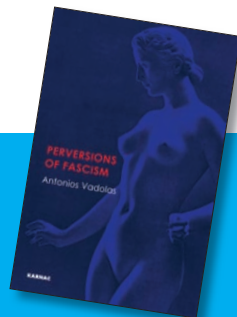
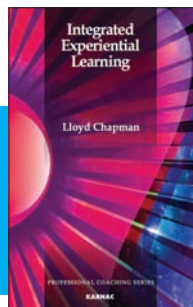


# KARNIVAL

## REVIEW

### NEW BOOKS FOR SPRING 2010

- **Attachment Therapy with Adolescents and Adults** • **The Challenge of Attachment for Caregiving**
- **The 5 to 10 Year-Old Child** • **The Nursery Age Child** • **Sextuplets** • **Theory and Practice in Child Psychoanalysis** • **Childhood, Well-Being and a Therapeutic Ethos** • **Hidden Twins**
- **Integrated Experiential Coaching** • **Business Coaching International** • **Sorrow's Profiles**
  - **Intimate Warfare** • **The Use of Psychoanalytic Concepts in Therapy with Families**
  - **Social Dreaming in the 21st Century** • **Difficult Topics in Group Psychotherapy**
- **The Groups Book** • **Psychoanalytic Studies of Organizations** • **Organisational and Social Dynamics Journal** • **Dreamwork and Self-Healing** • **Anxiety and Mood Disorders following Traumatic Brain Injury** • **The 3-Point Therapist** • **Beginnings in Psychotherapy**
  - **Crossing Borders—Integrating Differences** • **The Interwoven Sources of Dreams**
- **Children's Dreams** • **Reading Minds** • **Neuropsychanalysis** • **Coping Better With Chronic Fatigue Syndrome/Myalgic Encephalomyelitis** • **Fear and Self-Loathing in the City**
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  - **Knowing and Not-Knowing and Sort-of-Knowing** • **The Quest for Conscience and the Birth of the Mind** • **On Paedophilia** • **In-Gratitude and Other Poems** • **Perversions of Fascism**
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# Attachment Therapy with Adolescents and Adults

## Theory and Practice Post-Bowlby

**Dorothy Heard** is a psychoanalytic psychotherapist in private practice and was formerly a Consultant in John Bowlby's Department at the Tavistock Clinic, London, **Una McCluskey** is a psychoanalytic psychotherapist and part time senior research fellow at the University of York, **Brian Lake** was formerly Consultant in Psychotherapy at St James's University Hospital, Leeds

This book is written primarily for psychotherapists and other practitioners; it describes a new and effective form of dynamic therapy designed for work-

ing with adults and with adolescents. The theory, on which the new form of therapy is based, is centred in a paradigm that extends and crucially alters the paradigm for developmental psychology opened by the Bowlby/Ainsworth attachment theory. It describes a pre-programmed process, the dynamics sustaining attachment and interest sharing, which is activated as soon as people perceive that they are in danger. This process is made up of seven pre-programmed systems which interact with one another as an integrated whole. They include Bowlby's two complementary goal-corrected behavioural systems: attachment (also referred to as careseeking) and caregiving. Whenever the process is able to function effectively, it enables people to adapt more constructively and co-operatively to changing circumstances.

*'This book should appeal to a very wide audience. All of us seek to understand one another and in doing so we all draw on a kind of biological insight into what behaviour 'means'. Watching children from another culture and with another language we understand instinctively much of what their behaviour is about. This is a book that draws systematically on watching people and thinking about behaviour in a biological way. It is both thoughtful and fascinating. It is surely a foundation on which others will want to build.'* - Ian Sinclair BA (Oxon), PhD (London), OBE, Professor Emeritus, University of York

**Karnac Books, November 2009, 270 pp, Pb 978-1-85575-522-2/£20.99**



# The Challenge of Attachment for Caregiving

Also by **Dorothy Heard** and **Brian Lake**

Originally published in 1997 *The Challenge of Attachment for Caregiving* describes a theoretical model for the development of caregiving that complements and also extends attachment theory. The model highlights the conditions under which adult caregivers can remain in a state of arrested development, impairing their own ability to give care and resulting in attachment problems for those who seek care from them. It shows how insecure attachment in childhood and adolescence impedes the development of caregiving and how, in times of crisis, even securely attached individuals need appropriate support in order to sustain their capacity to give effective care. Drawing on many years experience as clinicians and researchers, Dorothy Heard and Brian Lake explore in depth an aspect of human devel-

opment which has profound implications for our future survival. Presenting its own challenge to both theory and practice, this book offers students and practitioners a new perspective on attachment.

**Karnac Books, October 2009, 240 pp, Pb 978-1-85575-728-8/£19.99**

See also:

***Attachment: New Directions in Psychotherapy and Relational Psychoanalysis***  
on page 24

## KARNAC DEVELOPMENTAL PSYCHOLOGY SERIES

Each book in this series focuses on a particular age range of a child's development. The emphasis is on the description of the typical ways in which the child, at each of these stages, experiences himself in his world. As he develops, the child has different needs, abilities, and resources that underlie his interaction with parents, relatives, and the world at large. The objective is to illustrate how these unfolding characteristics of the child influence, and are influenced by, the people in his world. It is only careful and (usually) long-term observation that will allow one to identify elements in the infant's or child's behaviour that are likely to be part of his inborn personality.

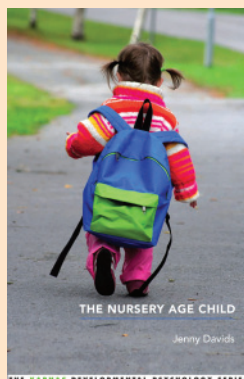


### The 5 to 10 Year-Old Child

**A.H. Brafman** worked as a Consultant Child and Adolescent Psychiatrist in the NHS until his retirement. He is a qualified psychoanalyst of adults and children, and gave seminars on infant observation for trainees of the British Psychoanalytical Society and other training institutions

The fifth birthday represents an important landmark in a child's development. He is now ready to start full-time primary school, and we no longer speak of a baby or a little child; instead, we refer to the boy or the girl. Over the next five years, as his horizons become wider and his experiences outside the home increase exponentially, he seems to become more reserved; more difficult to approach and share things with. Sometimes, ordinary questions are ignored or responded to with some apparently unrelated answer. Occasionally, the child will move away even while someone is speaking to him. This is a child trying to make sense of his new experiences, adapting to new people and places, while preserving his link to his earlier environment. Adults can feel frustrated by this behaviour and impatient, but when moved to protest, tend to use words of exasperation rather than plain anger. There exists an unspoken understanding that the child needs time to adjust to his new pattern of life. However, not all over-fives are like this and we do find some who seem to blend into the new pattern of life and carry on with their home life as if no major change had taken place.

Karnac Books, January 2010, 120 pp, Pb 978-1-85575-703-5/£12.99

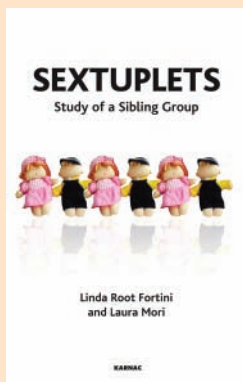


### The Nursery Age Child

**Jenny Davids** is a member of the British Psychoanalytical Society and is in private practice in London, working with children, adolescents, and adults

This book aims to facilitate the understandings of nursery age children, that is, children around three, four and five years, and their parents. Children of these ages are particularly fascinating. The wealth of their growing minds is apparent in their play and in their widening capacity to express themselves in words. It is a time of much discovery and experimentation, accompanied often by excitement and anxiety. There is something open-minded and open-hearted about children of these years. The author's views on nursery age children have been based on observing and working with them over the past twenty years, in various settings, including their homes, nursery schools and hospitals, and as a psychologist and child psychotherapist, in assessments and individual psychotherapy. She has also learnt much in working with families and with groups of parents. The book is influenced and informed by the writings of Sigmund Freud, Donald and Clare Winnicott, Anna Freud, Selma Fraiberg, and Jean Piaget.

Karnac Books, January 2010, 98 pp, Pb 978-1-85575-795-0/£12.99



## Sextuplets

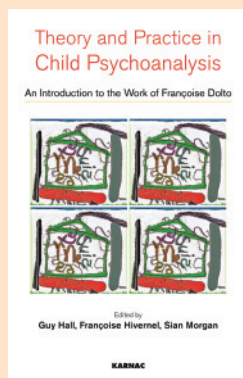
### Study of a Sibling Group

**Linda Root Fortini** is a psychologist and psychotherapist who has worked in the Italian National Health Service for thirty years, and teaches Infant Observation to training psychologists, psychiatrists, social workers, midwives and school teachers. **Laura Mori** is a psychologist and psychotherapist, specializing in the treatment of children, adolescents, parents and families

The topic of this book is immensely interesting. Linda Fortini had a unique opportunity to study a family of sextuplets. And she chose a unique method—one based on the psychoanalytic observation of infants and mothers, which has not been used with a family of this kind. This book is a record of the development of the family in the first two years, but not only that; in addition there is a quite complex follow-up study of the children into early adulthood using material from interviews and psychological testing. Linda's aim, together with the assistance of her colleague, Laura Mori, was to explore possible correlations between early infantile experience and later personality development.

*'This unique and fascinating book carefully traces aspects of the personality of sextuplets which persist from birth onwards. The way in which the personal characteristics of both the mother and her children influence the quality of maternal care and relationships with peers is also carefully compared and delineated. What is most original and striking about this book is the examination of sibling group relationships and the description of the sextuplets' early innate characteristics and interactions in early childhood through both psychological testing and infant observations and then shows how specific characteristics and interactions persist through early adult life. It is essential reading for many professionals involved in child development studies including doctors, teachers, psychologists, psychotherapists and health visitors.'* - **Jeanne Magagna**, PhD, Consultant Psychotherapist, Ellern Mede Centre and former Head of Psychotherapy Services, Great Ormond Street Hospital for Children

**Karnac Books, January 2010, 168 pp, Pb 978-1-85575-564-2/£16.99**



## Theory and Practice in Child Psychoanalysis

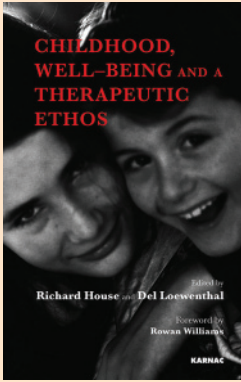
### An Introduction to the Work of Françoise Dolto

**Guy Hall** is a graduate of the Arbours Association and a member of the Forum for Independent Psychotherapists, **Françoise Hivernel** is also a member of the Forum for Independent Psychotherapists, as well as Cambridge Analysis, and works in private practice in Cambridge. **Sian Morgan** is a psychoanalytic therapist and a member of the Cambridge Society for Psychotherapy

During her lifetime Françoise Dolto revolutionized the psychoanalytic understanding of childhood. As an early pioneer, she emphasized that the child is to be recognized from birth as a person. As a gifted and innovative clinician, Dolto developed her ideas about the unconscious image of the body. An image that is unique to each individual and linked to both a person's history and narcissism, rather than their physicality. It is the symbolic incarnation of a person's desires. Dolto began her career as a member of the IPA, was admired by Winnicott, close to Lacan and influenced by Morgestern. Her life witnessed an extraordinary evolution from the conservatism of her parents, through the second World War, to the turbulence of Paris in the 1950s and 60s. In the succeeding years, Dolto made a number of original contributions to the understanding of psychosis, neonatology, female sexuality, education, and religion. Although controversial, she was able to write both for the general public and for professional colleagues. In 1979 Dolto opened La Maison Verte as a specialist centre for the practical application of her theories. Similar centres have since been created around the world. Dolto continued to write and teach until her death in 1988.

**Karnac Books, November 2009, 320 pp, Pb 978-1-85575-574-1/£22.99**





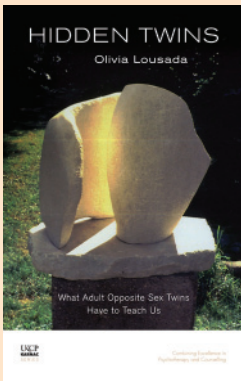
## Childhood, Well-Being and a Therapeutic Ethos

Edited by **Richard House Ph.D.**, Senior Lecturer in Psychotherapy, Counselling and Counselling Psychology at Roehampton University's Research Centre for Therapeutic Education, and **Del Loewenthal D.Phil.**, Professor of Psychotherapy and Counselling at Roehampton University, where he directs the Research Centre for Therapeutic Education

A key theme of this book is that we urgently need a therapeutic ethos in order to bring both educational and therapeutic sensibilities to bear on the issue of children's wellbeing, if truly effective and appropriate policy responses to the current malaise are to be fashioned. This will entail moving beyond narrowly mechanistic definitions of, and ways of thinking about, "well-being" and the psychological therapies. This book offers pointers to the kinds of arguments that can inform what is rapidly becoming a central concern of politicians and policy-makers. A unique book in the field, *Childhood, Well-being and a Therapeutic Ethos* will be core cross-disciplinary reading in a range of academic and training contexts, including within Education, Psychology and Sociology departments, on early childhood studies and policy studies modules and degrees, and on child and other psychotherapy and counselling trainings.

*'No-one can now ignore the fact that a serious debate about the welfare of children has at last begun in our society. And, appropriately, it has started to open up a wider debate about the nature of learning and even the nature of human maturity. The essays in this collection are significant not only for what they say about childhood but for what they invite us to think about human growth and wellbeing in general.'* - **Dr Rowan Williams**, The Archbishop of Canterbury

**Karnac Books, November 2009, 274 pp, Pb 978-1-85575-633-5/£19.99**



## Hidden Twins What Adult Opposite Sex Twins Have to Teach Us

**Olivia Lousada D.Psych**, works as a psychodramatist and psychotherapist in mental health settings

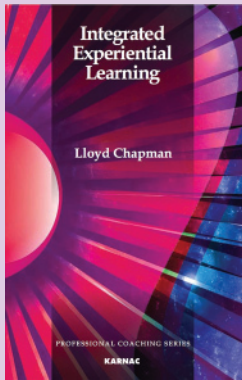
*'This is a fascinating book. Well researched, well written, and well worth reading, whoever you are. It is thoughtful, and touched with real experiences that make it a very good read. Olivia Lousada is interested and passionate. All of my life I have been exploring issues of identity: race, class, gender, and even hair have been my subjects, but I have never thought about my twin self until I read this book. I did not think there was so much to be said about opposite sex twins.'* -

**Benjamin Zephaniah**, performance poet and writer

*'Hidden Twins offer an insightful look into the lives of three opposite-sex twin pairs. Candid, informative and rich in psychological detail, this book will excite twins, families and psychologists alike.'* - **Nancy L. Segal**, PhD, Professor of Psychology, California State University; author of *Entwined Lives* and *Indivisible by Two*

*'Beautifully written, this is a wonderfully readable, informative, thought-provoking and sensitive book a welcome addition to the literature.'* - **Barry Mason** PhD, Former Director, Institute of Family Therapy, London

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## THE PROFESSIONAL COACHING SERIES

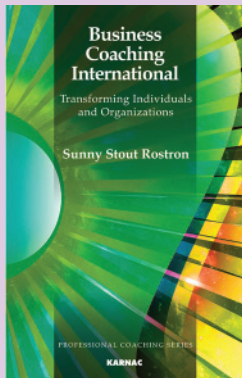
### Integrated Experiential Coaching Becoming an Executive Coach

**Lloyd Chapman** completed his doctorate at Middlesex University and the National Centre for Work-based Learning, in the UK. He is an executive coach and organizational fitness trainer with twenty-two years business experience. He is a founding member of the Manthano Institute of Learning (Pty) Ltd and is member of COMENSA (Coaching and Mentoring Association of South Africa)

*'This book provides an excellent contribution to the coaching literature. It is written in an engaging style and yet provides rigorous insights into the development of an executive coach. It is soundly researched and applies important concepts from Kolb and Wilber to highlight a few and integrates them into a 'shared and structured process'. For me, this reflects something of the complex and diverse nature of coaching. Lloyd needs to be congratulated for this engaging book and I recommend it to all those who are interested in coaching in whatever context.'* - **Bob Garvey**, Professor of Mentoring and Coaching, The Coaching and Mentoring Research Unit, Sheffield Business School

*'Coaching will owe its next evolution to Lloyd Chapman, in that he has taken executive coaching to the next level by integrating complex theories and philosophies, which in themselves offer partial elements of a model. By developing a cohesive meaningful model in support of executive leadership development, he has managed to overcome what business generally perceives to be a somewhat vague and limited offering.'* - **Khatija Saley**, Head, Coaching and Mentoring, Standard Bank

**Karnac Books, March 2010, 304 pp, Pb 978-1-85575-739-4/£24.99**



### Business Coaching International Transforming Individuals and Organizations

**Sunny Stout Rostron** is a director of the Manthano Institute of Learning (Pty) Ltd and a founding faculty member of The Coaching Centre (TCC) in Cape Town

*'You simply must read this book if you are serious about being a top-notch business coach. It is an excellent guide to best practices based on clear theory, experience and business wisdom.'* - **Carol Kauffman** PhD, co-founder and Director of the Coaching and Positive Psychology Initiative at Harvard Medical School, and Co-Editor-in-Chief of *Coaching: An International Journal of Theory Research and Practice*.

*'This is an extraordinarily thorough book. It covers a great range of practical guidance on matters that will concern the new coach [and] addresses a wide range of approaches to coaching while remaining firmly embedded in an experiential learning tradition.'* - **David Megginson**, Professor of Human Resource Development, Sheffield Hallam University, UK

*'The world of business coaching can rejoice—the book we have been wanting and needing is here. This book harnesses the vast and complex world of excellence in coaching and offers it to us digestibly, delectably and with impressively accessible scholarship.'* - **Nancy Kline**, President of Time To Think, Inc., and author of *Time To Think: Listening To Ignite The Human Mind* and *More Time To Think: A Way Of Being In The World*

**Karnac Books, November 2009, 414 pp, Pb 978-1-85575-713-4/£29.99**



**SORROW'S PROFILES**  
Death, Grief, and Crisis in the Family

RICHARD J. ALAPACK

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## Sorrow's Profiles

### Death, Grief, and Crisis in the Family

**Richard J. Alapack Ph.D.**, is an Associate Professor of Psychology at the Norwegian University of Science and Technology, researching "Love-Death" from existential, phenomenological, and hermeneutic standpoints

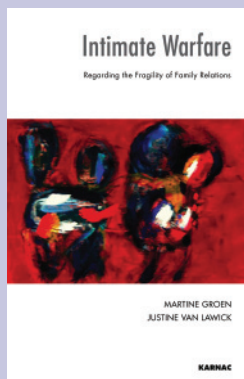
*'Dr. Richard Alapack, sensitively and with deep understanding, orchestrates a survivor's journey through the complex country of sorrow. Alapack challenges and transcends the received scientific view of grief over loss as a well-ordered progression. He appeals to the power of the imagination, broadening our understanding and breaking new ground that exposes both the life-giving and potentially destructive aspects of intense sorrow. This rich, original contribution to*

*the grief literature must be read.'* - **Freda Woodrow Ph.D.**, University of Pretoria, South Africa

*'In this beautifully tender, sensitively reflective, and provocative book, the author leads a journey through the depths of authentic sorrow, longing, and despair. Daring us to face death unflinchingly, Alapack rouses in us the courage to spin in the vortex of personal and collective grief. In doing so, we emerge transformed and forever changed. No other book on human loss is so sane yet simultaneously subverts the status quo.'*

- **Ron Cornelissen**, Argosy University, San Bernardino, California

**Karnac Books, January 2010, 376 pp, Pb 978-1-85575-621-2/£24.99**



**Intimate Warfare**

Regarding the Fragility of Family Relations

MARTINE GROEN  
JUSTINE VAN LAWICK

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## Intimate Warfare

### Regarding the Fragility of Family Relations

*The Systemic Series*

**Martine Groen** is a clinical psychologist and psychotherapist, who has specialized in the effects of violence and trauma in families. **Justine Van Lawick** is a clinical psychologist and registered psychotherapist specializing in systemic therapy, and has worked as a family therapist in adult psychiatry and child psychiatry. They are co-founders of the LORENTZHUIS

centre for systemic therapies, training and consultation in Haarlem, the Netherlands

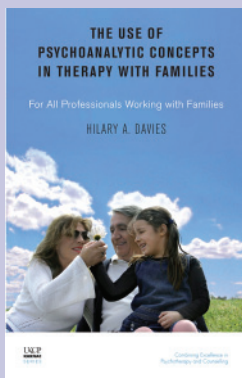
The community in which children are nursed; the family, should by all means be a safe haven. However, it is not. People in family relations are more likely to be threatened, hit, kicked, raped or beaten up. Such violence in the domestic circle conjures up a lot of questions. The authors have been engaged with this problematical issue for years and are now trying to make the dynamics of violence within the family more comprehensive. This book is a reflection of on their dialogue.

*'This book describes brilliantly how tensions build up in families, how these can spiral into violence, how such violence can be curbed and how people can be taught different ways of managing conflictual situations. The book refers to the changing roles of men and women in recent decades and the confusion and tensions that go with this. The authors convincingly relate their approach to the ever changing historical and political settings and contextualize violent behaviours by embedding these in the social and family environment. Intimate Warfare deserves a wide readership and not only amongst systemically oriented clinicians. It is essential reading for all those who are passionate about working with violence in families. This book not only complements other recent publications on this important subject, but is an important new contribution to make the family—and the world—a safer place.'* - **Dr Eia Asen, MD, FRCPsych**, Systemic Practitioner Consultant; Child, Adolescent and Family Psychiatrist

**Karnac Books, November 2009, 274 pp, Pb 978-1-85575-521-5/£20.99**







# The Use of Psychoanalytic Concepts in Therapy with Families

For all Professionals Working with Families

*The UKCP Series*

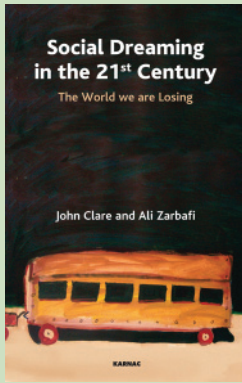
**Hilary A. Davies** is a qualified family therapist, currently working in the Department of Child & Adolescent Mental Health at Great Ormond Street Hospital, London

*The Use of Psychoanalytic Concepts in Therapy with Families: For All Professionals Working with Families* begins with a readable practitioner's guide to psychoanalytic theory and concepts. It moves on to give a number of detailed practice-based examples of the application of this theoretical model in the therapy room with the families of children seeking help with a variety of mental health difficulties. The book presents the ideas as an enhancement, and not alternative, to the different styles and schools of therapy with families, and aims at enriching and broadening both the therapist's thinking and practice skills. The examples include: children who have suffered emotional harm, young children presenting aggressive behaviour, feeding difficulties, anorexia nervosa, somatic presentations, and children whose separated parents are in conflict. The author writes clearly and enthusiastically on the important possibilities that this way of thinking can bring to therapists' work with families.

*'This clear and evocative book is most striking for its potential to inform and enhance the clinical work of professionals of any theoretical orientation as well as students of individual or family psychotherapy, and also for its value to individuals wanting to think more about themselves within their families. Hilary Davies has been working with families for thirty years—as a student on the Tavistock observational course, and as social worker and then family therapist at Great Ormond Street Hospital. The Use of Psychoanalytic Concepts in Therapy with Families conveys her profound insight into ways of relating to the difficulties of children and their families. The author uses careful observation of her own emotional experience to share these insights with the reader.'* - Dr. **Jeanne Magagna**, Consultant Psychotherapist, Ellern Mede Centre for Eating Disorders, and formerly Head of Psychotherapy Services, Great Ormond Street Hospital for Children, London

*'This is a very valuable book. It integrates psychoanalytic concepts into systemic family therapy. The two approaches are complementary, one focusing on the internal world and the other on what goes on between people. Family therapy emerged in the United States in the 1950s, moving away from psychoanalysis and opening up a new systemic approach. This book brings the two techniques together in a creative and understandable way. There are clear descriptions of how this approach is used in a wide range of clinical problems. Family therapy can be enriched.'* - Dr. **John Byng-Hall**, author of *Rewriting Family Scripts*

**Karnac Books, February 2010, 192 pp, Pb 978-1-85575-515-4/£16.99**



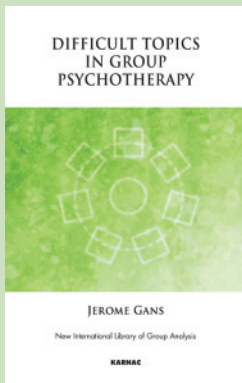
## Social Dreaming in the 21st Century The World We Are Losing

Edited by **John Clare** and **Ali Zarbafi** psychotherapists working in Wales and London. They have worked together since 1998 in various dreaming matrixes in England, France and Wales, and are currently working with social dreams in the community of Hay-on-Wye

We are running out of ideas in Western society. Faced with global warming, Third World devastation, nuclear proliferation and the threat posed by religious conflict, we need new ways of thinking. After the loss and carnage of the Twentieth Century there is prevailing mood of uncertainty and paranoia, yet at the same time a denial of tragedy, a salvation fantasy, an illusion that we will be saved. The decline in social solidarity, the fragmentation of communal values and a growing sense of 'I' as opposed to 'we', are all signs of an inversion of moral certitudes, a disconnection from reality. This book asks what methods do we have at our disposal to understand and reverse this breakdown of communication within and between communities.

*'This is the book I have been waiting to read. I have yearned for a book that would examine contemporary culture through the imaginative critique of psychoanalysis. I did not want a theory-poem, or authorial brilliance. I yearned for the sort of book that I knew would teach me something and which I could recommend to others. The authors' passion embraces the subject matter in ways that is more than inspiring and hopeful. It is such a relief to read!'*  
- **Christopher Bollas**, author of *The Freudian Moment*, *The Infinite Question* and *The Evocative Object World*

Karnac Books, November 2009, 202 pp, Pb 978-1-85575-554-3/£21.99



## Difficult Topics in Group Psychotherapy My Journey from Shame to Courage

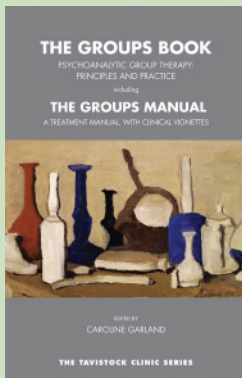
*New International Library of Group Analysis*

Dr **Jerome Gans** is Associate Clinical Professor of Psychiatry at Harvard Medical School, a Distinguished Life Fellow of the American Psychiatric Association and a Fellow of the American Group Psychotherapy Association

*'Jerome Gans has written the book that no one else has had the courage to write. He addresses the underbelly of group therapy—both of the therapist and of the member. No education of psychotherapy is complete without this knowledge. Every practitioner and trainee should read this book. No other textbook can substitute.'* - **Elaine (Lonergran) Cooper**, PhD, LCSW, CGP, FAGPA, Clinical Professor, University of California School of Medicine at San Francisco Department of Psychiatry

*'What a refreshing and reassuring book for group psychotherapists! This collection of Jerome Gans' most important papers confirms his unique ability not only to pinpoint the difficulties that beset us all as group therapists but to bring humour, wisdom and compassion to the discussion. Resolutely determined to leave behind the strictures of theory, he confronts the deepest human paradoxes in which our weaknesses are often our strengths and our difficulties are vital signposts of development. The book pulsates with a sense of Yalom's 'universality': we are all in it together, therapists and patients alike. Readers will learn and enjoy, returning to their groups with renewed curiosity and courage.'* - **Morris Nitsun**, PhD, Consultant clinical psychologist Camden and Islington NHS Trust, training analyst (Institute of Group Analysis, London)

Karnac Books, February 2010, 320 pp, Pb 978-1-85575-769-1/£22.99



# The Groups Book

## Psychoanalytic Group Therapy: Principles and Practice

*Including: The Groups Manual,  
a treatment manual, with clinical  
vignettes. The Tavistock Clinic Series*

Edited by **Caroline Garland**, a consultant clinical psychologist and psychoanalyst, who founded the Unit for the Study of Trauma and Its Aftermath in the Adult Department of the Tavistock Clinic. She has worked for over fifteen years with a number of colleagues specialising in the theoretical understanding and the psychotherapeutic treatment of trauma

*'This book is very important both for psychoanalysis and for social science. Psychoanalysis began with the treatment of individuals and in its early days attended to the conflict between the individual's wishes and society. It was not for some time that it fully addressed the fact that the ostensible individual was a social animal, who was never outside his group even when ostensibly alone. In this book what has been learnt from the study in depth of individual psychopathology is brought to bear on what can be learnt from studying people in groups and vice versa. This integration is a challenge to both, and is perhaps the most relevant in contemporary psychoanalysis.'*  
- **Dr Ron Britton**, Psychoanalyst, former President of the British Psychoanalytical Society

*'This excellent book provides impressive depth, and refreshing clarity of expression and thinking about psychoanalytic group psychotherapy, as well as insights about group life more broadly. The editor's profound conviction in the value of psychological work done by groups, her masterful use of psychoanalytic theory to understand group life, and the liveliness of the clinical examples (often of patients with severe difficulties) make it very pleasurable to read. A splendid section of the Manual on the group therapist's tasks outlines the principles of technique and will inspire future generations of group therapists. An outstanding volume, which I am delighted to recommend.'* - **Margaret Rustin**, Consultant Child and Adolescent Psychotherapist, Tavistock and Portman NHS Foundation Trust, London

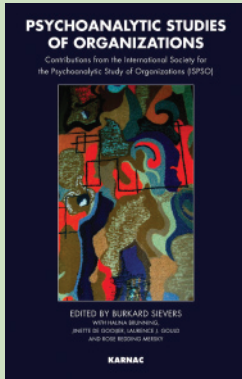
*'This book is unique in that it contains the first usable, lively and informative Treatment Manual for psychoanalytic group psychotherapy, bringing together a wealth of anecdotes and experience in an eminently user-friendly way. Anybody practising psychoanalytic group therapy would do well to immerse themselves in the volume as a whole. It creates a whole new opportunity for rejuvenating this field of work, containing chapters by an impressive body of experts, with many clear examples of Tavistock technique at its best.'* - **Anton Obholzer**, Psychoanalyst, Organisational Consultant, former Chief Executive Officer, Tavistock Centre, London

Contributors: **David Armstrong, Jo-anne Carlyle, Caroline Garland, Francesca Hume, Sarah Majid, Philip Stokoe, Joanne Stubbley**

**Karnac Books, February 2010, 440 pp, Pb 978-1-85575-850-6/£29.99**

## TAVISTOCK CLINIC SERIES

Founded in 1920, The Tavistock Clinic is recognised and respected as one of the world's leading psychoanalytically based psychotherapy centres. It is a mental health institute with three principal departments—Child and Family, Adolescent, and Adult—and is also one of Britain's leading training institutions and a pioneer in infant observation research. The Tavistock Clinic Series, written in a clear and accessible style, makes available the clinical and theoretical work that has been most influential at the Tavistock. Future volumes will examine such topics as the work of Wilfred Bion, borderline states, psychoanalytic research, depression in children, and work in educational settings.



## Psychoanalytic Studies of Organizations

### Contributions from the International Society for the Psychoanalytic Study of Organizations (ISPSO)

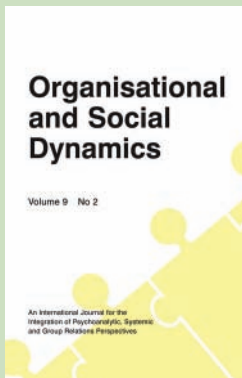
Edited by **Burkard Sievers** Professor emeritus for Organization Development in the Schumpeter School of Business and Economics, Bergische University Wuppertal, Germany and Past President ISPSO, **Halina Brunning** a Chartered Clinical Psychologist, Organizational Consultant and Executive Coach. She has worked in the British and Polish National Health Service

as a psychologist, therapist, manager and consultant and published extensively on clinical and organizational issues and **Jinette De Gooijer** who consults to organizations on understanding the hidden aspects of organisational culture and their effects on business performance, with the view to developing work cultures that promote creativity and prosperity for the organisation, the individual and wider society

This book samples the groundbreaking work that has been developed over the last twenty-five years by psychoanalysts, writers and practitioners associated with the International Society for the Psychoanalytic Studies of Organizations (ISPSO). What characterises this collection of original papers is an attempt to look at organizations, groups, teams and organizational role holders using psychoanalytic, systemic and psychodynamic perspectives that collectively eschew superficial, linear, prescriptive and mechanistic views of both the system and the individual within. These papers, delivered as presentations to the Society during the Annual Symposia of the ISPSO—from its inception in 1983 to date—collectively form an important commentary on the changing societal dynamics and current preoccupations facing contemporary organizations, their leaders and their workforce. As such, these papers are representative of many that have contributed to—and documented—the development of the thought and praxis from a psychoanalytic perspective and systems thinking over the last quarter of the century.

Whilst most of these papers have already been published elsewhere, the ISPSO as an organization wished to include them in this volume, recognising their lasting influence and legacy as well as their ongoing impact upon the thinking and the practice of its membership and beyond.

**Karnac Books, November 2009, 310 pp, Pb 978-1-85575-607-6/£22.99**



## Organisational and Social Dynamics Journal

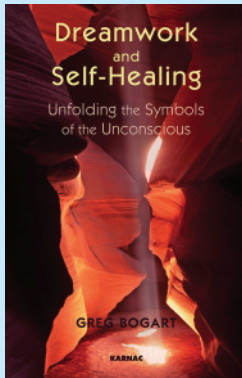
### An International Journal for the Integration of Psychoanalytic, Systemic and Group Relations Perspectives

Edited by **Michael Moskowitz**, New York University, School of Social Work, USA and **Anne-Marie Cummins**, University of the West of England

The aim of the International Journal Organisational and Social Dynamics is to contribute to the development of a deeper understanding of organizational and social processes and their effect on the individual. It provides an innovative forum in which writers from psychoanalytic and systemic perspectives can address emerging issues in societies and their institutions. Papers range from case studies, features and reviews of contemporary social and political events, to personal polemics or reflections.

**Annual subscriptions rates (two issues): Individual £45/\$75; Student £35/\$55; Institutional (on-line only) £150/\$240; Institutional (print only) £175/\$275; Institutional (on-line and print) £200/\$320.**

**Karnac Books, ISSN 1474-2780**



## Dreamwork and Self-Healing Unfolding the Symbols of the Unconscious

**Greg Bogart Ph.D, MFT** is a psychotherapist in private practice, licensed as a Marriage and Family Therapist since 1991. He is currently a professor of Counseling Psychology at the California Institute of Integral Studies, in San Francisco

There have been many previous books on the physiology of dreaming, the history of dream interpretation, and the meaning of specific dream symbols. But there have been relatively few books exploring the moment-by-moment process of interpreting dreams. This book guides you through this interpretive process, and illustrates how dreamwork promotes emotional, relational, and spiritual transformation. It explores how working with dreams enhances our emotional life, deepens our capacity for relationship, and helps us gracefully navigate change and transitions. The author shows that dreamwork is a natural antidepressant, is effective in transforming anger, bereavement, couples conflicts and impasses, and aids the process of individuation. The book explores archetypal themes and complexes, synchronistic experiences and spiritual awakening in dreams, and representations of the body in dreams.

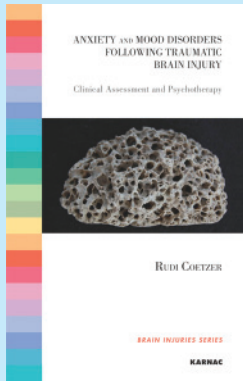
*'Dreams are potent catalysts of change. Their luminous images ignite the light of consciousness within us and become a source of energy and guidance, an axis of spiritual sanity. Dreams are transformative when utilized in psychotherapy, or by couples and friends who work with dreams together to assist and support one another, and to enhance their knowing of one another. Contemplating our own dreams through a journal or in silent meditation is also powerfully self-liberating. Greg Bogart's inspirational approach to spiritual depth psychology is potent medicine indeed.'* - **Linda Schierse Leonard, PhD**, author of *The Wounded Woman: Healing the Father-Daughter Relationship*

*'This book makes an important contribution to our understanding of dreams and psychotherapeutic technique. Greg Bogart shows how Jungian dreamwork can be applied effectively in brief-term and long-term therapy, couples counseling, group process work, and as a catalyst for personal transformation. "Taming Wild Horses" is a powerful case study that's unlike anything I've ever read. Bogart's creative reading of Jung, Von Franz, and Edinger, his centering, integrative dream mandala method, and his brilliant chapter on dreams and spirituality make this book highly recommended reading.'* - **Stanley Krippner, PhD**, Co-Author *Extraordinary Dreams and How to Work with Them*

*'For followers of both Freud and Jung, our analytic work must balance the dream with the transference. While the transference relationship has been abundantly considered in the literature, the process of dream analysis in recent years has remained unaddressed. Finally, a unique and remarkable book has appeared that is valuable to the student, the patient, and the informed clinician. Bogart's subtle, brilliant reflections provide an in-depth resource for Jungian analytic thought reflecting his extensive experience as a writer, teacher and clinician. I highly recommend Dreamwork and Self-Healing for professionals, their clients, and others given to self-reflection.'* - **John Conger, PhD**, psychoanalyst, author of *Jung and Reich: The Body as Shadow*

*'That Jungian dream work can advance psychological healing is convincingly illustrated in this book. Properly understood, dreams enhance the dialogue between therapist and patient about specific problems in living, contribute to a therapist's deductions about a patient's internal object relations, and add to the growth of the patient's self understanding. In his beautifully detailed accounts of clinical cases, Greg Bogart shows himself able to listen sensitively to his clients' dreams and to share what he finds in them. He demonstrates that dream symbols, delved into with respectful curiosity, can often convert a patient's complexes into constructive life energies.'* - **John Beebe MD**, Jungian analyst, author of *Integrity in Depth*

**Karnac Books, November 2009, 324 pp, Pb 978-1-85575-758-5/£21.99**



## Anxiety and Mood Disorders following Traumatic Brain Injury

### Clinical Assessment and Psychotherapy

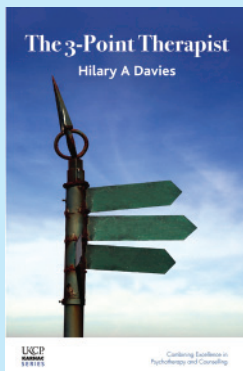
#### *Karnac Brain Injuries Series*

**Rudi Coetzer** is a consultant neuropsychologist at the North Wales National Health Service Trust and a Practitioner Full Member of the Division of Neuropsychology (British Psychological Society). He is head of the rehabilitation service in North Wales and honorary lecturer at the School of Psychology, Bangor University, Wales. He has published more than forty papers

While there are many excellent texts addressing cognitive impairment and behavioural difficulties and on rehabilitation associated with traumatic brain injury, few textbooks specifically address the most common emotional problems that can have such an adverse effect on rehabilitation and outcome. Uniquely this book deals exclusively with the identification and psychotherapeutic management of mood and anxiety disorders after traumatic brain injury. Furthermore, a systematic approach to identifying and diagnosing anxiety and mood disorders is followed throughout the text.

As well as providing an introduction to anxiety and mood disorders after traumatic brain injury, it provides a psychological perspective on their evolution and management. It is aimed at a range of professionals in training (or those responsible for providing training in psychopathology, neuropsychology and psychotherapy), as well as those who may have an interest in working with the type of patients with anxiety or depression, commonly seen in post-acute brain injury rehabilitation settings. Case studies, summaries and suggested references for further reading are used throughout to facilitate understanding and teaching where relevant.

**Karnac Books, January 2010, 250 pp, Pb 978-1-85575-647-2/£22.99**



## The 3-Point Therapist

#### *The UKCP Series*

**Hilary Davies** is a qualified family therapist currently working in the Department of Child & Adolescent Mental Health at Great Ormond Street Hospital

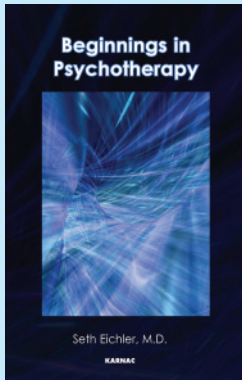
An ambitious trainee therapist, determined to make her mark in the therapy world, seeks supervision and guidance. In her meetings with the 3-Point Therapist she gains much more than she had bargained for. *The 3-Point Therapist* is the charming story of one trainee's journey in search of professional success and recognition. What she learns is unexpected and changes her predicted path. The characters and situations in this book are purely fictional but the principles, the learning and the practice points are drawn from the author's thirty years' experience working with families in different paediatric

and mental health settings. The book's style is light, readable and at times humorous—but the messages are strong with far-reaching effect. The trainee and her professional practice are profoundly changed for ever.

*'A quirky book and a wonderfully enjoyable read, one that packs a punch. It may seem at first that the lessons are in one sense simple but in fact they are more subtle than that, and the way these '3 points' are handled is skillfully done. I found this enchanting!'* - Professor **Michael Jacobs**, author and psychotherapist

*'I found this book delightfully idiosyncratic, ostensibly simplistic but actually a very useful read for people on clinical family therapy training. The underlying teaching points which some may consider basic are nonetheless essential and too often ignored in practice. It is short, very user-friendly and far less daunting early in training than some of the required reading often to be found on introductory course lists. I recommend this warmly.'* - **Judy Hildebrand**, Consultant Family Therapist and former Clinical Director, Institute of Family Therapy, London

**Karnac Books, January 2010, 122 pp, Pb 978-1-85575-746-2/£9.99**



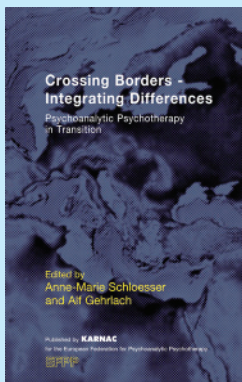
## Beginnings in Psychotherapy A Guidebook for New Therapists

**Seth Eichler** is Chairman of the Adult Psychotherapy Program, NYU Psychoanalytic Institute at NYU Medical Center, a Training and Supervising Analyst at the NYU Psychoanalytic Institute, and Instructor in both the Psychoanalytic Program and the Adult Psychotherapy Program

Every new therapist faces a first session, often with trepidation. How do they prepare for that first session? How do they know what tools to apply on that first day, and over those first few weeks? *Beginnings in Psychotherapy* will help readers to begin to answer those questions and start psychotherapy with increased confidence. In addition it will provide readers with an understanding of the foundational tools and background, as well as providing a comfort level with the new territory of becoming a therapist.

*'Presenting the framework and guiding principles of psychoanalytic psychotherapy for the beginning therapist is a daunting challenge. Dr Eichler expertly meets this challenge. The essentials of therapeutic interaction are concisely and lucidly explained and aptly illustrated with clinical vignettes. In this remarkable volume the fundamental principles of therapeutic technique, the underlying psychoanalytic theory from which technique derives, and the application of psychoanalytic formulations to clinical syndromes are discussed with insight. Conscious and unconscious, transference and counter-transference, regression and progression, all receive cogent explanation. Problems and pitfalls are carefully considered. A source book on dynamic psychotherapy that will be richly rewarding for students of psychotherapy at all levels of experience.'* - **Harold P. Blum, MD**, Director, Sigmund Freud Archives, Former Editor, Journal of the American Psychoanalytic Association, Training and Supervising Analyst, NYU Psychoanalytic Institute, NYU Medical Center

**Karnac Books, December 2009, 140 pp, Pb 978-1-85575-838-4/£19.99**



## Crossing Borders - Integrating Differences Psychoanalytic Psychotherapy in Transition

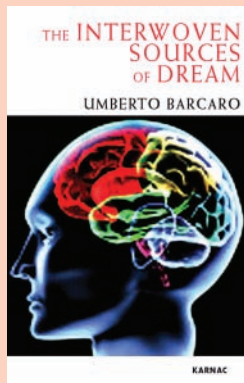
*EFPP Series*

*Edited by* **Anne-Marie Schloesser** *an academically qualified psychologist and a training and supervising psychoanalyst of the German Psychoanalytical Society and* **Alf Gerlach MD** *an academically qualified sociologist and member of the German Psychoanalytic Society*

This book will stimulate readers to cross borders: between theory and practice, between research and everyday therapy, between out-patient and in-patient psychotherapy, between the view of ones own, the known and the culturally foreign. Yet it is only with an awareness of these borders, an acknowledgement and respect of them, that it will be possible to proceed towards integrating differences, where this makes sense and appears necessary.

*'I strongly recommend this outstanding collection of articles to all therapists ready to migrate now and then towards new borders of psychoanalysis.'* - **Roberto Basile**, Analyst of the Italian Psychoanalytical Association and co-author of *The Analytic Field: A Clinical Concept*

**Karnac Books, February 2010, 220 pp, Pb 978-1-85575-783-7/£20.99**



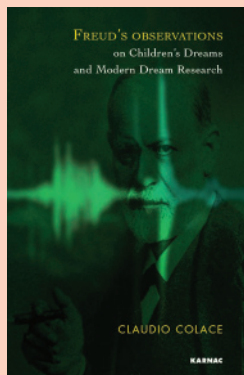
## The Interwoven Sources of Dreams

**Umberto Barcaro** is an associate professor at the Computer Science Department of Pisa University and a research associate at the National Research Council of Pisa

This book examines the complex pattern of links among the memory sources of dreams. This study is performed through a linguistic and partially automatic analysis of verbal data, including dream reports and associations with the report items. The approach is interdisciplinary: it regards the fields of psychology, linguistics, computer science, mathematics (graph theory), history of psychology, literature, and motion pictures. The method is scientifically rigorous; literature and motion pictures are specifically considered for their efficacy in providing interesting examples.

The method described is efficacious and not difficult to apply. It allows obtaining plausible explanations, through the application of heuristic rules, for significant aspects of a dream. These characteristics (multidisciplinary aspects and at the same time scientific rigor; description of technical methods that are easy to apply; novelty of the approach) make the book distinct from other books on the subject of dreaming. A major difference is its specific perspective: it is focused on the study of the links among dream sources, an approach that is shown to be useful and enlightening.

**Karnac Books, March 2010, 256 pp, Pb 978-1-85575-626-7/£22.99**



## Children's Dreams Empirical Studies on Freud's Observations

**Claudio Colace** is Executive Psychologist in the Operational Unit of Psychology, National Health Service, Italy. He has conducted training in sleep research at the Sleep Laboratory of the University of Rome "La Sapienza" and a Ph.D. in Psychology at the University of Bologna, Italy

This book aims to present a study on the actuality and empirical value of Freud's dream theory, even if through the analysis of a specific part of it—the hypotheses about children's dreams. It provides a systematic

description of Freud's observations on child dreaming and presents the results obtained from four empirical studies on children's dreams that the author conducted during the span of a decade. These studies (two conducted in school settings, one in a home setting, and one based on a questionnaire completed by parents) allow an empirical judgment on Freud's main hypotheses on child dreaming: the hypotheses on formal aspect of children's dreams, the relationship between dream bizarreness and development of the superego functions, and the issue of wish-fulfilment dreams. The author concludes that it is possible to test empirically Freud's hypothesis on the early forms of dreaming and that this test is not irrelevant for an empirical judgment of certain more general statements of Freud's dream theory (e.g. the dream censorship hypothesis). Finally, the implications of the studies on children's dreams for modern dream research and theory are discussed.

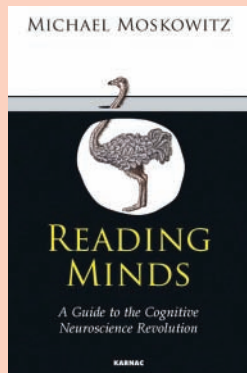
'OK, psychoanalytic ideas are too complicated to test, right? Claudio Colace is a member of the vanguard of neuropsychologists who are establishing metapsychology's scientific base. In a brilliantly conceived and executed series of studies.' - **Brian Johnson**, Department of Psychiatry, State University of New York Upstate Medical University, Syracuse, NY, USA

'Claudio Colace's book is one of the most original and significant works in recent dream science.' - **John Sutton**, Macquarie Centre for Cognitive Science, Macquarie University, Sydney, Australia

**Karnac Books, February 2010, 260 pp, Pb 978-1-85575-636-6/£22.99**







## Reading Minds

### A Guide to the Cognitive Neuroscience Revolution

**Michael Moskowitz** is a psychoanalyst in private practice in New York City

*'I hope you will accompany me on a trip through the exciting new field of cognitive neuroscience. The landscape is vast and the particular paths I have chosen—based on my particular training and passions—will show only part of it. But as we go along you will see ways of approaching other areas you may chose to explore in greater depth later on.*

*Many researchers live in their laboratories, and their careers and self-esteem—like most everyone's these days—are built on gaining recognition, not doing what is right. Most have never seen a patient, a person in pain, suffering the hurt of their circumstances—someone who might shock them back into seeing what they know to be true. Moreover, academics rarely read outside their area of interest and often actively ignore obviously related research if it threatens to make their work seem less special. This struck me hard. As an idealistic graduate student, I was able to take a course at another university with an esteemed researcher whose work I then greatly admired I was for a time quite thrilled My disillusionment came when I enthusiastically expressed the opinion that his general conclusions were supported by the work of another psychologist who was studying the same subject with different methods. "I don't know his work," he said, shaking his head and grimacing with disgust. It was as if I had asked him to taste something horrible. I guess I had. The particular path I have chosen connects what I can of this vast new field before us in order to better understand human nature, and especially what leads to our self-imposed inhibitions and self-inflicted mental pain. It offers a view from a practical perspective that addresses central clinical questions. What keeps us from fully realizing our capacities to understand ourselves and others, and what can be done to change?*

*I do not claim great expertise in research design, statistics, or the interpretation of brain scans, but I believe I have learned enough to exclude the merely sensational. I have chosen not to present controversies in the interpretation of MRI data, although I know they exist—because I know we are far from the end of the story. Some finding will remain accepted and others will not. I have tried to present the work of reputable researchers that has gained support, either through replication or by virtue of fitting in with a pattern of related studies. I do not privilege brain science over social science or from what we gather from the clinical encounter. I believe we have to struggle to see how it all fits in order to better understand what it means to be human. I hope you will bear with me through some occasional bouts of over-enthusiasm which may border on hyperbole, and not lose me on my side paths and digressions. I can get carried away. I only wish to convey my excitement about the possibilities ahead.'* - **Michael Moskowitz**, from the Introduction

**Karnac Books, March 2010, 252 pp, Pb 978-1-85575-714-1/£19.99**



## Neuropsychanalysis

### The official scientific journal of the International Neuropsychanalysis Society

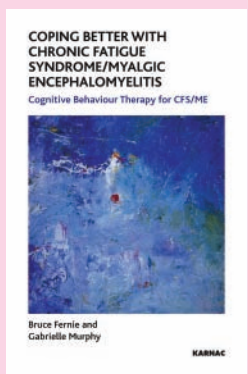
*Edited* **Oliver Turnbull and Yoram Yovell**

The journal serves on-going research and scientific discussion in the field. It provides biannual reports of the Neuro-Psychoanalysis groups worldwide, plus reviews of selected readings. It is the discussion forum for researchers in neuroscience and psychoanalysis.

**Annual subscriptions rates (two issues): Individual £60/\$100; Student £40/\$70; Institutional (on-line only) £150/\$240; Institu-**

**tional (print only) £175/\$275; Institutional (on-line and print) £200/\$320.**

**Karnac Books, ISSN 1529-4145**



## KARNAC SELF-HELP SERIES

# Coping Better With Chronic Fatigue Syndrome/Myalgic Encephalomyelitis

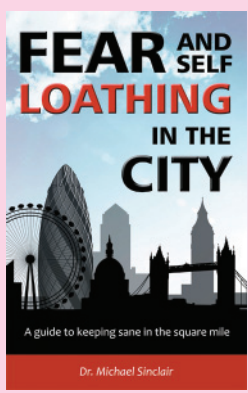
## Cognitive Behaviour Therapy for CFS/ME

**Bruce Fernie** is a chartered counselling psychologist at the Fatigue Service at the Royal Free Hospital. He also works as a psychologist for CASCAID, an HIV mental health service within South London and Maudsley NHS Trust. **Gabrielle Murphy** is a physician working in the Fatigue Service at the

Royal Free Hospital where she is the Clinical Lead

CFS/ME is a debilitating disorder which affects both physical and psychological functioning. It is also a poorly understood condition which was not widely accepted as a specific disorder until only a few years ago. Cognitive Behaviour Therapy (CBT), in conjunction with other physical and medical therapies, is now generally accepted as the treatment of choice for people who are affected by CFS/ME. This book provides the perfect companion for patients to develop and apply new insights into overcoming some of their specific symptoms as well as coping with the syndrome, both during the course of their therapy and afterwards. It provides a helpful structure and framework for understanding CFS/ME and its effects as well as practical exercises to help address some of the symptoms that patients may experience.

Karnac Books, October 2009, 84 pp, Pb 978-1-85575-537-6/£14.99



# Fear and Self-Loathing in the City

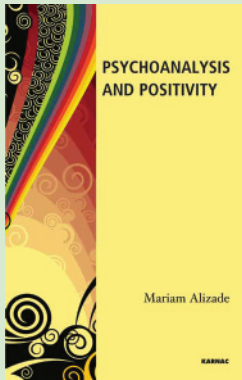
## A Guide to Keeping Sane in the Square Mile

**Michael Sinclair** is an Associate Fellow of the British Psychological Society (BPS), a Practitioner Psychologist registered with the Health Professions Council, a Chartered Scientist registered with the UK Science Council, and an International Member of the American Psychological Association

A practical guide to both managing the pressures of the workplace and coping with the struggles we may have in our personal lives. It incorporates simple techniques and quick solutions to many stressful work-related issues that exist in most working cultures. This book is crucial for todays workplace. The current state of the economy, financial disasters and general instability is having a massive affect on employees. Workers have to deal with redundancies and the pressures of finding new jobs; the number of sick days is on the rise; drug use and alcoholism is increasing; and depression and anxiety are becoming more and more common. Although more people are seeking help, there is still a stigma in the workplace about depression, anxiety, and other very real mental illnesses. As a result, many employees suffer in silence for fear their contemporaries will find out they are not coping, see it as a sign of weakness and think badly of them. In this book, Michael Sinclair has taken a lighter approach and used language common to the workplace with which the reader can identify. In short, this book aims to remove this stigma about mental health, and promote a sense of acceptability about seeking help and resolving problems in a healthy way. The book deals with very current topics, including: depression, anxiety, alcoholism, sleep deprivation, and unhealthy lifestyles (e.g. eating habits) amongst many others.

Karnac Books, February 2010, 244 pp, Pb 978-1-85575-652-6/£19.99





## Psychoanalysis and Positivity

**Mariam Alizade MD**, is a psychiatrist and training analyst of the Argentine Psychoanalytic Association. She is the current overall chair of the IPA Committee on Women and Psychoanalysis (COWAP)

Without falling into unwarranted enthusiasm or naive optimism, the book examines how positivity operates, and goes on to investigate the concept of the construction of an internal framework, the reversal of repetition, and the problematic issues raised by impasse and trauma. Just as psychoanalytic treatment without tears does not exist the book argues that neither does psychoanalytic treatment without joyfulness. Tears and laughter are part of the universe of the analysts consulting room and in the clinical fluctuation between distress and satisfaction, pleasure and displeasure, the analyst accepts both extremes. Humour becomes therapeutic, as do outbreaks of joyfulness in sessions, when the mind is fleetingly freed from the burden of illness.

Karnac Books, January 2010, 168 pp, Pb 978-1-85575-659-5/£20.99



## Attention and Creation

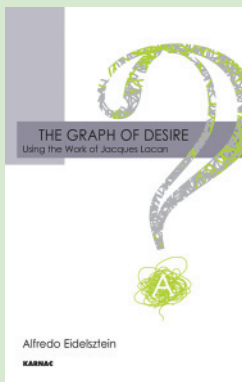
### Growth in the Vertices of W.R. Bion

**Fin Egenfeldt** is a psychotherapist working in private practice in Copenhagen, Denmark. In his youth he earned degrees in history and philosophy

This book has four main chapters. Chapter One is a brief introduction to Bion himself, including material essential to the understanding of the work on which this book is centred. Chapter Two is an explication of the main thesis, demonstrating how Bion articulates his theories and systems of the transformation of the immaterial elements which constitute the psyche. Chapter Three elucidates both the author's and Bion's own views on therapeutic techniques. Touching on the routes available to those wishing to become therapists it also discusses the demands this may place on those in a position to help, be they teachers, supervisors or more experienced fellow therapists. Chapter Four

has two parts: the first outlines Bion's conceptual framework for the constitution, capture and systematisation of psychic space and the elements hereof; the second details a series of classic, mythical attempts at similar processes exemplified in the stories of Oedipus, Original Sin, Palinurus, and the Tower of Babel.

Karnac Books, March 2010, 176 pp, Pb 978-1-85575-653-3/£20.99



## The Graph of Desire

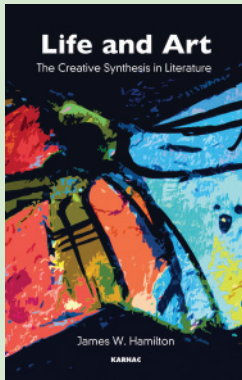
### Using the Work of Jacques Lacan

**Alfredo Eidelsztein** is a member of the Analytic Society of Buenos Aires and Coordinator of the Argentinian Chapter of the The International Society for the Psychological Treatments of the Schizophrenias and other Psychoses

The graph of desire is one of the principal points of reference in Lacanian psychoanalysis. In this book the graph is analyzed in its multiple aspects and relations. Step by step, the author reveals and considers formulations from the simplest to the most complex. The treatment of this issue does not deal only with the development and explanation of its logical, mathematical and topological aspects but also goes through the psychoanalytical theory and practice. The author has immersed himself in Lacan's text

*The Subversion of the Subject and the Dialectic of Desire in the Freudian Unconscious* to uncover and bring this fascinating subject to light.

Karnac Books, October 2009, 300 pp, Pb 978-1-85575-610-6/£24.99



## Life and Art The Creative Synthesis in Literature

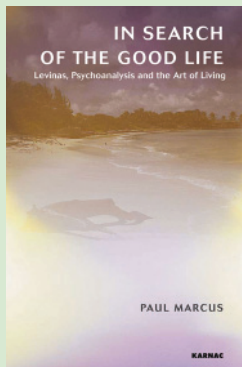
**James W. Hamilton** is a board-certified psychiatrist living in Santa Fe, New Mexico

In this volume an inquiry into the nature of the creative process is attempted by paying close attention to the lives of various artists, poets, novelists and playwrights, and selected works of each in order to demonstrate an essential relationship between the two, and that it is most difficult to delineate the nuances of the creative act by treating them as separate entities. Emphasis is placed upon the effect of early trauma, such as object loss and various forms of deprivation, as a powerful unconscious motivating factor and upon the dream and transitional object as facilitators of the creative effort.

The plight of the artist was one of great interest within the field of applied psychoanalysis from its earliest days. In the meetings of the Vienna Psychoanalytic Society, considerable time was devoted to the discussion of this issue, Freud having relied so much upon literature and art for evidence to support his ideas about the unconscious.

Contents include: Object Loss, Dreaming and Creativity: The Poetry of John Keats; Joseph Conrad: 1880–1910, His Development as a Writer; The Doppelgänger Element in the Relationship Between Bertrand Russell and Joseph Conrad; Pre-oedipal Considerations in the Works of Eugene O'Neill; The Effect of Early Trauma upon Thomas Hardy's Literary Career; The Significance of Transitional Phenomena and Sublimation in the Life and Writings of Vladimir Nabokov; Orwell's *1984* and the Creative Transformation of Intrapsychic Conflict; Thomas Wolfe's *The Lost Boy*; Sequelae of Childhood Sibling Loss; Heinrich Von Kleist and the Quest for Perfection and Immortality; The Plays of Peter Shaffer and the Vicissitudes of Twinship Rivalry

**Karnac Books, November 2009, 340 pp, Pb 978-1-85575-635-9/£25.99**



## In Search of the Good Life Levinas, Psychoanalysis and the Art of Living

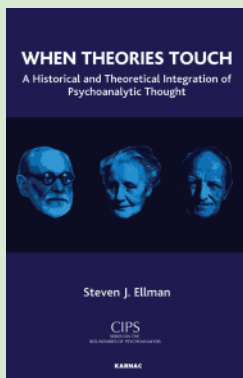
**Paul Marcus, PhD** is a New York licensed Psychologist working in Private Practice

Drawing from the insights of the pre-eminent ethical philosopher Emmanuel Levinas and Sigmund Freud, this book develops a unique notion of what constitutes the "good life," everyday personal living that is animated by deep and wide loving, guided by reason. This book attempts to fill in the large gap in the Levinas literature, mainly through using a Levinasian-inspired, ethically-infused psychoanalytic approach. It suggests how Levinas's ethical insights into the personal, the interpersonal,

and human flourishing (i.e., creative life-affirming living), when merged with a psychoanalytic sensibility, can widen and deepen our capacity to live more ethically, more "for the Other," in our everyday personal lives. All of the essays included in this book are animated by the Levinasian assumption that it is the ethical relation to the other person (and, in one case, dog!) that is primary. That is, there is a human tendency in us, an often inhibited, muted or repressed tendency, as psychoanalysts have taught us, to see the needs of others as more important (or at least as important) than our own and therefore be willing to sacrifice for others. Moreover, once this human tendency to be for the Other is consciously embraced and made part of one's way of being in the world the possibility for a greater degree of personal fulfillment and happiness is often enhanced. Thus, the art of living the "good life," involves embracing "goodness" as one's guiding metaphor, an existential orientation in which, says Levinas, "the Other counts more than myself."

As social psychologists have repeatedly shown, in social life, paradoxically, it is often the case that "the more you give, the more you get." Being for the Other, in other words, is often self-affirming!

**Karnac Books, March 2010, 240 pp, Pb 978-1-85575-723-3/£22.99**



# When Theories Touch

## A Historical and Theoretical Integration of Psychoanalytic Thought

### *CIPS Boundaries of Psychoanalysis Series*

**Steven J. Ellman** was Professor in the Graduate School of City University of New York (CUNY) where he was Director of the Ph.D. program in Clinical Psychology. He is now, after 30 years as a Professor at CUNY, Professor-Emeritus. He has published more than seventy papers in psychoanalysis, sleep and dreams the neurophysiology of motivation, and several books, including *Freud's Technique Papers: A Contemporary Perspective*

This book aims to deconstruct the different theoretical perspectives of psychoanalysis, and reconstruct these concepts in a language that is readily understood. Wherever possible this is meant not to do away with terms that are meaningful, but to attempt to clarify terms and concepts. The book comes in three sections. The first examines Freud's different theories and describes how Freud shifted his emphasis over time. The second section covers all the major post-Freudian theorists: Hartmann and Anna Freud (together in one chapter), Melanie Klein, Fairbairn, Winnicott, Sullivan, Mahler, Kohut, Kernberg, and Bion; and a chapter on the movement from classical theory to contemporary conflict theory. The last section deals with issues raised in contemporary psychoanalysis—issues as they pertain to the clinical situation, and the rationale for a theory of endogenous stimulation.

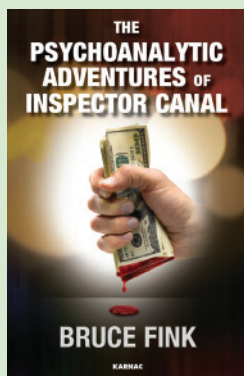
*'The distinguished psychoanalyst Steve Ellman outlines—in an illuminating and original way—the development of psychoanalytic thought from Freud to the most contemporary theories and debates. The controversy between those who maintain that the interpretation of conflicts is the crucial healing factor in psychoanalysis and proponents of the relational critique of Freudian clinical theory is overtly faced towards the end of the volume and an highly original and integrative model is offered. This book is not only a rich tribute to the history of ideas but also a great enhancement for analysts to talk to each other across the boundaries of the models in psychoanalysis. This volume is as precious as the Rosetta Stone which has allowed different languages to communicate.'* - **Antonino Ferro**, author of *The Bi-Personal Field: Experiences in Child Analysis and Seeds of Illness, Seeds of Recovery: The Genesis of Suffering and the Role of Psychoanalysis*

*'Dr Ellman has a remarkable ability to dwell within the psychic reality of each of the great theorists he discusses, and to make it feel as if each one were explaining his or her theory to you personally. This allows the reader to know them in a deeper way and to experience them in their historical context. Perhaps the most important aspect of the volume are the chapters on contemporary theory and Ellman's own view of where we are going. This book is an amazing tour de force that anyone who learns, teaches or uses psychoanalytic theory will need to own.'* - **Sheldon Bach**, PhD, author of *Getting from Here to There: Analytic Love, Analytic Process and The Language of Perversion* and *The Language of Love*

*'Dr Ellman has written an elegant book that will be experienced as a number of different books. This volume is both a text book of psychoanalytic theories and an integrative evolving theory in its own right. As a text book it outlines the essential Freudian hypotheses as well as the contributions of all significant post-Freudian analysts. As an evolving integration Ellman focuses on what he experiences as valuable in each position. The result is Ellman's own creative synthesis. This book should be read by all colleagues who value the relationship between theoretical and clinical conceptualizations. It advances our clinical understanding as well as our theoretical foundation.'* - **Arnold Rothstein**, MD, author of *Psychoanalytic Technique and the Creation of Analytic Patients and Models of the Mind: Their Relationships to Clinical Work*

**Karnac Books, January 2010, 736 pp, Pb 978-1-85575-868-1/£39.99**

The CIPS Book Series, *The Boundaries of Psychoanalysis*, represents the intellectual activity of members of the Confederation of Independent Psychoanalytic Societies. The volumes explore the internal and external boundaries of psychoanalysis, examining the interrelationships between various psychoanalytic theoretical and clinical perspectives as well as between psychoanalysis and other disciplines.



## The Psychoanalytic Adventures of Inspector Canal

**Bruce Fink** is a Professor of Psychology at Duquesne University in Pittsburgh, USA

Reluctantly drawn into helping hapless New York City police detectives with all manner of mysteries, Canal solves cases that are anything but what they appear to be and mends tears of the heart and soul at the same time.

The Psychoanalytic Adventures of Inspector Canal includes three intrigues that weave together psychoanalytic themes, historical mysteries, and contemporary issues in a unique manner.

So move over Sherlock Holmes, Hercule Poirot, William of Baskerville, and Jessica Fletcher. There's a new sleuth in town who doesn't just solve crimes he changes lives.

An extract from the first adventure:

'... The elevator doors opened and Olivetti led Canal onto the landing by the elbow. "It must be going on three years now."

"So you are still carrying a torch for her, I think you Americans say?"

"I wouldn't exactly say that..."

"What would you say?" Canal insisted.

"It's over. She's gone. She's seeing someone else..."

"But maybe you keep hoping?"

"No, there's no point."

"And yet maybe you continue hoping all the same?"

"Basta! Enough with the analyzing," Olivetti stated firmly.

"Here's the room we're looking for." He knocked at the door.

There was no answer. Olivetti knocked again, but Canal shook his head, "You are losing your time."

"What do you mean?"

"This is the wrong door," Canal answered.

"How could it be the wrong door?" asked Olivetti, nonplussed.

"You inverted the numbers: the girl said 302 and you have brought us to 203." Under his breath he murmured, *Peut-être il peut y avoir deux sans trois, a couple without a triangle, but then that does not work in Italian, now does it: due cento e tre? Perhaps the old English two nought three works better, especially since nought sounds a lot like not.* Aloud he said, "You are wondering how to get rid of the third party, this new man your ex-wife is seeing?"

Olivetti turned toward Canal with a deer-in-the-headlights look. When he finally spoke, he acknowledged, "Yes, I guess I switched the numbers around."

"And you said it has been about three years since the divorce?"

Canal went on, as he led him back to the elevator. Olivetti offered no resistance when Canal changed directions and guided him toward the stairs, reflecting that it was harder to miss one's floor when one had to make the physical effort to get there than when it was simply a matter of pressing buttons.

Olivetti looked at the floor distractedly. "Yes, three years, and not a day has gone by that I haven't thought about her. What a fool I was! I never appreciated her when I had her... It's like they say: 'You don't know what you've got till it's gone.'"

Canal squeezed Olivetti's shoulder gently. "Is it gone or lost? I thought it was lost."

"It's gone," Olivetti maintained, "You never know what you've got till it's gone."

"And even then!" Canal opined. "Here we are." ...'

**Karnac Books, March 2010, 320 pp HB 978-1-85575-799-8/£16.99**



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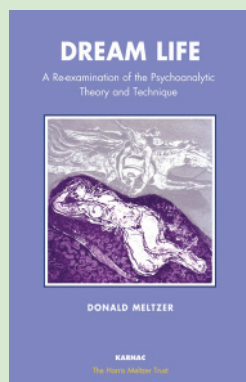
## Enduring Loss Mourning, Depression and Narcissism Throughout the Life Cycle

Edited by **Eileen McGinley** a Member of the British Psychoanalytical Society. She works as a Consultant Psychiatrist in Psychotherapy in the Psychotherapy Unit at the Maudsley Hospital. **Arturo Varchevker** is a Fellow of the British Psychoanalytical Society He works in private practice in London as a Psychoanalyst and Family Therapist, and in the NHS

This book comprises a selection of papers initially presented as a series of lectures organised by the Psychoanalytic Forum of the British Psychoanalytical Society. The aims of these lectures was to revisit Freud's key papers 'On Narcissism' (1914) and 'Mourning and Melancholia' (1917), and to look at how they are used in today's thinking about the different stages of life. The contributions, by well known clinicians and theoreticians in their respective fields, capture certain important themes which were put together with two main incentives in mind: firstly, to consider that mourning, depression and narcissism constitute the basic fabric of psychoanalytic theorizing. Secondly, the centrality of these concepts not only illustrate a particular way of understanding mental functioning but, by locating them at different stages of the individual development, offers a wider, more effective and at times different perspective.

Contributors include: Anne Alvarez, Maria Rhode, Caroline Polmear, Margot Waddell, Denis Flynn, Helga Skogstad, Eileen McGinley, Stefano Bolognini, Sally Weintrobe, Arturo Varchevker, Ken Robinson, Margaret Rustin and Michael Rustin

Karnac Books, February 2010, 314 pp, Pb 978-1-85575-692-2/£22.99



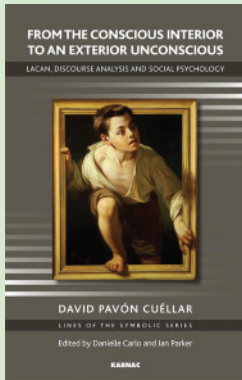
## Dream Life A Re-examination of the Psychoanalytic Theory and Technique

**Donald Meltzer (1923–2004)** is widely known as a psychoanalyst and teacher throughout Europe and South America

"Dreams are my landscape", said Meltzer. In this book he re-establishes psychoanalysis as the art of reading dreams, and dream-life as the core of mental processes. Dreams are not just puzzles to be decoded, the effluence of past trauma or future wish-fulfilment; they are the psyche's attempt—with a varying level of aesthetic achievement—to symbolise its present emotional conflicts in order to re-orient itself toward "the real world—meaning external and internal reality".

*'Meltzer reviews the metapsychology of dream theory through Freud, Klein and Bion. Employing Ella Sharpe's creative contribution of the "poetic diction" of the dream and Chomsky's internal grammar, and ranging through the philosophy of Susanne Langer and Ernst Cassirer, he explores the nature of language and communication. With a virtuoso use of clinical material, he suggests how the collaboration between patient and analyst can take on an aesthetic quality. The book adds hitherto unexplored layers of meaning to the analytic process, and culminates with the importance of the "fugue" of vocalisation and image in the content of the dream. To borrow Meltzer's quote: "Be amazed".'* - **Ellie Roberts**, child and adolescent psychotherapist and supervisor, Oxford

HMT, November 2009, 188 pp, Pb 978-1-85575-619-9/£19.99



## From the Conscious Interior to an Exterior Unconscious

### Lacan, Discourse Analysis and Social Psychology

#### *Lines of the Symbolic Series*

**David Pavón Cuéllar** *Professor at the Universidad Michoacana de San Nicolás de Hidalgo, Morelia, Michoacán, Mexico*

This striking Lacanian contribution to discourse analysis is also a critique of contemporary psychological abstraction, as well as a reassessment of the radical opposition between psychology and psychoanalysis. This original introduction to Lacan's work bridges the gap between discourse-analytical debates in social psychology and the social-theoretical extensions of discourse theory. The author shows that Lacan's psychoanalytical terminology can neither be translated nor assimilated to the terms of current psychology. Among the notions in actual or potential competition with Lacanian concepts, the book deals with those proposed by semiology, Marxism, phenomenology, constructionism, deconstruction, and hermeneutics.

*'Pavón Cuéllar not only rejuvenates the field of discourse analysis, he completely redefines it, opening it up via the multiple conceptual resources available within Lacanian psychoanalysis. More than a primer to a new form of discourse analysis, this text functions as a handbook for critical qualitative methodology more generally, and as a source book for the analytical potential for combining social psychology and Lacanian thought.'* - **Derek Hook**, *Social Psychology*, London School of Economics

**Karnac Books, March 2010, 414 pp, Pb 978-1-85575-794-3/£29.99**



## Attachment: New Directions in Psychotherapy and Relational Psychoanalysis

*Edited by Joseph Schwartz*

Attachment: New Directions in Psychotherapy and Relational Psychoanalysis is a leading edge journal for clinicians working relationally with their clients; it is a professional journal, not an academic journal, featuring cultural articles, politics, reviews and poetry relevant to attachment

and relational issues; an inclusive journal welcoming contributions from clinicians of all orientations seeking to make a contribution to attachment approaches to clinical work.

It includes up to date briefings on latest developments in neuroscience relevant to psychotherapy and counselling and is an international journal with contributions from colleagues from different countries and cultures.

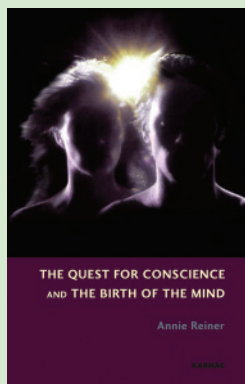
**Annual subscriptions rates (two issues): Individual £45/\$75; Student £35/\$55; Institutional (on-line only) £150/\$240; Institutional (print only) £175/\$275; Institutional (on-line and print) £200/\$320.**

**Karnac Books, ISSN 1753-5980**









## The Quest for Conscience and the Birth of the Mind

**Annie Reiner PhD**, is an associate member and associate faculty member of *The Psychoanalytic Center of California (PCC)* in Los Angeles. She maintains a private practice in Beverly Hills, California

This book offers a new perspective on conscience as an as yet unrealized human potential, but a potential toward which human beings are naturally driven. Freud's and Bion's perspectives on religion are closely examined, revealing fundamental differences in their views of the mind. The author incorporates the metaphysical perspective central to Bion's concept of "O" as fundamental to an understanding of the development

of a healthy conscience. Detailed clinical examples clearly illustrate obstacles to the development, both of conscience and of an authentic self. These are examined with reference to early emotional trauma, including the failure of mental containment by the primary object, ideas which have their foundation in Fairbairn's theories about the infant's "moral dilemma".

*'This is a remarkable book. Dr Reiner equates the birth of conscience with the birth of mind, a courageous stance and one that flies in the face of the ethical relativism that permeates our postmodern culture. The implication is very clear that without conscience there can be no authentic mind. Reiner does not just tag conscience onto a framework which it does not fit but knows that a revolutionary new outlook is required which incorporates the metaphysical view reflected in Bion's concept of "O". This perspective is so lacking in psychoanalytical thinking—I mean the one that appreciates that a theoretical framework requires a radical revision for a new datum of experience to be assimilated... This book should give us all a good jolt.'* - **Neville Symington**, author of *The Analytic Experience and Narcissism: A New Theory*

*'Reiner's is a quest for clarity: between a maturing "conscience" that organically develops out of a sincere sense of self; the "super ego" (Freud), as an adaptation of the ego; and the harsh, primitive "superior ego" (Bion) that rises from the ashes of early states of dissolution where experience could not be borne and the development of mind has been aborted. Her expedition—through territories of literature, philosophy, science, theology and, most significantly, psychoanalysis—reaches its summit with clinical illustrations made vivid through extensive sequences of dream analysis. Reiner's is a unique and poetic voice that both echoes and extends those who ventured ahead of her.'* - **Judith L. Mitrani**, author of *A Framework for the Imaginary and Ordinary People and Extra-ordinary Protections*

**Karnac Books, December 2009, 188 pp, Pb 978-1-85575-705-9/£18.99**

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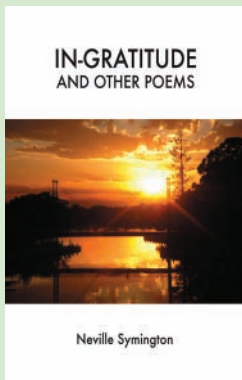
## On Paedophilia

**Cosimo Schinaia** is a psychoanalyst and psychiatrist, Director of the Mental Health Centre of Central Genoa

A topical and complete examination of the phenomena of paedophilia starting with a historical overview and then proceeding to a psychoanalytic examination of its structure and treatment. Contents include: Social and cultural aspects fostering paedophilic behaviour; Myth and paedophilia, Paedophilic fairy tales and fables; The pederast relationship in Classical Greece; Paedophilia in the Middle Ages, Paedophilia in medical and psychiatric thought, Psychoanalysis and paedophilia; Contributions to the definition and typology of paedophilic personalities and behaviours through fiction; The paedophilic relationship; A case of paedophilic perversion; A case of paedophilic perversity; The work group.

**Karnac Books, March 2010, 330 pp, Pb 978-1-85575-589-5/£24.99**





## In-Gratitude and Other Poems

**Neville Symington** is a member of the British and Australian Psychoanalytic Societies. He has a private psychoanalytic practice in New South Wales, Australia

Where does the creative act come from? No one knows. All the rash of literature in recent times from artists, scientists and theologians on the subject of consciousness finds its origin in this puzzle.

*'Creating what has happened to one into an art form has one effect: it dissolves the barrier between the present and the past. The past is constantly stimulated into life by present experiences particularly when listening to someone else relating their experiences. It brings me then into a close sharing of experience with the other. Analytic theories are substitutes for these personal experiences. So*

*these poems are a few casual glimpses when the spirit has risen to the challenge. They are not a big offering but they mean a lot to me. The most important of these is the long poem IN-GRATITUDE which comes first. It is the creation of some enormously important conversations I had with my mother shortly before she died.'* - **Neville Symington**, from The Introduction

**Karnac Books, January 2010, 108 pp, Pb 978-1-85575-823-0/£9.99**



## Perversions of Fascism

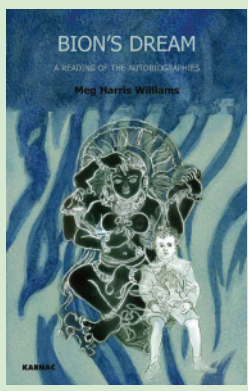
**Antonios Vadolas** is a Lecturer in the MA in Psychoanalysis and Contemporary Society at Brunel University. He also teaches Psychoanalysis and Contemporary Therapeutic Cultures in Goldsmiths College, University of London

Contemporary versions of evil demonise modern "fascists", "totalitarian threats", and "Hitlers". As if not obscure enough, fascist evil has been equivocally linked with perversion. This book reveals that both fascism and perversion implicate the non-symbolisable kernel in politics, which becomes the source of their mystification. It argues that the fascist does not take the same discursive position as the pervert does, regarding this symbolic gap.

Antonio Vadolas develops a new rhetoric, de-pathologised and de-ideologised, regarding the structure of the so-called pervert, introducing new vocabularies and directions for psychoanalytic research that further distance the pervert, or whom he calls the "extraordinary subject", from fascist politics and, instead, exposes his diachronic "fascist" isolation from the social edifice. This reveals the fruitful alternatives that can stem from a "return to Freud cum Lacan", which supports a flexible on-going reformulation of psychoanalytic knowledge.

*'Fascism has often been regarded as a perverse ideology and perversion may easily appear as a fascist form of sexuality, yet in this brilliant book Vadolas demonstrates that these associations obfuscate rather than elucidate the eroticisation of power as one of the most fundamental and controversial aspects of the human condition. Lacanian psychoanalysis underpins many of the author's arguments, but insofar as theorising is also exercising power Lacan is as much the method as he is the object of study. Drawing on a vast range of sources and broadly conceived as a critical reflection on philosophical, ethical and psychoanalytic discourses of domination, this is the kind of book that no contemporary social scientist can ignore.'* - Professor **Dany Nobus**, Chair of Psychology and Psychoanalysis, Head of Social Sciences, Brunel University.

**Karnac Books, December 2009, 384 pp, Pb 978-1-85575-602-1/£29.99**



# Bion's Dream

## A Reading of the Autobiographies

**Meg Harris Williams** a writer and artist, studied English at the Universities of Cambridge and Oxford and art at the Accademia di Belle Arti in Florence, and has had a lifelong psychoanalytic education

*'This book offers a definitive reading of Bion's remarkable autobiographical writings from a perspective embedded in the poetry of the ages, that of the Romantics in particular. It is at once learned and, utterly freshly, able to explore the inside story of Bion's life and mind. The volume is a distillation and elaboration of the work of many years. Whilst ostensibly an extended commentary on the autobiographical works themselves, it is also, in its own right, a "tour de force", engaging, as it does, with the heart of the matter: with the development of a psychoanalyst, of a life, a self, a mind, thoroughly inward with the "dark and*

*sombre world of thought'.* - **Margot Waddell**, psychoanalyst and consultant child psychotherapist, Tavistock Clinic, author of *Inside Lives: Psychoanalysis and the Growth of the Personality*

*'Meg Harris Williams has applied her gift for mystical poetry to "dreaming" Bion's passion, his suffering, as portrayed in his autobiographical works, "The Long Week-End", "All My Sins Remembered", and "A Memoir of the Future". What Williams has done with rare literary craftsmanship and consummate poetic beauty is to weave Bion's autobiographical contributions, testimonies from his conscious memory, with his unconscious "dream" about it in his trilogy "A Memoir of the Future". Williams' "dream" about his autobiographies lies atop Bion's dream about himself. The result is compelling and soul-searching. Bion has never been so "understood". Her "dream" engenders profound compassion for the dark fate-encountering pilgrim who overcame the dreadful odds that had always confronted him.'* - **James Grotstein**, training analyst, Los Angeles, and author of *A Beam of Intense Darkness: Bion's Legacy to Psychoanalysis*

*'I can recommend this book—which evolved in its author's mind over time and outgrew its original envelope through natural growth—wholeheartedly. I found it modest, beautiful and also useful in that it stands as a good companion piece to Bion's allusive yet clinically relevant "A Memoir of the Future". The author's personal exploration takes us closer to the deep structure, or grammar, of Bion's ideas without laying possession to them, translating or "explaining" them.'* - **Chris Mawson**, training analyst, British Psychoanalytical Society, and editor of *The Complete Works of W.R. Bion*

*'To come anywhere near understanding Bion's work, the reader needs to be steeped in classical scholarship, to be a consummate literary critic and reader of texts, to have a profound familiarity with psychoanalytic thought and also to be, independently, truly a thinker. Perhaps uniquely, Meg Harris Williams combines these prerequisites.'* - **Margot Waddell**

**Karnac Books, December 2009, 116 pp, Pb 978-1-85575-890-2/£12.99**

## A Memoir of the Future

### Volumes I, II & III

**W.R. Bion**

**Karnac Books, 1990 650 pp, Pb 978094643-979-9/£45.00**

## The Long Weekend 1897–1919

### Part of a Life

**W.R. Bion**

**Karnac Books, 1982 288 pp, Pb 978-1-85575-000-5/£29.99**

## All My Sins Remembered

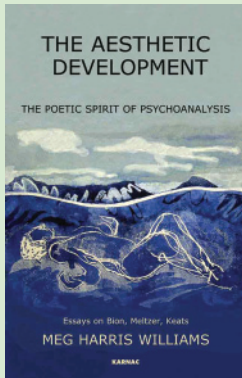
### Another Part of a Life & The Other Side of Genius: Family Letters

**W.R. Bion**

**Karnac Books, 1991 252 pp, Pb 978-1-85575-845-2/£29.99**

PSYCHOANALYSIS





## The Aesthetic Development The Poetic Spirit of Psychoanalysis

### Essays on Bion, Meltzer, Keats

**Meg Harris Williams** a writer and artist, studied English at the Universities of Cambridge and Oxford and art at the Accademia di Belle Arti in Florence, and has had a lifelong psychoanalytic education

*'Few people would be better qualified than Meg Harris Williams to write this innovative and eagerly anticipated post-Kleinian book. Deeply versed in the opus of Bion and Meltzer, Harris Williams enhances the concept of "catastrophic change". The analyst who "eschews memory and desire" observes the subtle interplay of transference and countertransference (Meltzer's "counter dreaming") as it works through aesthetic conflicts. The ensuing reciprocity of the patients and analysts unconscious*

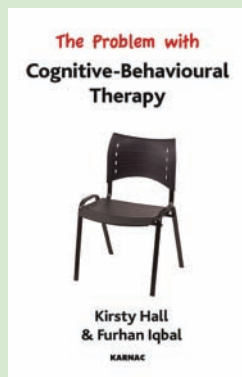
*is revealed as the aesthetical and ethical basis of psychoanalysis. In that sense the psychoanalytical process parallels that of poetic and artistic inspiration. They are all generated by creative internal objects. Harris Williams' intellectual tour de force demonstrates convincingly the human capacity for symbolic thinking that underlies literary, artistic and psychoanalytic creativity. Her encyclopaedic understanding of literature, art and psychoanalysis contributes to this book's virtuosity.'* - **Irene Freeden**, Senior Member of the British Association of Psychotherapists

*'This book points ahead into the future of psychoanalysis. Meg Harris Williams has done what few in our field are qualified to do. Her intimate knowledge of the thinking of Donald Meltzer, combined with her deep understanding of the arts, enables her to use Bion's three great vertices—of art, of science and of religion—as the basis for a work of extraordinary integration. Beyond the many insights we are given into the aesthetic dimension of our science, we continually glimpse the "O"—the truth that cannot be spoken, but whose beauty can be known. There are whole realms of understanding ahead of us yet to be entered, and no one who reads this book can remain unaware of them.'* - **Dorothy Hamilton**, Training therapist and supervisor, Association for Group and Individual Psychotherapy

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