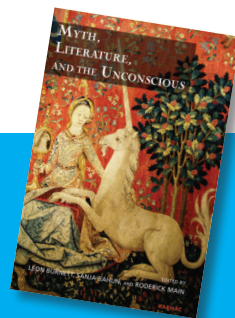
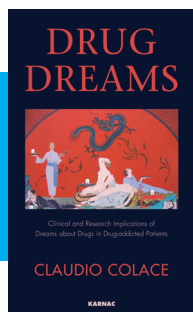
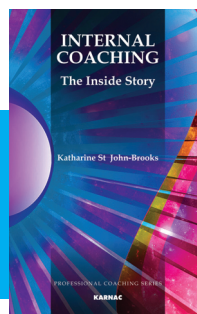
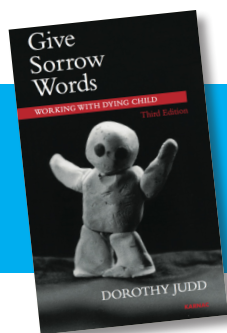


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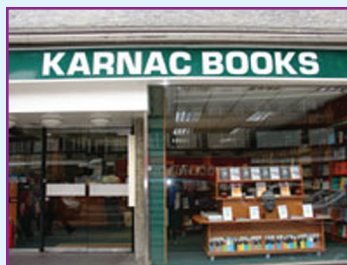
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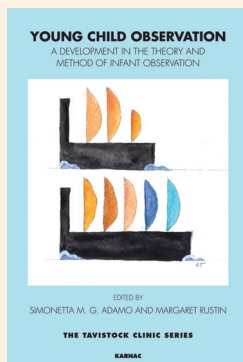
Rod Tweedy, Karnac Books, 118 Finchley Road, London NW3 5HT, UK

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# Young Child Observation

## A Development in the Theory and Method of Infant Observation

*Tavistock Clinic Series*

*Edited by **Simonetta M.G. Adamo**, a child and adolescent psychotherapist and member of the Tavistock Society of Psychotherapists, and **Margaret Rustin**, consultant child and adolescent psychotherapist at the Tavistock Clinic, where she has been Head of Child Psychotherapy since 1986*

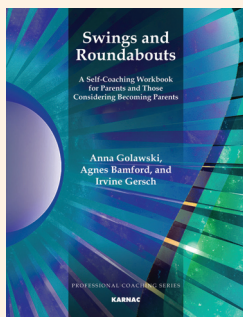
Observing young children at play is an everyday and often fascinating and pleasurable experience for many of us. It also has a great pedigree in the development of psychoanalysis from Freud's observation of his grandson's game with the cotton-reel onwards.

This book describes the practice of observing young children in home and nursery settings in a systematic and non-intrusive way in order to expand our understanding of their emotional, cognitive, and social development. It uses a psychoanalytic lens to enrich the meaning of what is seen. How do minds and personalities take shape? How can we train people to see what is most relevant in helping children to develop?

The chapters range from classic papers by famous practitioners of an older generation to observations completed in recent years in the UK, Europe, and the US. Observation of this sort has also spread to Latin America, India, Australia, Africa, and the Far East. The differences and continuities with Infant Observation are the starting point. What happens when a child starts nursery? How active a playmate should an observer be? How do we balance the close attention given to the observed child with the wider group of children in a nursery? How do we make sense of the marked cultural differences we see between families, nurseries, and indeed national cultures? How can we use observation as a baseline for early intervention and how can we research what we are doing?

The book is written for the many students and professionals concerned with the care and education of under-fives, and for parents, grandparents, and all who are interested in the mind of the young child. Readers will delight in the children's capacity for imaginative thought and also find themselves pondering what makes a nursery a good-enough place for staff and children.

**Karnac Books, 2013, 384 pp, PB 9781782200604/£ 29.99**



## Swings and Roundabouts A Self-Coaching Workbook for Parents and Those Considering Becoming Parents *Professional Coaching Series*

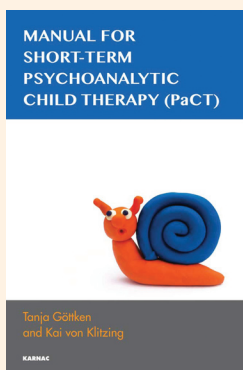
By **Anna Golawski**, a dedicated mum to two young children who successfully manages to run her own coaching business, **Agnes Bamford**, a working mother of three children, and **Irvine Gersch**, a professor of educational and child psychology at the University of East London

Parents often feel alone and the authors have found that running courses for them created a space where they could share experiences with each other as well as experiment with different ways of parenting. It is their intention to give back some of the awareness they gained in this comprehensive and invaluable self-coaching book.

'I am delighted to recommend this book. It is a treasure of inspiration and meaningful challenges for parents at all stages. Read it, use it, and join the millions of other parents who are facing the unique historical challenge of reinventing child rearing, rooted in their own personalities, values, and boundaries. No method can fix our lives with children but, with the right amount of awareness of yourself, you will be ready for building wholesome relationships with your children.'

– **Jesper Juul**, family therapist, former CEO of the Kempler Institute of Scandinavia, and author of *Your Competent Child*

**Karnac Books, November 2013, 176 pp, PB 9781780491233/£ 24.99**



## Manual for Short-term Psychoanalytic Child Therapy (PaCT)

By **Tanja Göttken**, a psychologist, psychoanalyst, research associate and head of the local psychotherapy section at the Department of Child and Adolescent Psychiatry, University of Leipzig, and **Kai von Klitzing**, a professor of child and adolescent psychiatry and director of the Department of Child and Adolescent Psychiatry, University of Leipzig

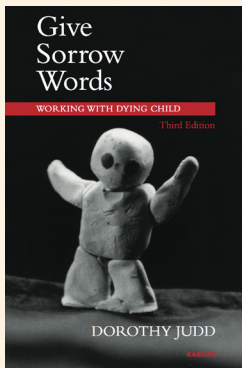
Short-term Psychoanalytic Child Therapy (PaCT) is an emotion-oriented, play-focused treatment that aims to help the child to relinquish rigidly held maladaptive defence mechanisms that give rise to symptoms and interfere with healthy development.

This manual will be of use to trainees and practising therapists alike.

'Structured brief treatments have surprised all of us in terms of their effectiveness and the enduring benefit they deliver. The authors bring the advantage of this approach to the field of child therapy in an exceptionally well-constructed package that provides an excellent foundation for both training and research. We are in debt to the authors for the clarity and coherence with which their conceptual framework and their technique is presented and the quality of integration between the two, which they are able to achieve to facilitate our clinical work with young children.'

– **Peter Fonagy**, Freud Memorial Professor of Psychoanalysis, and Chief Executive of the Anna Freud Centre, London

**Karnac Books, November 2013, 336 pp, PB 9781780490366/£ 24.99**

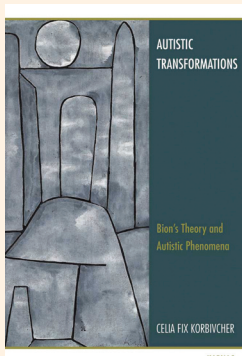


## Give Sorrow Words Working with a Dying Child, Third Edition

By **Dorothy Judd**, *Couple Psychoanalytic Psychotherapist, Honourary Secretary of the Association of Child Psychotherapists, and former child psychotherapist at the Tavistock clinic*

In this book Dorothy Judd, a child psychotherapist who has worked with ill, disabled, and dying children and adolescents for many years, places her clinical experience in the context of a full understanding of death, the moral and ethical issues raised by some of the treatments for life-threatening illness, and the current research into new developments in approaches to terminal illness. *Give Sorrow Words* combines great sensitivity to the experience of terminal illness with an astute awareness of the more theoretical debates in this increasingly important area of research. First published in 1989, this second edition has been updated and revised.

**Karnac Books, February 2014, 320 pp, PB 9781780491486/£ 24.99**



## Autistic Transformations Bion's Theory and Autistic Phenomena

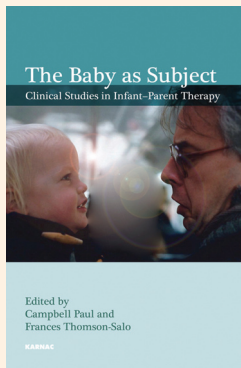
By **Celia Fix Korbivcher**, *a Training and Supervising analyst, Child analyst, and a member of the Brazilian Psychoanalytic Society of São Paulo*

This book is a collection of articles written between 1992 and 2005, which attempts to bring two universes together in Bion's referential and autistic phenomena. The field of clinical work which the author uses is that of "learning from the emotional experience" (Bion, 1962) and the theory of Transformations (Bion, 1965), a method of observing mental phenomena within this field, which also encompasses the areas of neurosis and psychosis. The author suggests adding an autistic area to the theory of Transformations, proposing a new type of transformation beyond those suggested by Bion: the autistic transformations.

'One of her main theses is that psychological autism may not be a pathological aberration but rather an inherent transformative potential in an infant who has failed to develop a mental apparatus able to contain and transform painful, stressful experiences and just discharge them instead. She argues that the infant who cannot tolerate his painful experiences may opt to recruit his "autistic-transformational potential" in order to withdraw from the stresses contingent upon the painful experiences of object separation, and supports her claim with many convincing clinical examples. What she has also accomplished with these examples is an exemplary display of her use of Bion's psychoanalytic technique as well as that of Klein. This factor nominates the author's book as an invaluable multi-purpose text book.'

– **James Grotstein**, Professor of Psychiatry and author of *A Beam of Intense Darkness: Wilfred Bion's Legacy to Psychoanalysis*

**Karnac Books, November 2013, 160 pp, PB 9781780491752/£ 16.99**



## The Baby as Subject Clinical Studies in Infant-Parent Therapy

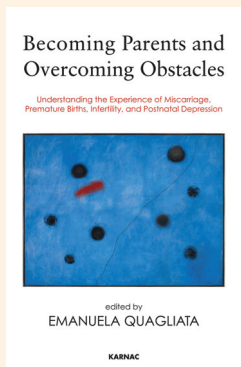
Edited by **Campbell Paul**, a Consultant Infant and Child Psychiatrist at The Royal Children's Hospital, Melbourne and Honorary Principal Fellow in the Department of Psychiatry at the University of Melbourne, and **Frances Thomson-Salo**, an Honorary Principal Fellow of the Department of Psychiatry, University of Melbourne, and a Member of the British Psychoanalytical Society and immediate past President of the Australian Psychoanalytical Association

This book is a collection of papers by clinicians united in their conviction about the importance of directly engaging and interacting with the baby in the presence of the parents whenever possible. This approach, which draws on the work of Winnicott, Trevarthen, and Stern honours the baby as subject. Recent neurobiological, attachment, and developmental psychology models inform the work.

'The spirit of Donald Winnicott has travelled to Australia and inspired a large team of infant mental health professionals to create a stimulating book of their learning and achievement, both practical and theoretical. This volume should appeal to all professionals who aspire to help troubled parent-infant relationships become "good enough".'

– **Dr Juliet Hopkins**, Honorary Consultant Child Psychotherapist, Tavistock Clinic, London

Karnac Books, 2013, 336 pp, PB 9781780491165/£ 26.99

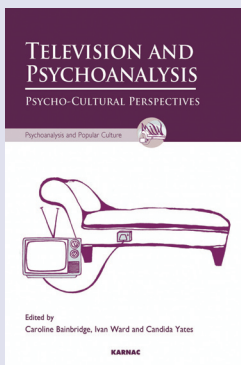


## Becoming Parents and Overcoming Obstacles Understanding the Experience of Miscarriage, Premature Births, Infertility, and Postnatal Depression

Edited by **Emanuela Quagliata**, a child psychotherapist and psychoanalyst and a member of the Italian Association for Psychoanalytic Child Psychotherapy

The central idea of this work is that it is possible to get over a difficult beginning or relationship, and that unresolved problems can be renegotiated at every stage of development. The authors have tried to show how the bond between them is formed in the absolute uniqueness of every relationship, facing the inevitable human limits which ensure that nothing is perfect.

Karnac Books, 2013, 138 pp, PB 9781782200185/£ 17.99



# Television and Psychoanalysis

## Psycho-Cultural Perspectives

*Psychoanalysis and Popular Culture Series*

Edited by **Caroline Bainbridge**, Reader in Visual Culture at the University of Roehampton and a Director of the Media and the Inner World research network, **Ivan Ward**, Deputy Director and Head of Learning at the Freud Museum, London, and **Candida Yates**, Reader in Psychosocial Studies at the University of East London and a Director of the Media and the Inner World research network

Despite the prominence of television in our everyday lives, psychoanalytic approaches to its significance and function are notoriously few and far between. This volume takes up perspectives from object relations theory and other psychoanalytic approaches to ask questions about the role of television as an object of the internal worlds of its viewers, and also addresses itself to a range of specific television programmes, ranging from *Play School*, through the plays of Jack Rosenthal to recent TV blockbuster series such as *In Treatment*. In addition, it considers the potential of television to open up new public spaces of therapeutic experience.

Interviews with a TV producer and with the subject of a documentary expressly suggest that there is scope for television to make a positive therapeutic intervention in people's lives. At the same time, however, the pitfalls of reality programming are explored with reference to the politics of entertainment and the televisual values that heighten the drama of representation, rather than emphasising the emotional experience of reality television participants and viewers. A recurring theme throughout is that television becomes a psychological object for its viewers and producers, maintaining the psychological 'status quo' on the one hand, and yet simultaneously opening up playful spaces of creative, therapeutic engagement for these groups.

This book makes a timely intervention into the field of television studies by offering a distinctive range of psycho-cultural approaches drawn from both academic criticism and an array of experiences grounded in both the clinical and televisual scenes of practice.

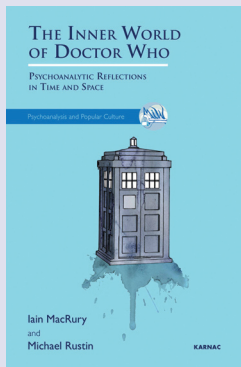
This collection of essays arises from a conference organised by the Media and the Inner World research network in collaboration with the Freud Museum.

'Given that television has arguably been the most powerful medium in much of the world for up to half a century, a book approaching it through psychoanalysis is considerably overdue. And now digitisation and the internet have made the idea of "television" much more complicated and pervasive, our need to understand its deeper influences on our minds, and how we relate to it, is yet more important. This collection of essays draws on key ideas from modern psychoanalysis while retaining, in its rich psychosocial approach, a strong appreciation of the socio-cultural contexts in which television has taken the shapes it has.'

– **Barry Richards**, Professor of Public Communication, The Media School, Bournemouth University

Karnac Books, 2013, 224 pp, PB 9781780491738/£ 23.99





# The Inner World of Doctor Who

## Psychoanalytic Reflections in Time and Space

*Psychoanalysis and Popular Culture Series*

By Professor **Iain MacRury**, Head of Research and Knowledge Exchange in The Media School at Bournemouth University, and **Michael Rustin**, Professor of Sociology at the University of East London, a Visiting Professor at the Tavistock Clinic, and an Associate of the British Psychoanalytical Society

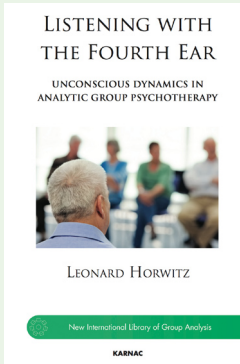
As *Doctor Who* approaches its fiftieth anniversary recent series have taken the show to new heights in terms of popular appeal and critical acclaim. The Doctor and his TARDIS-driven adventures, along with companions and iconic monsters, are now recognised and enjoyed globally. The time is ripe for a detailed analytic assessment of this cultural phenomenon.

Focussing on the most recent television output *The Inner World of Doctor Who* examines why the show continues to fascinate contemporary audiences. Presenting closely-observed psychoanalytic readings of selected episodes, this book examines why these stories of time travel, monsters, and complex human relationships have been successful in providing such an emotionally rich dramatization of human experience. *The Inner World of Doctor Who* seeks to explore the multiple cultural and emotional dimensions of the series, moving back and forth from behind the famous sofa, where children remember hiding from scary monsters, and onto the proverbial psychoanalytic couch. The approach that the authors take recognizes the richness that *Doctor Who* contains, episode by episode and in its culture and mythos, in order to show how *Doctor Who* adventures can be appreciated in the acknowledgement that both sofa and couch provide lively places from which to enjoy the stories as they continue to unfold for the next fifty years.

‘With great intelligence and timely sensitivity, *The Inner World of Doctor Who* frames this celebrated TV show in fascinating ways. Analysing the Doctor as a kind of “thinker-therapist”, and focusing on his relationships with companions, monsters, and the TARDIS, Iain MacRury and Michael Rustin convincingly explore deeper structures of meaning and feeling. Wedding perceptive readings to object relations theory, *The Inner World of Doctor Who* shows just how *Doctor Who*’s emotional worlds of love, loss, and family are “bigger on the inside”.’

– **Matt Hills**, author of *Triumph of a Time Lord* and editor of *New Dimensions of Doctor Who*

**Karnac Books, 2013, 368 pp, PB 9781782200833/£ 19.99**



## Listening with the Fourth Ear Unconscious Dynamics in Analytic Group Psychotherapy

*New International Library of Group  
Analysis Series*

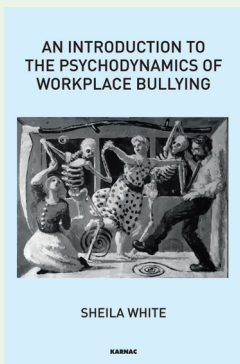
By **Leonard Horwitz**, a Training and Supervising analyst  
with the Greater Kansas City Psychoanalytic Institute

There are multiple meanings to the term 'group-as-a-whole' and all have a contribution. This book emphasizes that the therapist ideally listens with the fourth ear, not only attending to the latent communication of each individual, but also listening for the shared theme of the whole group. Ferreting out the underlying theme that the entire group is dealing with, the common group tension, provides a valuable opportunity for each individual to change the underlying issues that impair his or her relationships.

'This volume contains the wisdom of many decades of clinical experience from one of the world's leading thinkers in the field of group process and group psychotherapy. Leonard Horwitz has distinguished himself as both a psychoanalyst and a group therapist over the years, and we are fortunate that he has produced a summing up of his long experience. One of his virtues is that he writes in a prose style that is jargon-free, systematic, and easily accessible. This splendid new book will be equally valuable to beginners and those with considerable experience who want to learn from a master.'

– **Glen O. Gabbard**, MD, Clinical Professor of Psychiatry, Baylor College of Medicine

**Karnac Books, November 2013, 384 pp, PB 9781782200178/£ 29.99**

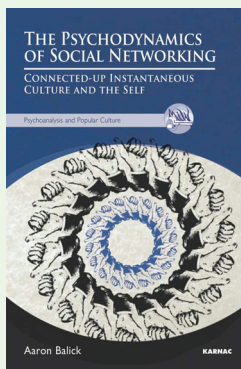


## An Introduction to the Psychodynamics of Workplace Bullying

By **Sheila White**, an honorary research fellow at Birkbeck,  
University of London, who has spent many years carrying  
out research on workplace bullying

This book gets to the roots of why and how bullying occurs. New ways of conceptualising bullying are presented from drawing on the literature on the subject, as well as a range of psychodynamics theories. Bullying is described as a perverse and pernicious form of projective identification, occurring around organisational vacuums and structural fractures. Individuals, seeking recognition, get trapped in what the author terms 'a dance of death'. The book is very structured and designed to be used as a text, or hand, book for academics, HR managers, organisational consultants, psychotherapists, counselors, and 'life coaches'.

**Karnac Books, November 2013, 240 pp, PB 9781780491622/£ 23.99**



# The Psychodynamics of Social Networking Connected-up Instantaneous Culture and the Self

*Psychoanalysis and Popular Culture Series*

By **Aaron Balick**, a UKCP registered psychotherapist, supervisor, and a media and social networking consultant working in London

Over the past decade, the very nature of the way we relate to each other has been utterly transformed by online social networking and the mobile technologies that enable unfettered access to it. Our very selves have been extended into the digital world in ways previously unimagined, offering us instantaneous relating to others over a variety of platforms like Facebook and Twitter. In *The Psychodynamics of Social Networking*, Aaron Balick draws on his experience as a psychotherapist and cultural theorist to interrogate the unconscious motivations behind our online social networking use; powerfully arguing that social media is not just a technology but is essentially human and deeply meaningful.

The approach taken differs from many books already on the market as the author takes a psychodynamic approach: that is, investigating the nature of social networking on the personal and social unconscious and its relationship to how we create, build, and maintain relationships. Insights from relational psychoanalysis inform the text. Relational psychoanalysis being that which concerns itself primarily with relating to others as a primary human motivation, taking in both unconscious object relational perspectives alongside relationships with real others. Social networking is interpreted as a new and relatively under-researched ground in which relational dynamics are played out.

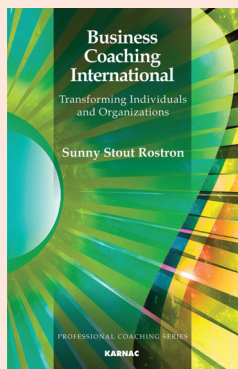
'When was the last time you didn't have a conversation about social networking and the internet? Aaron Balick has pulled off something remarkable – his book is one of the best examples of the cultural application of therapy thinking that I have read. But he has also shown how the internet expands and disrupts the cosy assumptions of psychodynamics and psychotherapy. While it will no doubt be read by all sentient therapists, more importantly this should be a break-out book as well, clicking its way into the public conversation.'

– **Andrew Samuels**, Professor of Analytical Psychology, University of Essex

'Social media has changed all of our lives. It's all too easy to pretend that it doesn't impact on our clinical practices and that we and the people we see are sequestered behind our consulting room doors. Not so. Social media has infiltrated our psyches demanding that we rethink issues of recognition, longing, connection, and dissociation. Aaron Balick does this magnificently, anticipating not only what psychotherapists would like to know and theorise, but also anyone else who is interested in the deeper psychological meanings of social networking and our society. Read it and reflect.'

– **Susie Orbach**, psychoanalyst and author of *The Impossibility of Sex*

**Karnac Books, 2013, 224 pp, PB 9781780490922/£ 23.99**



## Business Coaching International Transforming Individuals and Organizations, Second Edition

*Professional Coaching Series*

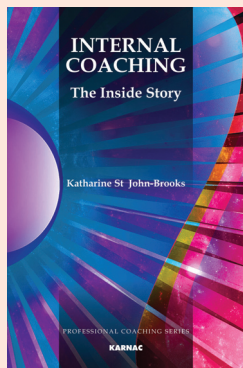
By **Sunny Stout-Rostron**, a director of the Manthano Institute of Learning (Pty) Ltd and a founding faculty member of The Coaching Centre (TCC) in Cape Town

'I am struck by the incredible generosity of this book. A rich and thorough blend of theoretical understanding and practical wisdom, delivered in a way that is highly accessible and of considerable value to experienced

and inexperienced business coaches alike. It is a very welcome addition to my library!'

– **Gordon Spence**, PhD, MAPS, leading Australian coaching psychologist and lecturer in the Coaching Psychology Unit at the University of Sydney

Karnac Books, December 2013, 416 pp, PB 9781782200970/£ 34.99



## Internal Coaching The Inside Story

*Professional Coaching Series*

By **Katharine St John-Brooks**, an executive coach and consultant specialising in the strategic use of internal coaches within organisations

*Internal Coaching: The Inside Story* provides a window into the world of internal coaching: the challenges and rewards for the coaches themselves and the ways in which organisations can ensure that they can get best value for money from their investment in them.

Drawing on the stories of hundreds of internal coaches, coach sponsors, lead coaches, supervisors of internal coaches, and coach trainers, *Internal Coaching: The Inside Story* gives internal coaches a voice. The whole aim is to stimulate thinking and be a catalyst for generating options and choices.

'A thoughtful and thorough exposé of the reality of coaching inside organisations. The counsel of coaches and sponsors of coaching is all here: start-up tips, checklists, case studies, lessons learned, and, above all, a celebration of achieving great things through perseverance and business focus.'

– **Trevor Elkin**, Leadership Development, Home Office Capability & Change Team

'This book is an invaluable guide for all internal coaches and organisers of internal coaching services. It brings to life what it is to be an internal coach – with all its rewards, pitfalls, and complexities – and provides a veritable feast of examples of how organisations all over the world are approaching the challenge of setting up, supporting, and harnessing the power of internal coaching. Essential reading.'

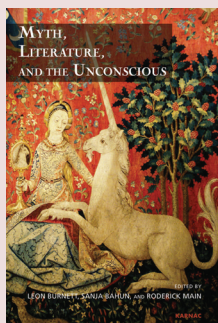
– **John Leary-Joyce**, CEO Academy of Executive Coaching and Chairman EMCC UK

'Internal Coaching is essential reading for any lead coaches and supervisors looking to protect and build on their organisation's investment in coaching, engage and support internal coaches, and assure ethical and accountable practice. I'm sure many will wish they had had this resource when they first embarked on their journey with coaching.'

– **Katherine Long**, Director of Development and Supervision, OCM

Karnac Books, November 2013, 320 pp, PB 9781780491721/£ 24.99





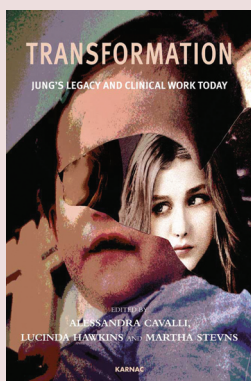
## Myth, Literature, and the Unconscious

Edited by **Leon Burnett**, Reader in Literature and Director of the Centre for Myth Studies at the University of Essex, **Sanja Bahun**, Senior Lecturer in the Department of Literature, Film, and Theatre Studies, University of Essex, and **Roderick Main**, Professor in the Centre for Psychoanalytic Studies, University of Essex

At a time when the place and significance of myth in society has come under renewed scrutiny, *Myth, Literature, and the Unconscious* contributes to shaping the new interdisciplinary field of myth studies. Bringing together an international array of both leading and emerging researchers, *Myth, Literature, and the Unconscious* provides an exceptionally rich overview of the concerns and exciting possibilities of this new interdisciplinary field while simultaneously contributing to scholarship on the literary texts and psychoanalytic concepts it evokes.

The volume spans a vast geo-cultural range (including ancient Egypt, India, Japan, nineteenth-century France, and twentieth-century Germany) and investigates cultural products from the *Mahabharata* to J.W. Goethe's opus and eighteenth-century Japanese fiction, and from William Blake's visionary poetry to contemporary blockbuster television series. It encompasses mythic topics and figures such as Oedipus, Orpheus, the Scapegoat, and the Hero, while mobilising Freudian, Jungian, object relations, and Lacanian psychoanalytic approaches.

Karnac Books, 2013, 256 pp, PB 9781782200024/£ 24.99



## Transformation Jung's Legacy and Clinical Work Today

Edited by **Alessandra Cavalli**, who works in private practice and teaches at the Tavistock Clinic and the British Association of Psychotherapists in London, and in Italy, **Lucinda Hawkins**, a Professional Member of the Society of Analytical Psychology in private practice in London, and **Martha Stevns**, a member of the Society of Analytical Psychology in private practice in Cambridge

The book offers a challenging reading of the legacy of C.G. Jung, who offered fascinating insights into the psyche but did not provide a theoretical framework for clinical work. Thus, clinicians are faced with both the richness and lacunae of Jung's legacy and how to work with it.

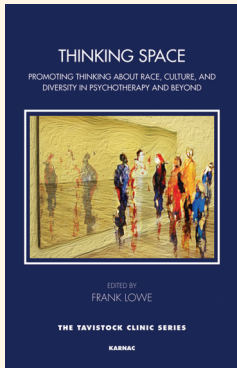
*Transformation* will be essential reading for all those interested in exploring various approaches to clinical work and the application of Jung's ideas, including experienced clinicians in work with adults and children as well as students of psychotherapy and counselling.

'A boat that is caulked with a synoptic understanding of depth psychology, this sleek, seminal book, rowed by top-tier Jungian clinicians, is propelled by repeated strokes of insight. *Transformation* answers a question that has long troubled psychoanalysts who have tried to take analytical psychology seriously: whether interpretations of the psyche that attempt to read the complex intentions of affective archetypal images can possibly be related to more mainstream psychoanalytic understandings of the language of the unconscious, which see that as a dialectic between desire and defences against desire's realisation. It establishes beyond any doubt that contemporary analytic patients themselves are regularly making just such a connection between Jung's unconscious and Freud's in their therapies.'

– **John Beebe**, past President of the C.G. Jung Institute of San Francisco, and author of *Integrity in Depth*

Karnac Books, 2013, 272 pp, PB 9781780491608/£ 23.99





## Thinking Space

### Promoting Thinking About Race, Culture and Diversity in Psychotherapy and Beyond

*Tavistock Clinic Series*

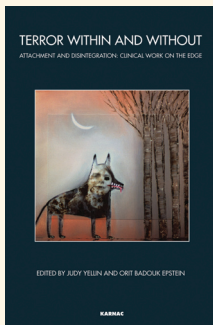
Edited by **Frank Lowe**, a psychoanalytic psychotherapist and Head of Social Work in the Adolescent and Adult Directorate at the Tavistock Clinic

This book is a celebration of ten years of Thinking Space at the Tavistock Clinic. These papers are very diverse and decidedly so, as finding, expressing, and developing one's own personal idiom involves emotional truthfulness and is an important part of getting to know oneself.

*'Thinking Space* is a gift to clinicians everywhere, a gift perhaps not easy to receive but one we really must receive. Frank Lowe and colleagues offer readers the fruit of a collaboration among clinical colleagues that is enviable and well worth emulating. In chapters of great clinical depth and personal honesty, *Thinking Space* demonstrates how transformative it can be to work together to construct safe spaces in which clinicians, and clinicians and patients, can begin to think about painful experiences of difference, hatred of the other, and all kinds of unconscious prejudicial blindness – including the blindness inherent to our relation to the theories and institutions we hold most dear. For trainees to senior clinicians, this book is a must-read.'

– **Lynne Layton**, PhD, Harvard Medical School; Massachusetts Institute for Psychoanalysis; and Editor, *Psychoanalysis, Culture & Society*

Karnac Books, 2013, 288 pp, PB 9781782200598/£ 26.99



## Terror Within and Without

### Attachment and Disintegration: Clinical Work on the Edge

*John Bowlby Memorial Conference Monograph Series*

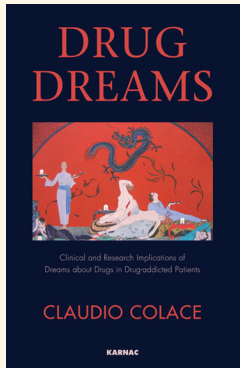
Edited by **Judy Yellin**, who works as a psychotherapist in private practice, and **Orit Badouk Epstein**, an attachment-based psychoanalytic psychotherapist and supervisor

This monograph of the 2008 John Bowlby Memorial Conference brings together papers by leading contributors to the field of attachment and trauma that explore the means by which individuals struggle to cope with exposure to war zones. These papers seek to further our understanding of the inter-generational transmission of experiences of trauma, as in the examples of the Holocaust and slavery.

Judy Yellin and Orit Badouk Epstein have brought together a slim volume that packs a mighty punch. Readers are given access to prime clinical, social, and political reflections on the role of fear within and between people, how to manage terrifying emotions, and promote individual and social change. There is a deep and enriching experience for all who engage with this important book.'

– **Howard Steele**, PhD, Professor and Director of Graduate Studies, Department of Psychology at the New School for Social Research, New York

Karnac Books, 2013, 118 pp, PB 9781855756373/£ 14.99



## Drug Dreams

### Clinical and Research Implications of Dreams about Drugs in Drug-Addicted Patients

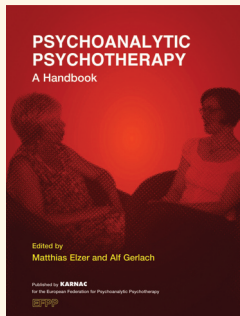
By **Claudio Colace**, executive Psychologist at the Operational Unit of Psychology of the National Health Service in Italy, where he works in the Outpatient Psychology Department and in the Centre for Drug Addictions at Civita Castellana

This book is aimed at providing a systematic and comprehensive discussion on drug dreams by considering the various perspectives involved and, ideally, at suggesting future clinical applications for therapists (counsellors, psychotherapists, clinicians) in charge of treating drug-addicted patients, as well as providing input for dream researchers.

'Claudio Colace has a special talent for re-discovering basic facts about dreaming while simultaneously placing them on a more solid empirical footing. This book does for the dreams of drug addicts what his previous book did for the dreams of children. The deep structure of normal dreaming is revealed through a careful study of pathological examples. This is a classical study in the tradition of Charcot and Freud.'

– **Mark Solms**, Department of Psychology, University of Cape Town, South Africa

**Karnac Books, November 2013, 160 pp, PB 9781780491523/£ 16.99**



## Psychoanalytic Psychotherapy

### A Handbook

*EFPP Monograph Series*

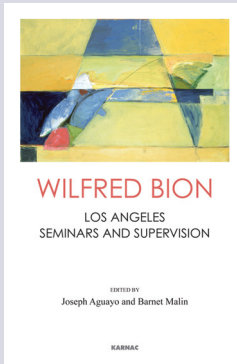
Edited by **Matthias Elzer**, a specialist in psychiatry, psychotherapeutic medicine, psychotherapy, psychoanalysis and group analysis, and **Alf Gerlach**, an academically qualified sociologist who studied sociology and medicine at the Universities of Saarbruecken and Frankfurt am Main

The idea of this book is to give the reader an introductory understanding of the psychoanalytic theory of the human mind, the psychic development, psychic conflicts, trauma, symptom formation, and dreams. *Psychoanalytic Psychotherapy: A Handbook* seeks to provide a complete overview from a psychoanalytical point of view of theoretical and clinical aspects of psychodynamic or psychoanalytic psychotherapy.

'An excellent and well-presented overview of the complex field of psychoanalytic psychotherapy. This lucid, detailed and well-written book is the result of years of teaching and will appeal to all the workers in the therapeutic field and many others interested in psychoanalytic therapy.'

– **Anne-Marie Sandler**

**Karnac Books, November 2013, 352 pp, PB 9781780491196/£ 35.00**



## Wilfred Bion, Los Angeles Seminars and Supervision

Edited by **Joseph Aguayo**, *Training and Supervising analyst at the Psychoanalytic Center of California*, and **Barnet D. Malin**, *a psychiatrist and psychoanalyst in Santa Monica, California*

Wilfred Bion's unpublished lectures at the Los Angeles Psychoanalytic Society and Institute in April 1967 represent a unique opportunity for students either new to or continuing in the study of Bion's unique psychoanalytic vertex. Here one can both read – and hear – Bion's clear exposition of his clinical and theoretical thinking to an audience of primarily Freudian trained American analysts, most of whom were new to his ideas.

The first lecture sets out Bion's ideas on "memory and desire" in a paper that set the benchmark in the origins of contemporary Kleinian clinical technique. Bion discusses the various factors that facilitate optimal listening receptivity in the analyst, for example how one differentiates the "K" link vis-a-vis "transformations in O." In the second lecture, Bion defined projective identification, container/contained, and "beta elements" – and how these ideas serve as an orienting template for the analyst's understanding of "proto-mental" states of mind, either in psychotic, borderline, or neurotic patients. He clarifies these ideas while engaging with the queries of renowned American analysts, such as Ralph Greenson.

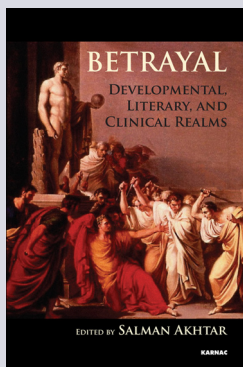
In the third lecture, Bion gives extensive case illustrations of primarily borderline and psychotic patients in terms of work that ushered in a new era of understanding of both borderline and narcissistic pathological organizations. In the final lecture, Bion takes up hallucinatory forms of experience and intersperses his more recent thoughts about the mystic and the Establishment, understanding something of the problematic tensions introduced by the London Kleinians who had in recent years questioned Freud's assumptions about the non-analyzability of the so-called "narcissistic neuroses."

'Aguayo and Malin have dug into the past to produce a fascinating insight of a moment in psychoanalytic history. Bion's emigration to America was a geographical expression of his internal journey, and this book captures that inner transatlantic sojourn as he prepared for his expedition. What he searched for was the core to psychoanalytic work, the human functioning out of which a psychoanalyst fashions his specific practice. Bion had begun some years before to think of "intuition" as the required alternative to sense perception, and later he formulated it in his own enigmatic systematized form in Attention and Interpretation. Here he is poised, on a cusp, trying to capture the nature of, and conditions for, psychoanalytic intuition. In these seminars he is both exhorting the practice of intuition over symbolic interpretation, and is at the same time practising something like a spontaneous intuitive grip on his audience as he works. It is full of inconsistencies, mistakes, incongruence, misapprehensions, and above all creative thinking. And perhaps that is the real mixture that makes intuition – in contrast to the formed but distancing effect of his written texts. Of all Bion's later published lectures and seminars this is the prize. It shows Bion struggling to present something really new.'

– **R.D. Hinshelwood**, Fellow of the Royal College of Psychiatrists, Professor of Psychoanalysis at the Centre for Psychoanalytic Studies, University of Essex

Karnac Books, 2013, 176 pp, PB 9781780491943/£ 22.99





## Betrayal Developmental, Literary, and Clinical Realms

*Edited by Salman Akhtar, who was born in India and completed his medical and psychiatric education there. Upon arriving in the USA in 1973, he repeated his psychiatric training at the University of Virginia School of Medicine, and then obtained psychoanalytic training from the Philadelphia Psychoanalytic Institute*

Betrayal underlies all psychic trauma, whether sexual abuse or profound neglect, violence or treachery, extramarital affair or embezzlement. When we betray others, we violate their confidence in us. When others betray us, they pierce the veil of our innocent reliance. Betraying and feeling betrayed are ubiquitous to the scenarios of trauma and yet surprisingly neglected as a topic of specific attention by psychoanalysis.

This book fills this gap. The first part deals with developmental aspects and notes that while the experience of betrayal might be ubiquitous in childhood, its lack of recognition by the parents is what leads to fixation upon it. Attention is also given to Oedipally-indulged and seduced children who feel betrayed later in the course of their development. Feelings of betrayal during early adolescence are also discussed. This section of the book closes with an account of situations where our bodies betray us. The realms of body image betrayal, body self-betrayal, and the body's ultimate betrayal via physical death are addressed.

The second part deals with literature and elucidates the myriad ways in which the theme of betrayal appears in Shakespeare's writings and in Oscar Wilde's poem *The Ballad of Reading Gaol*. The final part pertains to clinical matters and has chapters on the compulsion to betray others and the unconscious need to be betrayed, the betrayal of a sacred trust in the form of childhood sexual abuse, extramarital affairs, and the betrayal of patients by their analysts in the form of boundary violations. In this last-mentioned situation, severe damage occurs not only to the analyst, to the particular patient whose boundaries he has violated, but also to other patients who hear about the transgression from the 'grapevine.' This chapter is a 'must-read' for all training institutes and especially their ethics committees.

'Given the prominence in the Western cultural imagination of such victims of betrayal as Oedipus and Jesus, and given Freud's own sense of betrayal by the likes of Adler, Jung, Rank and others, it is surprising that this topic has received so little attention in the psychoanalytic literature. Perhaps the theme of betrayal has been just too close to home. Salman Akhtar's illuminating essay on the compulsion to betray and the need to be betrayed forms the centerpiece of this collection of insightful papers that approach this important topic from developmental, literary and clinical perspectives.'

– Donald L. Carveth, PhD, Emeritus Professor of Sociology and Social & Political Thought, York University; Director, Toronto Institute of Psychoanalysis

**Karnac Books, 2013, 248 pp, PB 9781782200154/£ 23.99**



## The Incredible Shrinking Mind What Happens When the Human Equation Gets Lost

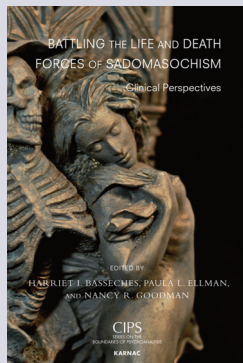
By **Gerald Alper**, an internationally recognised psychotherapist, fellow of the American Institute for Psychotherapy and Psychoanalysis, and author of fifteen books

Within the last few decades a dizzying array of scientific disciplines and “explanations” of the motivating forces behind the profound enigmas of human behaviour have emerged. But as Alper argues in his exciting and challenging new work, this sort of contemporary balkanization of the human mind actually achieves the opposite of its purpose.

Examining the assertions and fallacies of the theories conceived (or contrived) by some of today’s most brilliant scientists and thinkers (including Dan Ariely, John Barrow, Pascal Boyer, Frank Close, Nicholas Humphrey, Richard Dawkins, Stanley Milgram, Oliver Sacks, and Carl Sagan), Alper explores why these varied attempts at joining the world of experience and the world of measurement so regularly fail, how consciousness explained is really a concentrated effort to explain away the subjective phenomena of consciousness.

From the psychic rat to the gorilla in the room, from British double-agent Kim Philby to comedian Steve Martin, *The Incredible Shrinking Mind* not only offers a provocative and entertaining critique, but also a profound and practical solution: the psychodynamic approach, which takes seriously the question of meaning and not solely observable behaviour, which combines the quantitative and the experimental with the human and multidimensional, which seeks to understand not just how but why. No single equation, no theory, no dazzling fMRI image of the hidden brain can ever accomplish this for us. It must be patiently done, one person at a time.

Karnac Books, 2013, 144 pp, PB 9781780491851/£ 16.99



## Battling the Life and Death Forces of Sadomasochism Clinical Perspectives

*CIPS Boundaries of Psychoanalysis Series*

Edited by **Harriet I. Basseches**, a Training and Supervising analyst in the Contemporary Freudian Society, **Paula L. Ellman**, a Training and Supervising analyst in the Contemporary Freudian Society, and **Nancy R. Goodman**, a Training and Supervising analyst with the Contemporary Freudian Society, Washington DC Program and the IPA

This book examines the forces of sadomasochism in the clinical domain where transference and countertransference reside. Through the case presentations and discussions, psychoanalytic therapists will find maps for guiding their own work with sadomasochistic processes.

‘This wonderful book shows how psychoanalysis today can help us in understanding many kinds of intrapsychic and interpersonal violence, from the most evident to the most subtly hidden and masked of them.’

– **Stefano Bolognini**, President of the Italian Psychoanalytic Society

Karnac Books, 2013, 320 pp, PB 9781855758209/£ 26.99



# Shame and Humiliation

## A Dialogue between Psychoanalytic and Systemic Approaches

*IPA - Psychoanalytic Ideas and Applications Series*

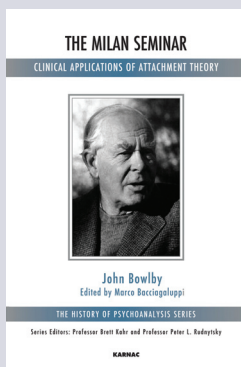
By **Carlos Guillermo Bigliani**, a psychiatrist and psychoanalyst, **Rodolfo Moguillansky**, a psychiatrist and psychoanalyst, and **Carlos E. Sluzki**, currently a professor in the School for Conflict Analysis and Resolution, at George Mason University, Virginia

Shame and humiliation are two key emotions that can cause deep suffering, as well as contribute to orient our social life. The psychodynamics and the display in the relational world of these emotions are the subject of this book.

*'Shame and Humiliation* is an analysis on emotions that are not explored enough in the psychoanalytic field. Reading this book, we can realize what the two axes convey. Firstly, the authors illuminate universal emotional experiences and their role in the construction of subjectivity. They clearly emphasize the influence of socio-cultural context and its discourses and mandates. In this context, they focus on what is allowed and what is forbidden concerning emotions. Secondly, they analyze the eventual connections and links between psychoanalysis and systemic theory, showing their concordances and discordances. This interesting approach, intersecting two points of departure, allowed the authors to debate different positions, to work on intersections and to construct bridges among different theoretical frames. I highly recommend this book, not only for its contents, but also as a model of debating topics that enrich the process of analyzing interpersonal relations and their social and cultural framework.'

– **Leticia Glocer Fiorini**, President of the Asociación Psicoanalítica Argentina

**Karnac Books, 2013, 224 pp, PB 9781782200291/£ 24.99**



# The Milan Seminar

## Clinical Applications of Attachment Theory

*History of Psychoanalysis Series*

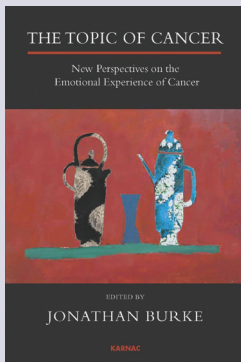
By **John Bowlby**, (1907–1990), world famous psychiatrist and father of attachment theory, and edited by **Marco Bacciagaluppi**, who since 1999 has co-operated in organising thirteen Joint Meetings between the AAPDP and the OPIFER

This book contains a hitherto unpublished seminar held by John Bowlby in Milan, Italy in 1985. After the seminar there are the follow-ups of the three cases presented by Leopolda Pelizzaro, Ferruccio Osimo, and Emilia Fumagalli, and a report by Germana Agnetti and Angelo Barbato, who gave hospitality to Bowlby and his wife.

*'Given the vast literature we now possess on violence and neglect within the family, and its associated impact on mental health across the lifespan, it is difficult to imagine that just 30 years ago the importance of the real life experience of children was still debated. This superb volume provides a remarkably intimate view of John Bowlby's crucial role in this debate, through the 1980s, as revealed in letters exchanged with psychiatrist and author Marco Bacciagaluppi.'*

– **Mark Erickson, MD**, Assistant Clinical Professor of Psychiatry, University of Washington School of Medicine

**Karnac Books, 2013, 176 pp, PB 9781780491677/£ 16.99**



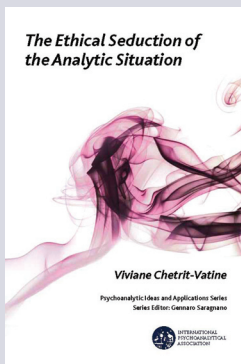
## The Topic of Cancer New Perspectives on the Emotional Experience of Cancer

Edited by **Jonathan Burke**, who has facilitated a range of seminars on cancer related issues, most recently helping develop the "Topic of Cancer" Seminar Series at the London Centre for Psychotherapy. He now works as a psychotherapist in private practice

*Topic of Cancer* begins with Freud's cancer, widely known of but rarely understood in its historic and analytic context. Psychotherapeutic reflections are then offered on our understanding of the adult and adolescent with cancer, and the challenges of sustaining a thoughtful presence in the face of the trauma experienced when a child is diagnosed with cancer, and during treatment. The dilemmas and challenges faced by today's psychotherapist with cancer are explored next and, for the first time in cancer literature, an account of the emotional demands on nurses involved in sensitive, intimate care. With an increasing number of people living longer with cancer, "survivorship" and palliative care are the focus of the chapters that follow.

As cancer is not the domain of any one discipline, *Topic of Cancer* looks next at the nature of religious and spiritual experience in addressing the psychological needs of people with cancer, and then considers how a poet might address painful experience, such as having to confront the possibility of approaching death. Lastly the cancer memoir is explored as an increasingly contemporary means of coming to terms with the "Emperor of all maladies".

Karnac Books, November 2013, 240 pp, PB 9781780491134/£ 23.99



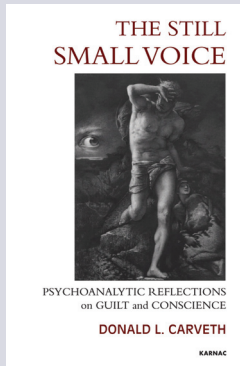
## The Ethical Seduction of the Analytic Situation The Feminine/Maternal Origins of Responsibility for the Other

*IPA - Psychoanalytic Ideas and Applications Series*  
By **Viviane Chetrit-Vatine**, former President of the Israeli Psychoanalytic Society and faculty member of the Israel Institute of Psychoanalysis

Viviane Chetrit-Vatine takes as her starting-point an encounter, which is not necessarily consensual, between Emmanuel Levinas' thought and his conception of philosophy as ethics – ethics understood as responsibility for the other – and that of the psychoanalyst Jean Laplanche, who posits the first adult other as a seducer of the young psyche from the outset, due to the transmission of enigmatic messages compromised by his or her unconscious. The analyst's ethical position is re-examined and with it the feminine/maternal origins of the human capacity for responsibility for the other.

The question of the asymmetry of the analytic situation is no longer raised in terms of power, but of responsibility: responsibility for the analytic setting of which the analyst remains the guardian, responsibility for the analytic process of which he or she is an integral part owing to the effects of seduction inherent to the situation and to his or her own and necessary passion. The ethical stance of the contemporary analyst implies both the need to preserve "good enough" or sufficient distance and a readiness to assume affective responsibility for the other, this stranger, my patient.

Karnac Books, January 2014, 240 pp, PB 9781782200543/£ 23.99



# The Still Small Voice

## Psychoanalytic Reflections on Guilt and Conscience

By **Donald L. Carveth**, *Emeritus Professor of Sociology and Social and Political Thought and Senior Scholar at York University in Toronto*

Whereas Freud himself viewed conscience as one of the functions of the superego, in *The Still Small Voice: Psychoanalytic Reflections on Guilt and Conscience*, Carveth argues that superego and conscience are distinct mental functions and that, therefore, a fourth mental structure, the conscience, needs to be added to the psychoanalytic structural theory of the mind.

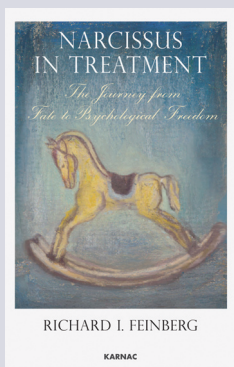
Like Franz Alexander and Sandor Ferenczi before him, Carveth views the therapeutic task as the disempowerment of the superego. But unlike his forebears he does not propose its replacement by the rational ego for, in his view, rationality cannot serve as the source of values. Following Jean-Jacques Rousseau, he finds the roots of morality not in reason but in feeling, in sympathetic identification or 'pity.'

It is the author's view that in human history the damage done by id-driven psychopaths amounts to nothing compared to that brought about by superego-driven ideologists. Freud and subsequent psychoanalysis has largely whitewashed the superego while demonising the id, the alleged 'beast' in man, when in reality animals are seldom beastly, at least not in the ways humans often are. While aware of its destructiveness in the clinical realm, psychoanalysts have largely ignored the ideologies of domination - the sexism, racism, heterosexism, classism, and childism - that are internalised from unconscionable societies into the unconscionable superego. In the penultimate chapter, drawing on the work of Hannah Arendt, Terry Eagleton, and others, Carveth critically reviews the concepts of psychopathy and evil. In the final chapter, he advocates a demythologising, deliteralising or deconstructive approach to the Bible as metaphor, but one that escapes Freud's derogation of this approach by acknowledging, with Hegel at his most honest, that its result is a humanistic ethic no longer to be equated with religion.

'Carveth's book is a powerful challenge to rethink the ethical basis of psychoanalysis. He wants to add conscience to Freud's typology of id, ego and superego, none of which can be thought of as reified bounded entities but as dynamic dimensions of a single complex self. He sees conscience as the realm of morality, especially the requirement to love one another, something Freud himself seemed to recognize with his late conception of eros in the dichotomy between eros and thanatos. Carveth's book is not only relevant to the psychoanalytic community, which surely needs it, but to the wider public in providing a deeper context for the great insights of Freud and his followers.'

—Professor **Robert N. Bellah**, Elliot Professor of Sociology, Emeritus at the University of California, Berkeley

**Karnac Books, 2013, 352 pp, PB 9781780491684/£ 29.99**



## Narcissus in Treatment The Journey from Fate to Psychological Freedom

By **Richard I. Feinberg**, a psychotherapist in private practice in Bloomfield, Connecticut, with over twenty-five years of experience

This book explores the nature of psychic suffering due to the narcissistic drama and how one can emerge over time to live an autonomous life. The narcissistic drama involves the saga of narcissistic wounding in childhood, resulting from narcissistic parenting, eventually giving way to emotional pain in adulthood marked by feelings of unworthiness and lack of genuine purpose. The dynamics of the narcissistic drama are herein demonstrated through an analysis of experience in D.H. Lawrence's autobiographical novel, *Sons and Lovers*. The emotional suffering depicted in this novel provides a pristine picture of the drama itself.

Karnac Books, 2013, 108 pp, PB 9781782200161/£ 14.99



## Sandor Ferenczi – Ernest Jones Letters 1911–1933

*History of Psychoanalysis Series*

By **Sandor Ferenczi**, founder of the the Hungarian Psychoanalytic Society, a key theorist of the psychoanalytic school and close associate of Freud, Ernest Jones, a British neurologist, psychoanalyst, and the first English-speaking practitioner of psychoanalysis; edited by Ferenc Eros, who studied psychology and literature at the ELTE University in Budapest

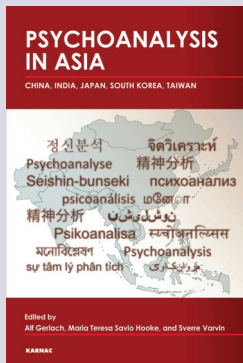
The Ferenczi-Jones correspondence spans more than two decades and addresses many of the relevant issues of the psychoanalytic movement between 1911–1933, such as Freud's relation to Stekel, Adler and Jung; the First World War, the debates of the 1920s regarding the theoretical and technical ideas of Rank and Ferenczi; problems of leadership, structure, and finding a centre for the psychoanalytical movement.

'What a most welcome addition to the Freud-Ferenczi correspondence! These letters from Ferenczi to Jones with three surviving letters from Jones to Ferenczi started in 1911 and continued until Ferenczi's death in 1933. They give the reader a vivid insight in the seriousness, excitement and engagement of these two men in the new discoveries in psychoanalytic theory and technique. But what is exceptional is that these letters which reveal increasing misunderstandings and tensions between the correspondents also mirror the conflicts, quarrels and increasing mistrust which were present amongst the members of the international community close to Freud. These letters should be a must for all those who are interested in the early days of psychoanalysis.'

– Anne-Marie Sandler

Karnac Books, 2013, 246 pp, PB 9781780491769/£ 22.99





## Psychoanalysis in Asia

### China, India, Japan, South Korea, Taiwan

*Edited by Alf Gerlach, an academically qualified sociologist who studied sociology and medicine at the Universities of Saarbruecken and Frankfurt am Main, Maria Teresa Savio Hooke, Training analyst, a Past President of the Australian Psychoanalytical Society, and a member of the IPA Public Information Committee, and Sverre Varvin, a Training and Supervising analyst, and a past President of the Norwegian Psychoanalytic Society*

The world is looking East. Whilst in the West psychoanalysis is fighting to maintain its position among the other therapies in a society which has less time for introspection and self-reflective thought, in Asia a new frontier is opening up: we are witnessing a surge of interest for psychoanalysis among the mental health professionals and among the younger generations, interest which is articulated and nuanced differently in the different Asian countries.

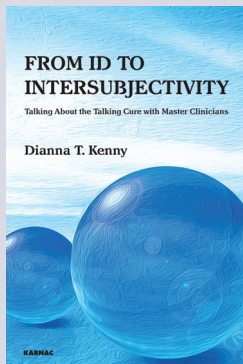
*'Psychoanalysis in Asia is an impressive and groundbreaking book that collects viewpoints of twenty-four participant observers from China, India, Japan, Korea, Taiwan and Europe. Universal assumptions are relativized; issues of method and clinic, trust and shame, culture and language, are explored both personally and institutionally. This book is a must-read for all mental health professionals and for all readers interested in the developing dialogue between the peoples and cultures of Asia and the West.'*

– **Peter Loewenberg**, Professor, UCLA; Chair, International Psychoanalytical Association China Committee

*'In China, it is amazing that psychoanalysis is so warmly welcomed and so fast developing. As the world starts to pay more and more attention to, and think of the development of, psychoanalysis in Asia, this book comes at just the right time.'*

– Prof. **Cai Zhuoji**, Chairman of the China Association for Mental Health (CAMH), Former President of Beijing An Ding Hospital

**Karnac Books, 2013, 336 pp, PB 9781780490984/£ 26.99**



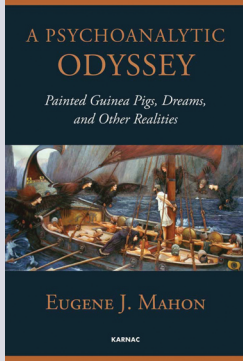
## From Id to Intersubjectivity

### Talking about the Talking Cure with Master Clinicians

*By Dianna T. Kenny, Professor of Psychology at the University of Sydney*

This book opens with a detailed outline of the origins of psychoanalysis and an explanation of key terms, which are often misinterpreted. The second chapter examines the changes that have occurred in theorizing and practice over the past 120 years and explores the key developments. The following chapters each contain an interview with a practitioner working in one of each of the four major branches of modern psychoanalysis and object relations, attachment informed psychotherapy, intensive short term dynamic psychotherapy, and relational and intersubjective theory.

**Karnac Books, 2013, 384 pp, PB 9781780491691/£ 29.99**



# A Psychoanalytic Odyssey

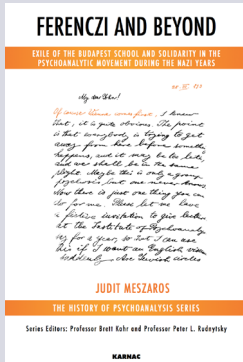
## Painted Guinea Pigs, Dreams and Other Realities

By **Eugene J. Mahon**, a Training and Supervising analyst at the Columbia Psychoanalytic Center for Training and Research and at the Contemporary Freudian Society

Psychoanalytic process, as Eugene Mahon envisions it, is an odyssey through the mind of each of his analysands, the many children and adults he has treated over the forty years of his analytic practice. The painted guinea pigs of the title refer to three-year old children mourning their school pet. "Who painted him?" a child asked

when a replacement pet of a slightly different colour arrived in the school a few days after the death of the original pet, as if the dead can return from the grave after a paint job. This book is full of arresting images like this as the author explores many of the most basic, fundamental concepts of psychoanalysis such as repression, insight, transference, play, child analysis, working through, dreams within dreams, jokes, puns, parapraxes, as well as the uncanny in dreams, screen memories, symptom, character and Freud's discovery of the Oedipus complex. This book is a highly original, creative psychoanalytic odyssey, a most intriguing psychological voyage you will not want to disembark from.

Karnac Books, December 2013, 256 pp, PB 9781780491448/£ 24.99



# Ferenczi and Beyond

## Exile of the Budapest School and Solidarity in the Psychoanalytic Movement During the Nazi Years

### History of Psychoanalysis Series

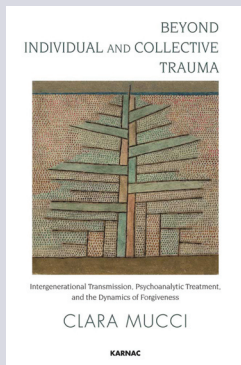
By **Judit Meszaros**, a Training and Supervising analyst with the Hungarian Psychoanalytical Society (IPA) and honorary associate professor at the Eötvös Loránd University, Budapest

This book explores how the Budapest School of Psychoanalysis took shape, and in particular examines the role played in it by Sándor Ferenczi, Freud's closest friend and associate. It asks what the significance of this intellectual grouping held for the evolution of modern psychoanalysis, and how the defining moments of early twentieth-century Hungarian and European politics impacted on both psychoanalysis and the analysts themselves. It also explores the importance in these pivotal times of the Emergency Committee on Relief and Immigration, an organisation formed in 1938 by the American Psychoanalytic Association. This book raises many questions and demonstrates through the emigration of the Budapest psychoanalysts how the threat of destruction can draw people together from across continents. Indeed, American psychoanalysts had set aside considerations of professional achievement and rivalry to assist their peers forced to flee European Nazism. In collaboration with the International Psychoanalytical Association, the Emergency Committee not only rescued lives, but also enriched our intellectual heritage as it salvaged seminal cultural and scholarly resources.

Karnac Books, December 2013, 288 pp, PB 9781782200000/£ 24.99







## Beyond Individual and Collective Trauma

### Intergenerational Transmission, Psychoanalytic Treatment, and the Dynamics of Forgiveness

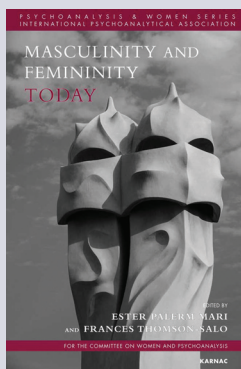
By **Clara Mucci**, a psychoanalytically-oriented psychotherapist practicing in Milan and Pescara, Italy

The book combines for the first time attachment theory, regulation attachment therapy, and the intergenerational transmission of trauma; showing how the clinical therapeutic process of 'going beyond trauma' may result in forgiveness of past relationships and other reparatory practices, in which self and other, both internal and external, are integrated and reconnected, opening the subject to creativity and new meaning in life.

'In this remarkable feat of interdisciplinary scholarship Clara Mucci masterfully integrates past and present psychoanalytic studies on trauma, recent attachment and interpersonal neurobiological data on disorganized attachment, various survivor literatures, and deep clinical experience in order to forge direct links between individual early "relational trauma" and collective "massive social trauma." Her creative and groundbreaking work on revenge and on forgiveness has radical clinical and ethical implications for not only psychotherapists treating trauma but also for the overarching culture, many of which are now experiencing traumatic stress. This is a pioneering contribution, a bold step forward in our understanding of the darker side of the human condition.'

– **Allan N. Schore**, Department of Psychiatry and Biobehavioral Sciences, University of California at Los Angeles

**Karnac Books, 2013, 312 pp, PB 9781780491493/£ 26.99**



## Masculinity and Femininity Today

### Committee on Women and Psychoanalysis Series

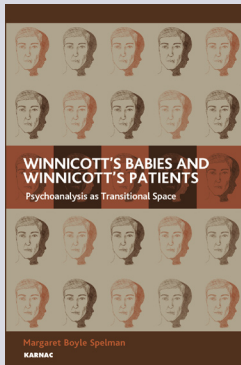
Edited by **Ester Palerm Mari**, a member of the Spanish Psychoanalytical Society (SEP), and **Frances Thomson-Salo**, an Honorary Principal Fellow of the Department of Psychiatry, University of Melbourne, and a Member of the British Psychoanalytical Society and immediate past President of the Australian Psychoanalytical Association

This book presents a wide range of psychoanalytic writing on masculinity and femininity from British, European, and North and South American perspectives. The authors address from a background of considerable clinical experience how masculinity and femininity manifest in the body, gender, sex, sexuality and the life-cycle, and cover aspects both productive and generative, constricted and defended.

'I strongly recommend this stimulating work not only for analysts and students of this field, but to all those interested in having a comprehensive and fresh update of one of the most fascinating tasks of human development along the life cycle.'

– **Claudio Laks Eizirik**, past President of the International Psychoanalytical Association

**Karnac Books, 2013, 186 pp, PB 9781780491905/£ 22.99**



## Winnicott's Babies and Winnicott's Patients Psychoanalysis as Transitional Space

By **Margaret Boyle Spelman**, a clinical psychologist and psychoanalytic psychotherapist

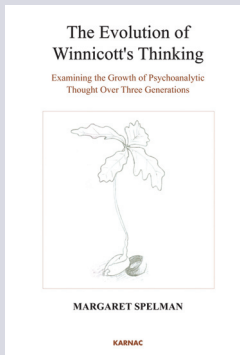
In this book, Margaret Boyle Spelman investigates Winnicott's legacy to psychoanalysis. Instead, by presenting her own personal response to Winnicott, Boyle Spelman aims to help others develop their own "Winnicott" to assist with their thinking. Boyle Spelman provides two contextualising and helpful baby observation pieces - the first looking in detail at a baby observation and the experience of engaging in it; the second, a

summarising and reflective report of this observation.

'This book is a rare example of well metabolised theory offered to the reader in easily palatable form. Formulation of Winnicott's concepts is clear, concise and historically contextualised, and his ideas about the intricacy of what transpires in primary relationships is illustrated by (suitably disguised) clinical snippets, and infant observation material. Unusually, at least four perspectives are presented in each chapter - baby's and mother's, and in parallel - psychotherapist's and patient's. The author read critically, and in keeping with Winnicott's wariness of sentimentality, counterbalances 'good enough' with deficits, both environmental and in Winnicott's theorising.'

– Professor **Joan Raphael-Leff**, Leader, Academic Faculty for Psychoanalytic Research, UCL/Anna Freud Centre

Karnac Books, December 2013, 192 pp, PB 9781782200444/£ 22.99



## The Evolution of Winnicott's Thinking

### Examining the Growth of Psychoanalytic Thought Over Three Generations

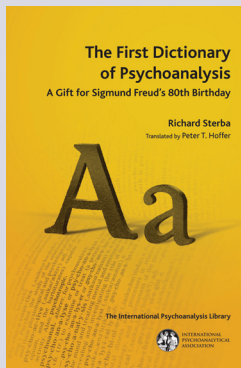
By **Margaret Boyle Spelman**, a clinical psychologist and psychoanalytic psychotherapist

This book looks at the nature of Winnicott's thought and its influence. It first examines the development of Winnicott's thinking through his own life time (first generation) and then continues this exploration by viewing the thinking in members of the group with a strong likelihood of influence from him; his analysands (second generation) and their analysands (third generation).

'I have no doubt that soon the book will establish itself as a standard text, indeed, a classic, and it will become indispensable in any serious endeavour to grasp not only Winnicott's work and its legacy but also the intertwining routes that psychoanalytic theory and practice follow in their development.'

– **Renos K. Papadopoulos**, PhD, Professor at the Centre of Psychoanalytic Studies, University of Essex

Karnac Books, 2013, 368 pp, PB 9781782200789/£ 29.99



# The First Dictionary of Psychoanalysis

## A Gift for Sigmund Freud's 80th Birthday

*International Psychoanalysis Library Series*

By **Richard Sterba**, who received his MD from the University of Vienna Medical School in 1923, and **Peter T. Hoffer**

This is a new translation of the classic 1932 *Dictionary* by Dr Richard Sterba, for which Freud wrote a Preface praising the "precision and correctness"

of Sterba's work and calling it a "fine achievement."

The dictionary is not only an important source of information about psychoanalysis in Vienna in the 1930s but is also an insight into its author. This new edition also includes a transcript of an interview with Dr Sterba by Dr William Langford, Chairman of the Department of Child Psychiatry at the Columbia College of Physicians and Surgeons.

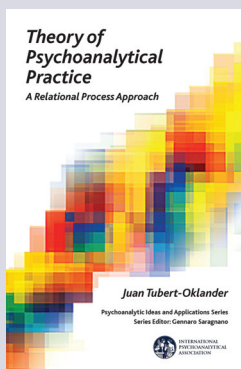
'Someone once asked Richard Sterba why he stopped working on the dictionary at "G". He replied jokingly that the last word was "Größenwahn" (megalomania), and he realized that the project reflected his own megalomania. As a result he withdrew from it.'

– From the Epilogue by **Katherine J. Michels**, MD, Robert Michels, MD, and Verena Sterba Michels, MSW

'A wonderful *tour de force*, a journey through the main phases and specific aspects of the psychoanalytic method of treatment. A book to be read over and over again.'

– **Cláudio Laks Eizirik**, Former President of the International Psychoanalytical Association

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# Theory of Psychoanalytical Practice

## A Relational Process Approach

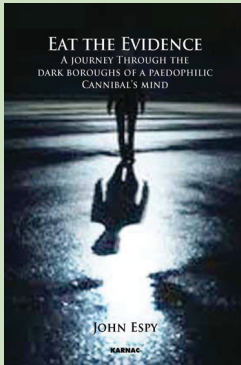
*IPA - Psychoanalytic Ideas and Applications Series*

By **Juan Tubert-Oklander**, an Argentine-born Mexican psychoanalyst and group analyst

This book makes an original contribution to the study of the psychoanalytic process from a relational point of view, and at the same time serves as a textbook on the theory of technique. It provides a general exposition of the theory of psychoanalytic practice from a process perspective

that emphasizes the analytic relationship, the dyadic nature of the psychoanalytic situation, and the impact of unconscious interaction between its two parties, and also includes the author's personal point of view and contributions on the subject.

Karnac Books, 2013, 352 pp, PB 9781782200567/£ 28.99



## Eat the Evidence

### A Journey Through The Dark Boroughs of A Paedophilic Cannibal's Mind

*Karnac Library Series*

By **John C. Espy**, who has been practicing psychotherapy and psychoanalysis for the past thirty-five years

*Eat the Evidence* tells the story of violent serial pedophile and murderer. It does not attempt to take the reader inside the mind of a serial killer. Rather it attempts to take the serial perpetrator into the psyche of the reader. This allows the reader to experience a portion of the psychic primitiveness that a serial perpetrator uses to ensnare his victims. *Eat the Evidence* follows Nathaniel Bar Jonah from birth to death on a torrent of pedophilic and homicidal mayhem. The book was compiled from hundreds of hours of interviews and more than a hundred thousand pages of court documents.

Karnac Books, November 2013, 304 pp, PB 9781782200338/£ 9.99



## Death by Analysis

### Another Adventure From Inspector Canal's New York Agency

By **Bruce Fink**, a practising Lacanian psychoanalyst, analytic supervisor, and Professor of Psychology at Duquesne University in Pittsburgh, Pennsylvania

A stunning young analyst-in-training keels over dead in front of three hundred guests at her Institute's annual conference. It looks like murder. But initial inquiries suggest she was liked by one and all: her teachers, supervisors, fellow-students, and even patients. As in his previous escapades, the Frenchman gets caught up in the misadventures of Eros while attempting to solve age-old and newer forms of crimes of the heart, grappling with the biggest mysteries of them all: love and death.

**If words could kill, what would they say?**

**If looks could kill, who would they slay?**

**Your psychoanalyst?**

A stunning young analyst-in-training keels over dead in front of three hundred guests at her Institute's annual conference. It looks like murder. But initial inquiries suggest she was liked by one and all: her teachers, supervisors, fellow-students, and even patients. New York's finest are forced to call upon Inspector Canal, an allegedly former French secret serviceman now living in Manhattan (loosely based on the inimitable Parisian psychoanalyst, Jacques Lacan), to penetrate the calm demeanor of the dead woman's professional entourage.

More daring than ever, changing identities and donning the most unlikely of disguises before, during, and even after a mad Halloween party, Canal feels his way through a minefield of denials and dissimulations, trying not to trigger any further detonations. As in his previous escapades, the Frenchman gets caught up in the misadventures of Eros while attempting to solve age-old and newer forms of crimes of the heart, grappling with the biggest mysteries of them all: love and death.

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# The Journal of Psychological Therapies in Primary Care



*Edited by Patrick Pietroni, Director of the CPTPC – Centre for Psychological Therapies in Primary Care at Chester University.*

This journal encourages publication and the dissemination of academic articles that address current developments, including the Government programme of Improving Access to Psychological Therapies.

Aims to disseminate articles and new developments in the following broad areas:

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- Commissioning and purchasing developments
- Collaboration between general practice and all forms of psychotherapy work in Primary Care
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*Edited by Kate White, a member of the Centre for Attachment-based Psychoanalytic Psychotherapy, formerly senior lecturer at South Bank University where, in the Department of Nursing and Community Health Studies, she has used her extensive experience in adult education to contribute to the innovative psychotherapy curriculum developed at CAPP.*

A leading edge journal for clinicians working relationally with their clients; it is a professional journal, not an academic journal, featuring cultural articles, politics, reviews and poetry relevant to attachment and relational issues; an inclusive journal welcoming contributions from clinicians of all orientations seeking to make a contribution to attachment approaches to clinical work.

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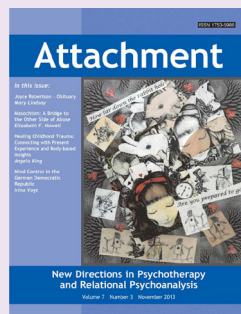
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*Edited by Molly Ludlum, a psychoanalytic psychotherapist with couples, individuals, and parents in private practice and with clinical teams at the Scottish Institute of Human Relations.*

Aims to promote the theory and practice of working with couple and family relationships from a psychoanalytic perspective. It seeks to provide a forum for disseminating current ideas and research, and for developing clinical practice.

Sponsored by the British Society of Couple Psychotherapists and Counsellors, the Professional Association of the Tavistock Centre for Couple Relationships.

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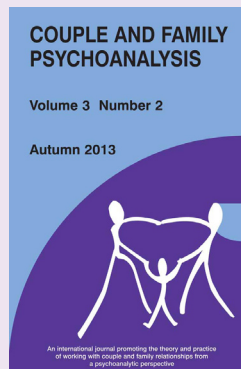
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Edited by **Giles Yeates**, principal clinical neuropsychologist and also a couples psychotherapist at the Community Head Injury Service, Aylesbury and **Gavin Farrell** Consultant Clinical Neuropsychologist with the Coventry Community Neurorehabilitation.

This journal aims to publish articles reporting on psychological therapies of differing orientations, with developmental, acquired and progressive neurological conditions. Innovations and adaptations to existing psychotherapy practice in response to neuro-disability are particularly welcome.

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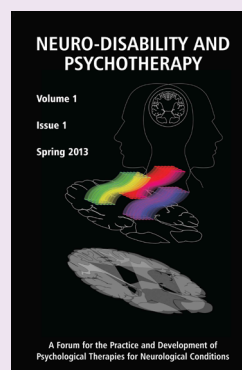
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