducted with the help of internationally acclaimed experts in the field, the author describes the development of DID and the structure of the personality of these clients. The reader is guided through the assessment process, the main phases and components of treatment, and the issues and contentions that may arise in this work. Throughout the text there are case examples, practical exercises, techniques, and strategies that can be used in therapy sessions. The resources section includes screening and assessment instruments, as well as information on techniques for managing anxiety and self harm, both of which can be major problems when working with clients with DID.

'This book ticks all my boxes. It has been written with clarity and compassion. Great care has been taken to ensure that a cross section of approaches is included. Uniquely, it is addressed to beginners in the field in such a way that clinicians and other interested readers will not feel intimidated by the subject matter. It deserves to find its place in all therapy training organisations as well as in training for psychologists.'

– **Remy Aquarone**, President of the European Society for Trauma & Dissociation; Director, The Pottergate Centre for Trauma & Dissociation, Norwich, UK

Karnac Books, September 2012, 144 pp, Demy PB 9781780490335/£18.99



Touching the Relational Edge Body Psychotherapy

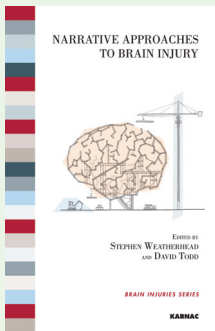
By **Asaf Rolef Ben-Shahar**, an Israeli-born psychotherapist living in the UK. He is one of the leading clinicians and writers in the field of relational body psychotherapy and teaches and lectures in clinical and academic settings in Israel and Europe

This book opens a window into the cutting-edge world of relational body-psychotherapy, offering the reader a personal and professional journey into the depth of therapeutic relationship as seen through ana-

tomical and relational eyes.

'Asaf Rolef Ben-Shahar is among the most brilliant of the new generation of body psychotherapists, working with his own synthesis of the best elements of the tradition that originates with Wilhelm Reich. He is also a superb writer, and this outline of his perspective on the field is to be treasured.'
– **Nick Totton**, founder of Embodied Relational Therapy

Karnac Books, April 2014, 416 pp, Crown Quarto PB 9781782200949/£39.99



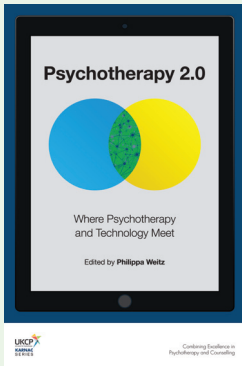
Narrative Approaches to Brain Injury The Brain Injuries Series

Edited by **Stephen Weatherhead**, a clinical psychologist specialising in brain injury who is a clinical tutor and lecturer in health research with the Lancaster University Doctorate in Clinical Psychology; and **David Todd**, clinical psychologist working with individuals and their families after acquired brain injury

This book brings together narrative approaches and brain injury rehabilitation, in a manner that fosters an understanding of the natural fit between the two. It takes a philosophically different approach to many current neuro-rehabilitation topics, and has the potential to make a big impact. We live our lives by narratives and stories, and brain injury can affect those narratives at many levels, with far-reaching effects. Understanding held narratives is as important as understanding the functional profile of the injury. This book explores ways to create a space for personal stories to emerge and change, whilst balancing theory with practical application. Despite the emphasis of this book on the compatibility of narrative approaches to supporting people following brain injury, it also illustrates the potential for contributing to significant change in the current narratives of brain injury.

The reader is challenged to question their own position, but in an engaging manner which makes it difficult to put down the book.

Karnac Books, November 2013, 256 pp, Demy PB 9781780490441/£23.99



Psychotherapy 2.0 Where Psychotherapy and Technology Meet

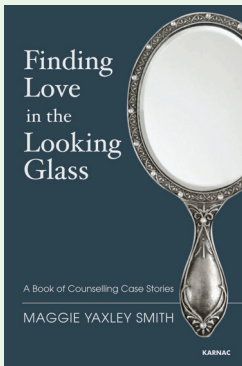
The United Kingdom Council for Psychotherapy Series

Edited by Philippa Weitz, a qualified teacher and psychological counsellor with twenty-five years of private practice and primary care experience, as well as training and mentoring within mental health. She is currently Commissioning Editor for the UKCP Book Series, Managing Director of

Philippa Weitz Training Ltd and co-founder of the London Online Therapy Centre. She was Executive Director and co-founder of the Counselling and Psychotherapy Forum for Primary Care

Psychotherapy 2.0 blows open the consulting room doors and shows successful pathways for attracting new clients to gain access to psychological help, as well as demonstrating that despite initial scepticism, working online as a psychotherapist or counsellor can be as effective as 'face2face' work: the therapeutic relationship may be different but it remains the centrally important feature for successful psychotherapy. It follows therefore that all psychotherapists and counsellors need to be fully informed about the impact of the digital age on their clinical practice. *Psychotherapy 2.0* covers the key issues for psychotherapists and counsellors who are, or are thinking of, working online, include thinking about psychotherapy in the digital age, the requirements to modify training both for working online and also the digital issues as they arise within the face2face consulting room.

Karnac Books, April 2014, 272 pp, Demy PB 9781782200482/£23.99

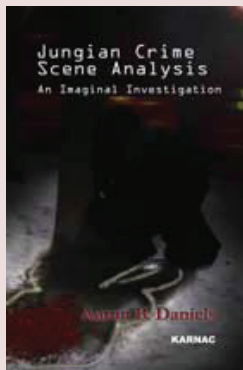


Finding Love in the Looking Glass A Book of Counselling Case Stories

By Maggie Yaxley Smith who has worked as a humanistic counsellor, clinical supervisor, head of a university counselling service and group facilitator for more than thirty-five years. She has worked therapeutically with a varied and multi-cultural client group on a university campus, in a women's refuge, in private practice and for Relate

Never has there been such a hunger to understand relationships, both with our self and with others, and this book contains valuable insights into the fascinating and dynamic dialogues between clients and their counsellor. Although the clients presented here are entirely fictitious, they become real and easy to connect with as the reader is taken deeper into the unfolding intimacy of the counselling room. A variety of interventions are used but what is most instrumental in empowering the clients is the relationship that develops with themselves. These clients *show* us how we can successfully overcome outdated survival patterns and make effective new choices that work for us.

Karnac Books, April 2014, 224 pp, Demy PB 9781782201243/£23.99

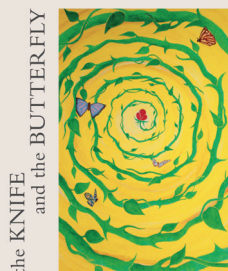


Jungian Crime Scene Analysis An Imaginal Investigation

By **Aaron B. Daniels** who teaches clinical psychology at New England College in New Hampshire. He holds degrees from: Baldwin Wallace College (BA); Duquesne University (MA), where he studied existential phenomenology; and Pacifica Graduate Institute (PhD), where his degree emphasized the depth tradition. After working for a decade in private and public practice, he transitioned into academia

This book presents the serial killer as having 'imagopathy' – that is, a disorder of the imagination – manifested through such deficiencies as failure of empathy, rigid fantasies, and unresolved projections. The author argues that this disorder is a form of failed alchemy. His study challenges long-held assumptions that the Jungian concept of individuation is a purely healthful drive. Serial killers are unable to form insight after projecting untenable material onto their victims. Criminal profilers must therefore effect that insight informed by their own reactions to violent crime scene imagery, using what the author asserts is a form of Jung's 'active imagination'. The book posits sexual homicides as irrational shadow images in our rationalistic modern culture. Consequently, profilers bridge conscious and unconscious for the inexorably splintered killer as well as the culture at large.

Karnac Books, March 2014, 352 pp, Demy PB 9781782200062/£29.99



A Story of Jungian Analysis
NAOMI LLOYD
Edited by CORINNE HENDERSON
KARNAC

The Knife and the Butterfly A Story of Jungian Analysis *The Karnac Library*

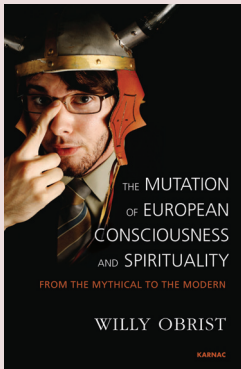
By **Naomi Lloyd** who worked in busy private practice as a voluntary bereavement counsellor, and taught existential psychotherapy to Diploma Course students; edited by **Corinne Henderson**

This book is a truly original account of a therapeutic journey. Its unique perspective is the result of recordings which the author's analyst allowed her to make during the last eight months of their work together. Thus the reader is invited into the previously sacrosanct confines of the analytic consulting room, and encounters the perspective of the patient in parallel with the vision of the analyst, who imparts psychological, theoretical and emotional meaning to the patient's presenting material.

To the author's knowledge, no previously published account of a journey through analysis has been able to invite the reader into the immediacy and intimacy of the analytic relationship which this memoir offers. Verbatim extracts from the recordings give accurate accounts of their shared dialogue, which is not possible in a one-sided account written in hindsight by either the patient or the analyst.

Theoretical content emerges from this shared dialogue in a unique way. As a practising psychotherapist herself by this final period in her analysis, both author and analyst can reflect back on the challenges they faced from a theoretical as well as an emotional perspective. The immediacy of these exchanges adds to the intimate quality of this memoir.

Karnac Books, April 2014, 320 pp, Demy PB 9781782200918/£14.99



The Mutation of European Consciousness and Spirituality From the Mythical to the Modern

By **Willy Obrist** (1918–2013), who studied philosophy, history, and medicine, and became an enthusiastic scientist in the field of human studies. He conducted fundamental research focusing on the evolution of consciousness. He was a co-founder of the Swiss Society of Religious Studies, of the Foundation of Analytical Psychology (Zurich), and of the Foundation to Foster Philosophy (Mönchengladbach, Germany)

In this book, Obrist approaches the religious metamorphosis from the perspective of the evolution of consciousness itself. The result of his exploration made the author realize that the development of European consciousness was not just an accidental historical process but a true evolutionary step: a ‘mega mutation’ of consciousness. In this process, the basic parameter of the mythical understanding of our world was overcome and replaced by a completely new world view which – after the discovery of the unconscious by Freud and Jung – was founded on scientific results empirically proved. This enables humanity to transcend the dilemma between knowledge and faith and to find a new understanding of both matter and mind that is adequate to today’s knowledge of nature. From this point of view, a radically new access to spirituality and ethics becomes possible.

Karnac Books, March 2014, 128 pp, Demy PB 9781782200802/£15.99



Shrinking the News Headline Stories on the Couch

By **Coline Covington**, a Training Analyst of the Society of Analytical Psychology and the British Psychotherapy Foundation

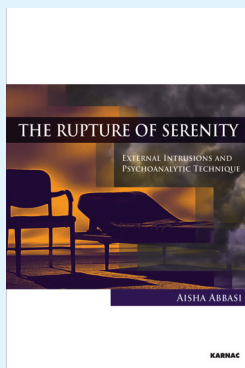
Shrinking the News brings together Coline Covington’s wide range of articles from her regular column in the online newspaper, *The Week*. The articles cover current events from October 2008 until December 2010, concluding with more recent articles from 2013.

These articles form a fascinating psychoanalytic insight on crime, politics, the economy, sports and stardom, and the quirky, bizarre events and trends that make up our daily life. The widespread popularity of these articles is a testimony to the public’s interest in a psychoanalytic view of the world around us and why people do the things they do.

‘With a masterful lightness of touch, she addresses deep psychoanalytic themes through the lens of current events. This book is a treat and provides an excellent showcase for what psychoanalysis has to offer beyond the couch.’

– **Professor Alessandra Lemma**, Director, Psychological Therapies Development Unit, Tavistock and Portman NHS Trust

Karnac Books, December 2013, 256 pp, B Format PB 9781782200956/£9.99



The Rupture of Serenity

External Intrusions and Psychoanalytic Technique

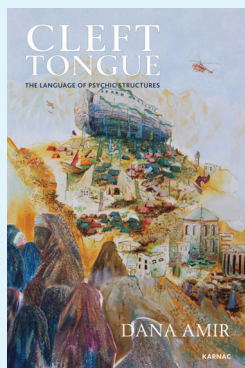
By **Aisha Abbasi**, who trained as a psychoanalyst at the Michigan Psychoanalytic Institute where she is now a Training and Supervising Analyst

This book draws on clinical material to describe some of the dilemmas encountered in work with patients when external factors have entered the treatment frame. Analytic dilemmas are considered that range from how to deal with patients' unusual requests regarding the conduct of an analytic treatment to the question of how to handle events in the analyst's personal life that, by necessity, must be addressed in the analysis. The author explores the deeper meanings of waiting-room interactions and how analysts can view the entrance of the 'iWorld' into the psychoanalytic space: not as an unwelcome third party, but as a tool with great potential. Abbasi shares with us her inner struggles to understand and to keep working analytically. She acknowledges that her ability to do so can be strained when external events give rise to internal destabilization within her. She believes that this type of unexpected internal destabilization within the analyst is not only human and unavoidable, but also necessary – and, frequently, therapeutic. The book is deeply rooted in existing analytic literature and will be a useful resource for clinicians at all levels of education and practice. At the same time, it is written without technical jargon, so that the clinical material that forms the backbone of each chapter will be easily accessible to nonclinicians as well – who will find it to be a moving and lively account of what goes on in a psychoanalyst's consulting room.

'In observing the ways in which the world of outer actuality invades and shakes the analytic unfolding of one's inner world, and in doing so with rare clarity and candour, Aisha Abbasi depicts psychoanalysis at its best. In writing of uncluttered ease and elegance, she demonstrates the very model of analytic curiosity in the service of the other. Beyond its exploration of external intrusions into clinical work, this work is an admirable contribution to understanding the analytic process. It also is a definite pleasure to read.'

– **Warren S. Poland**, MD, former editor of *JAPA Review of Books*; recipient of the 2009 Sigourney Award; and author of *Melting the Darkness*

Karnac Books, February 2014, 192 pp, Demy PB 9781780491950/£22.99



Cleft Tongue

The Language of Psychic Structures

By **Dana Amir**, a clinical psychologist, psychoanalyst, poetess and literature researcher, she is a lecturer at Haifa University and practises psychotherapy and psychoanalysis

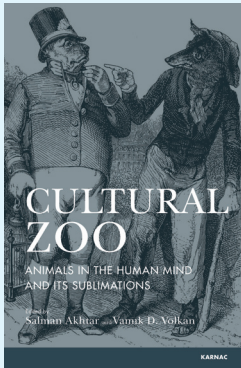
Cleft Tongue is an attempt to analyse psychic language and its diverse modes of expression, both within psychic structure and in the interpersonal realm. The various chapters, most of them already published in psychoanalytic journals, include detailed clinical illustrations as well as close readings of literary works by Rilke, Beckett, Sartre, Brodsky and Celan.

'Beautifully written, Dana Amir's book is a gift to the practising clinician. It exposes with great sensitivity the importance of understanding

the patient's "internal grammar", allowing us to go beyond the spoken word so as to grasp the patient's idiosyncratic psychic language. This book should be essential reading for all clinicians and deserves to become a classic text.'

– **Professor Alessandra Lemma**, Unit Director, Psychological Therapies Development Unit, The Tavistock and Portman NHS Foundation Trust

Karnac Books, March 2014, 176 pp, Demy PB 9781782200420/£20.99



Cultural Zoo

Animals in the Human Mind and its Sublimation

Edited by **Salman Akhtar** who is Professor of Psychiatry at Jefferson Medical College and a training and supervising analyst at the Psychoanalytic Center of Philadelphia; and **Vamik D. Volkan**, an Emeritus Professor of Psychiatry at the University of Virginia, Charlottesville, Virginia

'Our cousins – the animals – swarm, creep, fly, swim, and crawl all about us, even sharing our houses and infesting our bodies. We hunt them, breed them, clothe ourselves with them, and eat them for dinner (as

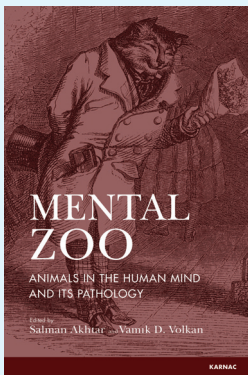
they sometimes do to us). They populate our literature, myths, religions, arts, our language and its metaphors, and they haunt our unconscious fantasies and our dreams. The profoundest, fiercest, and most intimate urges and feelings within us are our animal passions and instincts. The parade of animals that accompany us through this life is held up for review and appreciation in these delightful essays, all of which share a dedication to the understanding of human life and culture through the lens of psychoanalytic theory in its manifold diversity.'

– **Robert A. Paul**, PhD, Candler Professor of Anthropology and Dean, Emory College

'This book is a major contribution to culture and to the psychoanalytic literature. The authors explore how animals, both wild and domesticated, have powerful symbolic meanings in our psyches, mythology, religion, literature, art, music, and popular culture. From the prehistoric art of Lascaux to Picasso, from *The Fly* to the American eagle, the psychoanalytic perceptions are subtle and suggestive, the aesthetic, film, and national insights are a delight.'

– **Peter Loewenberg**, Dean, Southern California Psychoanalytic Institute, Professor of History and Political Psychology, UCLA

Karnac Books, March 2014, 320 pp, Demy PB 9781782201663/£26.99



Mental Zoo

Animals in the Human Mind and its Pathology

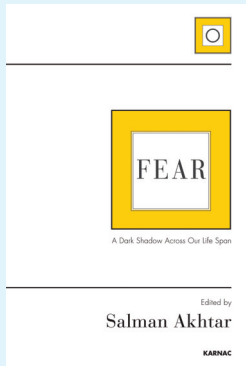
Edited by **Salman Akhtar** who is Professor of Psychiatry at Jefferson Medical College and a training and supervising analyst at the Psychoanalytic Center of Philadelphia; and **Vamik D. Volkan**, an Emeritus Professor of Psychiatry at the University of Virginia, Charlottesville, Virginia

Mental Zoo takes the reader on a panoramic tour illuminating the rich world of animals in human experience. Here Freud's rats, wolves, and horses join our own cats and dogs to meet snakes, spiders, birds, and

cockroaches. With an engaging blend of whimsy and erudition, the contributors describe the feelings, fantasies, dreams, nightmares, and delusions that animals evoke in us all. Detailed clinical examples capture the richness of the intrapsychic and interpersonal places that animals inhabit in our psyches. The book encompasses the role of animals not only in normal development and psychopathology, but also in history and mythology. Mental health professionals will listen to their patients with new sensitivities after *Mental Zoo* introduces them to this fascinating menagerie.'

– **Alex Hoffer**, MD, Associate Clinical Professor of Psychiatry, Harvard Medical School, Training and Supervising Analyst, Psychoanalytic Institute of New England

Karnac Books, March 2014, 336 pp, Demy PB 9781782201670/£26.99



Fear

A Dark Shadow Across Our Life Span

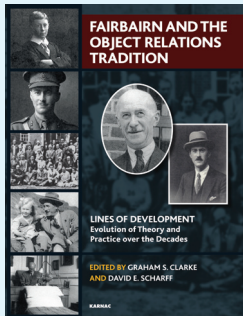
Edited by **Salman Akhtar**, Professor of Psychiatry at Jefferson Medical College and a training and supervising analyst at the Psychoanalytic Center of Philadelphia

Despite its ubiquitous presence, fear has received little direct attention in psychoanalytic literature. This book aims to fill this lacuna. It explicates various intensities of fear, e.g. apprehension, dread, panic, and terror. It delineates the boundaries between fear and anxiety and demonstrates how phobic states constitute an admixture of these two emotions. The book also deals with phobic character and the personality trait of cowardice.

'Salman Akhtar has once again produced a book filled with his unique blend of scholarship, humanity, humour, and integrity. In the introductory chapter entitled "Fear, Phobia, and Cowardice", he asks, "Is fear to be avoided at all costs or can this bitter gourd of emotion be transformed into a sweet mango of cultural delight?" He goes on to treat the reader with a masterly and eloquent synthesis of psychoanalytic knowledge and ideas, richly illustrated by his own clinical examples and reflections. The subsequent chapters, designated "The Six Main Fears of our Lives", are carefully chosen, with each contributor providing an invaluable addition to the literature.'

– **Julian Stern**, MD, Consultant Psychiatrist in Psychotherapy and Head of Psychiatry, Adult Department, Tavistock Centre, London

Karnac Books, February 2014, 272 pp, Demy PB 9781782200680/£24.99



Fairbairn and the Object Relations Tradition

The Lines of Development—Evolution and Theory and Practice over the Decades Series

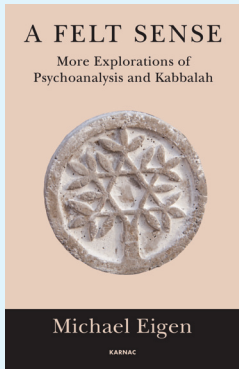
Edited by **Graham S. Clarke**, Visiting Fellow at the Centre for Psychoanalytic Studies, University of Essex; and **David E. Scharff**, chair and former director, the International Psychotherapy Institute, Washington DC

Ronald Fairbairn developed a thoroughgoing object relations theory that became a foundation for modern clinical thought. This volume is homage to the enduring power of his thinking, and of his importance now and for the future of relational thinking within the social and human sciences. The book gathers an international group of therapists, analysts, psychiatrists, social commentators, and historians, who contend that Fairbairn's work extends powerfully beyond the therapeutic. They suggest that social, cultural, and historical dimensions can all be illuminated by his work.

Object relations as a strand within psychoanalysis began with Freud and passed through Ferenczi and Rank, Balint, Suttie, and Klein, to come of age in Fairbairn's papers of the early 1940s. That there is still life in this line of thinking is illustrated by the essays in this collection and by the modern relational turn in psychoanalytic theory, the development of attachment theory, and the increasing recognition that there is 'no such thing as an ego' without context, without relationships, without a social milieu. One of the most fascinating aspects of the papers collected here is that many of them point towards further development of the object relations approach by detailed examination of some of Fairbairn's papers that have so far been less recognised. The writers in this volume evince the hope that the further development of the object relations paradigm will not only benefit clinical work, but will also extend beyond the psychoanalytic clinical realm to psychosocial and cultural issues.

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Karnac Books, March 2014, 544 pp, Crown Quarto PB 9781780490823/£49.99



A Felt Sense More Explorations of Psychoanalysis and Kabbalah

By **Michael Eigen**, a psychologist and psychoanalyst. He is also Associate Clinical Professor of Psychology in the Postdoctoral Program in Psychotherapy and Psychoanalysis at New York University, and a Senior Member of the National Psychological Association for Psychoanalysis

This book picks up where Michael Eigen's previous work, *Kabbalah and Psychoanalysis*, left off. It is based on two expanded transcriptions of seminars given for the New York University Postdoctoral Program Contemporary Studies Project. As noted in the previous book, W. R. Bion once said that he uses the Kabbalah as a framework for psychoanalysis. This book enlarges the inner sense of this statement. The seminars depict intricate intertwining of processes in psychoanalysis and Kabbalah, processes important in helping us live more richly. Religious language helps bring out nuances of psychological states and psychology helps make the language of the spirit more meaningful to emotional concerns today.

Bion and Winnicott are the main psychoanalytic heroes of this work, each adding richness to a 'root sense' out of which their clinical and written work grow. A felt sense is one that spans many dimensions, traversing sensory life, vital sensing, common sense, the sense of language, cultural sensing, intuition, Freud's use of consciousness as a sense organ of psychical perception, and other qualities still unknown.

Case descriptions include extended work with an alcoholic man, opening new paths to living, and a detailed account of helping a creative, tormented woman die well. Aspects of psychosis, creativity, mysticism and everyday life blend and have a say. The main focus is psychic reality, with psychoanalysis and Kabbalah tools in this great enterprise of learning to work with ourselves.

Karnac Books, April 2014, 128 pp, Demy PB 9781782201021/£15.99



A Spirit that Impels Play, Creativity, and Psychoanalysis

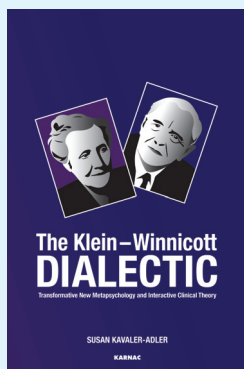
Edited by **M. Gerard Fromm**, currently Senior Consultant at the Erikson Institute for Education and Research at the Austen Riggs Center. He teaches at a number of psychoanalytic institutes and is on the faculties of Harvard Medical School and the Yale Child Study Center

This volume brings together some of the papers presented by leading scholars, artists and psychoanalysts at an annual Creativity Seminar organised by the Erikson Institute of the Austen Riggs Center. The authors examine great works, such as Nathaniel Hawthorne's *The Scarlet Letter*, Mahler's Eighth Symphony, and William Gibson's *The Miracle*

Worker; as well as great artists, such as Van Gogh and Lennon and McCartney, for what we might learn about the creative process itself.

Deepening this conversation are a number of clinical studies and other reflections on the creative process – in sickness and in health, so to speak. A central theme is that of "deep play", the level at which the artist may be unconsciously playing out, on behalf of all of us, the deepest dynamics of human emotion in order that we may leave the encounter not only emotionally spent, but profoundly informed as well. The central questions of this book are how do we understand the creative process, what might psychoanalysis contribute to that understanding, and what opens up within and for psychoanalysis by engaging with the subject of creativity?

Karnac Books, April 2014, 288 pp Demy PB 9781780491585/£24.99



The Klein-Winnicott Dialectic Transformative New Metapsychology and Interactive Clinical Theory

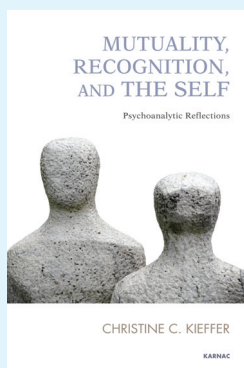
By **Susan Kaveler-Adler**, a clinical psychologist and psychoanalyst for over thirty-five years and supervisor of psychotherapists practising psychotherapy, psychoanalysis, and group therapy

The Klein-Winnicott Dialectic: Transformative New Metapsychology and Interactive Clinical Theory brings together the theories of Melanie Klein and Donald W. Winnicott, two giants and geniuses of the British school of object relations clinical and developmental theory and psychoanalytic technique. In this book, Dr Kaveler-Adler attempts to integrate the theories

of Klein and Winnicott, rather than polarising them, as has been done often in the past. This book takes the best of Klein and Winnicott for use by clinicians on an everyday basis, without having the disputes between their followers interfere with the full and rich platter of theoretical offerings they each of them provided.

In addition, the book looks at the biographies of Klein and Winnicott, and shows how their theories were inspired by their contrasting lives and contrasting parenting and developmental dynamics. By examining their theories in relation to their biographies, one can see why their dialectical theoretical focuses emerged, highly contrasted in their major emphasis, and yet highly complementary when applied together to clinical work. This is a very new perspective. In demonstrating this approach, rich and vivid clinical case illustrations are provided for the reader.

Karnac Books, April 2014, 320 pp, Demy PB 9781780491240/£26.99



Mutuality, Recognition, and the Self Psychoanalytic Reflections

By **Christine C. Kieffer** who teaches and supervises at both the *Chicago Institute for Psychoanalysis* and *Rush University Medical School and Medical Center in Chicago*. She is in private practice in Chicago and Winnetka, Illinois

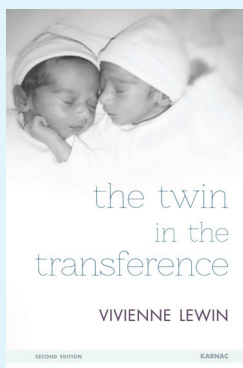
This book examines emerging trends in contemporary psychoanalytic theory and practice, highlighting intersubjective and relational models of the mind. It presents vivid and extended clinical vignettes that demonstrate the analyst's use of the self in building clinical momentum and

continued development. It is divided into three sections: First, the contribution of family to development, including some relatively neglected topics, such as the importance of fathers in female development, the role of siblings, the experience of 'only' children or singletons in the family, and the impact of the extended family (including grandparents) upon the individual. A second section examines the influence of unconscious group processes upon individual development and functioning, and includes papers that highlight the contribution of group psychotherapy as a form of treatment. The last section of the book focuses upon challenging cases in which there has come to be a transference-countertransference impasse, illustrating the author's approach to enabling both patient and analyst to work through these daunting moments, resulting in renewed therapeutic action.

'This is heady stuff and, frankly, contemporary psychoanalysis at its best.'

– **Salman Akhtar**, Professor of Psychiatry, Jefferson Medical College; training and supervising analyst, Psychoanalytic Center of Philadelphia

Karnac Books, January 2014, 240 pp, Demy PB 9781780491592/£23.99



The Twin in the Transference Second Edition

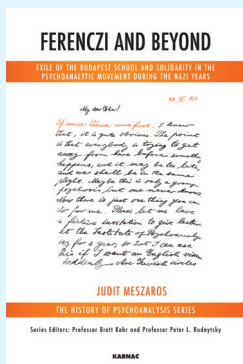
By **Vivienne Lewin**, a psychoanalytic psychotherapist now retired from clinical practice, but continuing to supervise, teach, and write

The universal phantasy of having a twin originates in our earliest relational experiences. This book is about twins and twinning processes. The existence of an actual twin, alive or dead, may be experienced as an embodiment of the phantasy of having a twin, with developmental consequences. Twinning processes in twins lead to the creation of an internal twin relationship that is enduring. The twin relationship may be at the narcissistic end of the spectrum leading to an enmeshed twinship,

or it may be a more mature object relationship. All twin relationships will be manifest in the transference relationship with the analyst.

The twin transference has been largely neglected in the psychoanalytic literature, to the detriment of our understanding of dynamic processes in twin patients. In this book, case material is used to explore the nature of the twin transference relationship and the necessity of analysing the twin transference, as well as maternal and paternal transference relationships.

Karnac Books, February 2014, 256 pp, Demy PB 9781782201434/£24.99



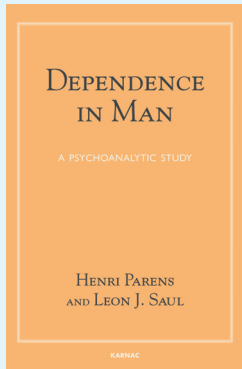
Ferenczi and Beyond Exile of the Budapest School and Solidarity in the Psychoanalytic Movement During the Nazi Years *The History of Psychoanalysis Series*

By **Judit Meszaros**, training and supervising analyst with the Hungarian Psychoanalytical Society (IPA), honorary associate professor at the Eötvös Loránd University, Budapest and President of the Sándor Ferenczi Society and International

Ferenczi Foundation

This book explores how the Budapest School of Psychoanalysis took shape, and in particular examines the role played in it by Sándor Ferenczi, Freud's closest friend and associate. It asks what the significance of this intellectual grouping held for the evolution of modern psychoanalytic theory and practice, and how the defining moments of early twentieth-century Hungarian and European politics impacted on both psychoanalysis and the analysts themselves. It also explores the importance in these pivotal times of the Emergency Committee on Relief and Immigration, an organisation formed in 1938 by the American Psychoanalytic Association. This book raises many questions and demonstrates through the emigration of the Budapest psychoanalysts how the threat of destruction can draw people together from across continents. Indeed, American psychoanalysts had set aside considerations of professional achievement and rivalry to assist their peers forced to flee European Nazism. In collaboration with the International Psychoanalytical Association, the Emergency Committee not only rescued lives, but also enriched our intellectual heritage as it salvaged seminal cultural and scholarly resources, which influenced the development of psychoanalysis in our time.

Karnac Books, April 2014, 304 pp, Demy PB 9781782200000/£24.99

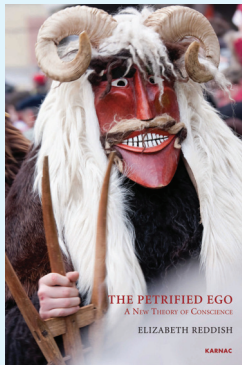


Dependence in Man A Psychoanalytic Study

By **Henri Parens**, *Professor of Psychiatry at Thomas Jefferson University and Training and Supervising Analyst (Adult and Child) at the Psychoanalytic Center of Philadelphia*; and **Leon J. Saul (1901–1983)**, *Emeritus Professor of Psychiatry, University of Pennsylvania, and Emeritus Training and Supervising Analyst at the Philadelphia Psychoanalytic Institute*

In this classic study, Henri Parens and Leon J. Saul provide a comprehensive review of Freud's writings on the subject of dependence, drawing attention to the fact that Freud said much more about dependence than is generally recognised. The authors proceed to supplement the theory of dependence from their own perspective, drawing on the formulations of René Spitz and the findings of ethologists (especially in imprinting and primary socialization) in order to shed further light on the singularity of early human development. They postulate the libidization of dependence and trace the effects of this on psychic development, and also consider the dependence continuum in dynamic and economic terms ('inner sustainment'), which reflects the equilibrium between dependency and self-reliance. Utilising Anna Freud's developmental lines and Margaret Mahler's subphases of separation and individuation, they trace the epigenesis of dependence and provide illuminating clinical examples.

Karnac Books, April 2014, 272 pp, Demy PB 9781782201595/£23.99



The Petrified Ego A New Theory of Conscience

By **Elizabeth Reddish**, *who has worked as a psychoanalytic psychotherapist in London since 1996 and is registered with the British Psychoanalytic Council*

The Petrified Ego argues for a revision of psychoanalytic theory to include instinct as the primary form of morality. It makes the case that our earliest, infantile notion of 'good' and 'bad' is rather founded on experiences which have been 'safe' or 'threatening'. More often than not, this is the basis of our moral judgement of others. It is only through direct challenge to these visceral values that beliefs independent of the survival

instinct can be forged.

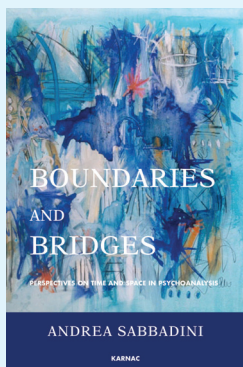
'This book tackles the integration of distinct understandings of the origin and nature of conscience with clarity. Here is a psychoanalytic "good read".'

– **Margaret Rustin**, child, adolescent, and adult psychotherapist, former Head of Child Psychotherapy at the Tavistock Clinic

'*The Petrified Ego* is not only a scholarly, imaginative book on the relationship of the ego to the super-ego but it is also very timely. I found the book very impressive.'

– **Ronald Britton**, former President of the British Psychoanalytical Society and author of *Sex, Death, and the Superego*

Karnac Books, December 2013, 122 pp, Demy PB 9781780491783/£14.99

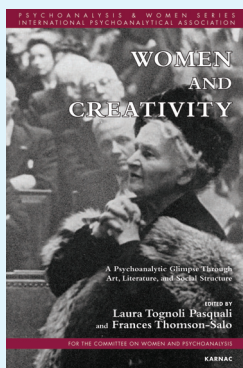


Boundaries and Bridges Perspectives on Time and Space in Psychoanalysis

By **Andrea Sabbadini**, a Fellow of the British Psychoanalytical Society and its Director of Publications. He works in private practice in London, is a Senior Lecturer at UCL, a trustee of the Freud Museum, the director of the European Psychoanalytic Film Festival, and the chairman of a programme of films and discussions at the Institute of Contemporary Arts (ICA)

Boundaries and Bridges consists of eleven chapters covering, among others, such topics as: the development of a sense of time in children, the temporal dimension of the psychoanalytic setting, the function of the couch in the therapeutic process, the importance of silence, and of sounds, in human development and in the analytic relationship itself. The book is written in a fluent, easily accessible style. Its content is informed by a variety of psychoanalytic theories underpinning the observations made about the human mind in general, and the clinical situation in particular, but with little technical jargon cluttering up its pages. Reading it should convince even those skeptical about the value of psychoanalysis that our discipline is indeed a powerful tool for the understanding of our most intimate experiences.

Karnac Books, April 2014, 192 pp, Demy PB 9781782200826/£22.99

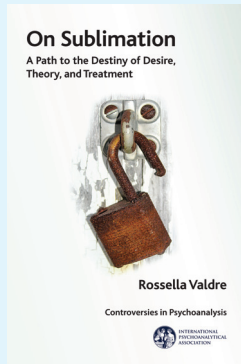


Women and Creativity A Psychoanalytic Glimpse Through Art, Literature, and Social Structure *Psychoanalysis and Women Series*

Edited by **Laura Tognoli Pasquali**, who trained with the British Psychoanalytical Society in the Kleinian group to qualify as an analyst in 1976 and is now a member of the Committee on Women and Psychoanalysis; and **Frances Thomson-Salo** who is an Honorary Principal Fellow of the Department of Psychiatry, University of Melbourne, and a Member of the British Psychoanalytical Society and immediate past President of the Australian Psychoanalytical Association

This latest book in the *Psychoanalysis and Women* series includes writings from practising psychoanalysts mainly from Italy and Europe. They take a wide sweep in exploring many aspects of women's creativity with an emphasis throughout the chapters on the contribution of dreaming to creativity. It takes as its starting point creativity in clinical work in the consulting room, and puts forward new perspectives on psychoanalytic theory. The focus then turns to creativity in the life cycle, particularly when there are delays and difficulties in becoming pregnant, as well as the everyday creativity in overcoming obstacles to intimacy and coupling and being able to allow the female body in particular to be receptive to growing and nurturing an infant human being. It turns next to aspects of female creativity in the arts in the broadest sense, discussing artworks and sculpture, film and literature. Lastly, it considers aspects of creative living in society, the large, small and unseen creativity in culture, society and the structures that we live with. This book is dedicated to the memory of Mariam Alizade, who, as the second Chair of the International Psychoanalytical Association's Committee on Women and Psychoanalysis (COWAP), lived with such creativity.

Karnac Books, April 2014, 368 pp, Demy PB 9781782201458/£29.99



On Sublimation

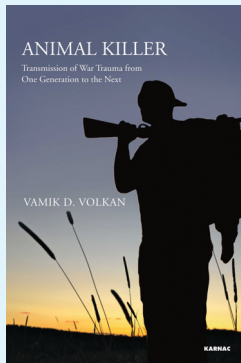
A Path to the Destiny of Desire, Theory, and Treatment

*The International Psychoanalytical Association
Controversies in Psychoanalysis Series*

By **Rossella Valdre**, a psychiatrist and psychoanalyst and a member of the SPI (*Società Psicoanalitica Italiana*) and the IPA

This book explores and revisits the concept of sublimation, in its various aspects and implications that it has in theory and clinical psychoanalysis, and also in its broader socio-cultural aspects. The basic assumption that aroused the author's interest in the topic is a certain surprise in observing how sublimation in psychoanalysis is in general spoken about less in contemporary discourse: so is it an outdated concept, an endangered species? Does it belong to the archaeology of psychotherapy? Or, on the contrary, is it so much a part of analytical practice and so well established and implicit in theory that it is not necessary to discuss it any more? It is the prevailing opinion of the author that sublimation is nowadays expressed differently and has undergone a sort of anthropological mutation, as has happened to several Freudian concepts with the changing historical and cultural contexts.

Karnac Books, April 2014, 172 pp, Demy PB 9781782200284/£21.99



Animal Killer

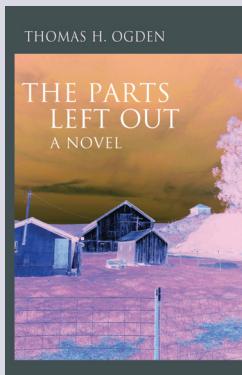
Transmission of War Trauma From One Generation to the Next

By **Vamik D. Volkan**, Emeritus Professor of Psychiatry at the University of Virginia, Charlottesville, Virginia; the Senior Erik Erikson Scholar at the Erikson Institute for Education and Research of the Austen Riggs Center, Stockbridge, Massachusetts; and an Emeritus Training and Supervising Analyst at the Washington Psychoanalytic Institute, Washington, DC

A psychoanalytic process from its beginning to its termination is described to illustrate crucial technical issues in the treatment of individuals with narcissistic personality organization and the counter-transference manifestations such patients stimulate in the analyst. The subject of this book exhibited cruelty to confirm and stabilize his grandiosity. His internal world was a 'reservoir' of the deposited image of his father figure, an individual most severely traumatized during World War II. The patient was given the task to be a mass-'killer' of animals instead of being a hunted one.

This book most clearly illustrates how the transgenerational transmission of trauma takes place and how the impact of war continues in future generations. The book also provides an understanding of a special kind of psychological motivation that directs a person to use weapons for mass killing. In this era of pluralism in psychoanalysis, providing the story of a psychoanalytic case in its duration opens ways for comparison and discussion of technique and can be used as a teaching tool.

Karnac Books, February 2014, 118 pp, Demy PB 9781782200734/£14.99



The Parts Left Out

A Novel

The Karnac Library

By **Thomas Ogden**, an internationally acclaimed psychoanalytic thinker who also practises psychoanalysis and teaches both psychoanalysis and creative writing

The Parts Left Out is a suspenseful story of a poor Kansas wheat-farming family in which each generation holds the next in its deadly grip until murderous opposition explodes. The beautifully drawn characters, all sympathetic in their own ways, are determined to escape the fate that has been dealt them, and some seem close to doing so.

'Thomas Ogden, who is perhaps the most renowned psychoanalyst writing today, demonstrates his prowess as a writer of fiction in his stunning debut novel, *The Parts Left Out*. His keen eye for the complexity of human relationships and human frailties makes the characters so real and compelling that they seem to step out of the page. Ogden's novel confirms that the truest concepts developed in psychoanalysis have already appeared in the insight of the artist. This story takes hold of the reader in its opening paragraphs and does not let go until its heart-wrenching ending has been told. I found this book almost impossible to put down.'

– Antonino Ferro, M.D., President of the Italian Psychoanalytic Association

Karnac Books, January 2014, 208 pp, B Format PB 9781782200666/£9.99



Odor di Murderer, Scent of a Killer

An Adventure From Inspector Canal's New York Agency

The Karnac Library

By **Bruce Fink**, a practising Lacanian psychoanalyst and analytic supervisor who trained in France with the psychoanalytic institute that Jacques Lacan created shortly before his death, the *École de la Cause freudienne* in Paris. He

has translated several of Lacan's works into English and is the author of numerous books on Lacan

The scent of a woman – *odor di femmina* – that elusive *je ne sais quoi* that brings out the Don Juan in men, gets Inspector Canal all confused in this new mystery.

Is it the tentacular JVMQ Group, the cosmetics giant, who is threatening the life of that roguish Frenchman-turned-Manhattanite (loosely based on the inimitable French psychoanalyst, Jacques Lacan), or someone in the chocolate industry?

From Wall Street to Midtown and from the Colorado Rockies to Grasse, France – the undisputed perfume capital of the world – Canal is swept up into an investigation, and, against his better judgment, ends up accompanying the widow of a dead botanist on a romp through the multi-billion dollar world of aromas. Encountering the bitter complexities of marital projections and vexations, the ever-intriguing Canal discovers that the planet's sweetest scents and confections are strangely interconnected ...

Karnac Books, April 2014, 224 pp, B Format PB 9781782200840/£9.99

Attachment

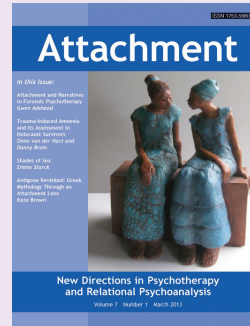
New Directions in Psychotherapy and Relational Psychoanalysis

Edited by Kate White, a member of the Centre for Attachment-based Psychoanalytic Psychotherapy, formerly senior lecturer at South Bank University where, in the Department of Nursing and Community Health Studies, she has used her extensive experience in adult education to contribute to the innovative psychotherapy curriculum developed at CAPP.

A leading edge journal for clinicians working relationally with their clients; it is a professional journal, not an academic journal, featuring cultural articles, politics, reviews and poetry relevant to attachment and relational issues; an inclusive journal welcoming contributions from clinicians of all orientations seeking to make a contribution to attachment approaches to clinical work.

- Standard subscription rate: £45.00
- Institute subscription rate - Online: £150.00
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Karnac Books, three issues per annum, Pb ISSN 1753-5980



Couple and Family Psychoanalysis

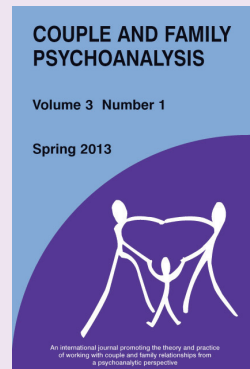
Edited by Molly Ludlum, a psychoanalytic psychotherapist with couples, individuals, and parents in private practice and with clinical teams at the Scottish Institute of Human Relations.

Aims to promote the theory and practice of working with couple and family relationships from a psychoanalytic perspective. It seeks to provide a forum for disseminating current ideas and research, and for developing clinical practice.

Sponsored by the British Society of Couple Psychotherapists and Counsellors, the Professional Association of the Tavistock Centre for Couple Relationships.

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Karnac Books, two issues per annum, Pb ISSN 2044-4133



Neuro-Disability and Psychotherapy

A Forum for the Practice and Development of Psychological Therapies for Neurological Conditions

Edited by **Giles Yeates**, *principal clinical neuropsychologist and also a couples psychotherapist at the Community Head Injury Service, Aylesbury and* **Gavin Farrell** *Consultant Clinical Neuropsychologist with the Coventry Community Neurorehabilitation.*

This journal aims to publish articles reporting on psychological therapies of differing orientations, with developmental, acquired and progressive neurological conditions. Innovations and adaptations to existing psychotherapy practice in response to neuro-disability are particularly welcome.

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Karnac Books, two issues per annum, Pb ISSN 2052-1782

Organisational and Social Dynamics

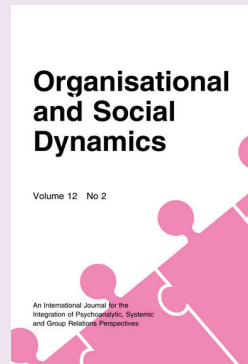
An International Journal for the Integration of Psychoanalytic, Systemic and Group Relations Perspectives

Edited by **Anne-Marie Cummins**, *a Senior Lecturer in Sociology and a Fellow of the Centre for Psycho-Social Studies at the University of the West of England and,* **Michael Moskowitz**, *a psychoanalyst and organizational consultant in New York City and an adjunct associate professor in the School of Silver School of Social Work, New York University.*

The aim of the International Journal *Organisational & Social Dynamics* is to contribute to the development of a deeper understanding of organizational and social processes and their effect on the individual. It provides an innovative forum in which writers from psychoanalytic and systemic perspectives can address emerging issues in societies and their institutions. Papers range from case studies, features and reviews of contemporary social and political events, to personal polemics or reflections.

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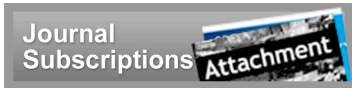
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