

THE KARNAC REVIEW

Psychoanalysis, Psychotherapy, and related subjects

Spring 2011

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- Psychoanalytic Ideas Series
- Culture & Psychoanalysis
- Neuroscience & Psychoanalysis
- European Federation for Psychoanalytic Psychotherapy Series
- The CIPS Book Series: The Boundaries of Psychoanalysis
- Controversies in Psychoanalysis
- Contemporary Freud: Turning Points and Critical Issues
- Psychoanalytic Ideas and Applications
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- The Centre for Freudian Analysis and Research Library
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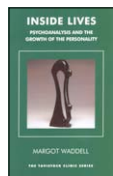
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TOP 10 TITLES OF 2010



Margot Waddell **Inside Lives: Psychoanalysis and the Growth of the Personality** This is the second edition of the remarkable *Inside Lives*, expanded with a chapter on the last years of the life cycle. It provides a perspective on the relationship between psychoanalytic theory and the nature of human development which has not been available before in written form.
288 pages. 2002 Pb 9781855759374/£20.99



Donald W. Winnicott **The Maturation Processes and the Facilitating Environment: Studies in the Theory of Emotional Development** Dr Winnicott explores the idea that mental health disorders relate to failures of development in infancy. Develops the theory that schizophrenic illness shows up as the negative of processes that can be traced in detail as the positive processes of maturation in infancy and early childhood.
296 pages. 1990 Pb 9780946439843/£31.99



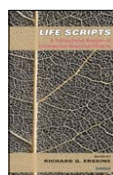
Caroline Garland **The Groups Book: Psychoanalytic Group Therapy: Principles and Practice** This excellent book provides impressive depth, and refreshing clarity of expression and thinking about psychoanalytic group psychotherapy, as well as insights about group life more broadly.
440 pages. 2010 Pb 9781855758506/£29.99



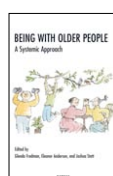
John Marzillier **The Gossamer Thread: My Life as a Psychotherapist** This book is a memoir of the author's professional life as a psychologist and psychotherapist. It shows his progression from a hard-nosed behaviour therapist with a strong commitment to science to a psychodynamic therapist with an interest in narrative.
282 pages. 2010 Pb 9781855758025/£12.99



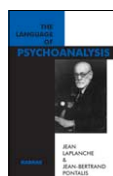
Chris Rose **The Personal Development Group: The Student's Guide** The complex relationship between group and individual is explored in the wider context of culture and society. Through examples and exercises, readers can learn about themselves as they learn about the group processes that they are experiencing.
164 pages. 2005 Pb 9781855755352/£15.99



Edited by Richard G. Erskine **Life Scripts: A Transactional Analysis of Unconscious Relational Patterns** An exciting collection of contemporary writings on Life Script theory and psychotherapeutic methods. Each chapter describes an evolution of Eric Berne's original theory and brings together a stimulating range of perspectives as well as a psychotherapy story that illustrates the theory.
336 pages. 2010 Pb 9781855756625/£23.99



Edited by Glenda Fredman & Eleanor Anderson **Being with Older People: A Systemic Approach** This book is practice led and contains a wealth of examples that will be familiar both to practitioners working with older people and to older people themselves and their families.
300 pages. 2010 Pb 9781855755826/£21.99



Jean Laplanche & Jean-Bertrand Pontalis **The Language of Psychoanalysis** Gives an authentic account of the evolution of each psychoanalytic concept with pertinent supporting texts from Freud's own writing (in the Standard Edition translation), and thus is an instrument for work and research which is characterized by its thoroughness, exactitude and lack of prejudice towards dogma.
526 pages. 1988 Pb 9780946439492/£37.00

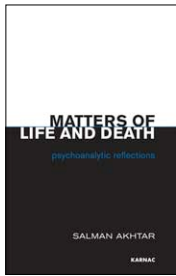


Dorothy heard, Una McCluskey & Brian Lake **Attachment Therapy with Adolescents and Adults: Theory and Practice Post-Bowlby** This book is written primarily for psychotherapists and other practitioners; it describes a new and effective form of dynamic therapy designed for working with adults and with adolescents.
270 pages. 2008 Pb 9781855755222/£21.99



Edited by Eileen McGinley & Arturo Varchevker **Enduring Loss: Mourning, Depression and Narcissism Throughout the Life Cycle** Revisits two of Freud's key papers, "On Narcissism" and "Mourning and Melancholia", and asks a number of psychoanalysts and psychotherapists of varying orientation to consider them in relation to the life cycle, from childhood to old age, and culturally.
270 pages. 2010 Pb 9781855756922/£22.99

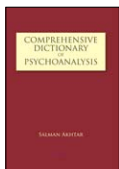
PSYCHOANALYSIS



Salman Akhtar
**Matters of Life and Death:
Psychoanalytic Reflections**

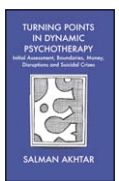
The author's focus in this book is upon the intrapsychic vicissitudes of what it means to be truly alive and how death accompanies us at each step of our life's journey. He attempts to show that, psychologically-speaking, death is always present in life and life in death. He discovers what is emotionally central to being alive and how death and awareness of death - conscious or unconscious - silently color our subjective experience. The fundamental thrust of these socio-clinical meditations is to enhance appreciation of aspects of life that have been inoptimally addressed in psychoanalytic literature and to expand the view of death in ways that might be personally and technically enriching.

240 pages. FEB 2011 Pb 9781855758018/£20.99



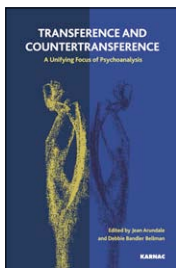
Salman Akhtar **Comprehensive Dictionary of Psychoanalysis** This book provides easy to read, concise, and clinically useful explanations of over 1800 terms and concepts from the field of psychoanalysis.

420 pages 2009 Pb 9781855758605/£31.99



Salman Akhtar **Turning Points in Dynamic Psychotherapy: Initial Assessment, Boundaries, Money, Disruptions and Suicidal Crises** A work of art from a master therapist, as well as an excellent practical introduction to several factors that affect the outcome of dynamic psychotherapy.

176 pages 2009 Pb 9781855756816/£19.99



Edited by Jean Arundale & Debbie Bandler Bellman
Transference and Countertransference: A Unifying Focus of Psychoanalysis

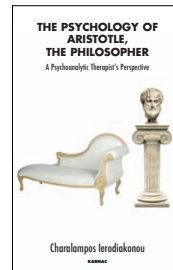
Since Freud's initial papers on transference and countertransference, these vast and inexhaustible subjects have occupied psychoanalysts.

Transference and countertransference, the essence of the patient/analyst relationship, are concepts so central to psychoanalysis that, to our minds, they transcend theoretical orientation and, thus, can be seen as the unifying focus of psychoanalysis. However differently theoretical traditions conceptualize the transference, or disagree as to when and how to interpret it in our everyday analytic work, we all embrace the phenomena as vital to psychic change.

The ten contributors to this book describe work involving the transference and countertransference, with links frequently made between such work and psychic change. These are accounts of the analyst at work, detailed clinical accounts of what can be considered to be the bread and salt of psychoanalysis, set within a theoretical framework. The theoretical viewpoints put forth are varied, encompassing Kleinian, Independent, and Contemporary Freudian theoretical orientations, and, as such, represent the varied orientations of the members of the British Psychoanalytic Association. The psychoanalytic relationship is examined, in its positive and negative aspects. This includes fine-grained observations and interpretations as well as broader views of the emotional relationship with the analyst, with many clinical

illustrations. The psychoanalytic practitioner, as well as the specialist reader, will find the studies of transference work in this book helpful in understanding the factors leading toward psychic change and the working-through of unconscious emotional dilemmas.

250 pages. DEC 2010 Pb 9781855757189/£20.99



Charalampos Ierodiakonou
The Psychology of Aristotle, The Philosopher: A Psychoanalytic Therapist's Perspective

In this book, the author collects and discusses views and ideas of the ancient philosopher Aristotle which have psychological interest and compares them with today's theories. First, the

soul-body problem is presented showing that Aristotle accepts a psychosomatic unity theorizing the human being in a holistic approach. Then the mental functions are described according to the aristotelian definitions, together with their interactions.

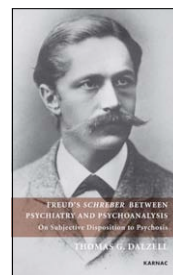
280 pages. APR 2011 Pb 9781855758117/£20.99



Donald Robertson **The Philosophy of Cognitive-Behavioural Therapy (CBT): Stoic Philosophy as Rational and Cognitive Psychotherapy**

This book is a fascinating interweaving of Stoic philosophy and contemporary cognitive-behavioural therapy.

318 pages 2010 Pb 9781855757561 £22.99

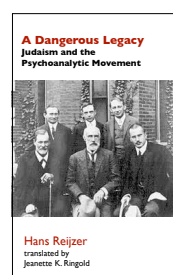


Thomas Dalzell
Freud's Schreber Between Psychiatry and Psychoanalysis: On Subjective Disposition to Psychosis

This book investigates what was distinctive about the predisposition to psychosis Freud posited in Daniel Paul Schreber, a presiding judge in Saxony's highest court. It argues that Freud's 1911

Schreber text reversed the order of priority in late nineteenth-century conceptions of the disposing causes of psychosis - the objective-biological and subjective-biographical - to privilege subjective disposition to psychosis, but without returning to the paradigms of early nineteenth-century Romantic psychiatry and without obviating the legitimate claims of biological psychiatry in relation to hereditary disposition. While Schreber is the book's reference point, this is not a general treatment of Schreber, or of Freud's reading of the Schreber case. It focuses rather on what was new in Freud's thinking on the disposition to psychosis, what he learned from his psychiatrist contemporaries and what he did not, and whether or not psychoanalysts have fully received his aetiology.

420 pages. FEB 2011 Pb 9781855758834/£24.99



Hans Reijzer, translated by Jeanette K. Ringold
A Dangerous Legacy: Judaism and the Psychoanalytic Movement

A Dangerous Legacy: Judaism and the Psychoanalytic Movement

From its beginning, psychoanalysis has been seen as a Jewish affair; and psychoanalysts have always been afraid of ending up in the position of the Jew - that of the outsider. In *A Dangerous Legacy*:

Judaism and the Psychoanalytic Movement Hans Reijzer examines how psychoanalysts have managed that fear, in the recent past and in the present. During his research, which led him to Vienna, Paris, Amsterdam, London, Jerusalem, Hamburg, and Durban, Reijzer encountered malicious as well as enlightening statements, situations, and incidents. *A Dangerous Legacy* is a striking study of an interesting area of research. Reijzer's conclusion is surprising: stereotypes about Jews are a factor not only in the everyday world but also in the psychoanalytic world as soon as Jews take part in it.

320 pages. APR 2011 Pb 9781855758582/£24.99



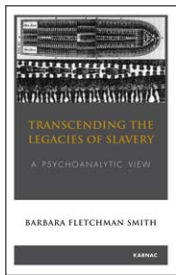
Jacqueline Schaeffer, translated by David Alcorn

The Universal Refusal: A Psychoanalytic Exploration of the Feminine Sphere and its Repudiation

Freud spoke of the "repudiation of femininity" as being an "underlying bedrock", part of the "enigma" of sexuality. The enigma is not so much

the refusal of the feminine dimension as such; it has more to do with rejecting its erotic and genital aspects, as well as its creation through sexual ecstatic pleasure. Equality between the sexes is a legitimate demand in the political, social and economic spheres, but forming a masculine-feminine relationship as a couple is a creation of the mind, exalting the acknowledgement of the otherness which is part of the difference between the sexes. There is a conflict - and the feminine dimension itself is rooted in it - between sexuality that demands "defeat" and an ego that abhors this. It is the man's masculine dimension - the antagonist of the phallic one - which creates the feminine dimension in women, by tearing away their defences and generating sexual ecstasy. The quality of the sexual, emotional and social relationship that is set up between a man and a woman bears witness to the "work of civilization" [*Kulturarbeit*].

285 pages. MAY 2011 Pb 9781855758438/£22.99

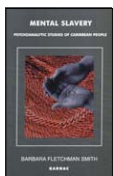


Barbara Fletchman Smith
Transcending the Legacies of Slavery: A Psychoanalytic View

This book puts psychological trauma at its centre. Using psychoanalysis, it assesses what was lost, how it was lost and how the loss is compulsively repeated over generations. There is a conceptualization of this trauma as circular. Such a situation makes it stubbornly persistent.

It is suggested that central to the system of slavery was the separating out of procreation from maternity and paternity. This was achieved through the particular cruelties of separating couples at the first sign of loving interest in each other; and separating infants from their mothers. Cruelty disturbed the natural flow of events in the mind and disturbed the approach to and the resolution of the Oedipus Complex conflict. This is traced through the way a new kind of family developed in the Caribbean and elsewhere where slavery remained for hundreds of years.

110 pages. MAR 2011 Pb 9781855758964/£21.99

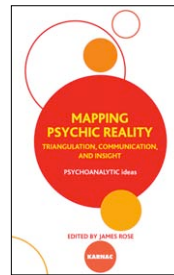


Barbara Fletchman Smith **Mental Slavery: Psychoanalytic Studies of Caribbean People** This volume examines the complex effects of the experience of slavery and its impact on generations of Caribbean peoples.

2000 Pb 9781855759084 £23.99

Psychoanalytic Ideas

A series which bring together the best and most accessible writings by analysts of the British Psychoanalytical Society



Edited by James Rose

Mapping Psychic Reality: Triangulation, Communication, and Insight

This book is about how we can deepen our understanding of subjectivity through the use of the concept of triangulation. Fundamentally, this book seeks to address the question of how we can be objective about subjectivity. If psychology, as a scientific discipline, is concerned with the study of human experience, which is essentially subjective; then we are faced with the problem of how apply the scientific method, as it is commonly understood. If experience is essentially unique to the experienter, then there seems to be a basic incompatibility with the scientific method. As currently practised, this method searches for psychic phenomena, which can be validly measured e.g. intelligence; showing a range of individual differences. But this does not enable us to examine individual experience. An individual's experience seems to become impenetrable because generalisation across different individuals' experience entails the loss of individuality in the generalisation. Thus, in using the scientific method as it usually understood, we lose the very matter we are trying to study. This leaves us with the question of how we are going to advance our inquiry?

294 pages. MAR 2011 Pb 9781855758148/£22.99

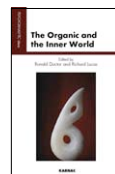
ALSO IN THE SERIES



Edited by Paul Williams **The Psychoanalytic Therapy of Severe Disturbance**

The aim of this book is to offer a state of the art communication of the key psychoanalytic thinking and approaches to the conceptualisation and treatment of severe disturbance.

268 pages. 2010 Pb 9781855756403/£19.99



Edited by Ronald Doctor **The Organic and the Inner World**

Rather than see 'organic' psychiatry on one side and 'dynamic' psychiatry on the other; the British Psychoanalytical Society now wishes to try to foster closer links between psychoanalysis and psychiatry.

138 pages. 2009 Pb 9781855756519/£17.99



Edited by Kate Barrows **Autism in Childhood and Autistic Features in Adults: A Psychoanalytic Perspective**

This is the first collection of papers published in this country which spans work with autistic children and autistic features in adults.

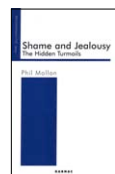
320 pages. 2008 Pb 9781855754249/£20.99



Rosine J. Perelberg **Time and Memory**

The various chapters of this book explore how the psychoanalytic notions of time can find expression in clinical practice, and shed light on historical events or literary creations.

178 pages. 2002 Pb 9781855754348/£15.99



Phil Mollon **Shame and Jealousy: The Hidden Turmoils**

In this groundbreaking book, shame and jealousy are examined as hidden turmoils; as basic human feelings found in everyone but often suppressed and neglected.

176 pages. 2002 Pb 9781855759183/£13.99



Rosine J. Perelberg **Dreaming and Thinking**

Including papers on the dream space and countertransference, the dream space, the analytic situation and eating disorders, dreams of borderline patients and the 'oracle' in dreams: the past and the future in the present.

144 pages. 2000 Pb 9781855759787/£16.99

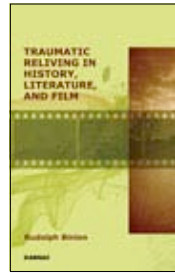
Culture & Psychoanalysis



Leo Abse **Old Testament Stories with a Freudian Twist**

This collection of Leo Abse's last essays are writings that he was working on from 2006 up to and during his final illness. They take as their starting point stories from the Old Testament. For Abse, the Bible provided a great inspiration for analysis, reflection, and speculation. His own distinctive voice is evident in every essay. Chapters include: 'Jubal: A discursive meditation on music and its origins'; 'Jacob's wrestling match'; 'The judgment of Solomon'; 'Abishag: The lure of incest'; and 'The nakedness of Noah'.

230 pages. OCT 2010 Pb 9781855758322/£20.99

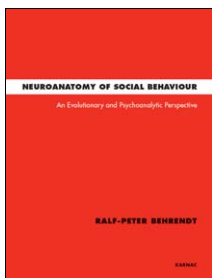


Rudolph Binion **Traumatic Reliving in History, Literature and Film**

Explores an intriguing facet of human behavior never yet examined in its own right - an individual or a group may contrive, unawares, to repeat a half-forgotten traumatic experience in disguise. Such reliving has shaped major careers and large-scale events throughout history. Insight into it is therefore vital for understanding historic causation past and present. Traumatic Reliving has also proliferated in literature since antiquity and lately in film as well, indicating its tacit acceptance as a piece of life by the reading and movie-going public. This book examines the evidence of history, literature, and film on how this irrational behavioral mechanism works.

164 pages. NOV 2010 Pb 9781855757431/£20.99

Neuroscience & Psychoanalysis



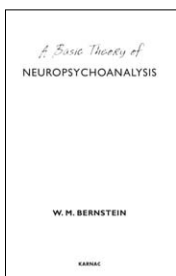
Ralf-Peter Behrendt **Neuroanatomy of Social Behaviour: An Evolutionary and Psychoanalytic Perspective**

'Behrendt has tackled a formidable challenge head-on here, namely the dream of finding a fully deterministic account of human social behaviour. He has provided this, not in

general terms, but at the detailed level of neural networks and neurotransmitter systems. His readers will be eternally grateful for the highly impressive compendium of relevant neuroscientific findings, integrated with psychoanalytic theory. This is a monumental, masterful achievement by an extremely able scientific mind.' - Mark Solms

'Behrendt's impressive scholarship takes us through a vast neuroanatomically anchored description of animal actions that behavioral neuroscience has accumulated across the past half century of intensive investigations of animal and human brains and behaviours. This is not for the faint of heart. This encyclopaedic text demands much of readers, and offers them abundant scholarship that permits them to understand the reach and implications of a cross-species functional neuroscience for understandings those vast "dynamically unconscious" neural mechanisms that govern human and animal actions. There are vast implications here for understanding the human predicament, clinical disorders, and psychoanalytical approaches that seek to restore balance to troubled brains and minds.' - Jaak Panksepp

704 pages. MAR 2011 Hb 9781855758803/£50



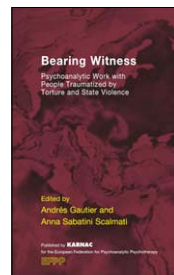
W.M. Bernstein **A Basic Theory of Neuropsychanalysis**

This book introduces a theoretical framework for studying the mind. Specifically, an attempt is made to frame ideas from psychoanalysis and cognitive-social psychology so that they can be taken readily into a realm of neurobiology. Psychoanalytic Theory still represents a very comprehensive theory of the human mind. It

includes cognitive, emotional and behavioral variables, plus the idea of unconscious mental operations. The 'pleasure principle' and 'repetition compulsion' were Freud's most general concepts of mental functioning. These concepts are renovated to get them "on the same page" with ideas from social cognition and neurobiology.

304 pages. Pb 9781855758094/£24.99

European Federation for Psychoanalytic Psychotherapy



Edited by Andres Gautier & Anna Sabatini Scalmati

Bearing Witness: Psychoanalytic Work with People Traumatized by Torture and State Violence

In their discussion of torture, the contributors to this book write of what its victims cannot put into words and the work that has to be done with them to that end. Working with a victim's account of a traumatic experience goes much further than any debriefing technique would have us believe - above all, victims need someone to listen carefully to what they have to say; that person will be the first to offer a refuge for the pain of those who have no internal "shelter" of their own. The authors go on to discuss the kind of mental processing that can free victims from their unspeakable trauma, a trauma that has no framework in time nor words with which to express it. Under the skilful editorship of Andres Gautier and Anna Sabatini, this book asks of both psychoanalysts and politicians a question that goes right to the heart of their "impossible professions."

200 pages. NOV 10 Pb 9781855757967/£20.99

RECENT TITLES IN THE SERIES



Edited by John Tsiantis & Judith Trowell **Assessing Change in Psychoanalytic Psychotherapy of Children and Adolescents: Today's Challenge** This book draws together work from across Europe by leading clinical researchers who have been looking into the effectiveness of psychoanalytic interventions.
262 pages 2010 ISBN 9781855757080/£20.99

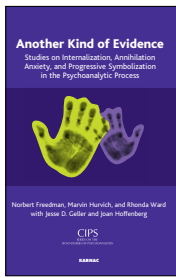


Edited by Anne-Marie Schloesser & Alf Gerlach **Crossing Borders - Integrating Differences: Psychoanalytic Psychotherapy in Transition** This book will stimulate readers to cross borders: between theory and practice, between research and everyday therapy, between out-patient and in-patient psychotherapy; between the view of ones own, the known and the culturally foreign.
292 pages 2009 ISBN 9781855757837/£20.99



Edited by Karen Vibeke Mortensen & Liselotte Grunbaum **Play and Power** This book provides fresh insights into psychosexuality, heterosexuality, bisexuality, homosexuality, and gender identity disorder.
206 pages 2010 ISBN 9781855758032/£20.99

The CIPS Book Series The Boundaries of Psychoanalysis

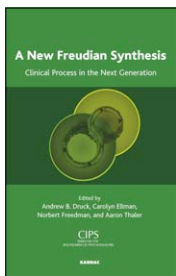


Edited by Norbert Freedman, Marvin Hurvich, Rhonda Ward, Jesse D. Geller & Joan Hoffenberg

Another Kind of Evidence: Studies on Internalization, Annihilation Anxiety, and Progressive Symbolization in the Psychoanalytic Process

In our current professional climate, with calls for 'evidenced-based treatment', and in light of the prestige accorded to this emblem, we can ask: for what purpose do we seek evidence? For our students? For the public at large? For an inner sense of feeling supported by science? Most disciplines are concerned with cumulative knowledge, aimed toward self-affirmation and self-definition, that is, establishing a sense of legitimacy. The three parts of this volume are directed toward the goal of affirming a public and private sense of the legitimacy of psychoanalysis, thereby shaping professional identity. In each contribution we adhere to the precepts of 'scientific inquiry', with a commitment to affirming or disconfirming clinical propositions, utilizing consensually agreed upon methods of observation, and arriving at inferences that are persuasive and have the potential to move the field forward. Beyond this, each part of this book describes distinct methodologies that generate evidence pertaining to public health policy, the persuasiveness and integrity of our psychoanalytic concepts, and phenomena encountered in daily clinical practice.

358 pages. APR 2011 Pb 9781855758520/£29.99



Edited by Andrew B. Druck, Carolyn S. Ellman, Norbert Freedman & Aaron Thaler

A New Freudian Synthesis: Clinical Process in the Next Generation

This work presents a vision of contemporary Freudian psychoanalysis. The contributors show

how modern Freudian analysts have translated and retranslated the contributions of analysts on whose shoulders they stand, including Freud, Winnicott, Loewald, Ferenczi and others, and synthesized them into a new conception of Freudian theory and technique. The opening chapters provide a theoretical overview, demonstrating the evolution of Freudian theory and ways in which different theories can be integrated. The latter chapters, forming the bulk of the volume, translate that frame into clinical process. Analysts confronted with clinical dilemmas - for example, patients who cannot, for various reasons, use interpretations productively - find ways to address these dilemmas while deepening the analytic process. The reader will find that a new synthesis has taken place in which the relationship with the analyst is a crucial element in setting the stage for patients to take a closer look into their inner world. This detailed examination of the clinical techniques that were implied but not developed by past analysts has led to a new Freudian synthesis, which is the unique contribution of this volume.

316 pages. JAN 2011 Pb 9781855758650/£29.99

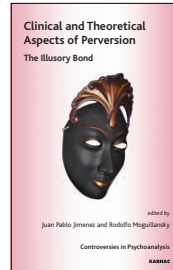


Steven J. Ellman **When Theories Touch: A Historical and Theoretical Integration of Psychoanalytic Thought** This book aims to deconstruct the different theoretical perspectives of psychoanalysis, and reconstruct these concepts in a language that is readily understood.

736 pages. Pb 9781855758681/£39.99

INTERNATIONAL PSYCHOANALYTIC ASSOCIATION SERIES

Controversies in Psychoanalysis



Edited by Juan Pablo Jimenez & Rodolfo Moguillansky

Clinical and Theoretical Aspects of Perversion: The Illusory Bond

Perversion is a challenge for theory and psychoanalytic practice that Juan Pablo Jimenez and Rodolfo Moguillansky, American psychoanalysts known for the originality of their

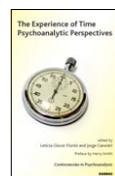
contributions, have managed successfully. In this book they offer us vivid and detailed clinical material of patients of analysis who presented various kinds of perversions, which they accompany by a comprehensive and accurate review of major psychoanalytic contributions on the subject, and their own contributions to it.

'The reader will find not only scholarship, but also he will find himself trapped in a thriller where the analyst is continually asked to leave his role as analyst to enter a game that fascinates and rejects. In a masterful way the authors describe their own internal vicissitudes in the treatment of these patients, the counter-transferential difficulties and how perversion becomes a source of inevitable collusions in the mind of the analyst. They take us to face, from an intersubjective perspective, dilemmas of interpretation, and to become aware of the situations in which the classic transference interpretation, when it is not attuned to the psychic reality of the patient can retraumatize him and generate adverse events.

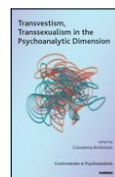
We also count, as in thrillers, on researchers who help us review the facts and the storyline. The chapters of the book are accompanied by discussions with relevant well-known figures of psychoanalysis, as P. Fonagy, C. Featherson, and R. Krause. The end result enriches the reader with this exchange of opinions, that is in agreement with the poliphonic character of current pluralistic psychoanalysis.'

- Ricardo Bernardi, IJP Latin American Editor

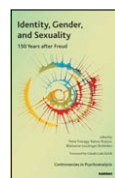
220 pages APR 2011 Pb 9781855758070/£22.99



Leticia Glocer Fiorini & Jorge Canestri (Eds) **The Experience of Time: Psychoanalytic Perspectives** This book's hypothesis is that psychoanalysis revolutionizes the common conception of time, similar to the revolution in physics.
224 pages 2009 ISBN 9781855757752/£25.99

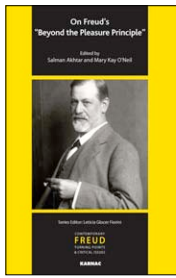


Giovanna Ambrosio (Ed.) **Transvestism, Transsexualism in the Psychoanalytic Dimension** This book on transsexualism and transvestism shows exactly how psychoanalysis can reflect, discuss, dialogue and formulate useful insights on one of the most challenging situations that nowadays confront all members of the mental health community.
144 pages 2009 ISBN 9781855757653/£20.99



Peter Fonagy, Rainer Krause & Marianne Leuzinger-Bohleber (Eds) **Identity, Gender, and Sexuality: 150 Years After Freud** This book provides fresh insights into psychosexuality, heterosexuality, bisexuality, homosexuality, and gender identity disorder.
2009 ISBN 9781855757646/£20.99

Contemporary Freud: Turning Points and Critical Issues



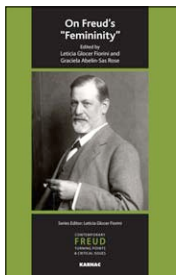
Edited by Salman Akhtar & Mary Kay O'Neil

On Freud's "Beyond the Pleasure Principle"

Freud's *Beyond the Pleasure Principle* constitutes a major landmark and a real turning point in the evolution of psychoanalytic theory. The "death instinct" became a stepping stone to the latter conceptualizations of mind's attacks on itself, negative narcissism, addiction to near-death, and the utter destruction of meaning in some clinical situations.

The editors have gathered a body of distinguished psychoanalysts from around the world to argue, discuss, elaborate upon, and advance Freud's path-breaking contribution. The result is a book of rare intelligence, charm, and clinical significance.

336 pages. APR 2011 Pb 9781855757851/£24.99



Edited by Leticia Glocer Fiorini & Graziela Abelin-Sas Rose

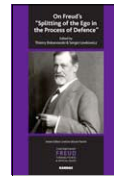
On Freud's "Femininity"

In this book a group of contemporary psychoanalytic authors dedicated to studies on women and the feminine have been assembled with the objective of displaying points of concordance and discordance in relation to Freudian proposals. Discourse on women has changed greatly since Freud's time. It coincides with deep changes experienced by women and the feminine position, at least in most of the Western world. It is common knowledge that contraceptives, assisted fertili-

zation, advances in women's rights, growingly evident sublimational capacities and demonstrations of professional success have definitely changed ideas regarding an eternal and immutable feminine nature. They select as a starting point: "Femininity", the thirty-third lecture of the *New Introductory Lectures on Psycho-Analysis* (1933 [1932]), a paper in which Freud reflects, and at the same time expands, ideas developed in previous texts which state his concepts on femininity.

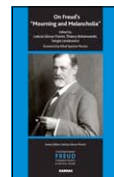
zation, advances in women's rights, growingly evident sublimational capacities and demonstrations of professional success have definitely changed ideas regarding an eternal and immutable feminine nature. They select as a starting point: "Femininity", the thirty-third lecture of the *New Introductory Lectures on Psycho-Analysis* (1933 [1932]), a paper in which Freud reflects, and at the same time expands, ideas developed in previous texts which state his concepts on femininity.

220 pages. JUN 2010 Pb 9781855757011/£22.99



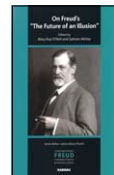
Edited by Thierry Bokanowski & Sergio Lewkowicz **On Freud's "Splitting of the Ego in the Process of Defence"** Starting with the history of the concept, the book covers recent theorizations on the theme. It presents the relationship between the "splitting" and complex clinical cases such as borderline, perverse and psychosomatic conditions.

220 pages. 2009 Pb 9781855757554/£23.99



Edited by Leticia Glocer Fiorini, Thierry Bokanowski & Sergio Lewkowicz **On Freud's "Mourning and Melancholia"** Both melancholia and mourning are triggered by the same thing, that is, by loss. The distinction often made is that mourning occurs after the death of a loved one while in melancholia the object of love does not qualify as irretrievably lost.

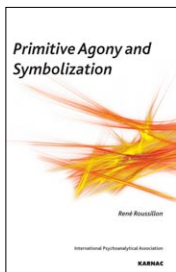
2007 Pb 9781855757448/£20.99



Edited by Mary Kay O'Neil & Salman Akhtar **On Freud's "The Future of an Illusion"** This volume considers Freudian ideas on religion and their implications today, while focusing on the contradictions and gaps in Freud's proposals.

2008 Pb 9781855756274/£25.99

Psychoanalytic Ideas and Applications

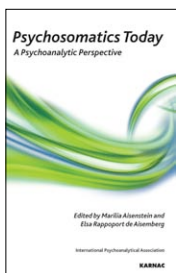


Rene Roussillon

Primitive Agony and its Symbolization

The fundamental outlook of this book is clinical. It attempts to establish a unitary theory of the processes at work in different forms of narcissistic pathology, and to offer a model that is both an alternative to, and complementary to, Freud's model of what are usually considered to be neurotic problems. The aim is to extract a sequence of mental processes that could be seen as typical of narcissistic disturbances of the sense of identity, with their several forms and clinical variations. The book describes how these are structured, together with their intrapsychic and intersubjective functions, based on the hypothesis of a defensive pattern that is set up to counter the effect of a split-off primary trauma and the threat that hangs over the mind and subjectivity.

264 pages JAN 2011 Pb 9781855758568/£24.99



Edited by Marilia Aisenstein & Elsa Rappoport de Aisemberg

Psychosomatics Today: A Psychoanalytic Perspective

Psychosomatics have classically been of peripheral importance within our well-known theoretical models, despite the fact that they do have a history in the field of psychoanalysis. This might be owing to the fact that Freud did not explicitly approach psychosomatics and, in consequence, did not put forward

any hypotheses within his theoretical body. However, the Freudian concepts of "actual neuroses" and "mixed neuroses" are a basis in order to understand psychosomatic phenomena. The same could be said about the connections established with subsequent Freudian theoretical models, such as: the introduction of narcissism, unresolved mourning processes, early trauma and the action of Thanatos.

230 pages JUL 2010 Pb 9781855758612/£22.99



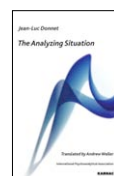
Edited by Salman Akhtar **Good Feelings: Psychoanalytic Reflections on Positive Emotions and Attitudes** This tightly edited volume opens a new vista in psychoanalysis by focusing upon positive and life-enhancing emotions and attitudes.

520 pages. 2009 ISBN 9781855757806/£37.00



Madeleine Baranger & Willy Baranger. **The Work of Confluence: Listening and Interpreting in the Psychoanalytic** These contributions represent a pioneering work of great interest to the field of psychoanalysis.

272 pages. 2009 ISBN 9781855757615/£25.99

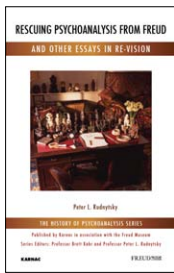


Jean-Luc Donnet. **The Analyzing Situation** In this book Jean-Luc Donnet explores the particularities of the status of the method in psychoanalysis, linked to the specificity of unconscious psychic processes.

208 pages 2009 ISBN 9781855757660/£22.99

History of Psychoanalysis Series

The series seeks to publish outstanding books that illuminate the history of psychoanalysis from Freud to the present as well as to reintroduce classic works in the field to contemporary readers



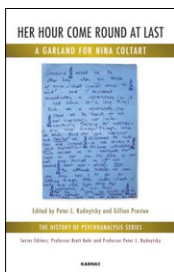
Peter L. Rudnytsky
Rescuing Psychoanalysis from Freud and Other Essays in Re-Vision

Peter Rudnytsky takes a fresh look at the history of psychoanalysis and psychoanalytical ideas. Beginning with Freud, this book contains a series of essays that follow chart a roughly chronological progression through Ferenczi and

Stekel, then to Winnicott, and to Winnicott's younger colleagues in the Independent group, Coltart and Little. Written by a distinguished professor and psychoanalyst this book will be found to reflect the author's deep understanding of this subject.

Why has psychoanalysis, beginning with Freud, so often betrayed its own ideals? Who has represented the best in psychoanalysis by refusing to place undue deference to authority - or loyalty to a movement - above the search for truth and concern for the welfare of patients? What are the connections between an analyst's life and work? How can a reconciliation of its claims to be both an art and a science help to ensure the future of psychoanalysis? These are the questions that inspire Gradiava Award winner Peter L. Rudnytsky's latest groundbreaking book. At once spellbinding case histories and meticulously crafted gems of scholarship, Rudnytsky's essays are re-visions in that each sheds fresh light on its subject, but they are also avowedly revisionist in their skepticism toward all forms of psychoanalytic orthodoxy. The result is a synthesis that brilliantly illuminates the history - and essence - of psychoanalysis from a resolutely independent perspective.

212 pages. APR 2011 Pb 9781855758735/£22.99



Edited by Peter L. Rudnytsky & Gillian Preston

Her Hour Come Round at Last: A Garland for Nina Coltart

This title is a celebration of the life of Nina Coltart, who had a career in medicine and psychoanalysis and was author of bestselling titles in psychotherapy *The Baby and the*

Bathwater and *How to Survive as a Psychotherapist*. The book contains a large number of contributions by specialists in the field including Michael Eigen, Estela Welldon and Christopher Bollas.

The book offers a long-overdue tribute to Nina Coltart (1927-1997), who was a leading figure in the Independent Group of the British Psychoanalytical Society and, indeed, one of the greatest psychoanalysts of the twentieth century. In addition to providing a comprehensive assessment of Coltart's life and work by patients, supervisees, friends, family members, and readers, the editors have compiled all of her hitherto unpublished or uncollected writings, making this book a capstone of her legacy to psychoanalysis.'

Nina Coltart was a courageous analyst who insisted on speaking with a voice that was distinctively her own. *Her Hour Come Round at Last* comprises a number of essays not included in her three books, and previously unpublished writings, along with tributes paid to her by friends, patients, colleagues, and others. Taken together, these pieces manage to convey a sense of who Nina Coltart was in all her full and complex humanity.'

Thomas H. Ogden, MD

398 pages. MAR 2011 Pb 9781855758780/£29.99

CFAR Library

The Centre for Freudian Analysis and Research (CFAR) was founded in 1985 with the aim of developing Freudian and Lacanian psychoanalysis in the UK. The CFAR Library aims to make classic Lacanian texts available in English for the first time, as well as publishing original research in the Lacanian field.



Genevieve Morel
Sexual Ambiguities

How does one become a man or a woman? Psychoanalysis shows that this is never an easy task and that each of us tackles it in our own, unique way. In this important and original study, Genevieve Morel focuses on what analytic work with psychotic subjects can teach us about the different solutions human beings can construct to the question of sexual identity.

Through a careful exposition of Lacanian theory, Morel argues that classical gender theory is misguided in its notion of 'gender identity' and that Lacan's concept of 'sexuation' is more precise. Clinical case studies illustrate how sexuation occurs and the ambiguities that may surround it. In psychosis, these ambiguities are often central, and Morel explores how they may or may not be resolved thanks to the individual's own constructions. This book is not only a major contribution to gender studies but also an invaluable aid to the clinician dealing with questions of sexual identity.

280 pages. APR 2011 Pb 9781855755840/£20.99



Annie Tardits
The Trainings of the Psychoanalyst

If psychoanalysis, for Freud, was an impossible profession, what consequences would this have for psychoanalytic training? And if one's own personal analysis lay at the heart of psychoanalytic training, how could what one had learnt from this be transmitted, let alone

taught?

In this groundbreaking book, Annie Tardits explores the many attempts that analysts have made to think through the problems of psychoanalytic training. Moving from Freud and his first students through to Lacan and his invention of the 'pass', Tardits charts the changing conceptions of psychoanalytic training. With clarity and elegance, she shows how different ideas of what psychoanalysis is will have effects on how training is understood. If psychoanalysis involves each person's unique unravelling of the unconscious and of sexuality, what kind of training would be appropriate, or even possible?

176 pages. APR 2010 Pb 9781855756434/£20.99



Markos Zafiropoulos
Lacan and Levi-Strauss or The Return to Freud (1951-1957)

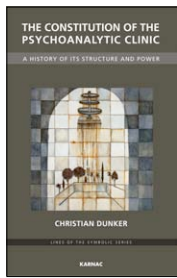
Lacan and Levi-Strauss are often mentioned together in reviews of French structuralist thought, but what really links their distinct projects? In this important study, Markos Zafiropoulos shows how Lacan's famous 'return to Freud' was only made possible through Lacan's reading of Levi-Strauss. Via a careful and

illuminating comparison of the work of the psychoanalyst and that of the anthropologist, Zafiropoulos shows how Lacan's theories of the symbolic function, of the power of language, of the role of the father and even of the unconscious itself owe a major debt to Levi-Strauss, the 1950s.

242 pages. APR 2010 Pb 9781855757264/£21.99

Lines of the Symbolic

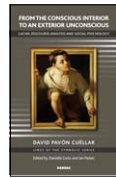
This series opens connections between different cultural sites in which Lacanian work has developed in distinctive ways, in forms of work that question the idea that there could be single correct reading and application.



Christian Dunker
The Constitution of the Psychoanalytic Clinic: A History of its Structure and Power

This book provides a detailed examination of the historical roots of psychoanalysis from ancient Greece to the late nineteenth century, focusing on social practices that were related to the founders of psychoanalytic theory and maintained within contemporary treatment. Alongside the reconstruction of an evolutionary accumulation of healing practices, the book includes linked discussions of current issues pertaining to psychoanalytic treatment and its working structure as elaborated by Freud and

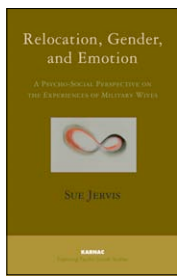
Lacan. There are vital political consequences for psychoanalytic practice - here articulated with an acknowledgement of these practical derivations of early pre-psychoanalytic treatments of the soul. The book demonstrates that these are neither mere techniques nor concepts of the world and the human subject, but they concern the way the problem of power is articulated. The historical establishment of psychoanalytic practice becomes legible through analysis of the traces of the elements of a political ontology, an account of the roots of those traces and the elaboration of the conceptual structure of psychoanalysis as theory and treatment, a praxis which maintains its own distinctive identity.
436 pages. DEC 10 Pb 9781855756465/£29.99



David Pavon Cuellar **From the Conscious Interior to an Exterior Unconscious: Lacan, Discourse Analysis and Social Psychology** This striking Lacanian contribution to discourse analysis is also a critique of contemporary psychological abstraction, as well as a reassessment of the radical opposition between psychology and psychoanalysis.
392 pages. 2010 Pb 9781855757943/£29.99

Exploring Psycho-Social Studies

A series of publications which demonstrate the breadth and innovation of the new paradigm of psycho-social studies.

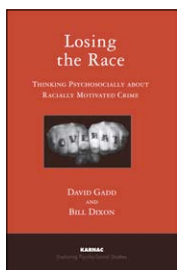


Sue Jervis
Relocation, Gender and Emotion: A Psycho-Social Perspective on the Experiences of Military Wives

This book has two main aims: firstly, to provide a rare, detailed description of the use of a psychoanalytically informed, reflexive research method to achieve an in-depth understanding of social phenomena; and secondly, to throw some much needed light onto the complex, intrapsychic and interpersonal influences that impact upon "military wives" who accompany members of the British Armed Forces to postings overseas. These arguments are particularly relevant at a time when the military is over-stretched, given that unhappy wives can adversely affect the retention of servicemen. This is an important contribution to the on-going development of psycho-social studies.

The book describes the personal losses that the wives of service personnel commonly sustain each time they relocate, which inevitably evoke mourning, depressive anxiety and related defences. In addition, wives' unwitting collusion with the patriarchal military institution, which fails to recognize them as individuals, further undermines their identities. These largely unconscious emotional upheavals have potentially profound consequences, both for servicemen's wives and for the military itself. The book recommends various policy changes that would result in wives' losses becoming better recognized, enabling them to be "worked through" more quickly.

242 pages. FEB 2011 Pb 9781855757097/£24.99



Edited by David Gadd & Bill Dixon
Losing the Race: Thinking Psychosocially about Racially Motivated Crime

Based on a two-year research project funded by the Economic and Social Research Council (ESRC), this book explores why many of those involved in racially motivated crime seem to be struggling to cope with economic, cultural and

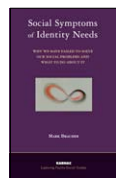
emotional losses in their own lives. Drawing on in-depth biographical interviews with perpetrators of racist crimes and focus group discussions with ordinary people living in the same communities, the book explores why it is that some people, and not others, feel inclined to attack immigrants and minority ethnic groups. The relationships between ordinary racism, racial harassment and the politics of the British National Party are also explored, as are the enduring impacts of deindustrialisation, economic failure and immigration on white working class communities. The book assesses the legacy of New Labour policy on community cohesion, hate crime and respect in terms of its impact on racist attitudes and racist incidents, and explores how it is that racist attacks, including racist murders, continue to happen. The book concludes by using psychoanalytically informed psychosocial concepts to explore examples of how and why race-thinking can be put aside and what it is that needs to happen to get perpetrators to loosen or shed their emotional investments in hatred and violence.

288 pages. JAN 2011 Pb 9781855757936/£20.99

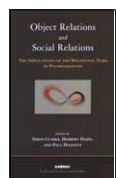
ALSO IN THE SERIES



Edited by Simon Clarke and Paul Hoggett **Researching Beneath the Surface: Psycho-Social Research Methods in Practice** This book offers an overview of the rapidly expanding field of Psycho-Social research. Drawing on aspects of discourse psychology, continental philosophy and anthropological and neuro-scientific understandings of the emotions, psycho-social studies has emerged as an embryonic new paradigm in the human sciences.
288 pages. 2009 ISBN 9781855756182/£21.99

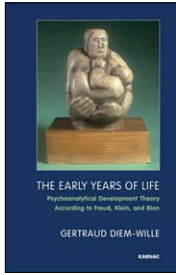


Mark Bracher **Social Symptoms of Identity Needs: Why We Have Failed to Solve Our Social Problems and What to do About It** Explains how our major social problems, including crime, violence, terrorism, war, substance abuse, and prejudice, are the result of efforts by their perpetrators to maintain a secure identity, or sense of self.
316 pages. 2009 ISBN 9781855756540/£22.99



Edited by Simon Clarke, Paul Hoggett and Herbert Hahn **Object Relations and Social Relations: The Implications of the Relational Turn in Psychoanalysis** In this book Jean-Luc Donnet explores the particularities of the status of the method in psychoanalysis, linked to the specificity of unconscious psychic processes.
232 pages 2008 ISBN 9781855755635/£21.99

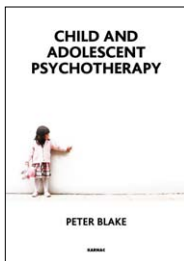
CHILDHOOD AND FAMILY STUDIES



Edited by Gertraud Diem-Wille, Norman Merems, Camilla Nielsen Benjamin McQuade
The Early Years of Life: Psychoanalytical Development Theory According to Freud, Klein, and Bion

This book provides a powerfully argued and beautifully constructed account of the early development of the child in the family context from a psychoanalytic perspective. It draws particularly on the theoretical trajectory from Freud to Klein and Bion. It is written in a clear, accessible and jargon-free style and it is evident that the author wishes to reach and interest a wide audience of parents and others involved in the upbringing of children in the broadest sense. The growth of the child's mind is the story she wants to tell. The wealth of detailed examples drawn from the systematic observation of babies and young children, from more everyday observation of children's behaviour in family and social contexts and from a range of clinical interventions draws the reader into a vivid understanding of the author's conceptual framework and provides many memorable vignettes of children's lives. The method of presentation, in which the descriptive material is followed by an interpretation of its psychological and developmental significance, offers the opportunity to immerse oneself in an account of the detailed play and interactions of a child with parents or therapist or other children and then to draw back and think about the complex processes one has been privileged to observe.

300 pages. JAN 2011 Pb 9781855757103/£22.99



Peter Blake
Child and Adolescent Psychotherapy

In this book, Peter Blake articulates his clinical practice of child and adolescent psychotherapy. A clear conceptual framework and historical context is provided for the work. The book is then structured to follow the therapeutic process, from assessment (referral and initial

interview, individual assessment, developmental considerations,

assessment for therapy, working with parents) to therapy (physical and mental settings, interpretation, the role and challenges of play, transference and countertransference, termination). Drawing on the Winnicottian tradition, in which fun and humour have a place in child and adolescent work, Blake demonstrates how a therapist can be playful and less directly interpretative. How psychodynamic thinking can be applied in an effective yet time-limited manner is also demonstrated. The text is enlivened by many case studies and clinical anecdotes. For therapists who are new to child and adolescent psychotherapy, and who wish to take a psychodynamic approach, the book will provide a valuable introduction. For professionals who refer to or work with child and adolescent therapists, the book will provide insight into the field, dissipating much of the mystique and misunderstanding that surrounds this work. Experienced child and adolescent therapists will find of interest how Blake integrates a Kleinian, Object-Relations approach with more Interpersonal (now, Relational) thinking.

344 pages. MAR 2011 Pb 9781855758988/£27.99



Edited by Michael Gunter & Harriett Hasenclever
Technique in Child and Adolescent Analysis

These are the papers on the topic of problems with child and adolescent analysis. The contributors come from widely differing theoretical backgrounds and use a broad variety of metapsychological concepts, among them contemporary Kleinian, post-Bionian classical Freudian. This collection helps widen our understanding of technique with children and adolescents and together they show a very modern psychoanalytic technique may be emerging from modern recent work with children and adolescents.

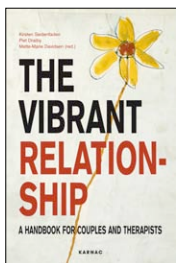
152 pages. JAN 2011 Pb 9781855757158/£20.99



Leticia Franieck & Michael Gunter **On Latency: Individual Development, Narcissistic Impulse Reminiscence and Cultural Ideal** The aim of this book is to raise a number of relevant questions, which have not received much attention in psychoanalysis up to now. To this end empirical findings are related to conceptual elaboration in order to advance knowledge.

138 pages. 2010 Pb 9781855757400/£16.99

Systemic Thinking and Practice Series



Kirsten Seidenfaden, Piet Draiby,
 Translated by James Bulman-May
The Vibrant Relationship: A Handbook for Couples and Therapists

Creating and sustaining a vibrant relationship is one of the most difficult challenges we come across in our lives. But when we do succeed, it is the source of a truly deep and lasting happiness.

To succeed, we need some tools to help us on our way.

The subject of this book is the Dialogue of Acknowledgement, an extremely efficient and loving tool that can help people come to grips with problems as well as form the basis for a new way of living and ethical practice, both within the couple and in all other relationships in life.

This book hopes to introduce the reader to a way to a shared life of openness, curiosity, acknowledgement, appreciation, and

recognition and help them to learn how to converse and listen so that it will be possible for you to explore yourselves and each other in new ways.

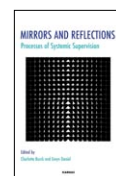
224 pages. FEB 2011 Pb 9781855758131/£20.99

RECENT TITLES IN THE SERIES



Edited by Glenda Fredman, Eleanor Anderson & Joshua Stott
Being with Older People: A Systemic Approach The authors of this volume take as their starting point "striking moments" in their practice with older people, their families and other practitioners. They integrate these with current systemic thinking to offer new perspectives on working with older people.

300 pages. 2010 Pb 9781855755826/£21.99



Edited by Charlotte Burck & Gwyn Daniel
Mirrors and Reflections: Processes of Systemic Supervision Looking at processes within systemic supervision involves engaging with the different contexts within which the supervision takes place and engaging with a range of theories - some developed or applied within therapeutic contexts and others drawn from theories of learning.

418 pages. 2010 Pb 9781855756007/£29.99

PSYCHOTHERAPY

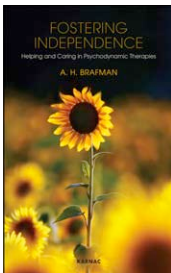


Dov R. Aleksandrowicz & Malca Aleksandrowicz

The Injured Self: The Psychopathology and Psychotherapy of Developmental Deviations

The book examines the clinical implications of innate developmental individuality. The authors present a model of what they call "developmentally informed" therapy, based on the assumption that biologically determined (or co-determined) maladjusted behaviours and deficiencies of ego functions cannot be resolved by interpretation of an unconscious conflict, but need to be "validated", analysed, and integrated with the personality. Several clinical case histories illustrate the authors' approach. The case presentations are followed by a discussion of counselling parents of children with developmental deviations. The authors also discuss the theoretical issues that arise from this and the role of cognition, especially learning, in the therapeutic relationship and the therapeutic process. Finally, the authors present some recent advances in neuro-behavioural sciences which appear relevant to the issues discussed in the book and close with a concluding discussion.

272 pages. MAY 2011 Pb 9781855758421/£21.99

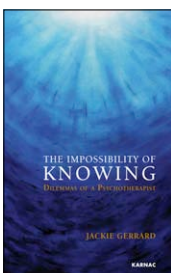


A.H. Brafman

Fostering Independence: Helping and Caring in Psychodynamic Therapies

In a series of papers, the author addresses the needs of students, patients, and practitioners of psychodynamic therapies. The work of these professionals with children and with adults is discussed from a pragmatic point of view, stressing the importance of recognizing the needs and capacities of each individual patient. At the same time, the author focuses on the professional's role in the clinical interaction, emphasizing the need to identify and respect what leads him to the consulting room, and what he expects to obtain from this strenuous and demanding type of work. The evolution of psychodynamic theories has led to its being often defined as a new version of the patient's earliest relationship of dependence on a maternal figure. The author discusses the implications of such a formulation and argues that, however correct it may be when referring to a small number of patients, it is important that, for the majority of cases, the professional should aim to help the patient to find and develop his or her independence and self-sufficiency.

244 pages. JAN 2011 Pb 9781855758285/£20.99



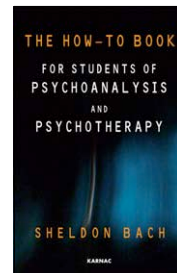
Jackie Gerrard

The Impossibility of Knowing: Dilemmas of a Psychotherapist

This is a book that assembles and integrates Jackie Gerrard's clinical work and thinking over the many years of her working life. Part I focuses on patients with specific types of psychopathology and explores particular difficulties in technique and thinking. Part II addresses the issues of love, hate, and the erotic. In Part III, specific challenges to the psychotherapeutic frame are demonstrated in chapters on enactments and on work with an absent patient. Richly illustrated

throughout with clinical vignettes, above all, Gerrard stresses the importance of the enquiring mind and the struggle not to "know" but to be ever ready to "not know" and to explore. The book should be of interest to qualified practitioners, to those who are training in psychodynamic or psychoanalytic work, and to anyone who has an interest in psychoanalysis and the "impossibility of knowing".

176 pages. MAR 2011 Pb 9781855758247/£21.99



Sheldon Bach

The How-To Book for Students of Psychoanalysis and Psychotherapy

This is a book that grew out of the many practical "how-to" questions that the author's psychotherapy students have asked him over the years. It is neither an evidence-based compendium nor an attempt to summarize general practice or the viewpoints of others, but rather a handbook of practical answers to many of the questions that may puzzle students of psychotherapy and psychoanalysis. Some of the short chapters include:

How to choose a personal psychoanalyst

How to do an initial interview

How to listen to a patient

How to recognize and understand self-states, multiple identities, true and false selves, etc.

How to tell what the transference is

How to deal with the sadomasochistic transference

How to understand the need for recognition

How to think about analytic process.

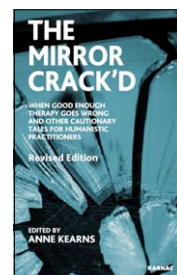
How to practice holistic healing. How to refer a patient for medication.

How to get paid for your work.

How to manage vacations, weekends, illnesses, no-shows and other disturbances of continuity.

While trying to give simple answers to sometimes very difficult questions, it is written at a level of sophistication that may make it of interest even to experienced practitioners.

102 pages. FEB 2011 Pb 9781855758872/£9.99

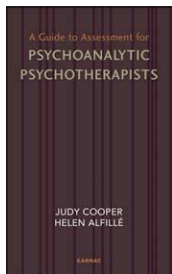


Anne Kearns

The Mirror Crack'd: When Good Enough Therapy Goes Wrong and Other Cautionary Tales for the Humanistic Practitioner

Revised edition. This title is as a wake-up call to take seriously the climate in which mental health professionals practice in which complaints and civil actions against psychotherapists and counsellors are on the increase and to sharpen assessment skills accordingly. It is also designed to help professionals to think about the "therapeutic frame" and what can happen to both the practitioner and the client when it is broken and finally to give voice to some colleagues who have been involved in the area of complaints in the hope that you and the organisations under whose codes of ethics you practice will take more of an interest in making those codes and frameworks more relevant to the intricacies of the therapeutic relationship. The message is simple: injuries that happen in relationships need to be addressed in relationships.

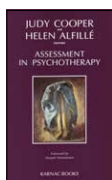
226 pages. DEC 2010 Pb 9781855757172/£20.99



Judy Cooper & Helen Alfillle
A Guide to Assessment for Psychoanalytic Psychotherapists

Psychoanalytic psychotherapists and psychoanalysts inevitably find themselves doing assessment in their work, both in private practice and in a clinical setting such as the NHS. The authors felt a need for a book that covers this vital aspect of their work, which would be of benefit both to students in training and to practitioners. Amongst subjects covered are the nature of assessments, the setting, consultation, contraindications, and clinical examples. This title contains the distilled wisdom of over twenty years experience in the field.

80 pages. JAN 2011 Pb 9781855755529/£9.99



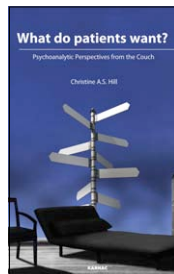
Edited by Judy Cooper & Helen Alfillle, **Assessment in Psychotherapy** Addresses the complexities of psychoanalytic assessment. Comprises a comprehensive review of relevant literature and contributions from various psychotherapists on the different aspects of the assessment process.

1998 Pb 9781855751583/£25.99



Edited by Helen Alfillle & Judy Cooper **Dilemmas in the Consulting Room** The editors have wisely chosen papers which address basic concerns about what happens when working with patients in the consulting room.

224 pages. 2002 Pb 9781855752689/£25.99



Christine A.S. Hill
What do Patients Want? Psychoanalytic Perspectives from the Couch

Provides readers with an insight into patients' psychoanalytic experiences "from the couch". Outcome studies have usually privileged the practitioner or researcher's voice, whilst underutilizing the rich published accounts of patients' own stories. Thus very little is understood or valued as to what actually takes place between patient and analyst, from the patient's perspective. This book sets out to tell the stories of eighteen ex-patients who, in interviews, reflected upon their experiences and described the factors which they believed were helpful - or not - in their analytic treatment. Free associating to an open question about how they understood and gave meaning to their personal journeys, these patients provided very vivid accounts of their analyses, demonstrated with clinical material. Their stories generally indicate a sophisticated understanding of the analytic process. Significant findings are discussed in each chapter, and then key conceptual issues are brought together at the end. The book is written in a journey format with each chapter related to a specific theme. The patients describe how the whole process began, and then bring up issues linked with working through the transference/counter-transference relationship in its multi-faceted aspects, and finally reflect upon the termination period and its aftermath.

240 pages. NOV 2010 Pb 9781855757196/£20.99

Gestalt Therapy

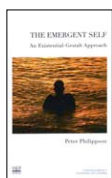


Gilles Delisle
Personality Pathology: Developmental Perspectives

Whatever the profile of his practice the psychotherapist has to be able to work with personality disorders and understand how they arise. This essential competence enables him to make informed clinical decisions. So, the modest aim of this book is to be of use to the therapist in his daily practice. Of course it does not

exempt anyone from thinking and doing his own reading according to his interests and particular queries. The integrative structure which is the basis of this work is known both as Relational Psychotherapy and as Object Relational Gestalt-therapy. It is written for all psychotherapists interested in finding out about developmental issues. The reader who is not familiar with the clinical theory of relational psychotherapy will find in the first chapters, a synthesis of its main features. This should allow him to read and make wise clinical use of the chapters on the main developmental issues.

234 pages. MAY 2011 Pb 9781855757271/£20.99



Peter Philippson **The Emergent Self: An Existential Gestalt Approach**

This book tracks a particular understanding of self, philosophically, from research evidence and in its implications for psychotherapy.

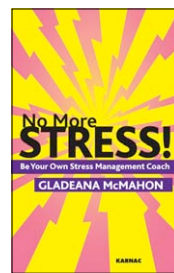
160 pages. 2009 Pb 9781855755253/£17.99



Serge Ginger **Gestalt Therapy: The Art of Contact** This book is written mostly for beginners and for psychotherapy clients: it summarizes the central philosophy of this approach and the main techniques for the enrichment of contact. It includes sketches, charts, indexes, a glossary and a bibliography, which together comprise of a convenient tool.

172 pages. 2007 Pb 9781855755710/£20.99

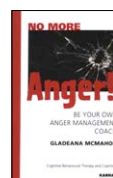
Cognitive-Behavioural Therapy



Gladeana McMahon
No More Stress! Be your Own Stress Management Coach

Takes the skills and techniques of Cognitive-Behavioural Therapy and Cognitive-Behavioural Coaching to offer you the opportunity of taking control of your stress. It will help you understand what is happening to you and teaches you how to overcome stress through exercises and strategies. If you use and practise the skills in this book, you will learn how to become your own stress management coach. For some people, using the skills in this book may be enough to become stress free. For others, the book will help to reduce the stress they experience. It is an invaluable tool for all.

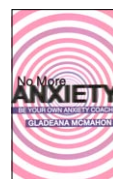
208 pages. DEC 10 Pb 9781855755017/£14.99



Gladeana McMahon **No More Anger! Be Your Own Anger Management Coach**

This book illustrates the cognitive behavioural approach to dealing with anger problems. It provides a range of strategies to help reduce or manage anger and also alleviate stress. With hard work and practice the techniques will help many reader

190 pages. 2007 Pb 9781855754300/£13.99

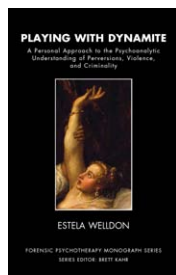


Gladeana McMahon **No More Anxiety! Be Your Own Anxiety Coach**

This clear and concise volume looks at different anxieties, phobias, stress disorders, obsession-compulsive disorders and burn-out. It promotes the increasingly popular method of cognitive-behavioural approach and therefore includes very practical advice with exercises. It also has a section on frequently asked questions and dietary advice. Details on further reading are listed as well as useful resources for people suffering from anxiety-related disorders.

160 pages. 2005 Pb 9781855753815/£15.99

Forensic Psychotherapy Series



Estela V. Weldon

Playing with Dynamite: A Personal Approach to the Psychoanalytic Understanding of Perversions, Violence, and Criminology

Estela Weldon brings together a generous selection derived from her many literary gems, in which she illustrates her groundbreaking—and sometimes explosive—studies of female sexuality and perversions, perverse transference, malignant bonding, perverse motherhood, and the impact upon children of viewing domestic violence. Along with these are vivid descriptions of group analytic psychotherapy with forensic patients and, uniquely, of the joint group treatment of incest survivors and perpetrators. She also outlines the development of forensic psychotherapy as a new field of clinical and academic endeavour and her involvement in this. In a series of interviews with Brett Kahr she describes her professional journey, from being trained by Horacio Etchegoyen in her native Argentina, followed by an eye-opening period at the Menninger Clinic, then eventually to London and a distinguished career at the Portman Clinic.

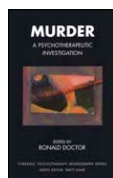
320 pages. MAR 2011 Pb 9781855757424/£23.99

ALSO IN THE SERIES



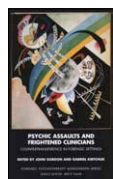
Edited by Rosemary Campher **Violence in Children: Understanding and Helping Those Who Harm** This book explores various aspects of violence and the attendant emotional, psychological, biological and social features that may be found to accompany these states in children.

262 pages. 2009 Pb 9781855754775/£23.50



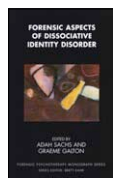
Edited by Ronald Doctor **Murder: A Psychotherapeutic Investigation** The book opens a door on the normally sequestered world of perpetrator and therapist within secure institutions.

144 pages. 2008 Pb 9781855755727/£20.99



John Gordon & Gabriel Kirtchuk **Psychic Assaults and Frightened Clinicians: Countertransference in Forensic Settings** Stand as an unusually bold and uncompromising example of psychodynamically informed action research and the contribution this can offer, drawing on the intelligence afforded by emotional experience, to the restoring of both meaning and agency.

176 pages. 2008 Pb 9781855755628/£20.99



Edited by Adah Sachs & Graeme Galton **Forensic Aspects of Dissociative Identity Disorder** This ground-breaking book examines the role of crime in the lives of people with Dissociative Identity Disorder, formerly known as Multiple Personality Disorder; a condition which appears to be caused by prolonged trauma in infancy and childhood.

240 pages. 2008 Pb 9781855755963/£20.99



Edited by Lynn Greenwood **Violent Adolescents: Understanding the Destructive Impulse** This volume looks at the reasons behind adolescent violence and the possible solutions for handling the violent adolescent. The contributors are all experienced practitioners and draw from their extensive experience in their consulting rooms.

110 pages. 2005 Pb 9781855759152/£23.99



Edited by Ronald Doctor **Dangerous Patients: A Psychodynamic Approach to Risk Assessment and Management**

This is a thought-provoking new collection that investigates the inherent difficulties in risk assessment in a series of papers by specialists in various aspects of forensic psychiatry and psychotherapy.

140 pages. 2003 Pb 9781855752979/£23.99

John Bowlby Centre



Ritual Abuse and Mind Control: The Manipulation of Attachment Needs

People who have survived ritual abuse or mind control experiments have often been silenced, accused of lying, mocked and disbelieved.

Clinicians working with survivors often find themselves isolated, facing the same levels of disbelief and denial from other professionals within the mental health field. This report of a conference proceedings, presents knowledge and experience from both clinicians and survivors to promote understanding and recovery from organized and ritual abuse, mind control and programming. The book combines clinical presentations, survivors' voices, and research material to help address the ways in which we can work clinically with mind control and cult programming from the perspective of relational psychotherapy.

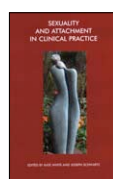
200 pages. Pb 9781855758391/£20.99

ALSO AVAILABLE



Edited by Sarah Benamer & Kate White **Trauma and Attachment** This monograph contains a rich variety of material that is not usually included in traditional writings on trauma. In addition to the theoretical and clinical perspectives, poetry and storytelling join in to weave a vivid tapestry of multifaceted approaches to trauma.

112 pages. 2008 Pb 9781855756663/£13.99



Edited by Kate White & Joseph Schwarz **Sexuality and Attachment in Clinical Practice** This enchanting book, packed with contemporary psychoanalytic insight, will be indispensable reading to all those seeking a fuller understanding of passion, hidden sexual longings, fantasies, fears and hopes as they manifest themselves in day-to-day life as well as in the consulting room.

100 pages. 2007 Pb 9781855753921/£10.99



Edited by Kate White **Unmasking Race, Culture, and Attachment in the Psychoanalytic Space**

The value of the monograph lies not only in the development of ideas around the notion of "racial" difference but different routes to exploring better clinical understanding of racial enactments.

2006 Pb 9781855754058/£13.99



Edited by Kate White **Touch: Attachment and the Body**

The authors, all of whom utilize the framework of contemporary attachment theory, challenge the discipline's neglect of touch and move toward a relational conceptualization of bodies and selves-in-relation.

102 pages. 2004 Pb 9781855753617/£15.99



Edited by Kate White **Attachment Journal: New Directions in Psychotherapy and Relational Psychoanalysis**

A leading edge journal for clinicians working relationally with their clients; it is a professional journal, not an academic journal, featuring cultural articles, politics, reviews and poetry relevant to attachment and relational issues; an inclusive journal welcoming contributions

from clinicians of all orientations seeking to make a contribution to attachment approaches to clinical work. It includes up to date briefings on latest developments in neuroscience relevant to psychotherapy and counseling and is an international journal with contributions from colleagues from different countries and cultures.

350 pages. Twice yearly. ISSN 1753-5980

Individual subscription rate - £45.00

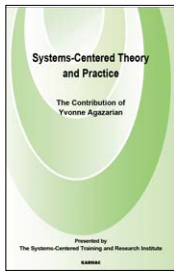
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Institutional subscription rate - Print £175.00

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Student subscription rate £35.00

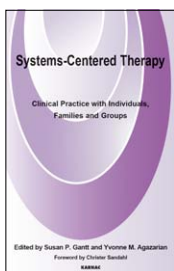
Systems-Centred Therapy



Yvonne M. Agazarian
Systems-Centred Theory and Practice: The Contribution of Yvonne Agazarian

Systems-centered therapy (SCT) brings an innovative approach to clinical practice. Developed by Yvonne Agazarian, SCT introduces a theory and set of methods that put systems ideas into practice. The collection of articles in this book illustrates the array of clinical applications in which SCT is now used. Each chapter introduces particular applications of SCT theory or methods with specific examples from practice that help the theory and methods come alive for the reader across a variety of clinical contexts. This book will be especially useful for therapists and clinical practitioners interested in sampling SCT, for those who learn best with clinical examples, and for anyone with a serious interest in learning the systems-centered approach.

126 pages. Pb 9781855757479/£20.99



Edited by Susan P. Gantt & Yvonne M. Agazarian
Systems-Centred Therapy: In Clinical Practice with Individuals, Families and Groups

Systems-centered therapy (SCT) brings an innovative approach to clinical practice. Developed by Yvonne Agazarian, SCT introduces a theory and set of methods that put systems ideas into practice. The collection of articles in this book illustrates the array of clinical applications in which SCT is now used. Each chapter introduces particular applications of SCT theory or methods with specific examples from practice that help the theory and methods come alive for the reader across a variety of clinical contexts. This book will be especially useful for therapists and clinical practitioners interested in sampling SCT, for those who learn best with clinical examples, and for anyone with a serious interest in learning the systems-centered approach.

208 pages. Pb 9781855757523/£20.99

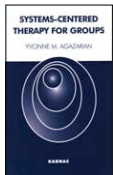
ALSO AVAILABLE



Edited by Susan P. Gantt & Yvonne M. Agazarian
SCT in Action: Applying the Systems-Centred Approach in Organizations

This book amply demonstrates, SCT has turned out to have powerful organizational applications. With its theory of living human systems rather than a separate theory of organizations or of organizational behavior, it uses concepts that easily map onto organizational life.

180 pages. 2006 Pb 9781855754461/£23.99



Yvonne M. Agazarian **Systems-Centred Therapy for Groups** This volume introduces the theory of living human systems and maps out its operationalization in a structured treatment model. This book will be of interest to both practitioners and trainees in group and individual psychotherapy.
2004 Pb 9781855753358/£25.99



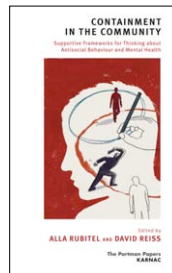
Yvonne M. Agazarian **Systems-Centred Practice: Selected Papers on Group Psychotherapy**

The author has developed a theory of Living Human Systems and its systems-centered practice. This book presents a series of chapters that trace the development of the theory of Living Human Systems through the years of 1987 to 2002. As the theory develops, so do the methods and techniques that put it into practice.

2006 Pb 9781855753099/£25.99

The Portman Papers

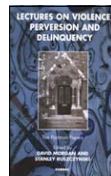
Specifically promotes the deeper understanding of, and work with, clients, patients and offenders whose sometimes very disturbing behaviours can often appear to defy understanding.



Edited by Alla Rubitel & David Reiss
Containment in the Community: Supportive Frameworks for Thinking about Antisocial Behaviour and Mental Health

The primary focus of this volume is to support practice by individuals and teams that deal directly either with individuals diagnosed with mental disorder or with those whose presentation causes the same dilemmas for practitioners. The book draws on experience gained across a wide spectrum of settings: within the NHS, the National Offender Management Services (NOMS) and the wider criminal justice services, as well as various services for children, young people and their families. The subject matter of this text covers antisocial, offending and challenging behaviours: in particular behaviours that create unusual levels of anxiety in practitioners or the public. Valuable insights are offered, with examples, into ways of thinking about these problems and practical guidance is offered on the way professional teams and the individuals within them can develop and maintain effective work.
296 pages. Pb 9781855758483/£22.99

ALSO AVAILABLE



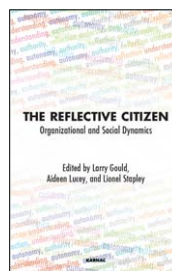
Edited by David Morgan & Stanley Ruszczynski
Lectures on Violence, Perversion and Delinquency

Theoretical underpinnings for the understanding of perversion and violence, questions of risk and ethics and institutional difficulties alongside chapters on clinical work, with adults and adolescents, including chapters on paedophilia, the compulsive use of internet pornography and transsexuality.

272 pages. 2007 Pb 9781855754959/£20.99

Reflective Citizen Series

A series to promote and develop the study of conscious and unconscious organizational and societal dynamics through educational activities, research; consultancy and training



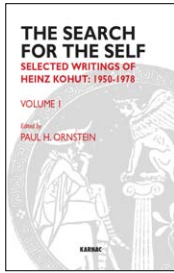
Edited by Laurence J. Gould, Aileen Lucey & Lionel F. Stapley
The Reflective Citizen: Organizational and Social Dynamics

Globalization and hyperconnectivity have brought people closer. The meaning of society and our experiences in it are more puzzling, however, eroding our ability to take up the role of active and responsible citizens.

The Reflective Citizen takes a broad and thoughtful look at the range of issues that trouble us as a society. Using a group relations perspective, these authors open for examination the disturbing ways we collectively interfere with our own political and organizational lives. They illuminate how engagement is a central tool for competent citizenship, defining it as a mutually vulnerable and potentially terrifying opening up to the other. The book is recommended for managers, leaders, and students of social and organizational life.

188 pages. Pb 9781855758162/£19.99

New in Paperback



Heinz Kohut, edited by Thomas Kohut **The Search for the Self: Selected Writings of Heinz Kohut 1950-1981 (Vol I - IV)**

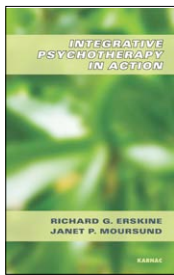
The re-issuing of the four volumes of Heinz Kohut's writings is a major publishing event for psychoanalysts who are interested in both the theoretical and the therapeutic aspects of psychoanalysis. These volumes contain Kohut's pre-self psychology essays as well as those he wrote in order to continue to expand on his groundbreaking ideas, which he presented in *The Analysis of the Self*; *The Restoration of the Self*; and *in How Does Analysis Cure?* These volumes of "The Search" permit the reader to understand not only the above three basic texts of psychoanalytic self psychology more profoundly, but also to appreciate Kohut's sustained openness to further changes-to dare to present his self psychology as in continued flux, influenced by newly emerging empirical data of actual clinical practice. ...The current re-issue of the four volumes of "The Search" should assure that the younger generation of psychoanalysts would be exposed to a clinical theory that could contribute greatly to solving the therapeutic dilemmas facing psychoanalysis today.

Vol I. Pb 9781855758698/£29.99

Vol II. Pb 9781855758742/£29.99

Vol III. Pb 9781855758797/£29.99

Vol IV. Pb 9781855758841/£29.99

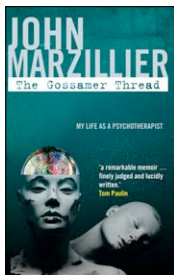


G. Erskine & Janet P. Moursund, **Integrative Psychotherapy in Action**

What is integrative psychotherapy? How effective is the integrative approach to therapy? And what are its limitations? Answering these and other significant questions, this insightful volume provides the working clinician with a practical guide to using an integrative approach to psychotherapy. Erskine and Moursund, both

experienced psychotherapists, begin their discussion with a masterful theoretical overview which integrates diverse concepts from various therapy techniques such as psychoanalysis, client-centred therapy, and Gestalt therapy. The authors then use transcripts of actual therapeutic sessions (with explanatory comments interjected) to provide the reader with a broader understanding of both theory and its application in therapy - and to capture some of the elusive essence of the ongoing therapy interview.

312 pages. JAN 2011 Pb 9781855758308/£22.99



John Marzillier **The Gossamer Thread: My Life as a Psychotherapist**

This book is a memoir of the author's professional life as a psychologist and psychotherapist. It shows his progression from a hard-nosed behaviour therapist with a strong commitment to science to a psychodynamic therapist with an interest in narrative. Along the way he shows the way the main schools of

psychotherapy (behavioural, cognitive, psychodynamic) work, drawing on case material from his professional practice. He shows the mistakes he made and the lessons he eventually learned from his patients. His focus on clinical cases enables readers to see psychotherapy in operation and get drawn into the ups and downs of trying to help some fascinating and often tricky people who rarely conform to what is expected of them.

282 pages. NOV 2010 Pb 9781855758025/£12.99

Other Titles of Interest



Colum Kenny **The Power of Silence: Silent Communication in Daily Life**

This book demonstrates that silence is eloquent, powerful, beautiful and even dangerous. It surrounds and permeates our daily lives. Drawing on a wide range of cross-cultural, literary and historical sources, the author explores the uses and abuses of silence. He explains how silence is not associated with solitude alone but has a much broader value within society. The main themes of *The Power of Silence* are positive and negative uses of silence, and the various ways in which silence has been understood culturally, socially and spiritually. The book's objectives are to equip people with a better appreciation of the value of silence and to enable them to explore its benefits and uses more easily for themselves

"A brilliant and inspiring book that clearly illustrates how silence has shaped history and culture as much as the spoken word has." It is "something I will definitely re-read".

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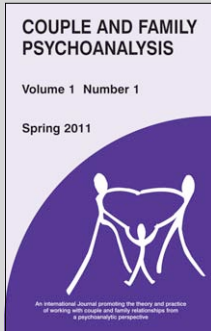
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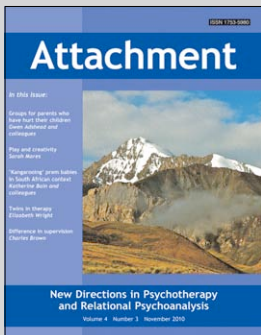


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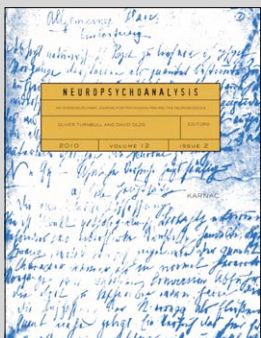


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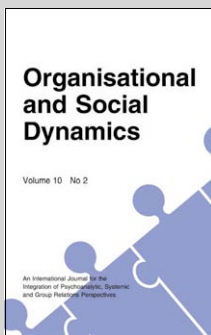


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