

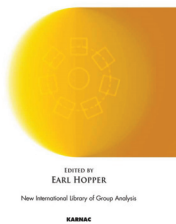
KARNAC REVIEW

NEW BOOKS FOR SPRING 2012

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TRAUMA AND ORGANIZATIONS



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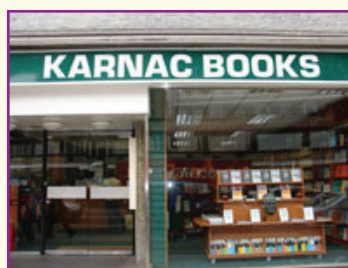
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the language of drawings

A NEW FINDING IN
PSYCHODYNAMIC
WORK



A. H. BRAFMAN

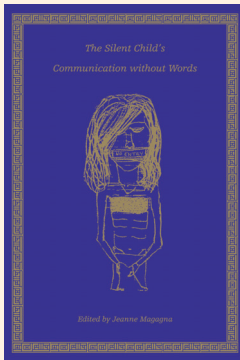
KARNAC

The Language of Drawings A New Finding in Psychodynamic Work

By **A.H. Brafman**, who trained as a psychoanalyst of adults and children. In his NHS career, he worked as a Consultant in Child and Adolescent Psychiatry and, for many years, ran a group for parents and under-fives

Children often express in their drawings elements of the conflicts they are experiencing in themselves and the world in which they live. A.H. Brafman applied these findings in his work—not only with children and adolescents, but at times also with adults. This fascinating book arose from the discovery that single drawings could at times represent only a part of an underlying emotional experience that ‘completed’ its expression in another picture drawn after that first one. At first, it seemed a mere coincidence, but time came to show that this was a ‘strategy’ similar to what we find in ordinary verbal language, and that drawings clearly constituted a language of their own. Brafman therefore subjected the phenomenon he now found to further investigation, and his hope is that his subsequent findings may prove to be a valuable clinical tool for colleagues in their work.

Karnac Books, 2012, 128 pp, Pb 978-1-78049-017-5/£13.99

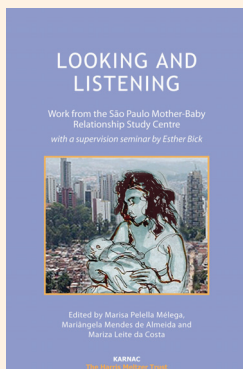


The Silent Child Communication without Words

Edited by **Jeanne Magagna**, Head of Psychotherapy Services at Great Ormond Street Hospital for Children for twenty-two years. She currently works at Ellen Mede Centre for Eating Disorders in London

Describes a way of understanding and communicating with children who are not speaking, but rather using their bodies and somatic symptoms to express states of mind. Jeanne Magagna has worked for 45 years trying to find ways of helping these children, varying in age and symptoms. Using infant observation methods of understanding primitive states of mind expressed through gestures of eyes, hands, body posture, she has worked in in-patient or out-patient settings with contributors: a group of psychiatrists, psychologists, family and child psychotherapists, physiotherapists, nurses, therapeutic care workers, teachers, parents’ groups and work discussion seminar members in out-patient and in-patient settings. In their chapters, the professionals and a parent show how they use their observation, empathy and countertransference experiences to promote understanding in the silent child and his/her parents and siblings.

Karnac Books, 2012, 400 pp, Pb 978-1-85575-518-5/£39.99



Looking and Listening

Work from the São Paulo Mother-Baby Relationship Study Centre with a Supervision Seminar by Esther Bick

Edited by **Marisa Pelella Mélega, Mariangela Mendes de Almeida and Mariza Leite da Costa**

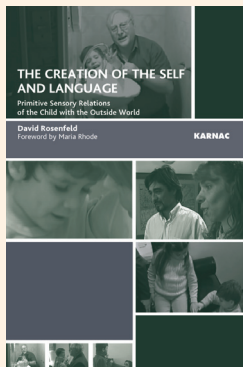
'Meltzer referred to this stage of life as the "great combine harvester of adolescence". In essence: all have to go through it; some find it hard to emerge from it. Theory and clinical material bring alive the political and ethical states of mind of adolescents as they re-evaluate their child knowledge and understanding. The

tension builds through the book, leading from imaginative descriptions of ordinary pubertal states of mind to the destructiveness of perversity. The case discussions in the book provide a master class on technique and clinical understanding.' - **Ellie Roberts**, Consultant child psychotherapist

'Marisa Pelella Melega came to Rome in 1988 to celebrate the foundation of the first Centro Studi Martha Harris, and to establish a link between the Centro Studi and her initiative in São Paulo. The link with the Centro Studi and with the Tavistock proved very fertile and this book is a witness to it. The valuable work documented here exemplifies vividly Martha Harris' own often-cited statement that "psychoanalytical ideas have travelled... and found a home in which to flourish".' - **Gianna Polacco Williams**, Psychoanalyst and child analyst; founder of the Centro Studi Martha Harris

Harris Meltzer Trust, 2012, 278 pp, Pb 978-1-78049-104-2/£23.99

CHILD AND ADOLESCENT



The Creation of the Self and Language + DVD

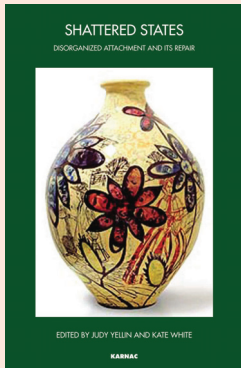
Primitive Sensory Relations of the Child with the Outside World

By **David Rosenfeld** a Consultant Professor at Buenos Aires University, Faculty of Medicine in the Department of Mental Health and Psychiatry, and a Training Analyst of the Buenos Aires Psychoanalytic Society

'This book, with its accompanying DVD 'Now I Am A Real Kid', has made it possible for us to witness what David Rosenfeld's treatment of Benjamin, a young boy with a diagnosis of autism, was actually like. We can see for ourselves what was done, what was said; we can follow the steps by which Benjamin moved from being a child without language, in a state of perpetual panic-stricken screaming and flailing about, to being a "real kid" with friendships, doing well at an ordinary school. Witnessing this transformation is a profoundly moving experience. So is hearing the testimony of Benjamin's parents, who had been told repeatedly that there was no future for their son. It was their wish that his therapy should be more widely known about, in the hope that professionals could learn from it so that other families' lives might be transformed as theirs had been through "Dr David's" intervention. Everyone concerned with children with autism is in their debt.' - From the Foreword by **Maria Rhode**, Emeritus Professor of Child Psychotherapy at the Tavistock and Portman NHS Foundation Trust

Karnac, 2012, 78 pp + DVD, Pb 978-1-78049-135-6/£19.99





Shattered States

Disorganised Attachment and its Repair

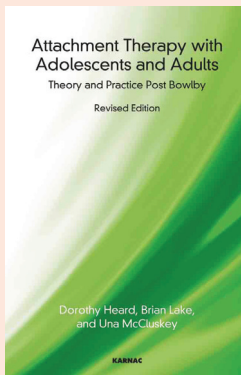
John Bowlby Memorial Conference Monograph

Edited by **Judy Yellin** who works as a psychotherapist in private practice and is a member of the teaching staff on the The Bowlby Centre's psychotherapy training; and **Kate White**, a training therapist, supervisor and teacher at The Bowlby Centre

The papers in this volume have in common a committed insistence upon placing human relationship at the centre of their accounts of extreme psychological suffering, both as the source of injury and, most hopefully, as the potential agent of repair. In this respect, they contribute fittingly in his centenary year to the continuation and extension of John Bowlby's pioneering work for the understanding, treatment and relief of such suffering.

'This is a fascinating and important collection about the central significance of human relationships both in the generation of severe psychological distress and in its relief. It is essential reading for all those concerned with working with survivors of early trauma.' - **Oliver James**, clinical psychologist, journalist, and author

Karnac Books, 2012, 240 pp, Pb 978-1-85575-831-5/£20.99



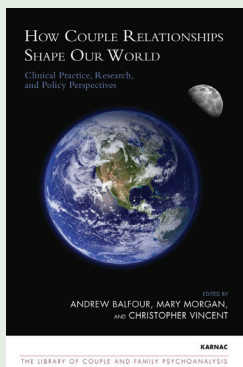
Attachment Therapy with Adolescents and Adults

Theory and Practice Post Bowlby: Revised Edition

By **Dorothy Heard**, a psychoanalytic psychotherapist in private practice, formerly a Consultant in John Bowlby's Department at the Tavistock Clinic, London; **Brian Lake**, formerly Consultant in Psychotherapy at St James's University Hospital, Leeds; and **Una McCluskey**, a psychoanalytic psychotherapist and part time senior research fellow at the University of York

This is a revised edition of an important title originally published in 2009. It is written primarily for psychotherapists and other practitioners and describes a new and effective form of dynamic therapy designed for working with adults and with adolescents.

Karnac Books, 2012, 268 pp, Pb 978-1-78049-042-7/£21.99



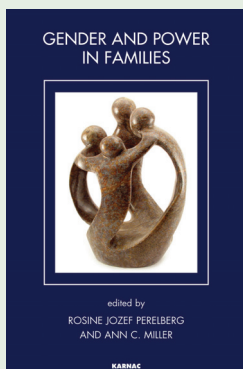
How Couple Relationships Shape our World

Clinical Practice, Research, and Policy Perspectives

Edited by **Andrew Balfour**, *Director of Clinical Services at the Tavistock Centre for Couple Relationships*; **Mary Morgan**, *couple psychoanalytic psychotherapist and psychoanalyst*; and **Christopher Vincent**, *couple psychoanalytic psychotherapist*

This book is about the importance of the couple relationship in the broadest terms. It draws on clinical researches into the inner lived world of adult couples, empirical developmental research into children and parenting, as well as the legal setting when relationships break down. It aims to bridge the inner and outer worlds, showing how our most intimate relationships have vital importance at all levels, from the individual and the family, to the social setting—and explores the implications for practice and policy. Above all, it is a book about applications of clinical thinking linked with research knowledge, as tools for front line workers and policy makers alike. It draws on the tradition of applied clinical thinking and research of the Tavistock Centre for Couple Relationships, linking current thinking with the history of ideas in each area it covers, as well as considering implications for the future.

Karnac Books, 2012, 352 pp, Pb 978-1-85575-837-7/£27.99



Gender and Power in Families

By **Rosine Jozef Perelberg**, *Visiting Professor at University College, London, training analyst and supervisor*; and **Ann Miller**, *consultant clinical psychologist and family therapist*

The systems approach to the family is based on the assumptions that there is equality between men and women in the family, and that women and men are treated equally in clinical practice. The contributors to this book challenge these hidden assumptions, discussing the issues from both a conceptual and clinical viewpoint. They argue strongly that questions of gender and power should be central to family therapy training and practice.

'Twenty years have passed since the publication of this important book. At the time it was the first of its kind in the UK, bringing together contributions from clinicians and academics, and putting culture, gender and power firmly on the systemic map. Much has been written about these topics since, and many fascinating discourses have since raged on both sides of the Atlantic. Yet, what strikes one when re-reading this book is how ground-breaking it was at the time, both conceptually and clinically—and how fresh and useful the ideas and implied practices remain today.' - **Eia Asen**, Systemic Psychotherapist and Psychiatrist

Karnac Books, 2012, 298 pp, Pb 978-1-78049-065-6/£22.99

GROUP RELATION CONFERENCES

Tradition, Creativity, and Succession in the Global Group Relations Network

Volume III

Edited by
Eliot Aram, Avi Nutkevitch,
and Robert Baxter



Group Relations Conferences Tradition, Creativity and Succession in the Global Group Relations Network *Group Relations Conferences Series*

Edited by Eliot Aram, Interim Director of the Tavistock Institute; Avi Nutkevitch, clinical psychologist, psychoanalyst and organizational consultant; and Robert Baxter, retired Professor of Psychiatry

This book, the third of its kind, is a compilation of chapters based on presentations in the third Group Relations international meeting in Belgium, Italy during November 2009, plus a number of think pieces from participants reflecting on their experience of the meeting. The book takes yet another step in continuing the discourse, which began in 2003, articulating the relevance of the Group Relations conference method and the timeliness of its application globally. The chapters in the book deal with the personal as well as the organisational journeys of Group Relations practitioners and examine those through the lens of tradition, succession and creative application. The authors are experienced GR practitioners internationally and together they enrich further the tapestry of Group Relations model and its application and potential.

Karnac Books, 2012, 316 pp, Pb 978-1-78049-001-4/£24.99

THE DIALOGUES (IN) THE GROUP LACANIAN PERSPECTIVES ON THE PSYCHOANALYTIC GROUP



MACARIO GIRALDO
New International Library of Group Analysis

The Dialogues in and of the Group

Lacanian Perspectives on the Psychoanalytic Group

New International Library of Group Analysis

By Macario Giraldo, a faculty member at the Washington School of Psychiatry since 1974

This book is intended to be an introductory presentation of some key concepts of Lacanian Psychoanalysis as applied to the psychoanalytic group. The author describes his own encounter with Lacan and gives a biographical summary of Lacan's life and influence in contemporary psychoanalytic theory and other related fields. He makes use of clinical vignettes to introduce Lacan's basic concepts into the work with the group. The clinician is oriented to think in a way that restores to the 'talking cure' the importance of listening to language and its uses in the transference. The author also introduces his own concepts of the dialogues *in* and *of* the group to distinguish the discourse of the ego in contrast with the flow of the unconscious in the group analytic session. It is written for the psychoanalytic group therapist or analyst as an introduction of basic Lacanian concepts in a style that intends to invite a new attitude to the reading of the group phenomena.

Karnac Books, 2012, 128 pp, Pb 978-1-85575-867-4/£20.99



Trauma and Organizations

New International Library of Group Analysis

Edited by Earl Hopper, Ph.D., psychoanalyst, group analyst and organisational consultant, and a training analyst for the Institute of Group Analysis, the British Association of Psychotherapists and the London Centre for Psychotherapy

This collection of new contributions from psychoanalysts, group analysts and organisational consultants from Europe, Australia and the United States examines the patterns of conscious and unconscious life of those organisations in which traumatic experience is ubiquitous. Among the organisations studied are hospitals and clinics for the care and treatment of the mentally ill and the intellectually disabled; prisons; international industrial and financial firms; trade unions; universities and institutes for training mental health professionals; and churches.

Drawing from Freudian, Kleinian, Independent and Lacanian perspectives in psychoanalysis and from Foulkesian and Bionian perspectives in group analysis, the authors illustrate the fourth basic assumption of Incohesion: Aggregation/Massification, and elucidate its painful personifications. Of special interest are the transmission of psychotic anxieties and the traumatic enactments of them, especially when people are insensitive to the rights and obligations of organisational citizenship.

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Introduction - **Earl Hopper**.

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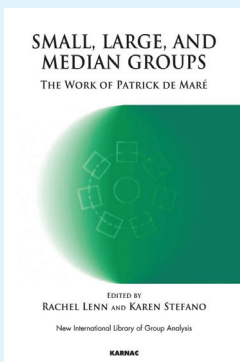
1. A Study in Institutional Change - **Howard Kibel**; 2. Traumatogenic Processes in a Psychiatric Hospital - **Bent Rosenbaum & Gerda Winther**; 3. Trauma as a Cause and Effect of Perverse Organizational Process - **Susan Long**; 4. The Basic Assumption of Incohesion - **David Wood**; 5. A Study of Trauma and Scapegoating in the Context of Incohesion: An Example From the Oil Industry - **Ellen McCoy**; 6. The Survival and Development of a Traumatized Clinic for Psychotherapy for People with Intellectual Disabilities - **Alan Corbett, Tamsin Cottis & Elisabeth Lloyd**.

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7. Personal Trauma and Collective Disorder - **Robert D. Hinshelwood**; 8. Disorganised Responses to Refusal and Spoiling in Traumatized Organizations - **Christopher Scanlon & John Adlam**; 9. Trauma and Leadership Succession - **Louis B. Reed**; 10. Leaders and Groups in Traumatized and Traumatizing Organizations - **Gerhard Wilke**; 11. Organizations in Traumatized Societies: The Israeli case - **Orit Nuttman-Shwartz & Haim Weinberg**; 12. Two Perspectives on a Trauma in a Training Group: The Systems-Centred Approach and the Theory of Incohesion - **Susan B. Gantt & Earl Hopper**; 13. Building Individual Resilience and Organizational Hardiness - **Jeffrey Kleinberg**.

With an Epilogue by **Gordon Lawrence, Ph.D.**

Karnac Books, 2012, 336 pp, Pb 978-1-85575-779-0/£26.99



Small, Large and Median Groups

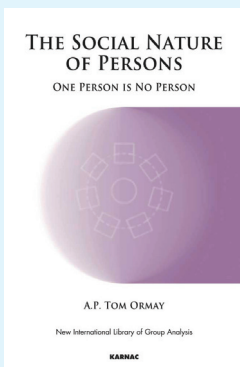
The Work of Patrick de Maré

New International Library of Group Analysis

Edited by **Rachel Lenn, Ph.D.**, psychologist in private practice; and **Karen Stefano, M.A.**, practising psychotherapist and bioenergetic analyst

'This book is a remarkable tribute to the memory of Pat de Maré. You will find in these pages a selection of his work that represents his new and different understanding of groups, both large and small... The editors are owed a great debt of gratitude for putting so much important work together. They have organized the book around three sections on the small, median and large groups. What is particularly moving is that each section is introduced by some of Pat's closest friends and colleagues. These introductions are not only invaluable preparation for reading the articles by Pat that follow, but are also a poignant tribute to the writers' lives, work, their thinking and much happiness that came from their close relationship with Pat. The book ends with Pat's more recent work addressing the philosophical aspects of "mind" written in conjunction with his colleague Roberto Schoellberger.' - **Yvonne Agazarian**

Karnac Books, 2012, 224 pp, Pb 978-1-78049-015-1/£20.99



The Social Nature of Persons: One Person is No Person

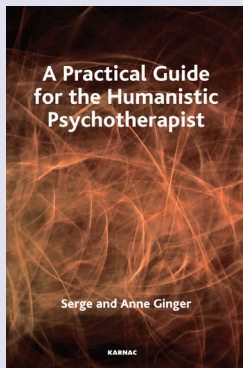
New International Library of Group Analysis

By **A.P. Tom Ormay**, psychoanalytic psychotherapist, group analyst and editor of the journal *Group Analysis*

Group analysis developed out of psychoanalysis, but kept the fundamental principles of the latter. The classical structural theory of the personality presents us with a lonely person—not a very useful image for group analysis. The recently discovered social instinct enables us to complete the structural theory, with an instinct based social function we call 'nos', Latin for 'we'. The new human paradigm gives us the social person. We are together, not because we have to be, but because we basically like each other (various other feelings notwithstanding). The 'nos' provides us with the natural milieu to relate, and opens the way for solving the deepest human problems.

The book explores this theory in depth and includes chapters on instinct and group analysis; the 'nos' and the social unconscious; the phenomenology of the self and Ferenczi's main principles.

Karnac Books, 2012, 240 pp, Pb 978-1-85575-772-1/£23.99

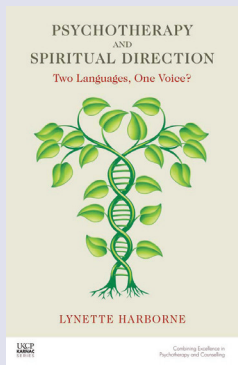


A Practical Guide for the Humanistic Psychotherapist

By **Serge Ginger** (1928–2011), clinical psychologist and international trainer in psychotherapy; and **Anne Ginger**, gestalt therapist, clinical psychologist and teaching psychotherapist. Translated by **Jean-Marc Jacot**

'This book is not just a practical handbook; it is also the fruit of two exceptional people's experience... It reflects their long international experience in several methods such as psychoanalysis, psychodrama, Gestalt Therapy—which is highly indebted to them—and EMDR. This guide comes at a time when, in France and several other European countries, new rules and regulations for the practice of psychotherapy are starting to appear. It's a practical vade mecum for the beginner psychotherapist, but is also an invitation to his experienced colleagues, to share profound reflections stemming from their long-standing careers as psychotherapists and trainers. I hope that this work will be as successful as it deserves to be [in making] these insights and pieces of advice accessible not only to all young practitioners, but also to more experienced ones. It will be especially useful for psychotherapy training institutes.' - **Mony Elkaim**

Karnac Books, 2012, 208 pp, Pb 978-1-78049-047-2/£23.99



Psychotherapy and Spiritual Direction

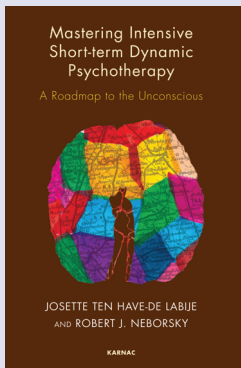
Two Languages, One Voice?

UKCP Series

By **Lynette Harborne**, UKCP registered psychotherapist and BACP senior accredited therapist and supervisor

This book explores similarities and differences between the practice of psychotherapy and spiritual direction and suggests that, whilst there may be distinctions between the two activities, the process is essentially the same. The book aims to improve understanding between therapists and spiritual directors, as well as to offer challenges and learning to both. Questions arise about how to address issues of spirituality in a psychological context and *vice versa*. After a brief overview of the historical background to spiritual direction, attention is drawn to the links with the development of psychotherapy. Spiritual issues in therapy and psychological issues in spiritual direction lead to a comparison between 'dark night of the soul' experiences and clinical depression. Ethical practice and the recognition of possible misuse of power are examined in both contexts, and the inclusion of prayer in either is also considered. The book concludes with a proposition that spiritual direction might be considered a modality of psychotherapy. It invites those engaged in either psychotherapy or spiritual direction to engage in further discussion and conversation in the interests of developing good practice in both.

Karnac Books, 2012, 170 pp, Pb 978-1-78049-018-2/£17.99



Mastering Intensive Short-Term Dynamic Psychotherapy Roadmap to the Unconscious

By **Josette ten Have-de Labije, PsyD.**, psychologist-psychotherapist and clinical psychologist; and **Robert J. Neborsky, M.D.**, psychiatrist and a Clinical Professor of Psychiatry

Over two decades, on two continents, the authors have struggled to define and perfect the therapeutic methods of Habib Davanloo. Between them, they run active training groups in San Diego, Los Angeles, San Francisco, Washington, D.C., London, Amsterdam, Warsaw and Scandinavia. In individual practice, in teaching situations and in partnered study, they have worked carefully to translate the theory and application of the revolutionary clinician's approach. This textbook defines in precise and clinically meaningful ways the terms: observing ego, attentive ego, punitive superego, transference, transference resistance, unconscious therapeutic alliance, working alliance, unconscious impulse.

It was David Malan who advised that Davanloo's technique needs to be modified and softened if it is to be accepted by the majority of therapists. The authors have surpassed Malan's advice and have taken the practice of Intensive Short-Term Dynamic Psychotherapy to a new plateau. *Mastering Intensive Short-Term Dynamic Psychotherapy* translates Davanloo's intuitive genius into a precise language and operations that students can learn in a systematic and clear way. Applying this methodology fulfils the promise of short term, effective, and safe psychotherapy for a broad spectrum of highly resistant psychoneurotic and characterologically disturbed patients.

'This is the best description and guide to intensive short-term dynamic psychotherapy. It is practical, detailed, easy to follow, and a fantastic resource to any training programme for this treatment modality.' - Prof. **Peter Fonagy**, PhD, FBA, Head of Research Department of Clinical, Educational and Health Psychology and Chief Executive of the Anna Freud Centre, London

'[The authors] offer a detailed analysis of how one can rapidly utilize an effective therapeutic alliance to allow clients to gain clarity about their emotional vicissitudes. They do this with a judicious blend of psychoanalytic theory, illuminating case studies, and sensitive descriptions of intrapsychic emotional dynamics that need to guide effective therapeutic transitions... Labije and Neborsky highlight how skilled clinicians can effectively help clients develop the mental clarity and insight needed to break through maladaptive defenses that have long been used to resist needed change. Mastering Intensive Short-Term Dynamic Psychotherapy is an invaluable resource for clinicians seeking guidance on how to break through to the hidden feelings that lie beyond the anxiety engendering defenses that so often retard the seeking and restoration of emotional coherence and thereby mental health and vitality.' - **Jaak Panksepp**, PhD

CHAPTER ONE-Davanloo's ISTDP, psychoneurosis, and the importance of attachment trauma

CHAPTER TWO-The neurobiological regulation of emotion and anxiety

CHAPTER THREE-Emotion regulation and the role of defences

CHAPTER FOUR-Assessment of a patient's anxiety

CHAPTER FIVE-Resistance, transference, ego-adaptive capacity, and multifoci core neurotic structure

CHAPTER SIX-Observational learning and teaching our patients to overcome their problems

CHAPTER SEVEN-The road to the patient's unconscious and the working alliance

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CHAPTER NINE-An initial interview with a transport-phobic patient

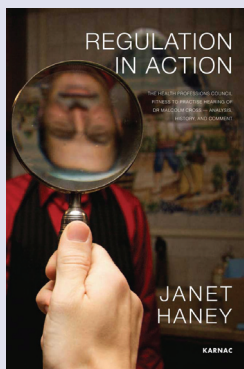
CHAPTER TEN-Steps on the roadmap to the unconscious and its application to patients suffering from depressive disorders

CHAPTER ELEVEN-Steps on the roadmap to the unconscious and its application to patients with somatization

CHAPTER TWELVE-Steps on the roadmap to the unconscious in a patient with transference resistance

CHAPTER THIRTEEN-Exiting the roadmap to the unconscious in the phase of termination

Karnac Books, 2012, 432 pp, Pb 978-1-85575-821-6/£35.00



Regulation in Action

The Health Professions Council Fitness to Practise Hearing of Dr Malcolm Cross—Analysis, History, and Comment

By **Janet Haney, PhD.**, who works in London as a practitioner and a freelance researcher

'This incisive study shows that "regulation", against which many have warned but which some psychotherapists still imagine to be a solution to all their ills, is actually already here. Janet Haney traces her way through this apparatus, and makes a compelling case for taking the HPC seriously as a machine that incarnates the very kind of unhealthy practice it pretends to set itself against.' - Prof. **Ian Parker**, Manchester Metropolitan University

'This book investigates the claim that regulation by agencies of State is one of the prerequisites for improving professional practice. It displays how the underlying administrative interests of such bureaucracies are detrimental to the structure of professional communities. The "quality indicators" produced by such regulatory bodies lead in general to the weakening of professional activity and research, and to the replacement of quality by its opposite. Janet Haney shows with some verve how this transformation was attempted in the field of psychoanalysis and psychotherapy.' - **Bernard Burgoyne**, Professor Emeritus of Psychoanalysis, Middlesex University

Karnac Books, 2012, 200 pp, Pb 978-1-85575-777-6/£9.99



Thinking of Becoming a Counsellor?

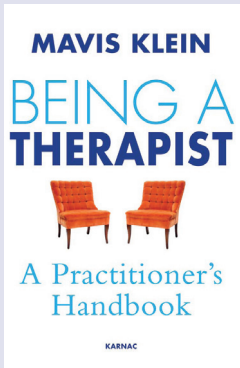
By **Jonathan Ingrams**, a psychotherapist with a broad spectrum of clients from the 'worried well' to those suffering a range of mental illnesses of varying severity

If you are thinking of becoming a counsellor, you may be wondering if you could put to good use your own life experience by offering support and understanding to those trying to cope with difficulties that you may have encountered and worked through yourself. The ancient Greek aphorism 'know thyself' is immensely important in this regard. For unless counsellors are in harmony with themselves they cannot truly relate to the needs of those they seek to help. It is not enough for the counsellor to play *the role* of the therapist. He or she has to *be* the therapist—a very different concept.

This book explores the journeys of self-discovery that prompted the pioneering practitioners to direct their skills in particular ways and the influence exerted by their backgrounds, ambitions, and personal histories. The objective is to help intending therapists to arrive at an understanding of the inner resources they will need to embark on a counselling career, and to help them determine which approach might best accord with their temperament and lifetime's experience.

Karnac Books, 2012, 176 pp, Pb 978-1-78049-016-8/£14.99





Being a Therapist A Practitioner's Handbook

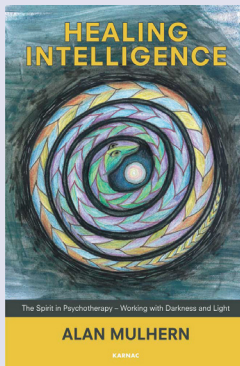
By **Mavis Klein**, *psychotherapist and founder member of the Institute of Transactional Analysis and of the European Association for Transactional Analysis*

Our contemporary world is one in which 'the customer is always right', and therapists, like many other professionals, are increasingly beset by rules and regulations that undermine their authority and autonomy. While many books emphasize the therapist's duties and obligations in maintaining the well-being of his or her clients, this book is intended to redress the balance in favour of emphasizing the well-being of the therapist.

Mavis Klein draws on her thirty-five years of experience as an individual, group, and family therapist to provide trainee and beginner therapists with confidence in the practice of their profession. As this book includes an outline of the author's original personality typology, it may also add another string to the bow of experienced practitioners.

The book is informal, anecdotal, humorously self-revelatory, and jargon-free.

Karnac Books, 2012, 168 pp, Pb 978-1-78049-019-9/£14.99



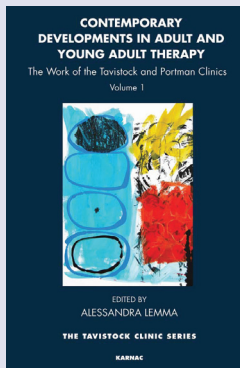
Healing Intelligence The Spirit in Psychotherapy—Working with Darkness and Light

By **Alan Mulhern**, *a Jungian psychotherapist, who has worked for twenty-five years in private practice in London.*

Natural healing intelligence is one of the great mysteries of the psyche. It is inherently elusive yet lies at the core of all efforts to cure emotional wounds. Psychotherapy and counselling, when done in depth, pass beyond interpretation to work directly with this powerful force. This book is intended to help those who suffer such emotional wounds by illuminating the path of healing as well as to provide deep insight and effective methods for the practitioner.

'This is a highly creative book exploring the interface between emotional wounds, psychotherapy, and spirituality. Alan Mulhern, a Jungian psychotherapist, takes many enlightening case studies to show how healing experiences are the milestones of the individuation process. It is recommended for practitioner, trainee, and client alike, as well as anyone seeking deeper knowledge on the healing intelligence that lies in the psyche. Lindsey Harris's fascinating pictures complement this fine work.' - **Jules Cashford**, co-author of *The Myth of the Goddess*

Karnac Books, 2012, 188 pp, Pb 978-1-78049-039-7/£20.99



Contemporary Developments in Adult and Young Adult Therapy

The Work of the Tavistock and Portman Clinics: Volume 1

Tavistock Clinic Series

Edited by **Alessandra Lemma**, Unit Director, Psychological Therapies Development Unit, Tavistock and Portman NHS Foundation Trust, and the Clinical Director of the Psychological Interventions Research Centre, University College London

'This challenging and ambitious book captures the variety and richness of contemporary clinical developments in the Tavistock and Portman Clinics in relation to work with adults and young adults. It sets these developments in the context of the collective psychoanalytic and systemic principles that are the central underpinning of the Clinics' work, built up over their long and distinguished history. The book sets the scene for the challenges that face the Clinics from the evidence-based practice approach and from competition for resources with forms of practice that are validated by this approach. The book outlines the adaptive and innovative ways in which the Clinics have responded to this competitive situation, for example by the development of an internet-based service for young adults, the application of mentalisation-based therapy for antisocial patients, and the use of dynamic interpersonal therapy as a brief therapy. This book will be an inspiring guide and rallying call for practitioners in the mental health field, who face the same inexorable competition for resources in providing therapy in the NHS and public services.' - **Nick Temple**, President Elect, British Psychoanalytic Society (BPAS); Former Chief Executive, Tavistock and Portman NHS Trust; Training Analyst, BPAS, London

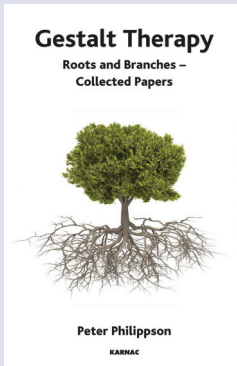
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I. As we are now. Introduction - **Alessandra Lemma**; 1. Talk talk: theories and practices for turbulent times - **Andrew Cooper**; 2. A plurality of just answers - **Bernadette Wren & Ellie Kavner**.

II. Psychoanalytic interventions with young adults and adults. Introduction - **Alessandra Lemma**; 3. Time-limited psychodynamic psychotherapy for adolescents and young adults - **Stephen Briggs & Louise Lyon**; 4. The Young People's Consultation Services: a model of engagement - **Linda Young & Frank Lowe**; 5. Complexity in primary care - **Brian Rock & Anca Carrington**; 6. Treatment continuity in discontinuous worlds - **Carine Minne**; 7. Picking up a log from both ends: couple work in the Tavistock tradition - **Joanna Rosenthal**.

III. Innovations in adult mental health care. Introduction - **Alessandra Lemma**; 8. Treating the untreatable: the evolution of a psychoanalytically informed service for antisocial personality disorder - **Jessica Yakeley**; 9. Where Internet was, there ego shall be: community and well-being in the digital world - **Richard Graham**; 10. Dynamic interpersonal therapy (DIT): developing a new intervention for depression - **Alessandra Lemma, Mary Target, & Peter Fonagy**.

Karnac Books, 2012, 288 pp, Pb 978-1-78049-006-9/£26.99

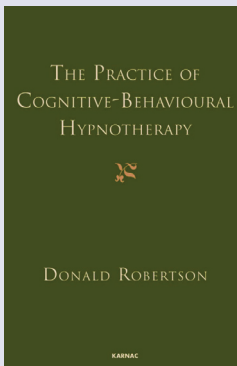


Gestalt Therapy Roots and Branches—Collected Papers

By **Peter Philippson**, *Gestalt psychotherapist and trainer, and Past President of the Association for the Advancement of Gestalt Therapy*

The author's aim is a full and coherent account of Gestalt theory, and to emphasise our links to our therapeutic and philosophical heritage, particularly psychoanalysis and existentialism. His theme is a field-relational theory of self as the centrepiece of the approach, and how this has been placed within a structure that is still recognisably psychoanalytic. Self is understood as meaningful only in relation to what is taken as other, and how that other is contacted. The formation of a relatively coherent self-concept is a task, not a given, and can be problematic as well as helpful (when it no longer supports the person's life-situation). Thus therapy is not an attunement to a self inherent in the client, but an exploration of contacting and awareness; and the therapist's stance can never truly be seen as neutral. Many of these ideas have found their way in some form into other therapeutic approaches. However, this has usually happened without the underpinning of a systematic field-relational approach to psychotherapy, and Gestalt Therapy—for historical reasons—has not been in a position to engage with these developments. Fortunately this is now changing, and it is hoped that this work will help that development.

Karnac Books, 2012, 272 pp, Pb 978-1-78049-072-4/£21.99



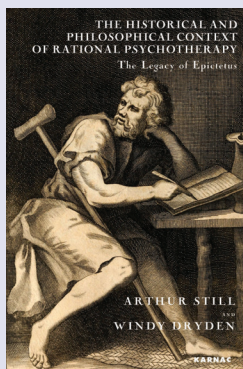
The Practice of Cognitive-Behavioural Hypnotherapy

By **Donald Robertson**, *a cognitive-behavioural therapist and specialist in clinical hypnosis, with over fifteen years' experience in the therapy field*

This is a comprehensive evidence-based clinical manual for practitioners of cognitive-behavioural hypnotherapy. Cognitive-behavioural hypnotherapy is increasingly becoming the dominant approach to clinical hypnosis. At a theoretical level, it adopts a research-based cognitive-behavioural model of hypnosis. At a practical level, it closely integrates traditional hypnotherapy and cognitive-behavioural therapy techniques.

This is the first major treatment manual to describe a fully integrated cognitive-behavioural approach to hypnotherapy, based on current evidence and best practice in the fields of hypnotism and CBT. It is the product of years of work by the author. This book will be essential reading for anyone interested in modern evidence-based approaches to clinical hypnosis. It's also an important resource for cognitive-behavioural therapists interested in the psychology of suggestion and the use of mental imagery techniques.

Karnac Books, 2012, 294 pp, Pb 978-1-85575-530-7/£21.99



The Historical and Philosophical Context of Rational Psychotherapy

The Legacy of Epictetus

By **Arthur Still**, who trained as a counsellor and psychotherapist and currently works in private practice in Edinburgh and the Scottish Borders and **Windy Dryden**, Professor of Psychotherapeutic Studies at Goldsmiths College, University of London

This book brings together the papers written by the authors over the last fifteen years on the historical and philosophical foundations of Albert Ellis' Rational Psychotherapy (later Rational Emotive Behaviour Therapy, REBT) and its relationship to Stoicism, especially the later practical form represented by Epictetus.

It goes beneath the well known similarities between Stoic 'spiritual exercises' and modern psychotherapy, to look at the cause of these similarities. These lie in the conceptual continuities that connect the Stoics and other ancient philosophies with the modern cultural framework underlying psychotherapy.

Karnac Books, 2012, 288 pp, Pb 978-1-78049-023-6/£24.99



Addictive Personalities and Why People Take Drugs

The Spike and the Moon

UKCP Series

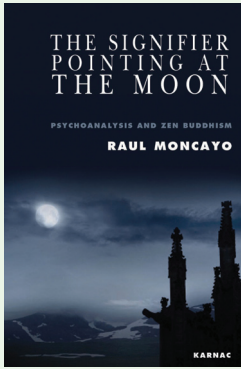
By **Dr. Gary Winship**, psychotherapist and Associate Professor, Centre for the Study of Human Relations, University of Nottingham

'Gary Winship has produced a highly original exploration of drug taking in the twenty-first century. Beginning with a clear statement that this issue is a growing and poorly managed one, the author draws on a wide range of classical thought, psychoanalytic theory, and his own clinical experience to explore a fresh approach to understanding why people take drugs. This book will be very useful for students in clinical fields such as nursing, social care, psychotherapy, and drug support work. It is also an important contribution to the drug policy debate.' - Prof. **Nick Manning**

'Gary Winship's Addictive Personalities and Why People Take Drugs: The Spike and the Moon is an imaginative and innovative book, taking the reader through many fields of addiction, from cultural locations and ancient myths of addiction, through psychodynamic theories of addiction, to controversies in contemporary drug policy. The author's scholarship and experience are impressive, as is the clarity with which he tackles the subject. Given the widespread nature of substance misuse in society, it is timely to have a book offering such a fresh re-think.' - **Martin Weegmann**

Karnac Books, 2012, 148 pp, Pb 978-1-85575-797-4/£16.99





The Signifier Pointing at the Moon

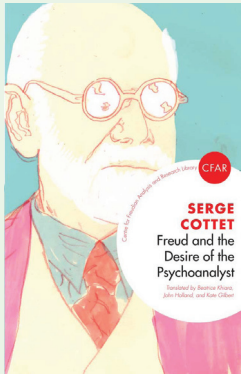
Psychoanalysis and Zen Buddhism

By **Raul Moncayo**, training director for Mission Mental Health, San Francisco and a supervising analyst at the Lacanian School of Psychoanalysis of the San Francisco Bay Area, California

Within the context of a careful review of the psychology of religion and prior non-Lacanian literature on the subject, Raul Moncayo builds a bridge between Lacanian psychoanalysis and Zen Buddhism that steers clear of reducing one to the other or creating a simplistic synthesis between the two. Both traditions converge on the teaching that 'true subject is no ego', or on the realisation that a new subject requires the symbolic death or deconstruction of imaginary ego-identifications. Although Lacanian psychoanalysis is known for its focus on language and Zen is considered a form of transmission outside the scriptures, Zen is not without words while Lacanian psychoanalysis stresses the senseless letter of the Real or of a *jouissance* written on and with the body.

The Signifier Pointing at the Moon proposes that the truths of desire do not conflict with the teaching of emptiness because a desire for emptiness, or the emptiness at the root of desire, regenerates rather than annihilates desire.

Karnac Books, 2012, 320 pp, Pb 978-1-85575-476-8/£23.99



Freud and the Desire of the Psychoanalyst

Centre for Freudian Analysis and Research Library

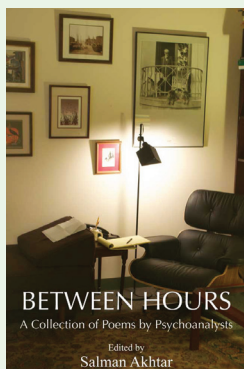
By **Serge Cottet**, psychoanalyst and Senior Lecturer in the Department of Psychoanalysis at the University of Paris VIII. Translated by Beatrice Khiara, John Holland & Kate Gilbert

Freud's invention of psychoanalysis was based on his own desire to know something about the unconscious, but what have been the effects of this original desire on psychoanalysis ever since? How has Freud's desire created symptoms in the history of psychoanalysis? Has it helped or hindered its transmission?

Exploring these questions brings Serge Cottet to Lacan's concept of the psychoanalyst's desire: less a particular desire like Freud's and more a function, this is what allows analysts to operate in their practice. It emerges during analysis and is crucial in enabling the analyst to begin working with the unconscious of others when they take on the position of analyst themselves. What is this function and how can it be traced in Freud's work?

Cottet's book, first published in 1982 and revised in 1996, is a classic of Lacanian psychoanalysis. It is not only a scholarly study of Freud and Lacan, but a thought-provoking introduction to the key issues of Lacanian psychoanalysis.

Karnac Books, 2012, 224 pp, Pb 978-1-85575-592-5/£20.99



Between Hours

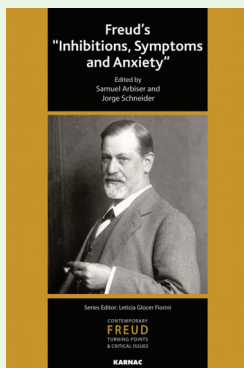
A Collection of Poems by Psychoanalysts

Edited by Salman Akhtar, Professor of Psychiatry at Jefferson Medical College and a training and supervising analyst at the Psychoanalytic Center of Philadelphia

While accommodating playfulness and even a bit of audacity, both psychoanalysis and poetry deeply respect formality of structure, nuance of affect, and the multifaceted resonance of the spoken word. Twinship of the analytic and poetic discourse is also evident in the parallels between a fumbling pause in free associations and an aching line break in a poem, a telling parapraxis and an inspired metaphor, an acknowledgement of the repressed via its negation and the irony of simultaneous hiding and revealing in verse, and so on. To put it bluntly, psychoanalysis is two-person poetry, and poetry one-person psychoanalysis. Nowhere is this juxtaposition more apparent than in this book of poems by psychoanalysts, the first ever collection of its sort.

Contributors: Salman Akhtar, Gerald Garguilo, Forrest Hamer, Sheri Hunt, Alice Jones, Eugene Mahon, Rebecca Meredith, Arlene Kramer Richards, Arnold Richards, Elise Sanders.

Karnac Books, 2012, 120 pp, Pb 978-1-78049-064-9/£9.99



On Freud's 'Inhibitions, Symptoms and Anxiety'

Contemporary Freud: Turning Points and Critical Issues

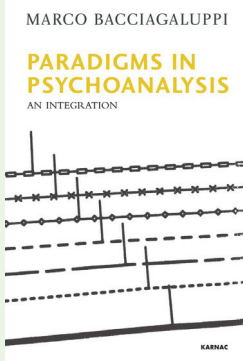
Edited by Samuel Arbiser, a Medical Doctor, a Full Member of the Buenos Aires Psychoanalytic Association and Member of the International Psychoanalytical Association Publications Committee, and Jorge Schneider, M.D., presently a Training and Supervisory Analyst at the Institute for Psychoanalysis, Chicago and Assistant Professor of Psychiatry,

Northwestern University Medical School

Besides constituting a fundamental milestone in contemporary Western thought, Freud's work laid the theoretical-technical foundations on which psychoanalysts based the comprehensive edifice in which they abide today. This edifice, so heterogeneous, even contradictory at times, has stood strong because of these foundations. This book attempts to show, through its various chapters written by psychoanalysts from different parts of the world and sustaining varied paradigms, this enriching heterogeneity coupled with the invisible thread which strings together the diversity lent to it by the Freudian foundations. One of the characteristics of the Freudian opus is that when we are able to study it in perspective, it is possible to glimpse a path of incessant improvement, where ideas and concepts are reformulated and become more complex as clinical facts and methodological and epistemological resources call for it. Freud's book 'Inhibitions, symptoms and anxiety' is the irrefutable proof of this affirmation.

Karnac Books, 2012, 300 pp, Pb 978-1-78049-097-7/£26.99





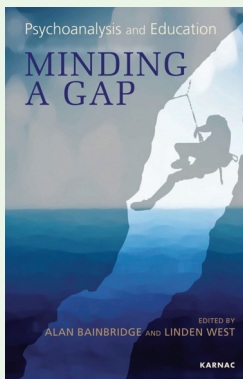
Paradigms in Psychoanalysis

An Integration

By **Marco Bacciagaluppi**, *Fellow at AAPDP, Founding President at OPIFER, and Honorary Member of the International Erich Fromm Society (IEFS)*

This book aims at making explicit the scientific theories, termed *paradigms*, that the author has found useful in psychoanalysis. It lists nine paradigms: genetics, neurobiology, attachment theory, infant research, trauma, the relational model, the family system, the socio-cultural level and prehistory. Special attention is devoted to attachment theory, which the author considers to be the most powerful conceptual tool at the disposal of the psychoanalyst. He also covers trauma, the relational model—with special reference to Ferenczi, Bowlby and Fromm. He explores the effect of cultural evolution, with the advent of agriculture, on family and character structures and the resulting discontinuity with the individual or group's inborn needs, giving rise to an unnatural environment, and thus to psychopathology and pathology at a social level, such as war. The consequence of these combined factors gives rise to the need for psychotherapy, this is explored, together with the role of the therapist and the therapy of psychoses. The author believes that, at a social level, psychotherapy may contribute the re-emergence of society's innate cooperative and care-giving maternal culture.

Karnac Books, 2012, 320 pp, Pb 978-1-78049-024-3/£24.99



Psychoanalysis and Education

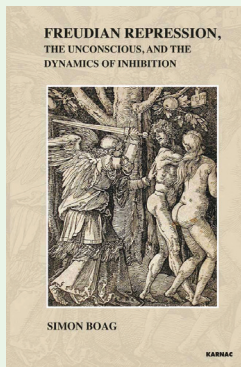
Edited by Alan Bainbridge, a doctor of clinical science and a UKCP registered psychoanalytic psychotherapist with a small private practice and Linden West, PhD, FRSA, a professor and Director of Research Development in the Faculty of Education at Canterbury Christ Church University, Kent, UK, and Visiting Professor at the Paris Ouest Nanterre University, France. He is also a qualified psychoanalytical psychotherapist

This title explores the current educational system from a psychodynamic perspective. The papers collected here cover a broad range of topics, from papers on the results of research with art students with a history of mental health problems, using the techniques of Donald Winnicott with adults; self-respect, self-confidence and self-esteem: psychoanalytic and philosophical implications for higher education; learning through ourselves: the supervision group as a training tool; to the research findings of a primary school teacher working with a little girl in her class.

This book will be found to be a valuable and topical contribution to understanding the role psychoanalysis in education today.

Karnac Books, 2012, 300 pp, Pb 978-1-78049-045-8/£24.99





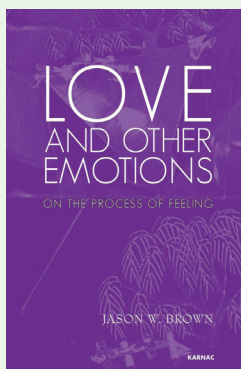
Freudian Repression, the Unconscious, and the Dynamics of Inhibition

By **Simon Boag**, *lecturer in the Department of Psychology at Macquarie University, Sydney, Australia*

Possibly no other psychoanalytic concept has caused as much ongoing controversy, and attracted so much criticism as that of 'repression'. It involves denying knowledge to oneself about the content of one's own mind and is most commonly implicated in disputes concerning the possibility of repressed memories of trauma (and their subsequent recovery).

While fundamental in Freudian psychoanalysis, recent developments in psychoanalytic thinking (e.g., 'mentalisation') have downplayed the importance of repression, in part due to less emphasis being placed on the importance of memory within therapy. This book proposes that Freud's theory of repression needs to be understood in a new light, which allows a fresh evaluation and a modern appreciation for the vitality of Freud's thinking. While much contemporary discussion is about the repression of traumatic memories, this book instead shows that Freud appears to conceptualize repression as a specific form of cognitive-behavioural inhibition. Situating repression within a dynamic account of persons, Freudian repression is surprisingly congruent with models of inhibitory processes emerging from modern psychology and the neurosciences.

Karnac Books, 2012, 268 pp, Pb 978-1-85575-738-7/£21.99



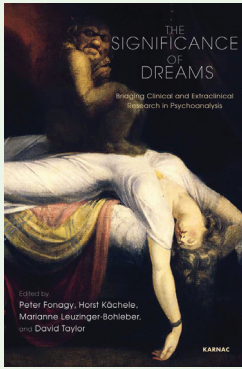
Love and Other Emotions On the Process of Feeling

By **Jason W. Brown**, *Clinical Professor of Neurology at New York University Medical Center, and has been adjunct professor at the New York Psychoanalytic Institute*

This book is an account of the psychology of romantic love in the context of a theory of emotions. The account develops out of studies in brain psychology and the extension to topics in process-philosophy, such as the nature of value and belief, and the central role of feeling in mental process. The approach is subjectivist, that is, from the internal standpoint, and in this respect it differs greatly from the externalist and objectivist trends in modern cognitive science and empiricist philosophy. Love is the ultimate in value, so that a theory of love is also a theory of the nature of value and its relation to feeling, belief, and to drive and desire. The role of intention, reason, and appraisal is critiqued. The relation to other feelings, such as jealousy, envy, anger, loss and grief is discussed in terms of a general theory of emotion and the basis in a process account of the mind/brain state.

'Jason Brown is a philosopher-scientist in the tradition of Goethe... It is impossible to understand his microgenetic theory of emotion without rethinking some of your most basic assumptions.' - **Mark Solms**, Director of the Arnold Pfeffer Center for Neuro-Psychoanalysis, New York Psychoanalytic Society and Institute.

Karnac Books, 2012, 300 pp, Pb 978-1-78049-071-7/£23.99



The Significance of Dreams

Bridging Clinical and Extraclinical Research in Psychoanalysis

Developments in Psychoanalysis Series

Edited by **Peter Fonagy**, Chief Executive of the Anna Freud Centre, London; **Horst Kächele**, teacher at the International Psychoanalytic University, Berlin; **Marianne Leuzinger-Bohleber**, Professor of Psychoanalytical Psychology at the University of Kassel; and **David Taylor**, a training and supervising analyst of the British Psychoanalytical Society

This book looks at dreams from a twenty-first century perspective. It takes its inspiration from Freud's insights, but pursues psychoanalytic interest into both neuroscience and the modern psychoanalytic consulting room. The book looks at laboratory research on dreaming alongside the modern clinical use of dreams and links together clinical and empirical research, integrating classical ideas with the plurality of psychoanalytic theoretical constructs available to modern researchers.

Psychoanalysts writing about dreams have traditionally represented the cutting edge of clinical and theoretical development, and this book is no exception. Many of the contributions, as well as the epistemological position taken by the writers, represent a kind of radical openness to new ways of thinking about the clinical situation and about theory. In line with the ambition of the editors, this volume represents an integration of theories and disciplines, and a scientific context for modern psychoanalysis.

The link between clinical research and extra-clinical research via the royal road of dreaming is a theme that runs through all the contributions. These cover dreaming as it sheds light on clinical conditions such as depression and trauma, or dreams as they form a core aspect of clinical work; be that as a co-construction, or as shared play between therapist and patients. The book provides insight through dreams to understanding mental functions in all clinical situations and across all conditions.

Part I: Clinical Research on Dreams

The re-awakening of psychoanalytic theories of dreams and dreaming by David Taylor
Dreams and play in child analysis today by Margaret Rustin
The manifest dream is the real dream: the changing relationship between theory and practice in the interpretation of dreams by Juan Pablo Jiménez
Changes in dreams—from a psychoanalysis with a traumatised, chronic depressed patient by Marianne Leuzinger-Bohleber

Part II: Extraclinical Research on Dreams

Dreams as subject of psychoanalytical treatment research by Horst Kächele
The work at the gate—discussion of the paper of Juan Pablo Jimenez and Horst Kächele by Rudi Vermote

Part III: Conceptual Integrations

When theories touch: an attempted integration and reformulation of dream theory by Steven J. Ellman and Lissa Weinstein
“It's only a dream”: physiological and developmental contributions to the feeling of reality by Lissa Weinstein and Steven J. Ellman
Discussion of Steven J. Ellman's and Lissa Weinstein's chapters by Peter Fonagy

Part IV: Clinical and Extraclinical Research in Ongoing Projects and Dreams in Modern Literature

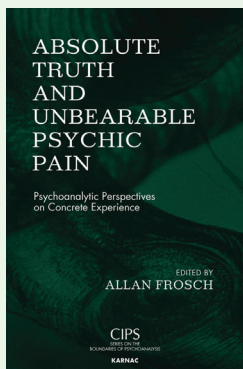
Changes in dreams of chronic depressed patients: the Frankfurt fMRI/EEG study (FRED) by Tamara Fischmann, Michael Russ, Tobias Baehr, Aglaja Stirn, and Marianne Leuzinger-Bohleber
Traumatic dreams: symbolisation gone astray by Sverre Varvin, Tamara Fischmann, Vladimir Jovic, Bent Rosenbaum, and Stephan Hau
Communicative functions of dream telling by Hanspeter Mathys
ADHD—illness or symptomatic indicator for trauma? A case study from the therapy comparison study on hyperactive children at the Sigmund Freud Institute, Frankfurt by Katrin Luise Laezer, Birgit Gaertner, and Emil Branik
No intermediate space for dreaming? Findings of the EVA study with children at risk by Nicole Pfenning-Meerkoetter, Katrin Luise Laezer, Brigitte Schiller, Lorena Katharina Hartmann, and Marianne Leuzinger-Bohleber

Part V: Dreams in Modern Literature

Orders of the imaginary—Freud's The Interpretation of Dreams and the literature of classical modernity by Peter-André Alt

Karnac Books, 2012, 336 pp, Pb 978-1-78049-050-2/£29.99





Absolute Truth and Unbearable Psychic Pain

Psychoanalytic Perspectives on Concrete Experience

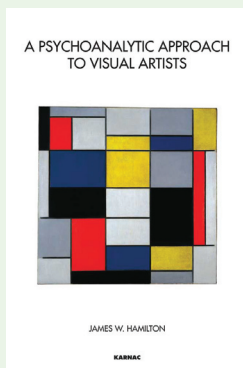
CIPS Series

Edited by **Allan Frosch, PhD, FIPA**, a training analyst and supervisor at the Institute for Psychoanalytic Research and Training (IPTAR) where he is also on the faculty

The title of this book refers to a particular construction of the world that brooks no uncertainty: 'things are the way I believe them to be'. There is no other way! This can be a real boost to one's confidence—even though this conviction is based solely on our own thoughts or immediate experience. When a group or organization share a one-dimensional view of the world the sense of conviction takes the form of a rigid ideology; and all other perspectives must be eliminated.

'The counterpart to concreteness, or what many refer to as desymbolized thinking/experience or thing—presentations, is more abstract thinking or "symbolization". Symbolization refers to a process whereby we can meaningfully understand that an event can be looked at from a variety of perspectives. Symbolization makes it possible to look at things in an "as if" way rather than as "true" or absolute. It is a process where we can view our thoughts as objects of our thoughts. We self-reflect. From a psychoanalytic perspective the more desymbolized person might be considered unsuitable for psychoanalysis with its emphasis on self-reflection. The authors of this book disabuse us of this as they describe their work with patients who are prone to concrete thinking and experience.' - Fred Busch, Ph.D., FIPA

Karnac Books, 2012, 160 pp, Pb 978-1-85575-798-1/£17.99



A Psychoanalytic Approach to Visual Artists

By **James W. Hamilton**, a psychiatrist living in Santa Fe, New Mexico

James W. Hamilton's engaging book offers us his own unique insight into the unconscious factors involved in the creative processes associated with painting, film-making, and photography by studying the lives and works of a number of artists, each one having a unique personal style.

In separate chapters, he looks at the lives and works of Mark Rothko, Joseph Cornell, Piet Mondrian, Pablo Picasso, Clement Greenberg, Edward Weston, Ingmar Bergman, François Truffaut, Quentin Tarantino, and Florian von Donnersmarck from a psychoanalytic perspective with emphasis on unconscious motivation and the quest for mastery of intrapsychic conflict. The book is bound to encourage further questions and hypotheses about the nature of these complex phenomena.

Karnac Books, 2012, 224 pp, Pb 978-1-78049-014-4/£22.99



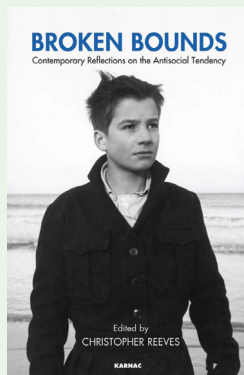
Envy is not Innate A New Model of Thinking

By **Patricia Polledri, PhD**, a forensic psychotherapist in private practice in London

A comprehensive revision of the notion of envy, proposing some fresh ideas about its relation to psychopathology. Its argument is that envy is not simply attributable to constitutional forces, as Melanie Klein proposed, but the outcome of a complex process that includes a disturbance in symbolic functioning. This is the first time a critical review has been undertaken in book form of this cornerstone of British psychoanalysis.

Conducting her own research, the author examines the underlying causal mechanisms of aggression and destructiveness in relation to envy. A substantial amount of clinical material supports the argument that innate destructiveness is not the primary problem: survival needs are primary, with aggression a secondary reaction when libidinal needs are frustrated. Fight and flight responses in psychopathology, including psychoses, dissociative disorders and perverse activities, are therefore seen as self preservative and not as death wishes.

Karnac Books, 2012, 238 pp, Pb 978-1-78049-002-1/£23.99



Broken Bounds Contemporary Reflections on the Antisocial Tendency

Edited by **Christopher Reeves**, retired Child Psychotherapist and former Director of the Squiggle Foundation

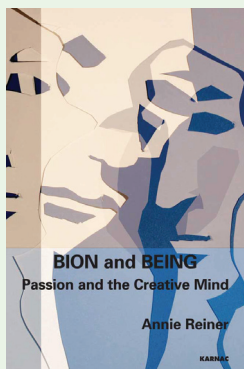
In 2009–2010, The Squiggle Foundation, whose aim is to stimulate interest in the work of Donald Winnicott, organized a series of lectures on the theme of 'the antisocial tendency'. These lectures are offered here to the wider public much as they were originally given. The speakers, each one an established figure in child care policy or in the residential and therapeutic management of disaffected youngsters, reflect on society's changing attitudes towards antisocial behaviour and its manifestations over the past half century. They consider how altered childrearing practices, the greater incidence of family break-up, and the increasing part played by central government in the determination of child care policies, have contributed to a shift towards the more punitive attitudes towards 'wayward youth' prevalent today.

Subject areas covered by the book include: antisocial tendency; delinquency; family functioning; the distribution of responsibilities between parents and government agencies of all sorts over the upbringing of children; children's welfare and their preparation for life in society.

Brief, pointed, and accessible, these lectures address topics of contemporary social concern by identifying some of the underlying questions to be asked regarding the child, the family, and society in a mass-communication and mass-organized environment.

Karnac Books, 2012, 160 pp, Pb 978-1-78049-037-3/£15.99



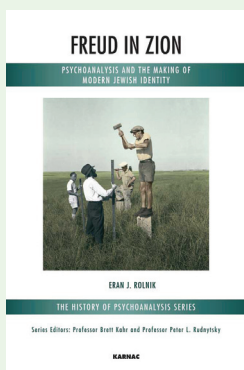


Bion and Being Passion and the creative Mind

By **Annie Reiner**, senior faculty member of The Psychoanalytic Center of California (PCC) in Los Angeles, and a fellow of the International Psychoanalytical Association

With his concept of 'O', Wilfred Bion provided a new psychoanalytic space in which to explore the mind. This book examines the similarities between this psychoanalytic space and the artist's creative sensibility, as well as mystical and religious states. This most mysterious and revolutionary of Bion's analytic ideas reflects what is essentially a state of being, an experience of mental integrity and union between emotional and rational functions of the mind which is the basis of thinking and creativity. In an effort to provide emotional understanding to Bion's theoretical ideas, Dr Reiner uses examples of artists, poets, writers, theologians, and philosophers, including Rilke, Cummings, Shakespeare, Beckett, and Nietzsche, to illustrate these psychoanalytic concepts. She also presents detailed clinical examples of patient's dreams to explore the obstacles to these states of being, as well as how to work clinically to develop access to these creative states.

Karnac Books, 2012, 192 pp, Pb 978-1-85575-854-4/£20.99



Freud in Zion Psychoanalysis and the Making of Modern Jewish Identity *History of Psychoanalysis Series*

By **Eran J. Rolnik**, psychiatrist, psychoanalyst, and historian.
Translated by **Haim Watzman**

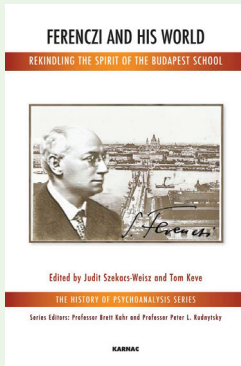
This book tells the story of psychoanalysis coming to Jewish Palestine/Israel. In this ground-breaking study psychoanalyst and historian Eran Rolnik explores the encounter between psychoanalysis, Judaism, Modern Hebrew culture and the Zionist revolution in a unique political and cultural context of war, immigration, ethnic tensions, colonial rule and nation building.

Based on hundreds of hitherto unpublished documents, including many unpublished letters by Freud, this book integrates intellectual and social history to offer a moving and persuasive account of how psychoanalysis permeated popular and intellectual discourse in the emerging Jewish state.

'[A] story of psychoanalysis and a story of Israel. Unsparing in intellectual honesty Freud in Zion exemplifies the project undertaken as the name "psychoanalysis"... We return to Freud many times, but Rolnik has us return to psychoanalysis as it moved East, a deeply compelling reading of the migration of ideas.'
- **Christopher Bollas**

Karnac Books, 2012, 288 pp, Pb 978-1-78049-053-3/£22.99





Ferenczi and His World

Rekindling the Spirit of the Budapest School

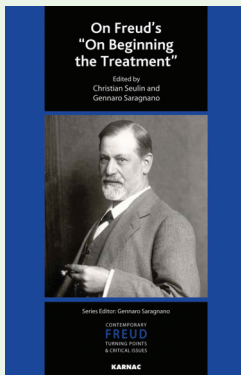
History of Psychoanalysis Series

By **Judit Szekacs-Weisz**, PhD, training analyst of the Hungarian Psychoanalytical Society; and **Tom Keve**, a writer and Fellow of the Institute of Physics

This volume honours Sándor Ferenczi, a central character in the birth of psychoanalysis, whose warm and passionate personality, ideas, and teachings permeated his world and his work, shaping the psychoanalytical thinking of generations.

'This book is much more than a reader on Sándor Ferenczi or about his contributions; in fact, it opens us to the world around this great pioneer of psychoanalysis, showing his cultural environment, associated memories, and the literary works inspired by him. In it we learn about Ferenczi's relationships with other leading psychoanalysts like Melanie Klein, Imre Hermann, and Michael Balint. We discover Ferenczi's innovative ideas as encountered in contemporary writings. This volume offers a multitude of stimulations: it is a rich anthology that leads us into a deep psychoanalytic world; reminds us of some forgotten points of view; and opens seminal new vistas. Once you begin to read, you cannot put this book aside.' - **Andre Haynal**, MD, Emeritus and Honorary Professor, University of Geneva

Karnac Books, 2012, 208 pp, Pb 978-1-78049-020-5/£20.99



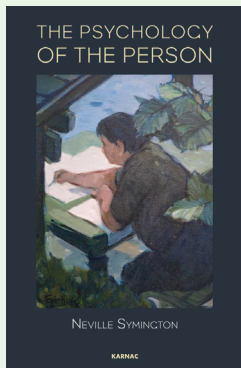
On Freud's 'On Beginning the Treatment'

Contemporary Freud: Turning Points and Critical Issues

Edited by **Christian Seulin**, Training and Supervising Analyst of the Paris Psychoanalytical Society; and **Gennaro Saragnano**, MD, member of the Italian Psychoanalytical Association

Freud's 1913 essay 'On beginning the treatment' had an enduring influence on psychoanalysts for generations, providing them with a solid and widely-accepted conceptual basis on how to initiate psychoanalytic treatments. After a century of clinical experience and theoretical research, are all of Freud's rules and advice still valid today? Christian Seulin and Gennaro Saragnano have asked ten eminent analysts to comment upon this seminal paper of Freud's, each of them focusing on one of the fundamental issues originally propounded by the 'father of psychoanalysis'. The result is a wide and careful perspective on the actuality of the technical bases of analysis, in what can be considered a good introduction to contemporary psychoanalytic theory and practice.

Karnac Books, 2012, 222 pp, Pb 978-1-78049-026-7/£24.99



The Psychology of the Person

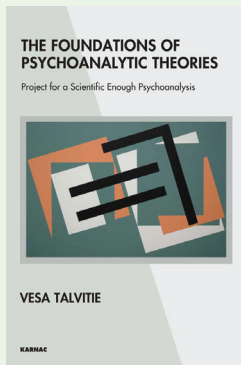
By **Neville Symington**, a member of the British and Australian Psychoanalytical Societies with a private psychoanalytic practice in New South Wales, Australia

This new title, from a distinguished psychoanalyst, will inspire both those in the psychoanalytic field, and the general reader.

'In this book I attempt to sketch out a "Psychology of the Person". The definition of "person" implies that no two people, even identical twins, are the same. Although this is obvious and no sensible person would quarrel with such a view, yet many terms are used that imply that there is a sameness between two or more people. For instance, it is often said that one individual is identified with another which, in ordinary language, means that he or she

makes him or herself the same as the other, yet this is an impossibility. So, what is a person? How is a person different from someone who is not a person? This book sets out to answer these questions. I try to formulate a "Psychology of the Person". I don't think this has been done before, and I hope that one fruit of this book will be to heighten awareness of those theories and models which imply the banishment of the person.' - The author, from the Introduction.

Karnac Books, 2012, 176 pp, Pb 978-1-78049-069-4/£20.99



Foundations of Psychoanalytic Theories

Project for a Scientific Enough Psychoanalysis

By **Vesa Talvitie**, Doctor of Psychology, psychotherapist, and organisational consultant

The normal approach to the study of the foundations of psychoanalysis is to focus on Sigmund Freud's classical texts. In this book, however, Vesa Talvitie approaches the issue from the perspective of the foundations of behavioural sciences in general. He studies the nature of psy-

chological terms and explanations, and the relation between neuroscience and psychology. Due to the wide perspective, the author is able to create a fresh view to the stubborn debate concerning the scientific status of psychoanalysis.

The author shows that both advocates and critics of psychoanalysis have a tendency to misconstrue the nature of psychoanalytic theorizing, and thus have had unrealistic expectations of psychoanalytic explanations. The book tries to differentiate between those aspects of psychoanalysis which should be considered scientific, and those aspects of psychotherapies in general which should not come into the scientific category. This books will be found to be a valuable contribution to the field of psychoanalytic studies.

Karnac Books, 2012, 142 pp, Pb 978-1-85575-817-9/£15.99



Neuropsychanalysis

The official scientific journal of the
"International Neuropsychanalysis Society"

Edited by **Oliver Turnbull**, Professor/Head of College of Health and Behavioural Sciences, Bangor University, and **David Olds**, Clinical Professor of Psychiatry at Columbia College of Physicians and Surgeons.

The journal serves on-going research and scientific discussion in the field. It provides biannual reports of the Neuropsychanalysis groups worldwide, plus reviews of selected readings. It is the discussion forum for researchers in neuroscience and psychoanalysis.

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JOURNALS

Organisational and Social Dynamics

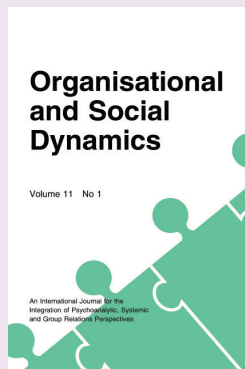
An International Journal for the
Integration of Psychoanalytic, Systemic
and Group Relations Perspectives

Edited by **Anne-Marie Cummins**, a Senior Lecturer in Sociology and a Fellow of the Centre for Psycho-Social Studies at the University of the West of England and, **Michael Moskowitz**, a psychoanalyst and organizational consultant in New York City and an adjunct associate professor in the School of Silver School of Social Work, New York University.

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Attachment

New Directions in Psychotherapy and Relational Psychoanalysis

Edited by Kate White, a member of the Centre for Attachment-based Psychoanalytic Psychotherapy, formerly senior lecturer at South Bank University where, in the Department of Nursing and Community Health Studies, she has used her extensive experience in adult education to contribute to the innovative psychotherapy curriculum developed at CAPP.

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Couple and Family Psychoanalysis

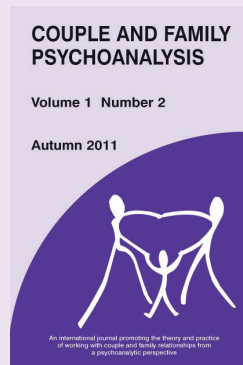
Edited by Molly Ludlum, a psychoanalytic psychotherapist with couples, individuals, and parents in private practice and with clinical teams at the Scottish Institute of Human Relations.

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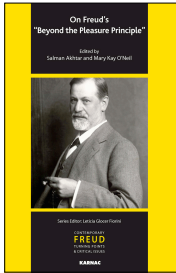
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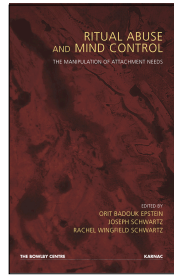
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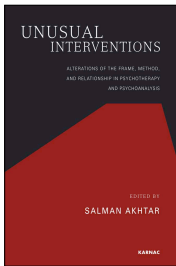
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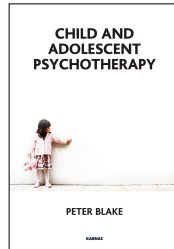
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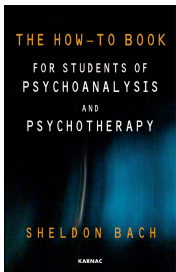
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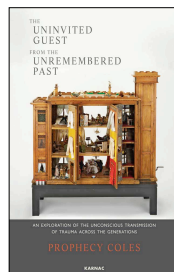


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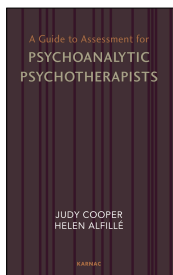
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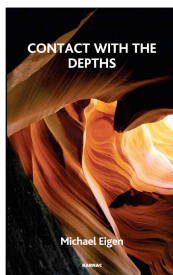
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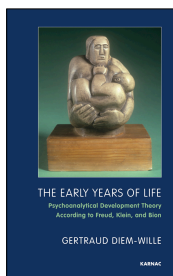


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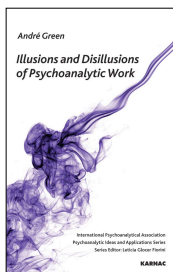


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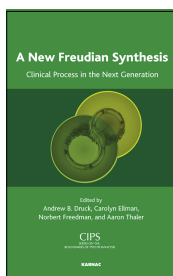
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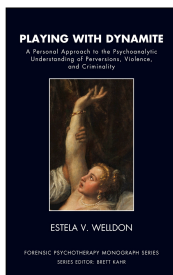
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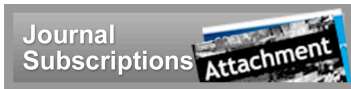
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